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AND THEORETICAL CONFERENCE**

MODERN SCIENCE AND
INNOVATION: TRENDS,
CHALLENGES, AND
BREAKTHROUGHS

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PSYCHOLOGY AND PSYCHIATRY

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GENDER SPECIFICITIES OF THE CLINICAL PICTURE OF AFFECTIVE DISORDERS IN MODERN CONDITIONS

The ongoing war in Ukraine has led to an increased prevalence of affective disorders, necessitating a deeper understanding of their clinical features considering gender aspects and internal displacement status. [1, 2]

Objective: To determine gender-specific features of the clinical and psychopathological structure of affective disorders in individuals who did not change their place of residence and in internally displaced persons (IDPs) during wartime.

Materials and methods. The study examined 148 individuals with affective disorders, divided into two groups: Group I - 83 individuals (48 women and 35 men) who did not change their place of residence due to military actions; Group II - 65 internally displaced persons (36 women and 29 men). Clinical-psychopathological and psychodiagnostic methods were applied using the HAM-A, HAM-D, MADRS, HADS, C-SSRS, and SHAPS scales.

Results. In both groups, the most common symptoms were depressed mood and affect of sadness, feelings of internal tension, narrowing of interests, and feelings of worthlessness. Clear gender differences in the emotional component of depression were established: men predominantly experienced grief, diurnal mood variations, indifference, fears, and intrusive memories; women displayed ideas of self-blame, feelings of guilt and worthlessness, psychomotor retardation, increased vulnerability, and tendency toward lachrymation reactions. Four clinical variants of depressive symptomatology with gender specificity were identified: melancholic

and senesto-hypochondriacal variants prevailed in men, while anxious and asthenopathic variants dominated in women. The IDP group showed higher levels of anhedonia in both men and women, as well as greater vulnerability of male IDPs to developing severe depressive episodes.

Conclusions. Affective disorders have distinct gender specificity that persists regardless of internal displacement status. IDP status is associated with greater severity of depressive symptoms in men and higher levels of anhedonia in both gender groups. These findings are important for developing differentiated approaches to diagnosis, therapy, and psychosocial rehabilitation of patients with affective disorders in modern conditions.

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