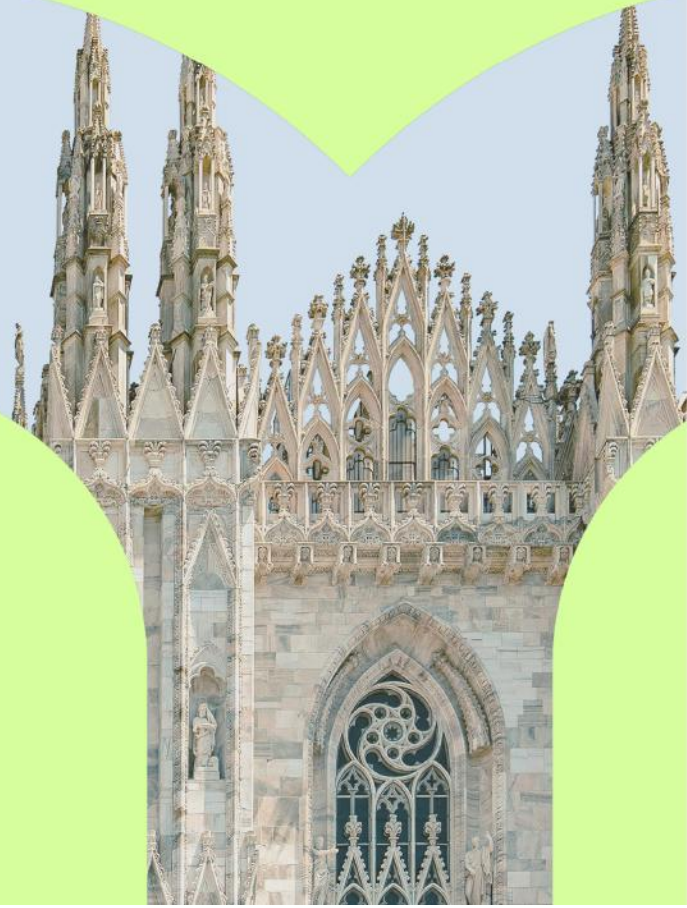


# FEMS MICRO MILAN

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book



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## Study of the composition of nasal microbiome in patients with AERD and ability of isolates to form biofilms

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**Background:** Aspirin-exacerbated respiratory disease (AERD) is a chronic respiratory condition characterized by a triad of symptoms: asthma, chronic rhinosinusitis with nasal polyps and an allergic reaction to aspirin. Dysbiosis of the nasal cavity microbiome has not been studied in the cohort of patients with AERD.

**Aim:** determine of nasal microbiome and the ability of isolates to form biofilm.

**Methods:** taking swabs from the middle nasal passage and subsequent identification of some isolates using MICRO-LA-TEST kits. Laser scanning confocal microscopy was used to visualize biofilm and determine optical density.

**Results:** nasal microbiome was represented by the following species: *H. parainfluenza* 10.2%, *M. catarrhalis* 8.8%, *S. aureus* 8.6%, *Corynebacterium spp.* 7.08%, *P. aeruginosa* 4.3%. In steroid-resistant patients, gram-negative microflora prevailed: *H. parainfluenza*, *M. catarrhalis* and *P. aeruginosa*. 12 clinical strains of *M. catarrhalis* were isolated from patients with AERD. Adhesion of bacterial cells was observed after 2 hours, which contained cluster of cells with high luminescence. The optical density of biofilms inoculated with *M. catarrhalis* isolates was  $3.28 \pm 0.18$  units of optical density.

**Conclusions:** in nasal microbiome, there is an increased content of gram-negative pathogenic microflora, which can form dense biofilms. It is not a characteristic indicator of the causative agents of AERD in this group of patients. Further research is needed to identify factors contributing to the increased incidence of gram-negative pathogens and to understand the implications of steroid therapy.