

HOW EPEC-P TRAINING CHANGES EDUCATION IN PPC IN UKRAINE

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Background. The aim of Education in Palliative and End-of-Life Care programs for healthcare educate healthcare professionals in the essential clinical competencies of palliative care.

Aims. To review changes in Ukraine after educational training EPEC-P in 2017.

Methods. The presentation of highlight successful educational trainings providing quality PPC.

Results. In Ukraine there are no PPC regulations, guidelines, and education. No any palliative care specialists were listed in the catalog of medical professions. The challenge of EPEC-P is to have educators and professionals in developing countries supporting the development of policies and programs that can act as mentors for development. In 2017 two PPC leaders have trained in EPEC-P. After visit the educational programs were created with main principles of adult learning, with interactive lectures and advantages of small group teaching, and using cases, and role play, and assessment of effectiveness, etc. There 86 medical specialists have been studied of main principles and philosophy of PPC during Nov 2017 - May 2018 in Western part of Ukraine (Rivne, Ternopil') and Center (Kiev). The number of participants – 86, trainers – 4, topics – 16, films – 11, handouts – 29, cases – 15, etcdditional didactic material - 28. Positive responses from participants as like “most valuable for me were:”...teamwork... the opportunity to ask questions...foreign experience... detailed analysis of the essence of PPC... I found like-minded people... therapy of pain syndrome... scales and specific schemes... analysis of clinical cases... legal aspects... information about EPEC-P and about leaders EPEC-P. The

training plays role in lead-up staff in Eastern, Western and Central Ukraine for stakeholders who are creating regional programs of PPC development.

Conclusions: In spite of loss educational programs in PPC in high medical schools and postgraduate course in Ukraine, EPEC-P training made a step forward in understanding and education changes.