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The rehabilitation of the mentally ill patients is not limited to the removal of psychopathological symptoms and should be aimed at creating of optimal conditions for their social functioning.

Psychoeducation has a great potential and holds a special place in the structure of rehabilitation.

With the aim of quick and successful reintegration of patients into society, it's necessary to apply an integrated approach to the treatment of schizophrenia including the combination of pharmacotherapy, psychotherapy, and psychoeducational trainings.

The purpose of our study was to evaluate the psychoeducational programs in complex rehabilitation of the mentally ill patients and to develop the optimal methods for its using.

The comprehensive examination of 395 patients of both sexes, aged 18 - 55 years in the period of stabilization in complex therapy, including the use of psychopharmacotherapy, as well as of psychoeducational program, was conducted.

According to the results obtained using the specially designed questionnaire, reliable information about the causes of mental illness, recognition of signs of relapse and essential help in such case, the medications using for treatment of mental disorders, the mechanisms of theirs action, possible side effects, legal aspects related to mental illness and coping mechanisms have the most importance.

The following variants of psychoeducational intervention were used: teaching (mini-lectures), emotional support, stimulation, advice, explanation, clarification, objectification, interpretation.

It was observed the rapid reduction of psychopathological symptoms, normalization of emotional state, stabilization of the behavior of patients, improvement of cognitive functions, enhancement of psychophysical activity.

The integrated approach in the treatment leads to the restoration of social activity and successful resocialization of patients. Thus, psychoeducation not only increases the amount of knowledge, but also solves the problem of reintegration of mentally ill patient.