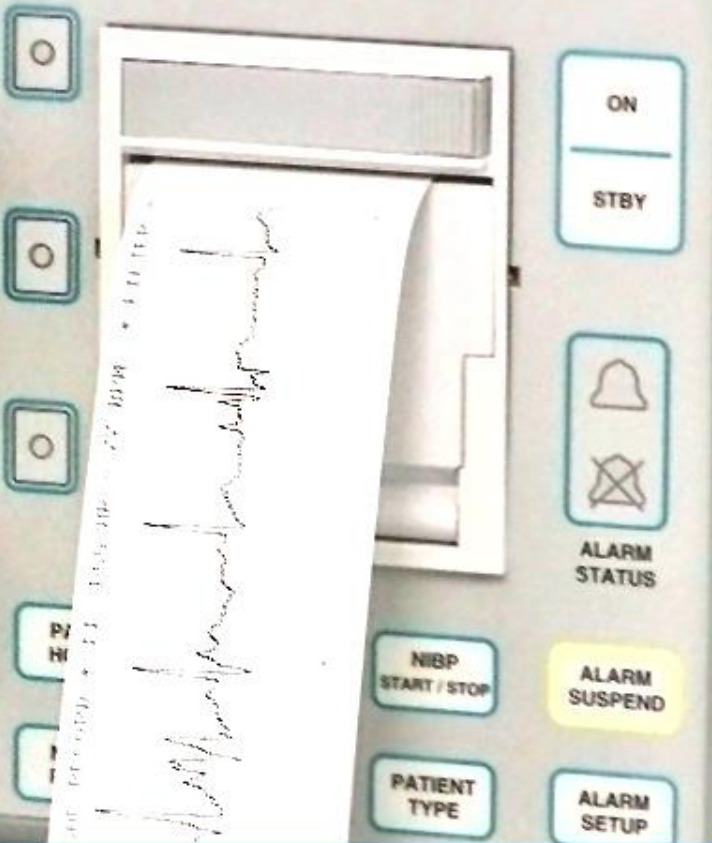
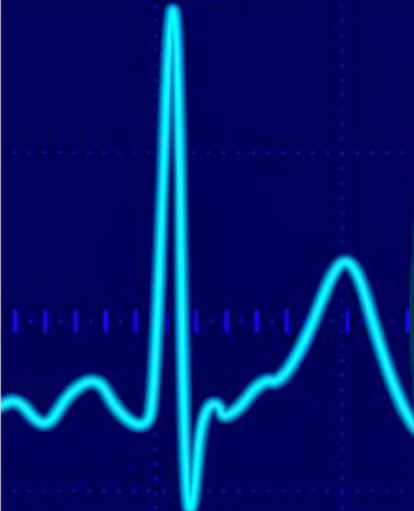
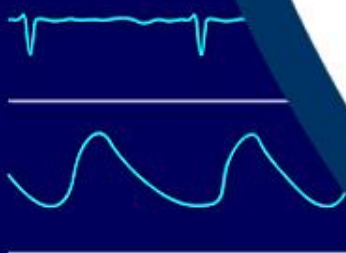


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Basis of clinical ECG. Principle of the method. Normal ECG and its analysis. The main ECG syndromes of the myocardium damage (hypertrophy, ischemia, injury, necrosis)

Professor T.V. ASHCHEULOVA

Head of Propedeutics to Internal Medicine Department N1, Basis of Bioethics and Biosafety Kharkiv National Medical University

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ECG INTRODUCTION

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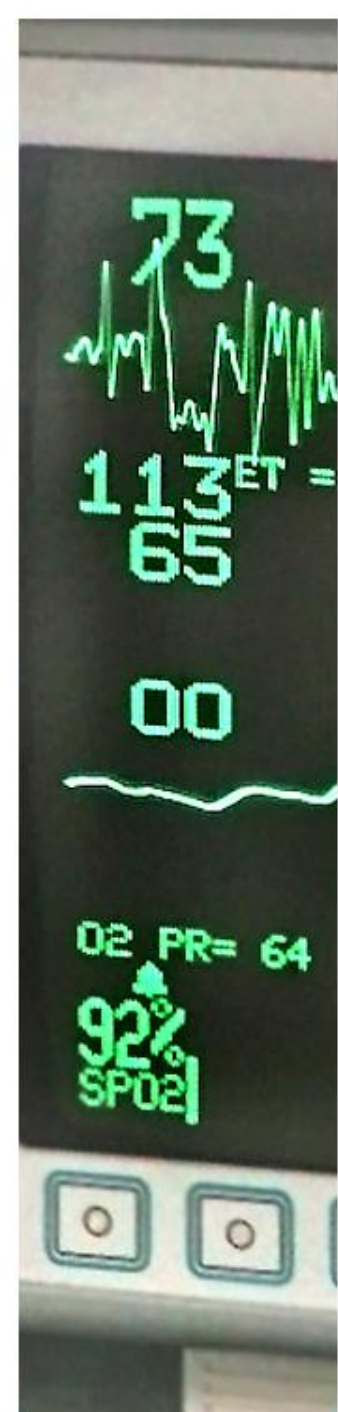
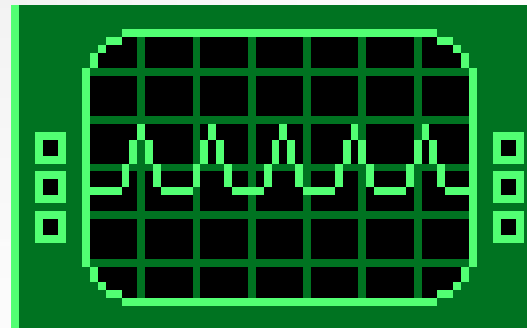
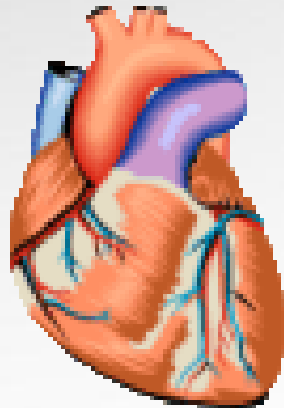
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Electrocardiography
is the main
instrumental method
of heart
investigation.



Electrocardiography

Electrocardiography – method of bioelectric potential registration, that appear as a result of heart work.



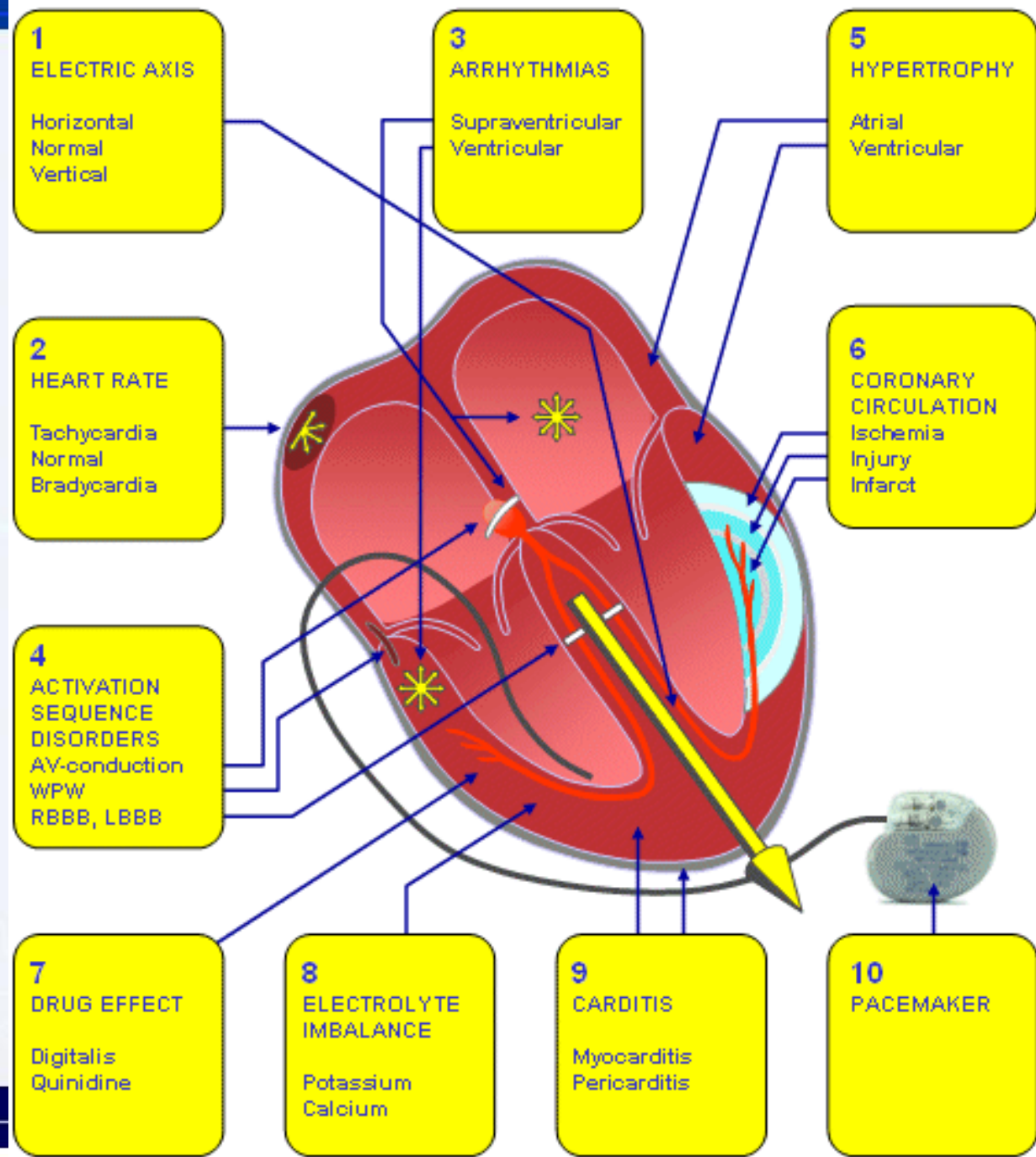
Electrocardiogram

graphic representation of the bioelectrical forces produced by the heart



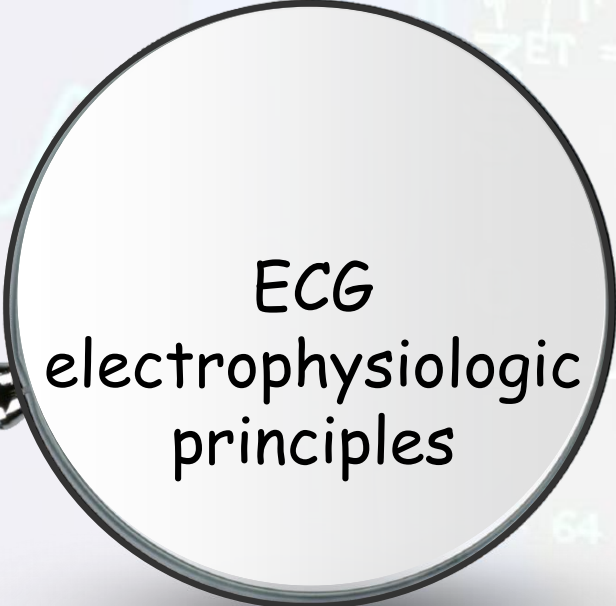
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Application areas of ECG diagnosis



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ECG
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principles

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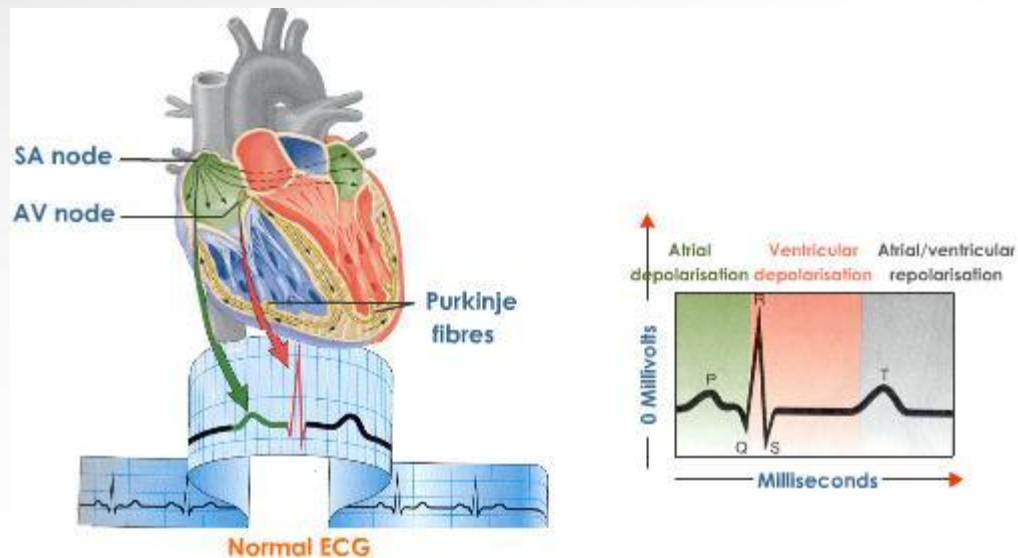


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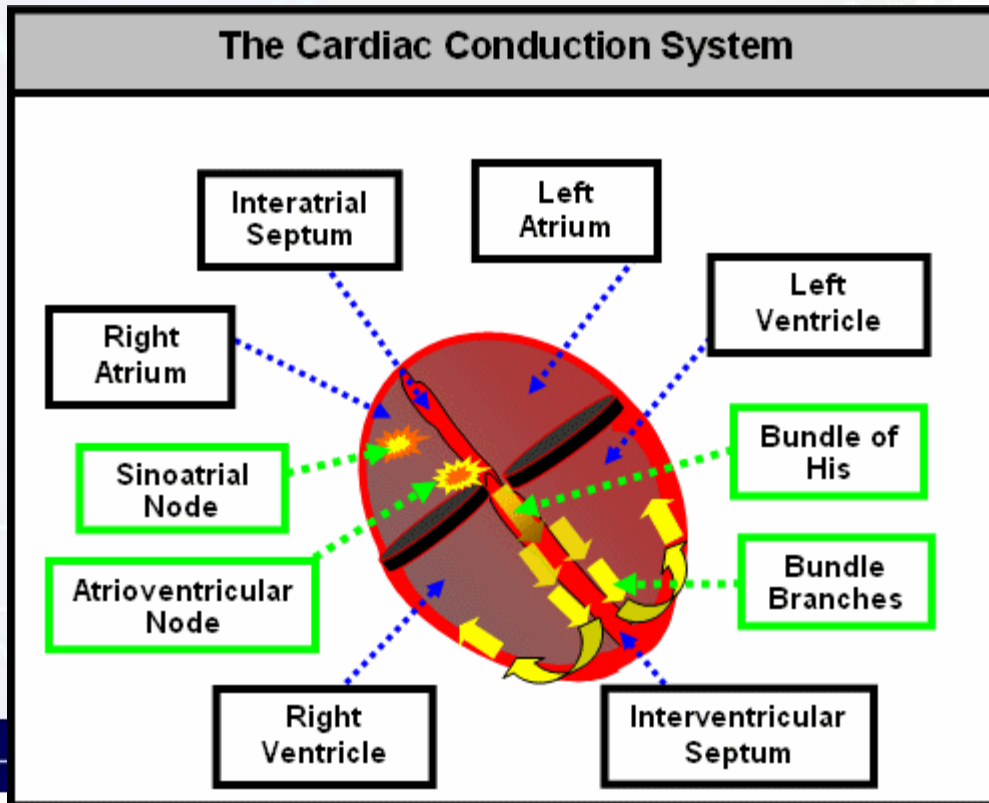
Electrophysiologic principles

To understand electrocardiography, one must know certain electrophysiologic principles including automaticity, conductivity, depolarization, repolarization, refractoriness, and reentry.



Electrophysiologic principles

The primary function of the heart is to contract so that it can serve its role as a pump. Each contraction is preceded by an electrical stimulus. When a patient has a regular sinus rhythm, the rhythm is initiated by the discharge of the sinus node. This electrical impulse is conducted through the right atrium, into the left atrium and into the ventricles through specialized conduction tissue. These specialized conduction pathways allow the heart to be electrically activated in a predictable manner.

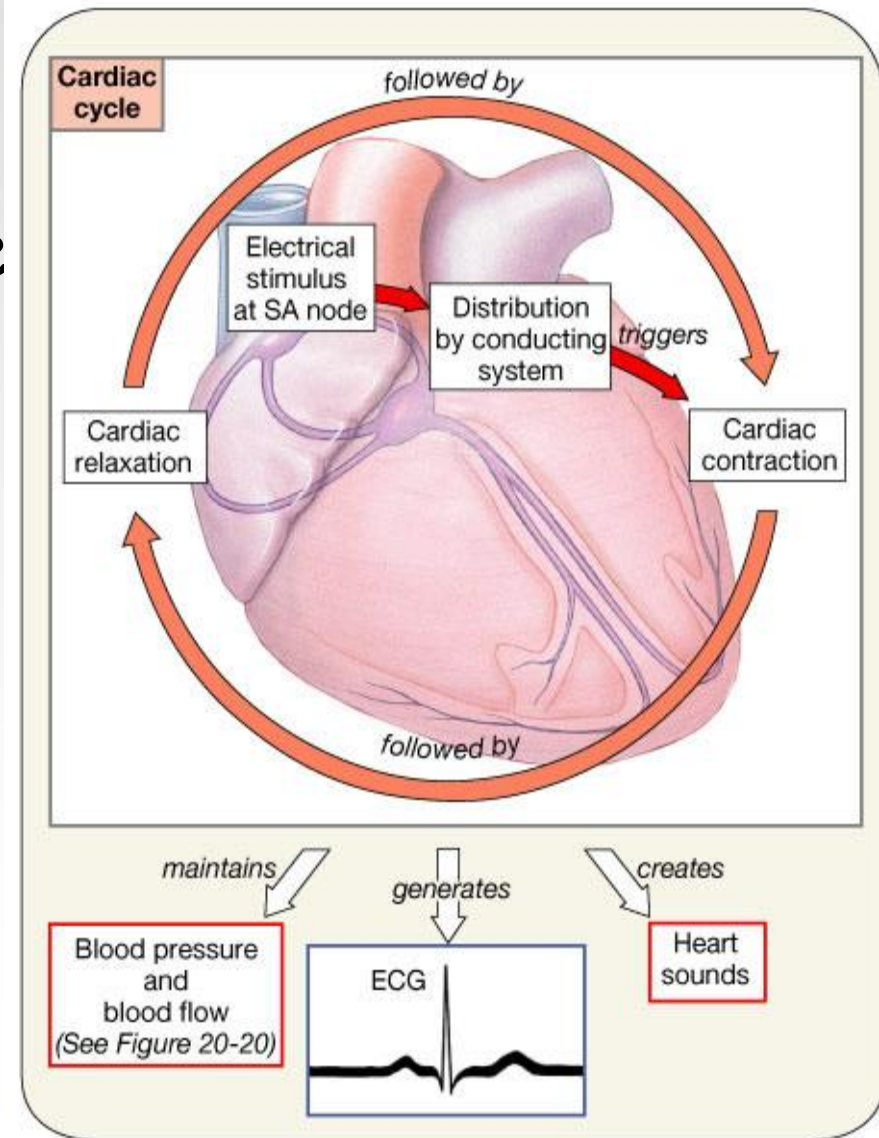


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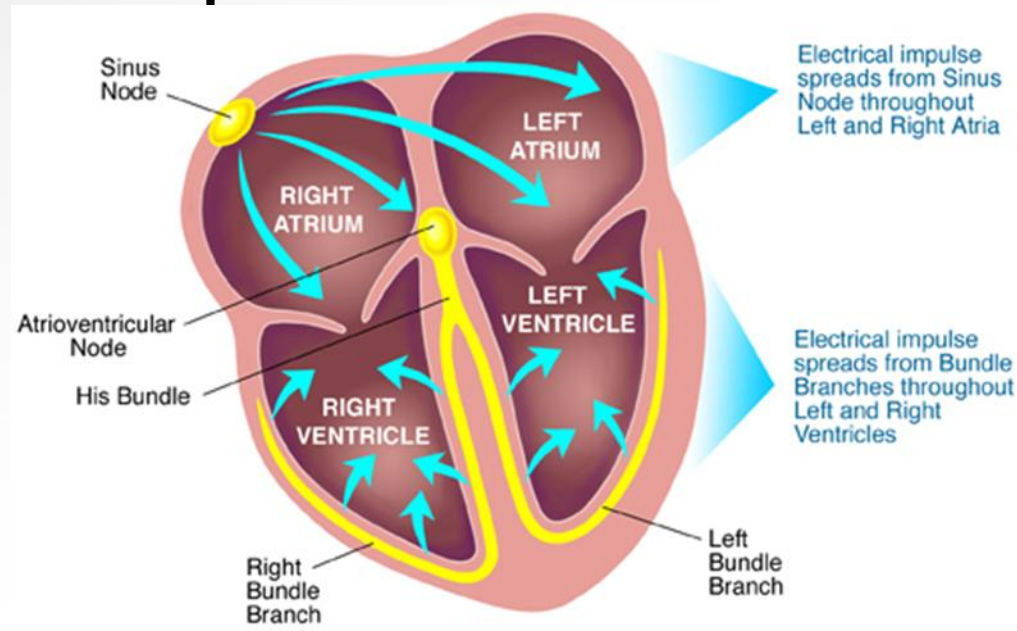
Automaticity

Automaticity is the heart's ability to discharge an electrical impulse without external stimulus, and is characteristic of the entire conduction system. Contractile myocardium has no automaticity function.



Automaticity

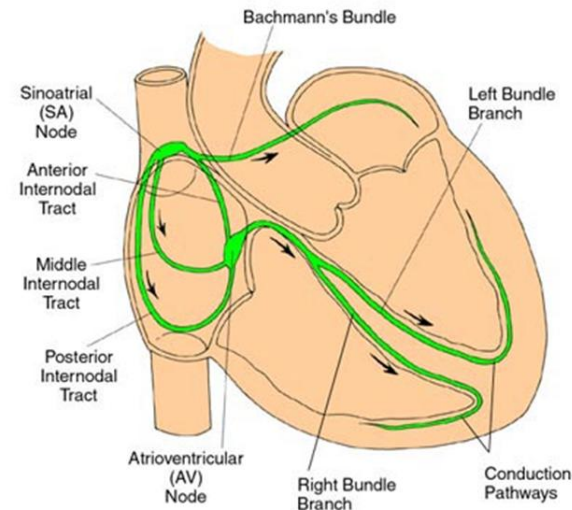
- The sinus node has the highest automaticity and is therefore the pacemaker of the cardiac rhythm. In the adult the usual resting discharge rate of sinus node is 60 to 100 impulses per minutes.



Automaticity

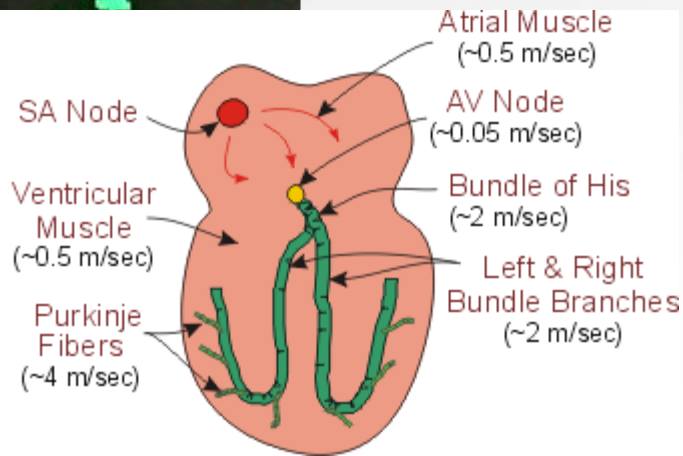
- Automaticity is characteristic of the entire conduction system of the heart, but in normal conditions it is inhibited by the high activity of the SA node, which is the automaticity center of the first order. If SA node is affected, or transmission of excitation to AV node is impaired, the zone of transition of AV node to the common bundle of His becomes the pacemaker (the second-order automaticity center). Impulses are generated here at a rate of 40 to 50 per minute. Lower part of the bundle of His and its branches, and Purkinje fibers are the automaticity center of the third order, but the rate of the cardiac rhythm then slow down to 20-30 per minute.

The Electrical System of the Heart



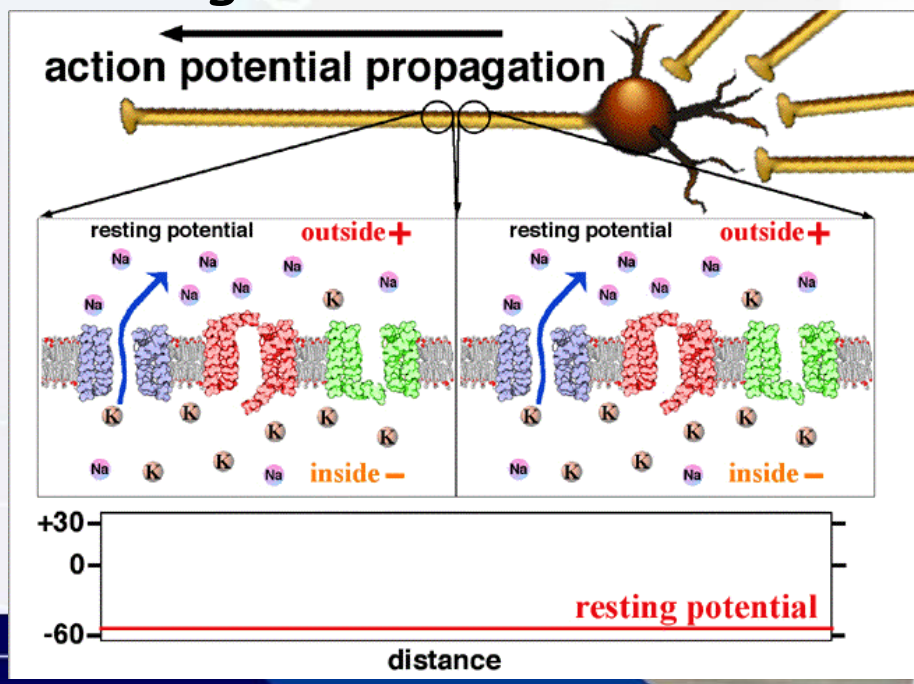
Conductivity

- **Conductivity** is a property of the myocardium that allows the transmission of electrical impulse from one cell to another, and is characteristic and of specialized conduction system, and of contractile myocardium. But by muscle cell-to-cell conduction is significantly slower than by specializes conduction pathways.



Depolarization, repolarization, Refractoriness

- The transmission of an electric impulse from one muscle cell to another is dependent on depolarization, repolarization, and refractoriness.
- During excitation, physicochemical properties of the cell membranes and ionic composition of the intercellular and intracellular fluid change to cause the electrical current generation.

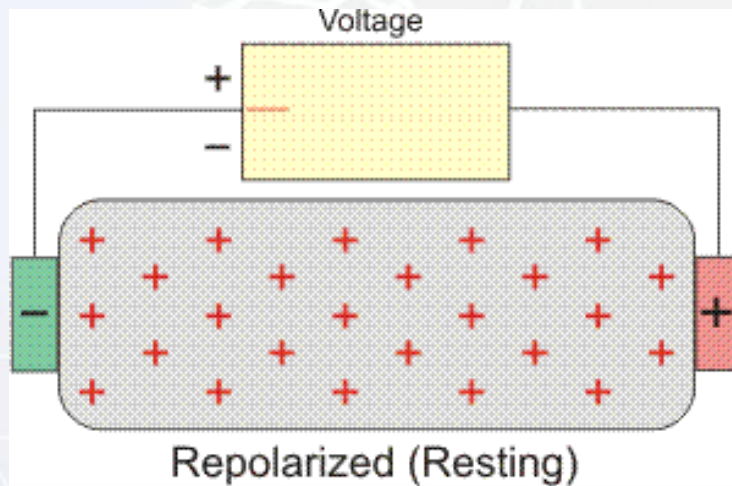


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Depolarization, repolarization, Refractoriness

- As the electrical impulse moves across the cells of the myocardium, the polarity (negative or positive charge) of the cells is changed. The resting cell outside has positive charge. The electrical impulse carries a positive charge into the cell, changing the polarity:
- This is called depolarization: It is followed by a continuing wave of repolarization that restores the cell to its original charge:
- The cell is then ready to receive another stimulus.



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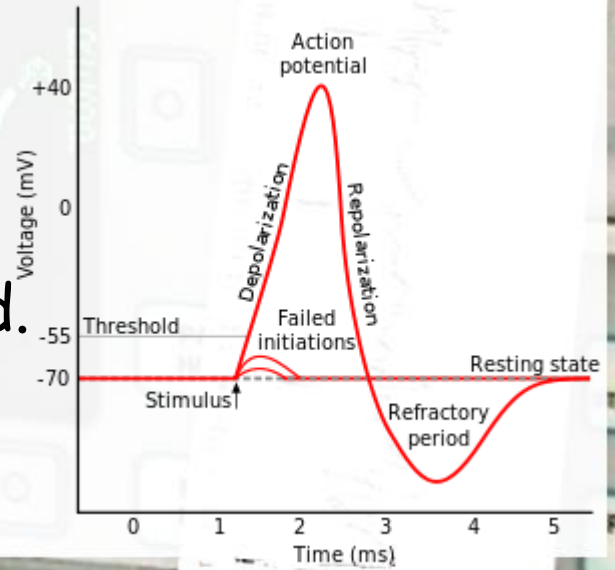
Depolarization, repolarization, Refractoriness

During depolarization and early repolarization, the myocardial cell is completely refractory to further electrical stimulation, and excitability is zero; that is, no stimulus will produce response.

Refractoriness is the property of conductive and heart muscle tissue that prevents it from responding to a stimulus until it has appropriately repolarized. This prevents the muscle from sustaining a titanic contraction.

Refractoriness is rate-dependent.

The slower the rate and the longer the cycle, the longer refractory period.



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ECG recording

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Operating principle

- Fluctuations in the potential difference that arise during the excitation of the heart muscle are sensed by the electrodes attached to the patient's body and transmitted to the apparatus.

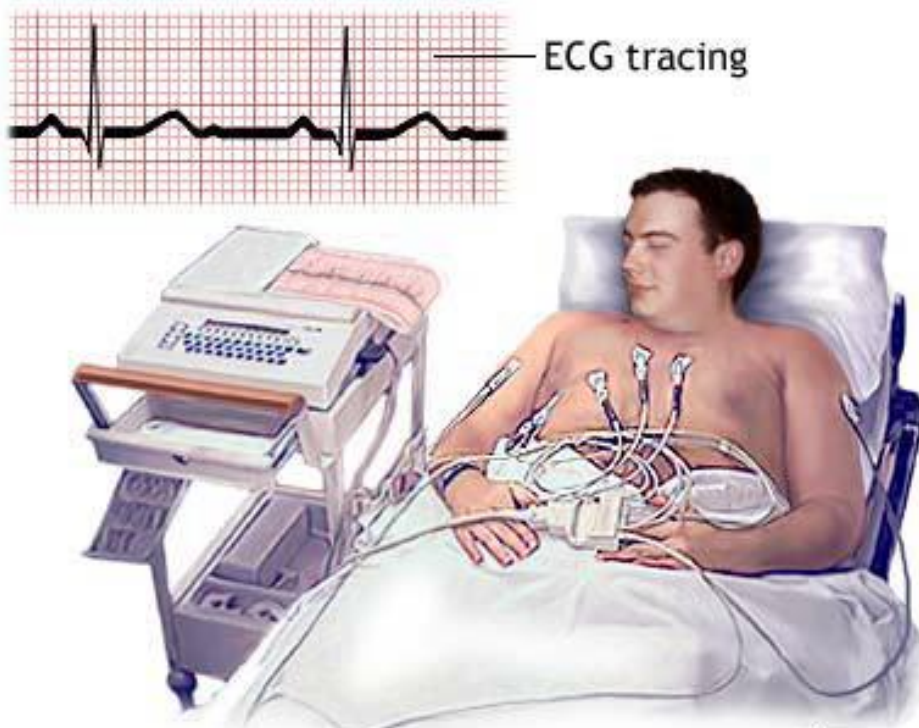
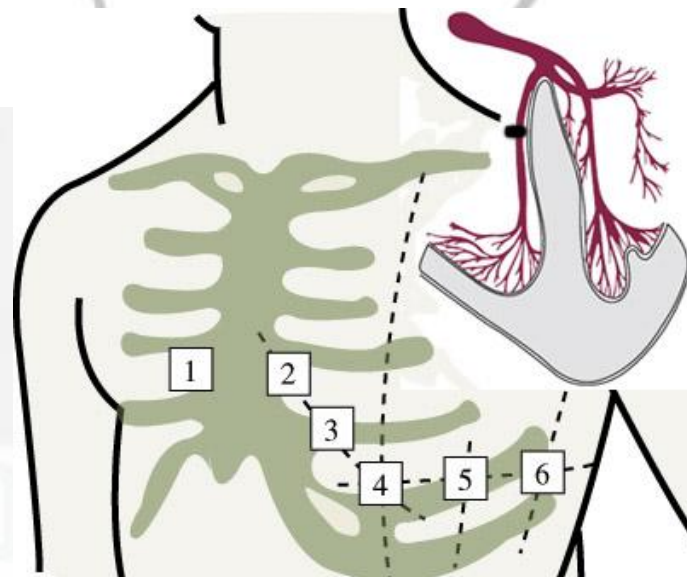
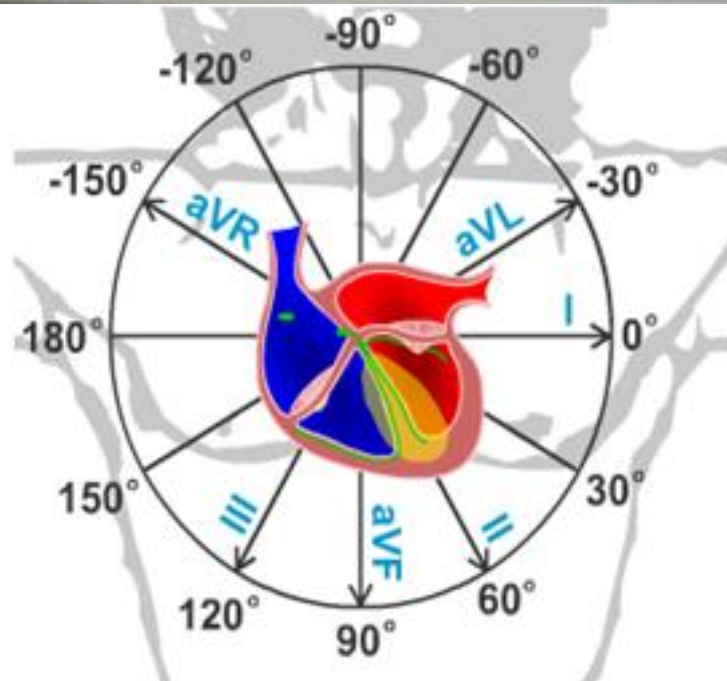


Illustration of a patient getting an ECG. ADAM.

The ECG leads

To record a routine ECG, 12 leads are used in clinical practice:

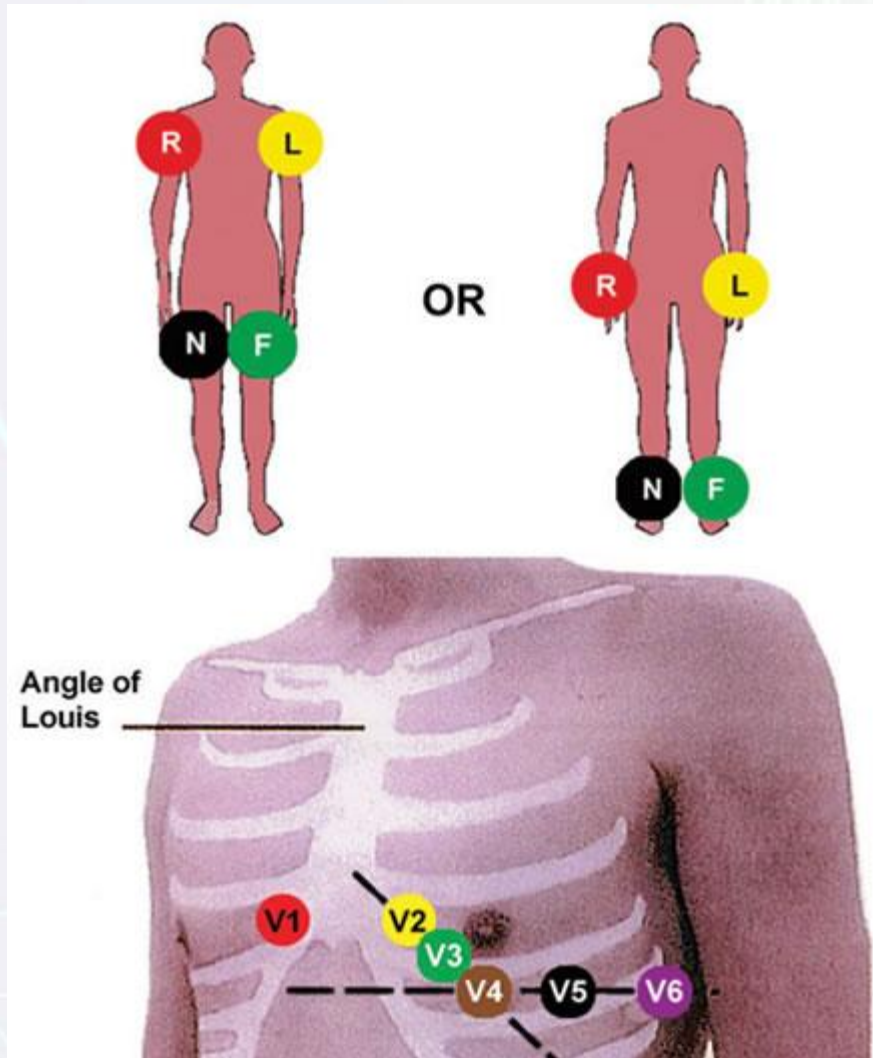
- 3 standard bipolar limb leads,
- 3 augmented unipolar limb leads
- 6 chest leads.



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ECG registration. Electrodes placement

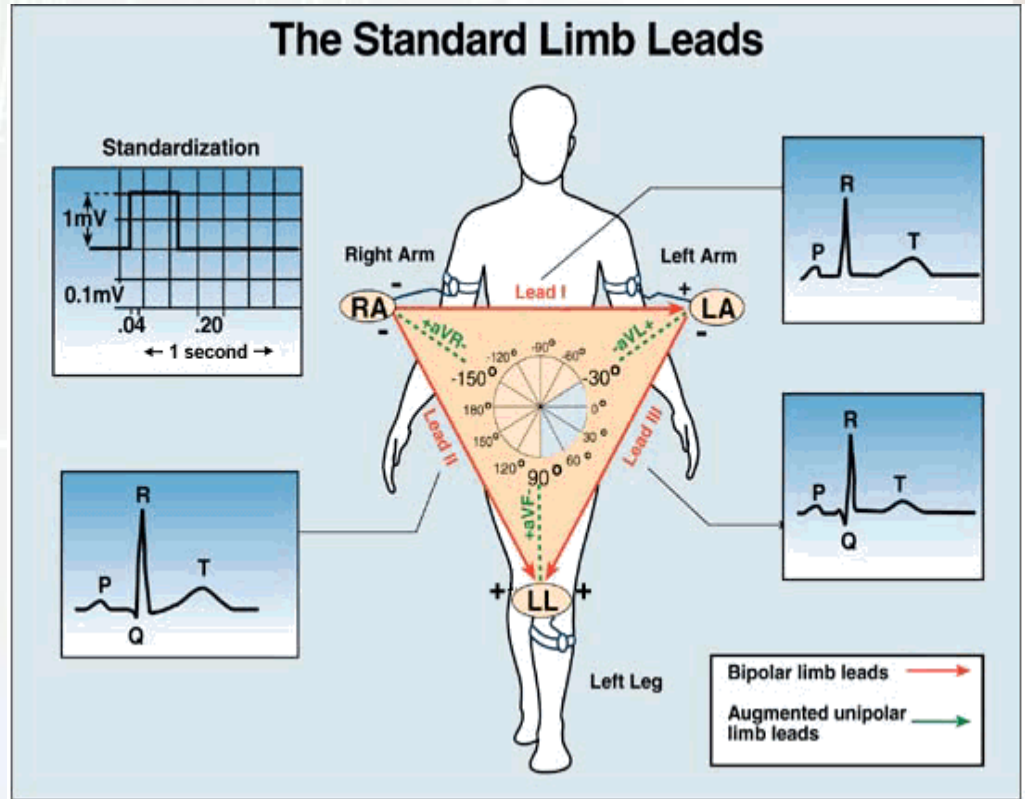


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Standard Bipolar Limb Leads

Standard leads proposed by Einthoven in 1913 y., record potential difference between two points of the body. The electrodes are placed on the right arm, the left arm, the left leg, and the fourth electrode on the right leg is connected with the earth wire.

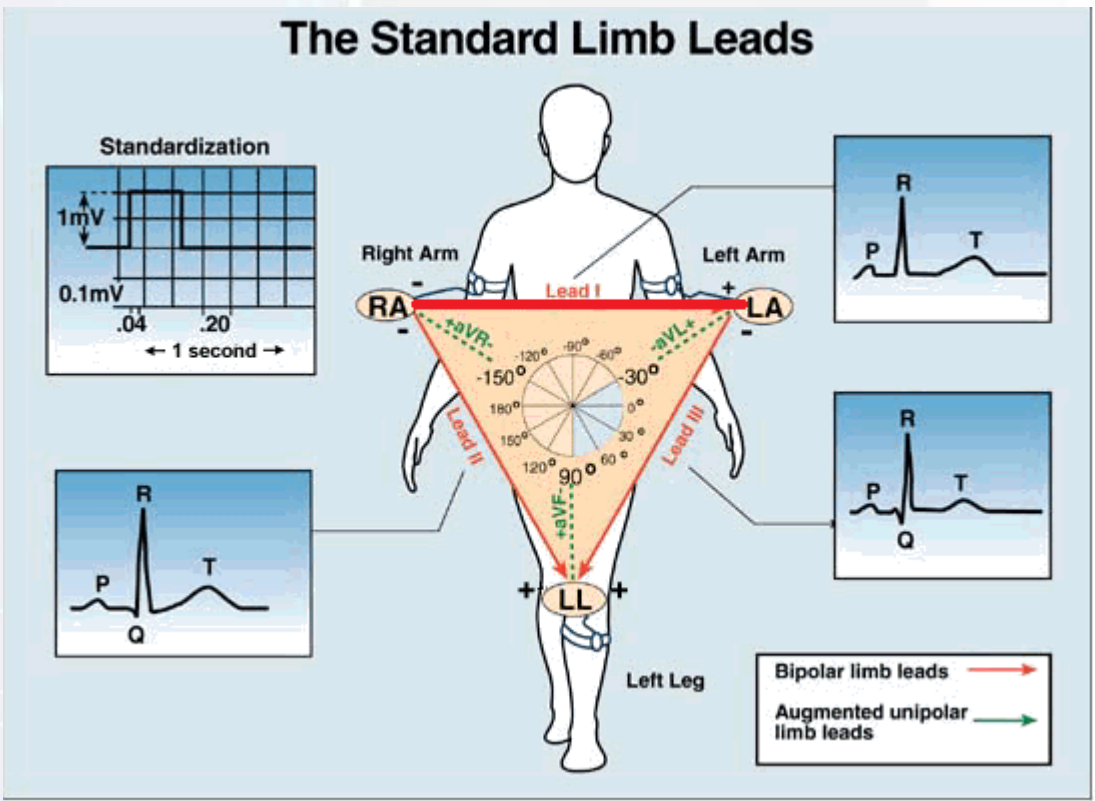


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Standard Bipolar Limb Leads

- Lead I is obtained by connecting the right arm (RA -) and left arm (LA +) electrodes.

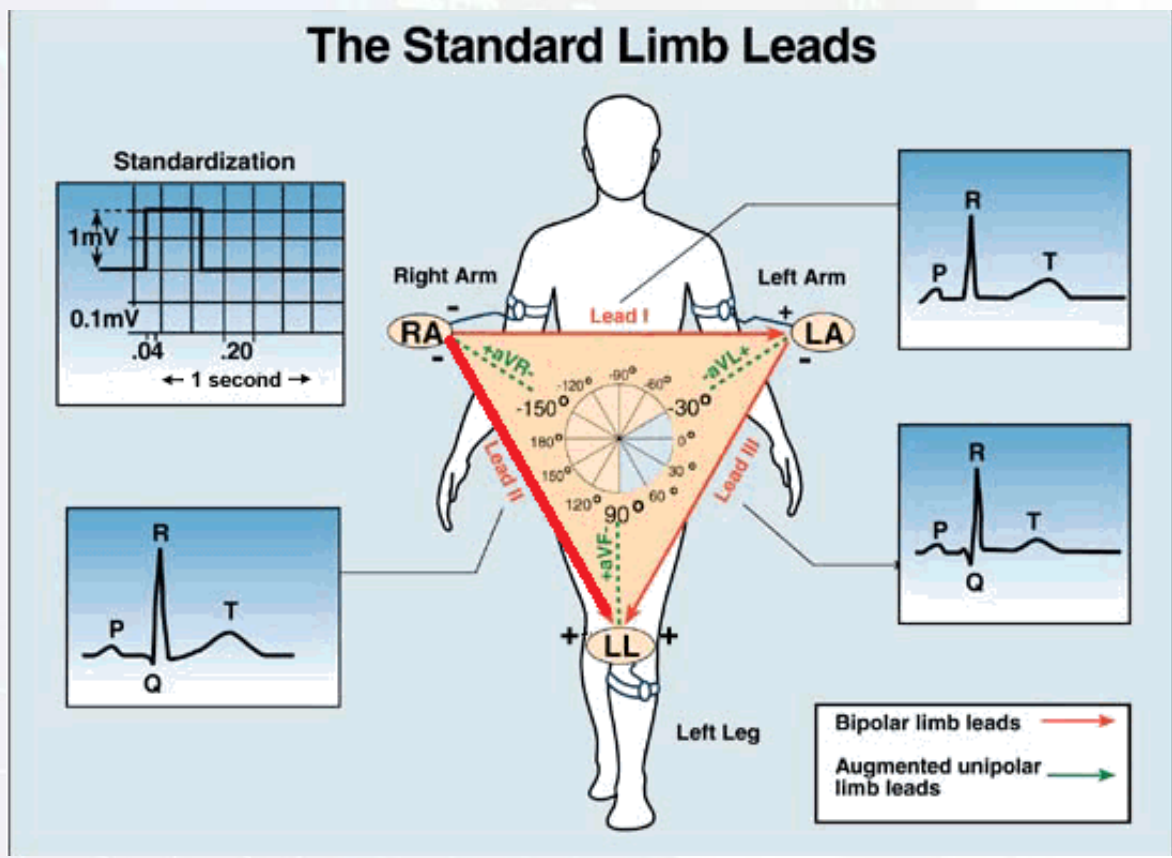


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The augmented limb leads are derived from the same three limb leads as the standard limb leads. They are unipolar leads, meaning they measure the potential of a single limb electrode relative to the average of the other two limb electrodes. The augmented limb leads are +aVR, +aVL, and +aVF.

Standard Bipolar Limb Leads

- Lead II is obtained by connecting the right arm (RA -) and left leg (LL+) electrodes.

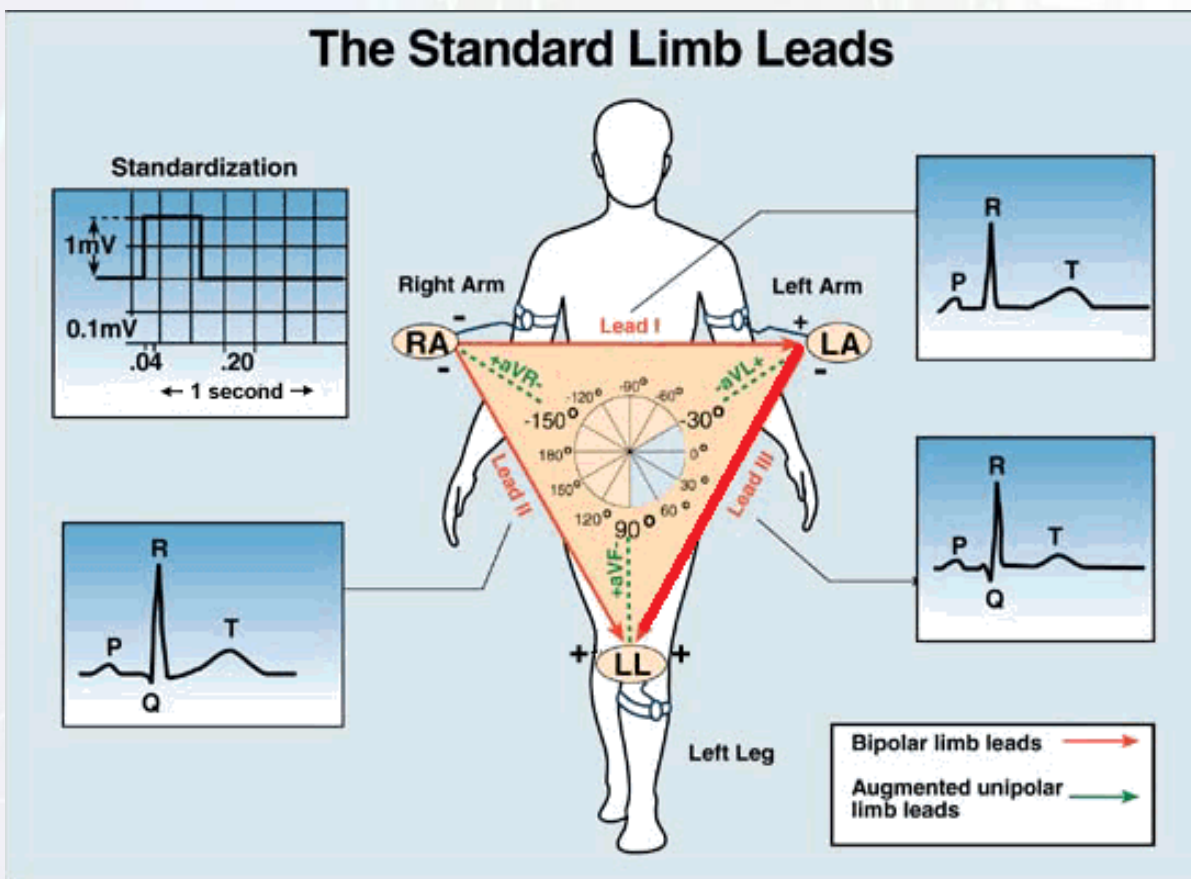


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The augmented limb leads are derived from the limb leads by adding the RA and LA leads to the LL lead and dividing the result by 3.

Standard Bipolar Limb Leads

- Lead III is obtained by connecting the left arm (LA -) and left leg (LL +) electrodes.

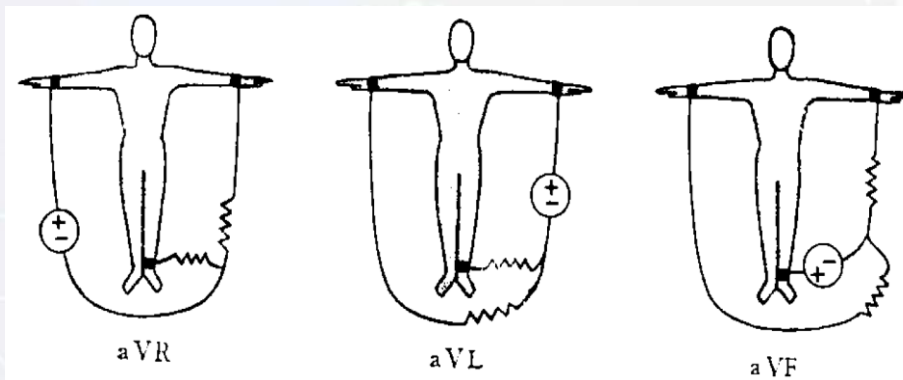


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Augmented Unipolar Limb Leads

- Goldberger proposed augmented unipolar leads in 1942 year and modified "augmented Wilson's extremity lead".
- Three augmented unipolar leads are distinguished: aVR, aVL, aVF.
- The letter "a" is used to designate the augmented lead.

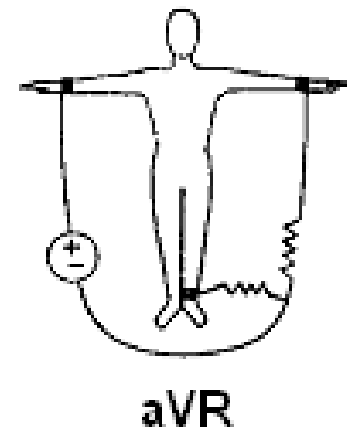
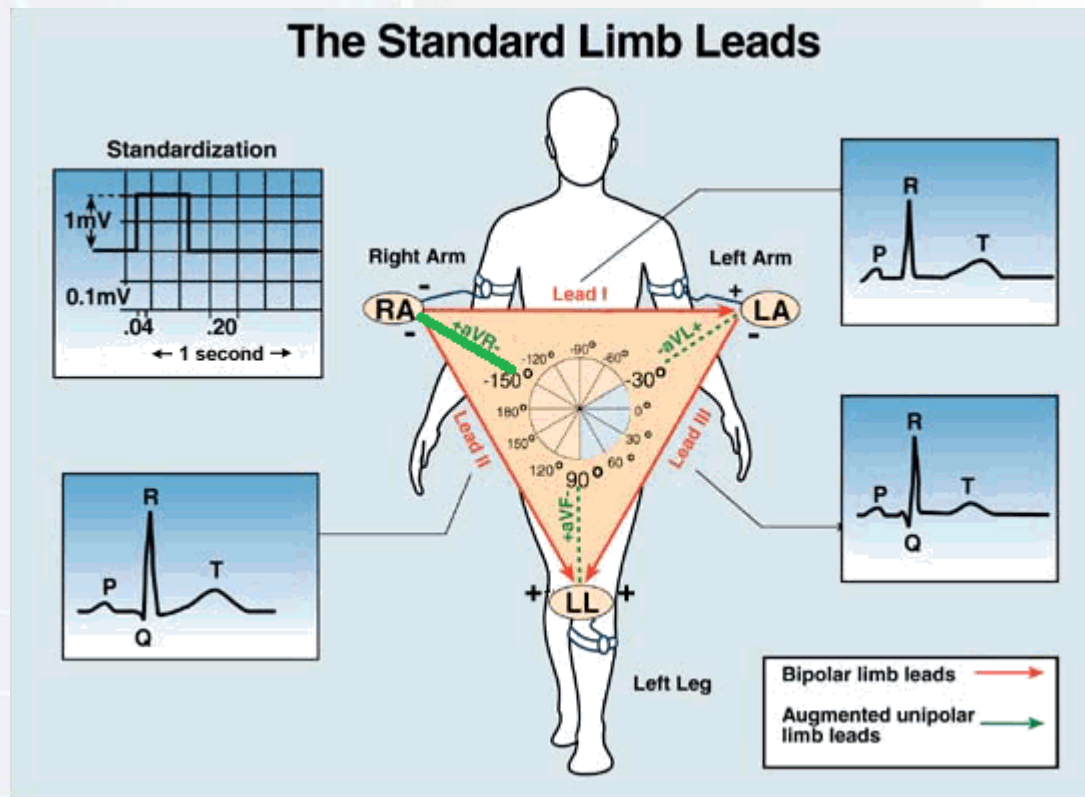


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Augmented Unipolar Limb Leads

- **aVR**: augmented unipolar right arm (RA +) lead, the central (-) terminal is connection of the left arm (LA) and left leg (LL) electrodes;

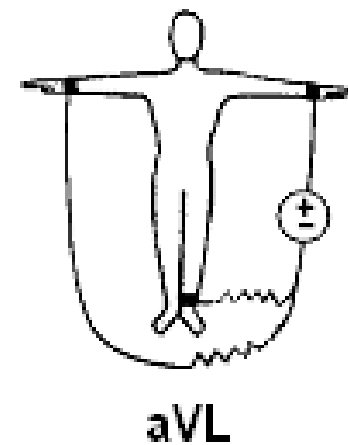
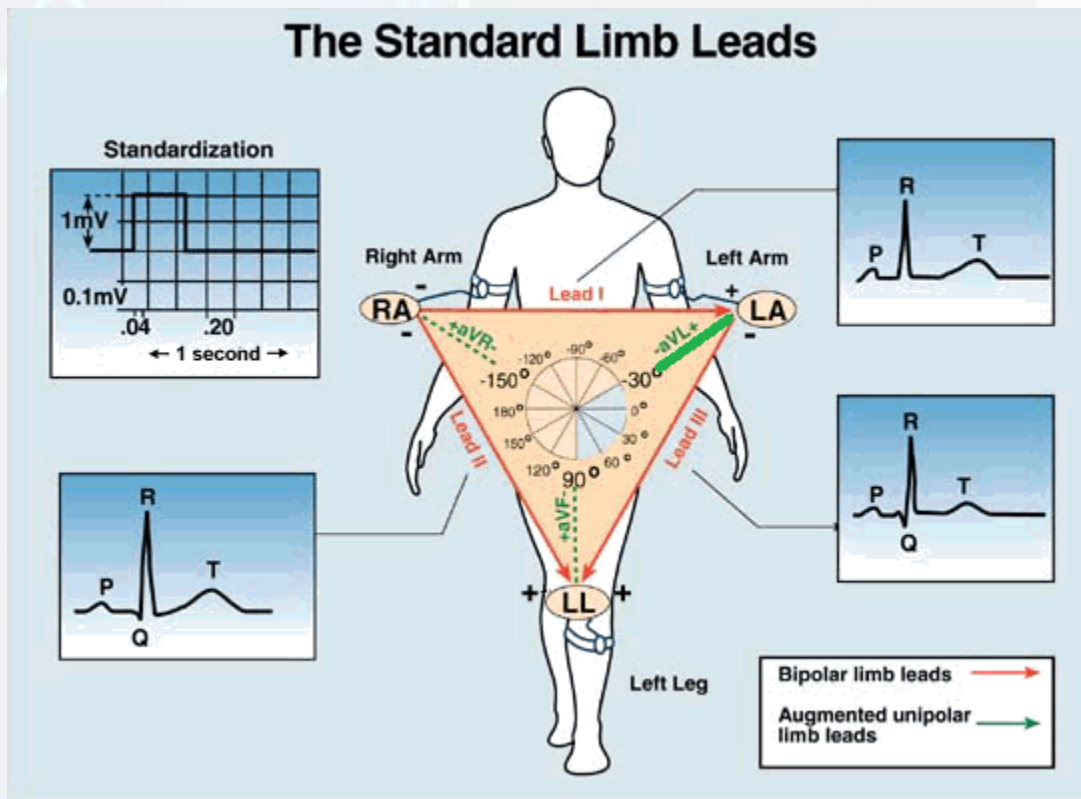


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Augmented Unipolar Limb Leads

- **aVL**: augmented unipolar left arm (LA +) lead, the central (-) terminal is connection of right arm (RA) and left leg (LL) electrodes;

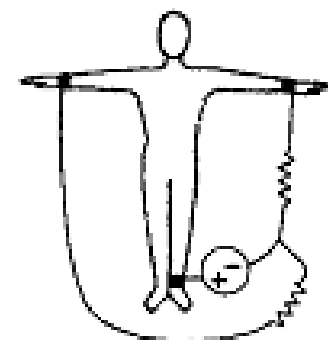
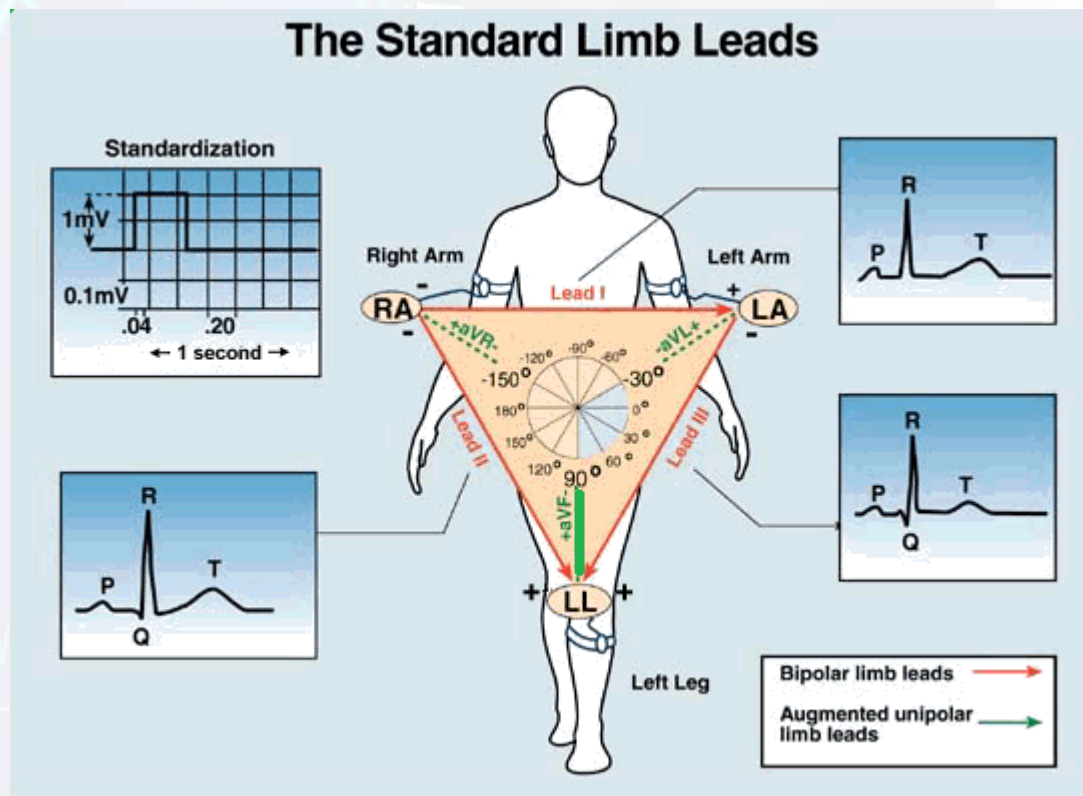


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Augmented Unipolar Limb Leads

aVF: augmented unipolar left leg (+) lead, the central terminal is connection of right arm and left arm electrodes.



aVF

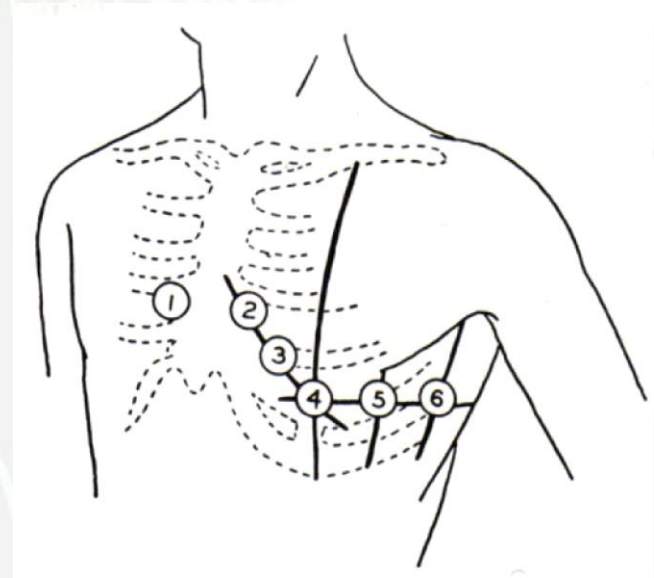
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Unipolar Chest Leads

Wilson proposed unipolar chest leads in 1934 year.

In the 1938 the American and British Heart Associations standardize the nomenclature of precordial leads.



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Unipolar Chest Leads

V_1 : fourth intercostal space, right sternal border

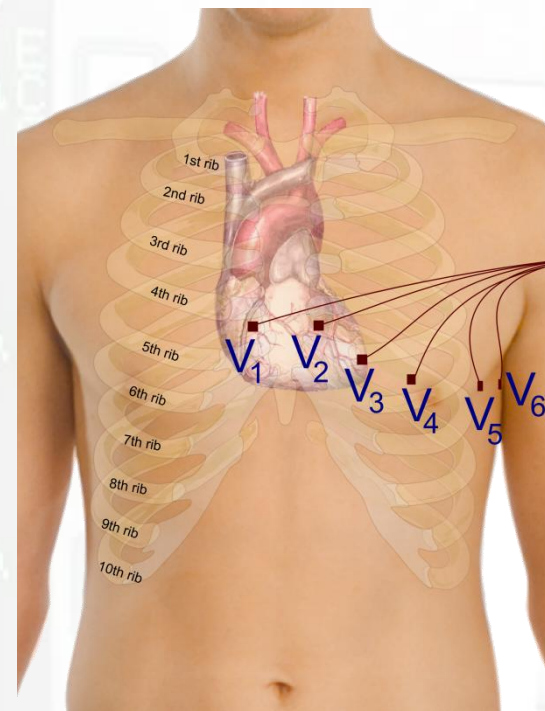
V_2 : fourth intercostal space, left sternal border

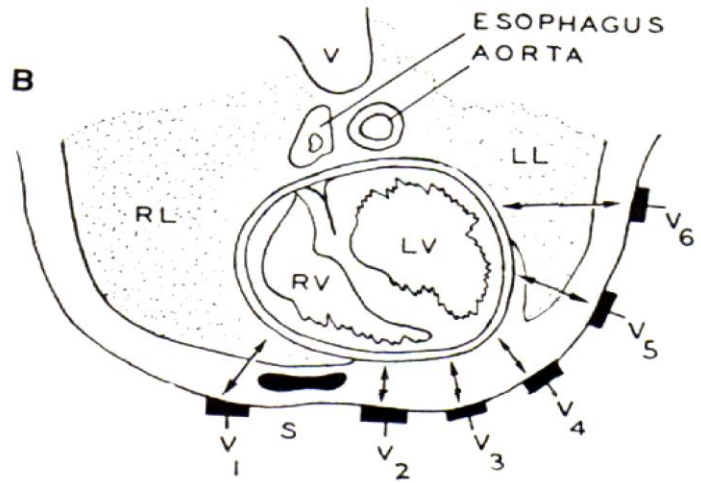
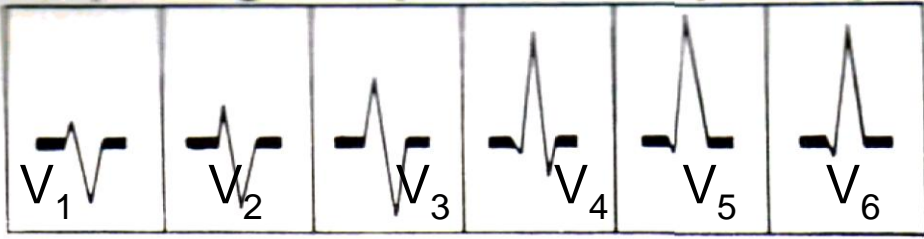
V_3 : midway between V_2 and V_4 on a line joining these two points

V_4 : interspace in which apex is located (fifth or sixth); midclavicular line

V_5 : anterior left axillary line; on the same level with V_4

V_6 : left midaxillary line; on the same level with V_4 and V_5





the QRS changes commonly seen in leads V₁ to V₆ in a normal subject.

Cross-section of the heart in the thoracic cage. Note the relation of chest electrodes to the anatomy of the heart.

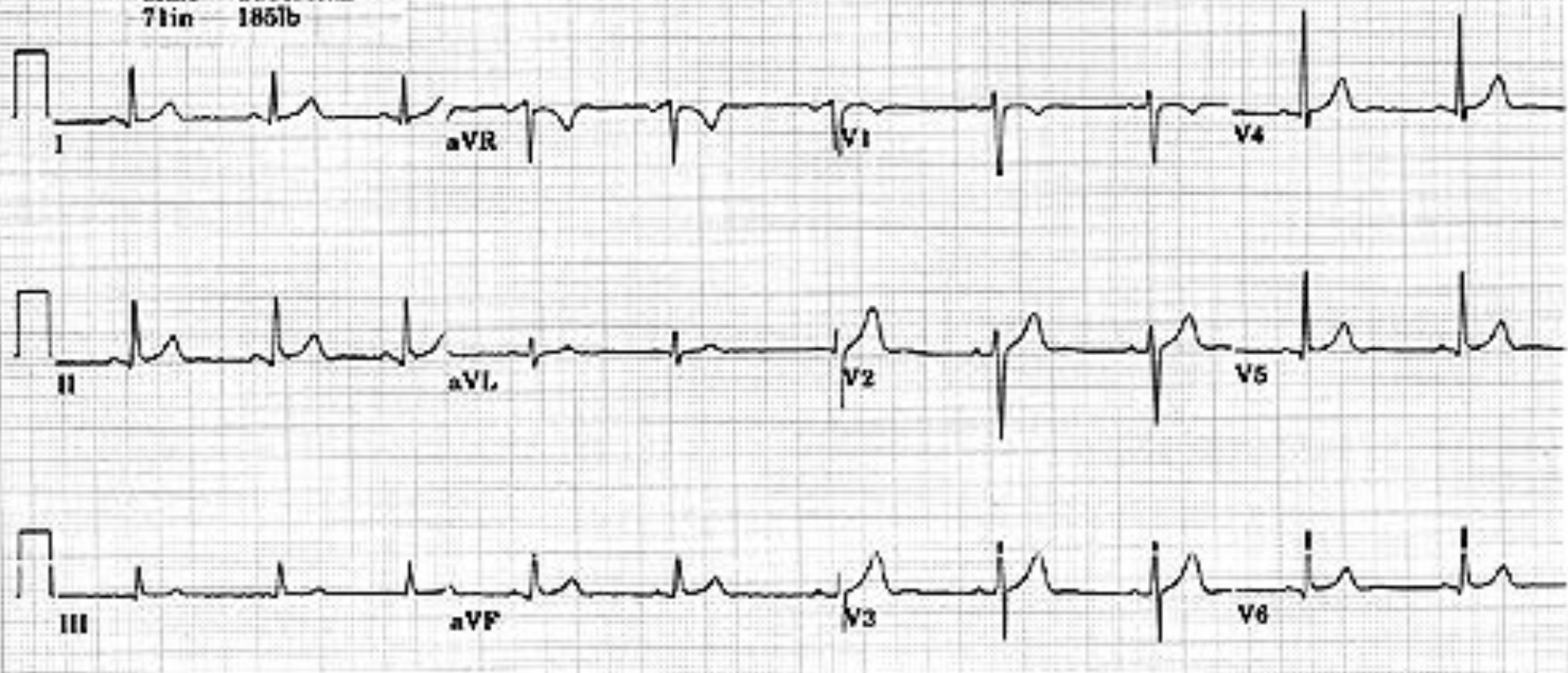
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Normal ECG

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08-NOV-1970 (25 yr)
Male Caucasian
71in 185lb



11-MAR-1996 17:05

© 1997 Frank G. Yanowitz, M.D.

The most important leads to remember in relation to the anatomy of the heart are:

Right leads

Lead III

Lead II confirms alterations in lead I or lead III, therefore:

Leads III, II

aVF, aVR

V₁, V₂

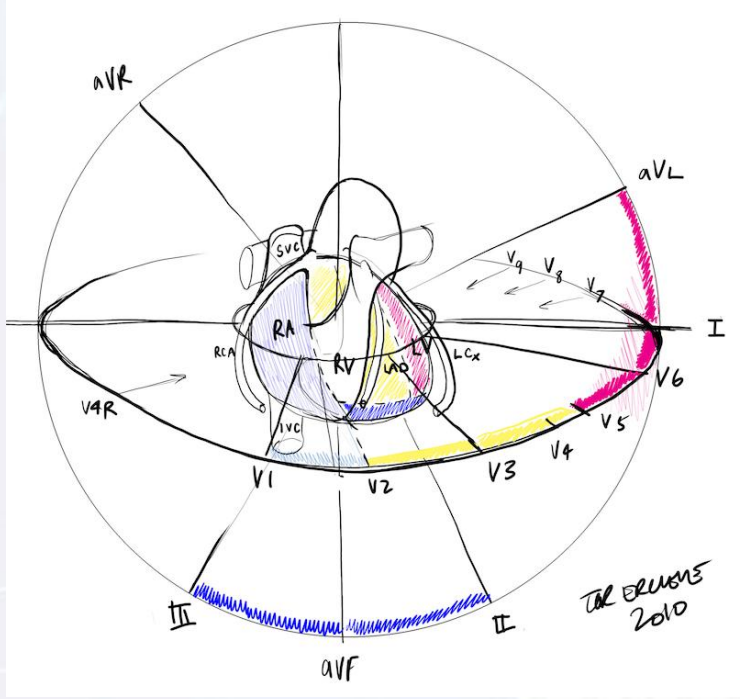
Left leads

Lead I

Leads I, II

aVL

V₄, V₅, V₆



V₃ - transition zone between right and left sides of the heart

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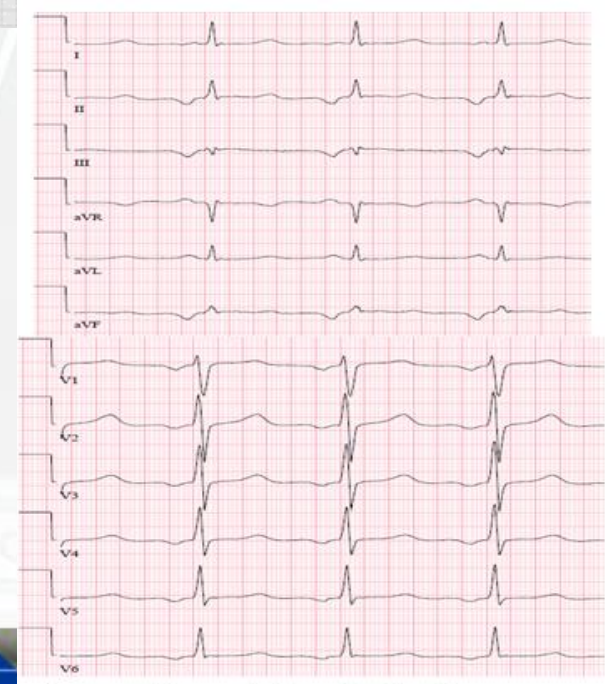
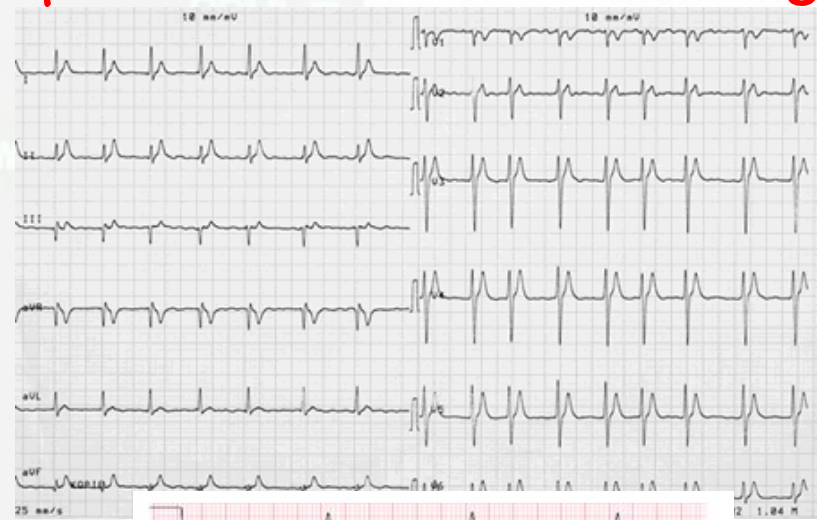
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The tape may move at various speeds, from 25 to 100 mm/s, but the speed of 50 mm/s is usually preferred. Once the speed of the tape is known, it is easy to calculate the duration of the separate elements of the ECG. Waves amplitude is measured in mm, duration - in seconds.

Speed of ECG recording



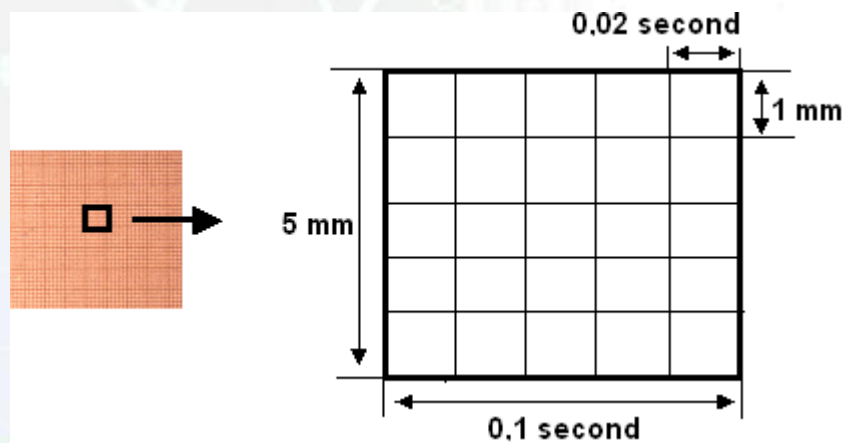
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ECG paper

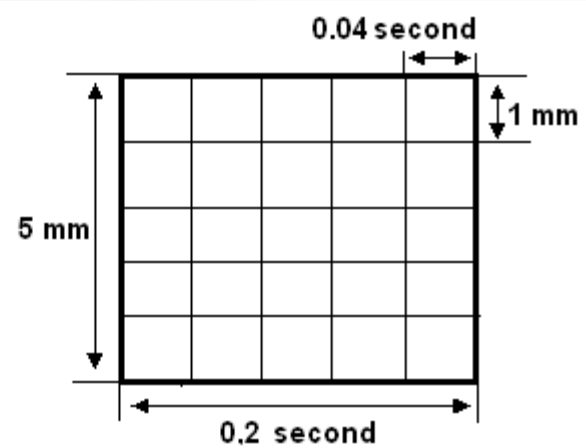
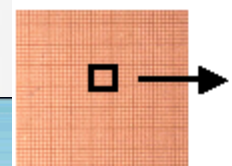
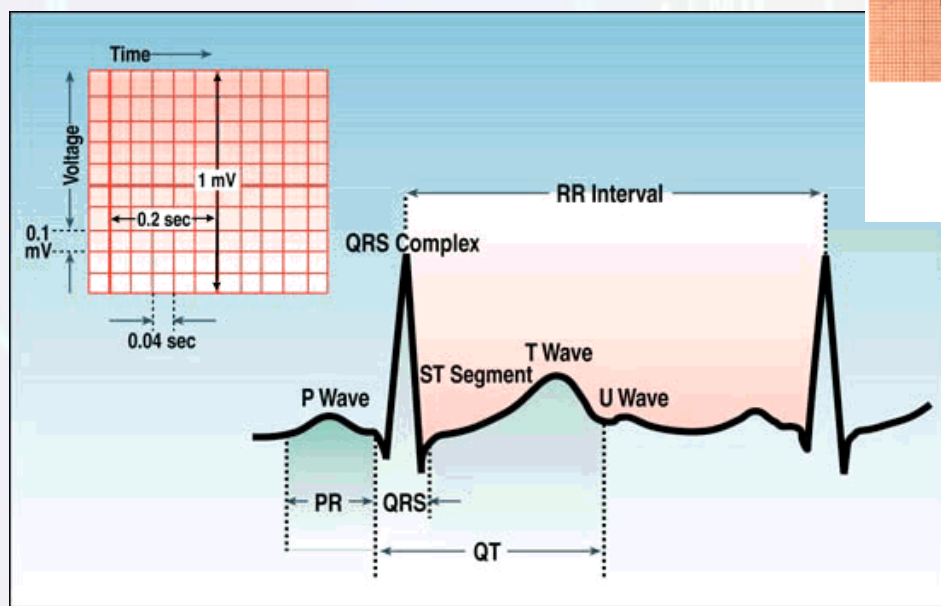
The paper graduated in millimeters is used to record ECG.

If an ECG is recorded at a speed of 50 mm/s, one small block represents 0.02 second on the horizontal line and 1 mm on the vertical line. Since a large block is five small blocks wide and five high, each large block represents 0.1 second (horizontal) and 5 mm (vertical).



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If an ECG is recorded at a speed of 25 mm/s, one small block represents 0.04 second on the horizontal line and 1 mm on the vertical line. A large block represents 0.2 second (horizontal) and 5 mm (vertical).

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ECG reading

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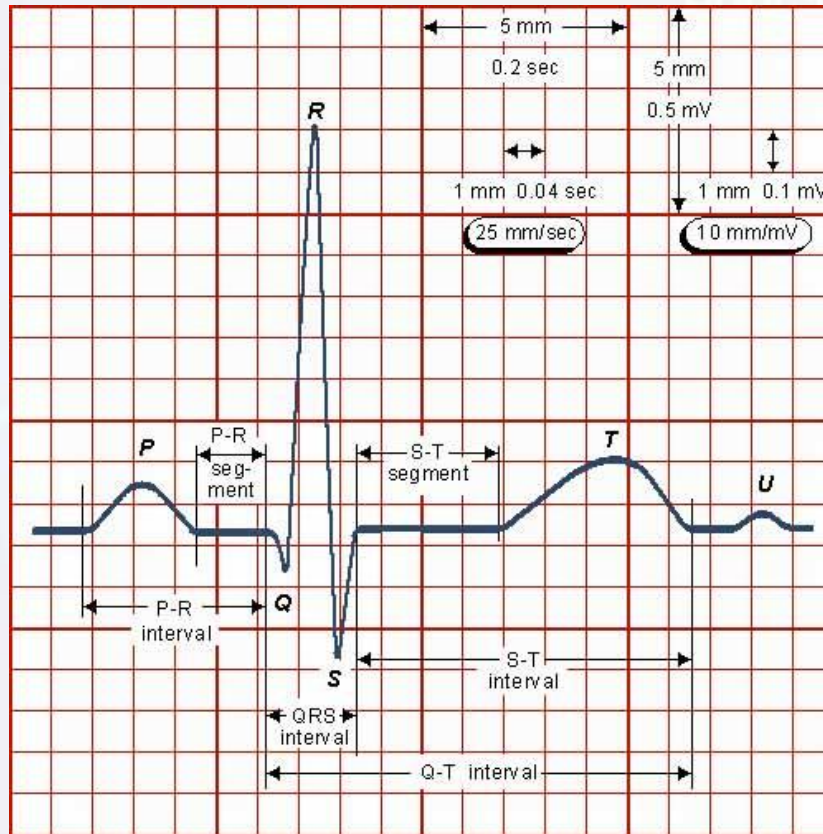
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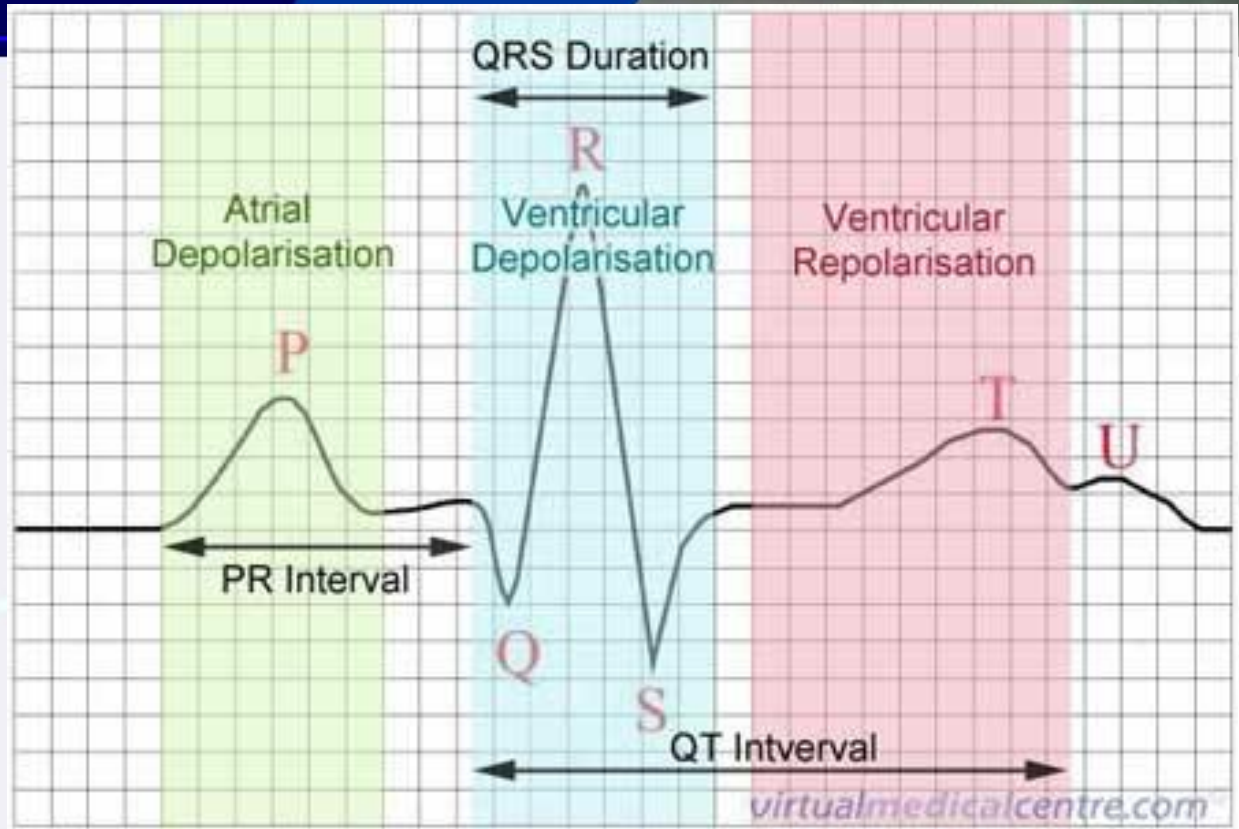
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ELECTROCARDIOGRAM



The electrocardiogram is simply a graphic representation of the electrical forces produced by the heart .



In each cardiac cycle there are two electrical processes: **depolarization and repolarization.**

Depolarization is an electrochemical phenomenon that occurs rapidly.

Repolarization is an electrochemical phenomenon of energy restoration that occurs more slowly.

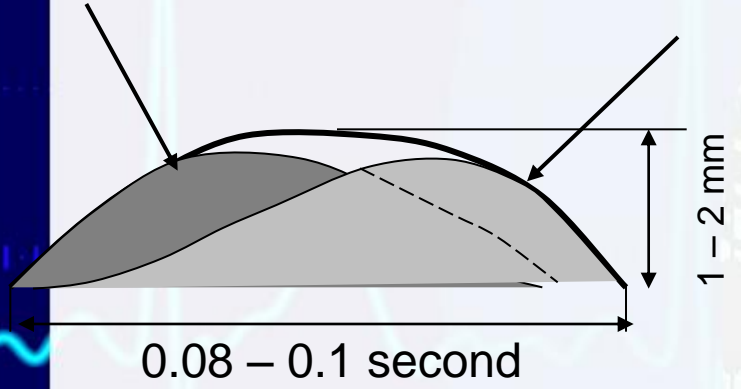
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Depolarization is the process of the heart muscle cells becoming electrically active and contracting.
Repolarization is the process of the heart muscle cells becoming electrically inactive and relaxing.

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P wave

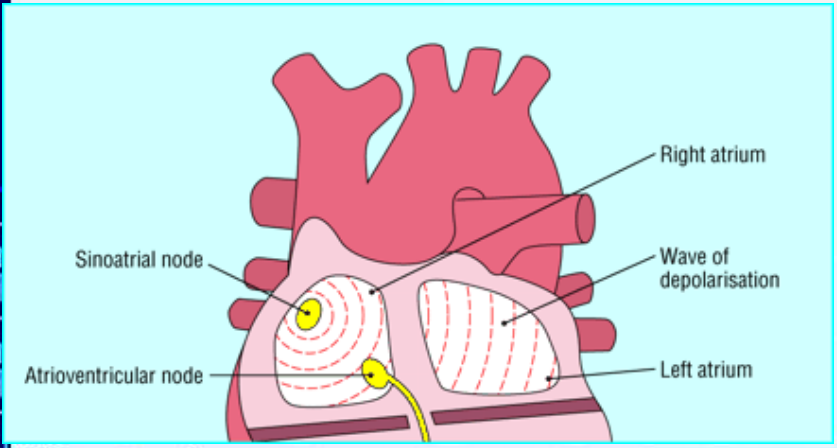
Right atrium depolarization Left atrium depolarization



The normal P wave formation.

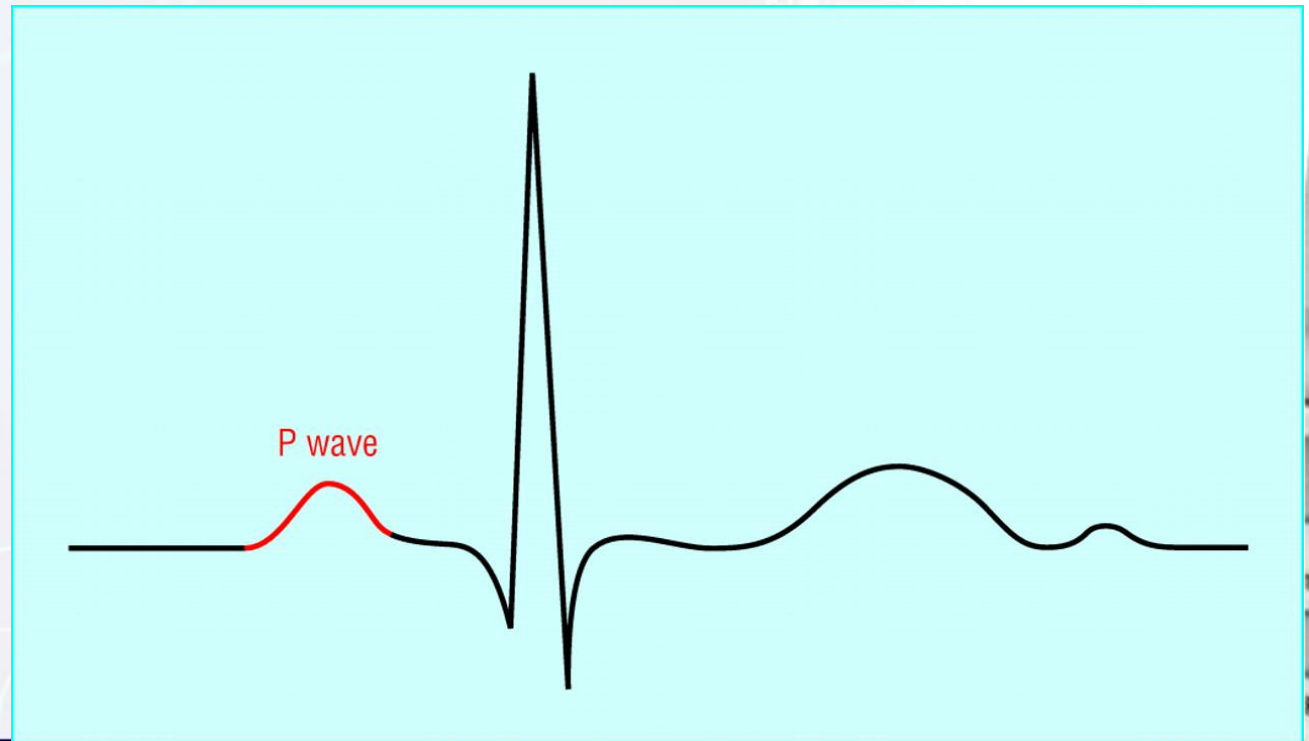
The P wave is the first upward deflection and is the graphic representation of the electrical activation of the atria.

As impulse at first cause excitation of the right atrium and than the left atrium, the ascending portion of P wave reflects depolarization of the right atrium, and descending portion reflects depolarization of the left atrium.



P wave

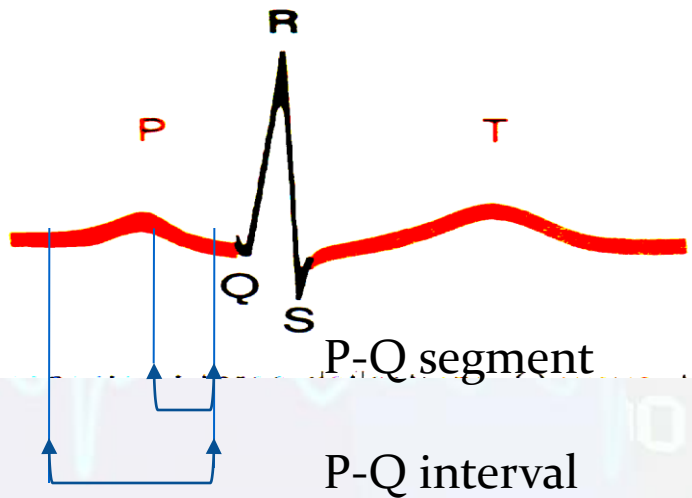
1. The normal P wave duration is 0.06 - 0.10 second, amplitude - 1-2 mm.
2. The normal P wave is upright in the I, II, aVF, V₂ - V₆ leads.
3. P wave may be upright, two-phased in III, aVL, V₁ leads, and sometimes even inverted in the III and aVL leads.
4. P wave is always inverted in the aVR lead.



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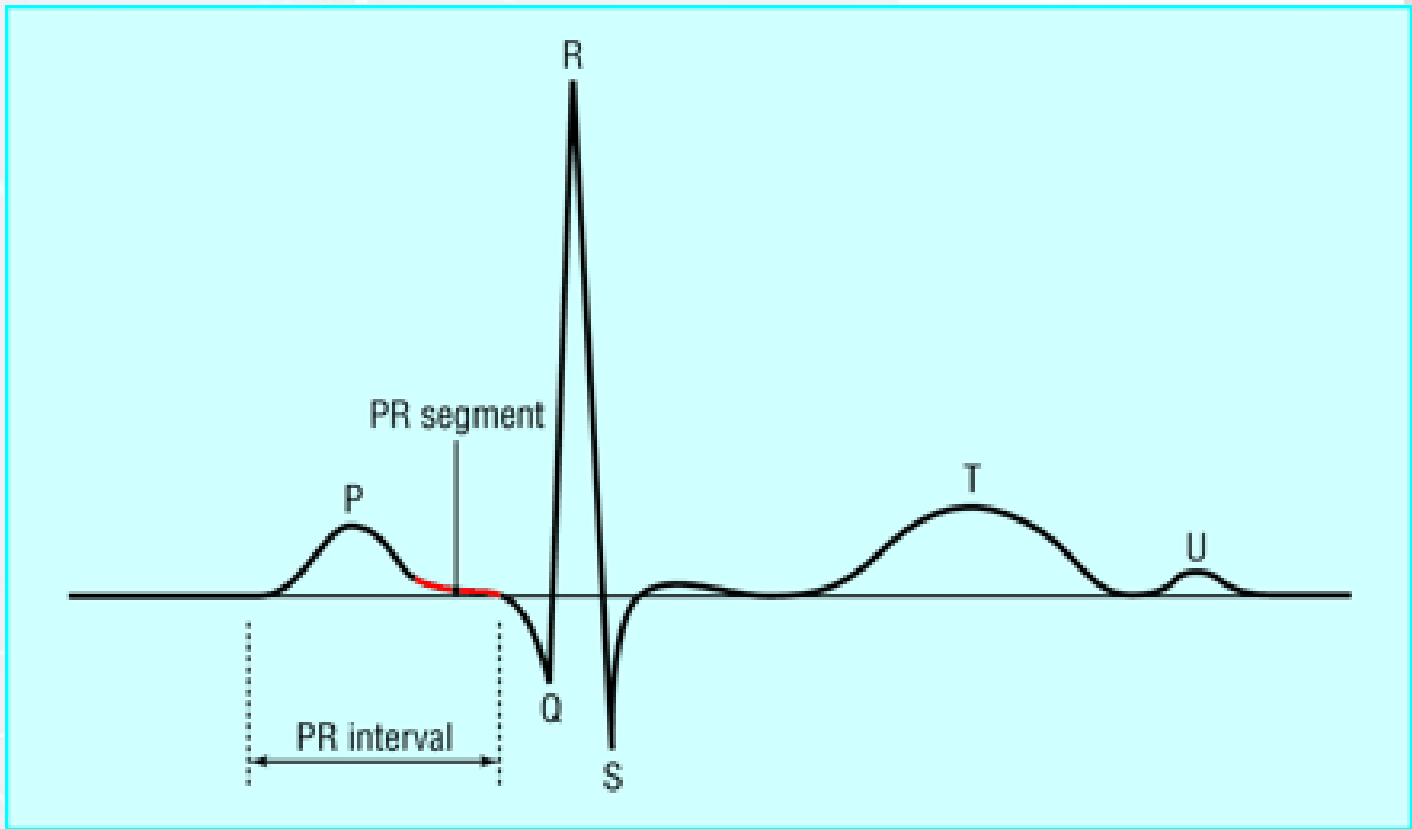
P - Q interval



The **P-Q interval** measured from the beginning of the P wave to the onset of the Q (or R) wave. Includes activation in atria, the AV node,
The normal P - Q duration is 0.12 - 0.2 second.

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The P - Q segment, measured from the end of the P wave to the onset of the Q wave, represents mostly the delay in activation as the impulse passes through the AV node.

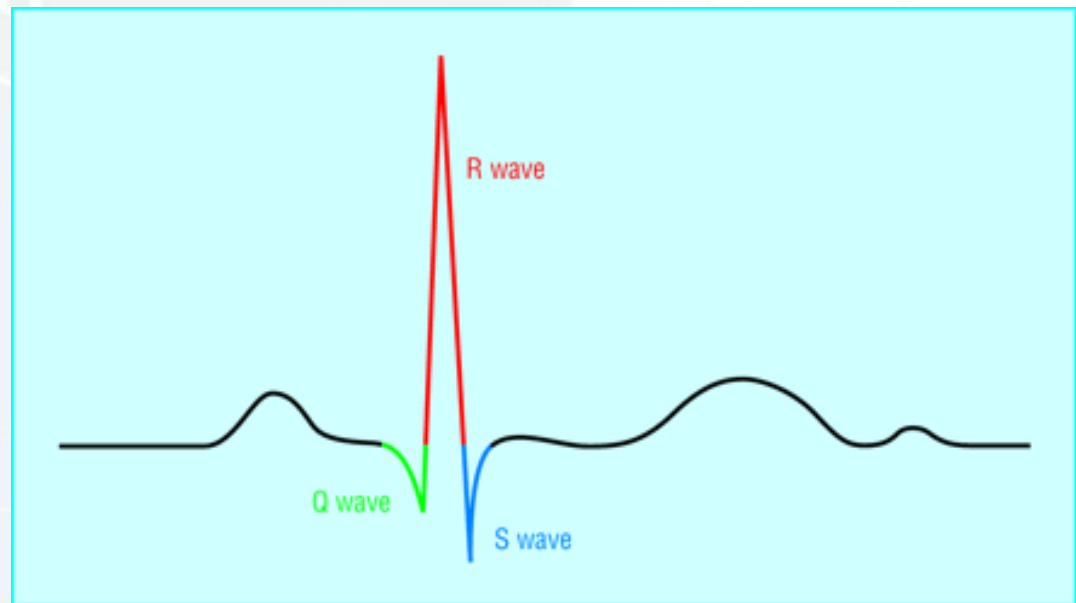


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Ventricular complex QRS

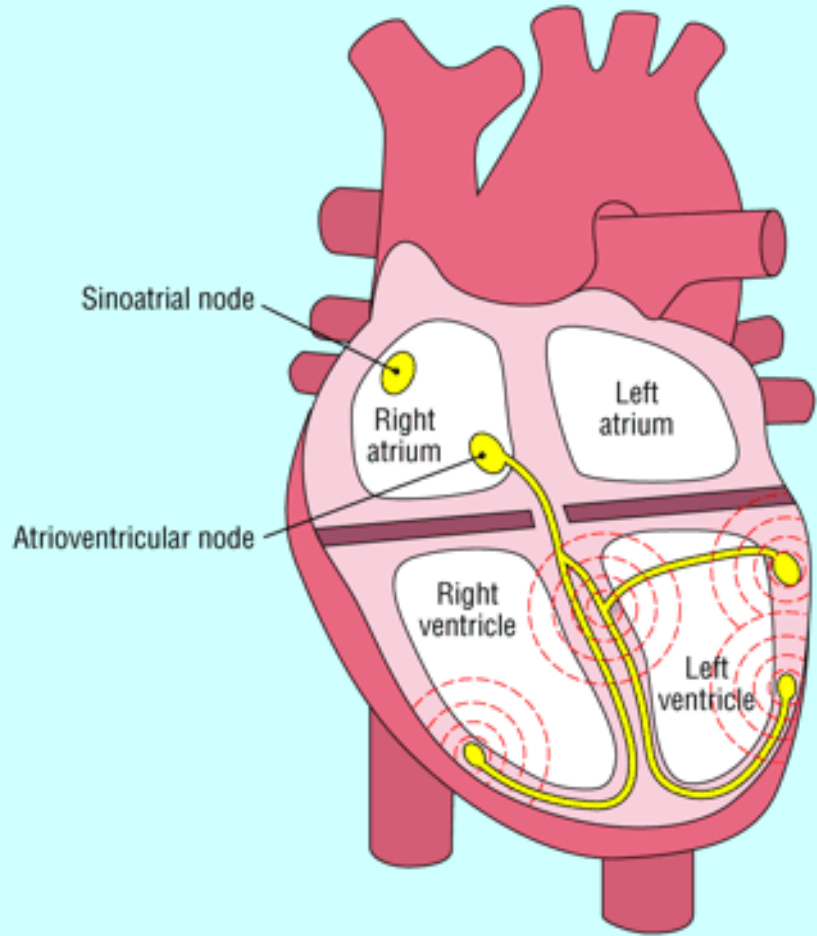
Q wave represents depolarization of the interventricular septum.

- The normal Q wave amplitude in all leads except aVR is not more than $\frac{1}{4}$ of the R wave amplitude, and its duration is 0.03 second.
- The normal Q wave is inverted in I, II, III, aVL, aVF, V₄ - V₆ leads.
- Q wave may be deep and wide in the aVR lead, or even QS complex may register.

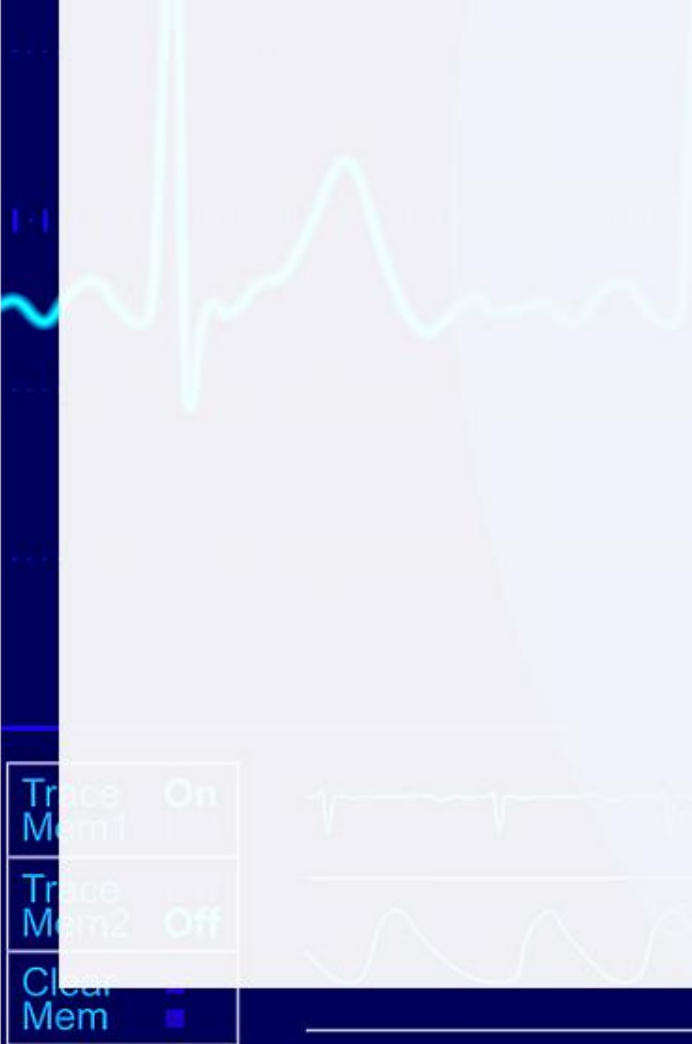


Trace Mem1	On
Trace Mem2	Off
Clear Mem	

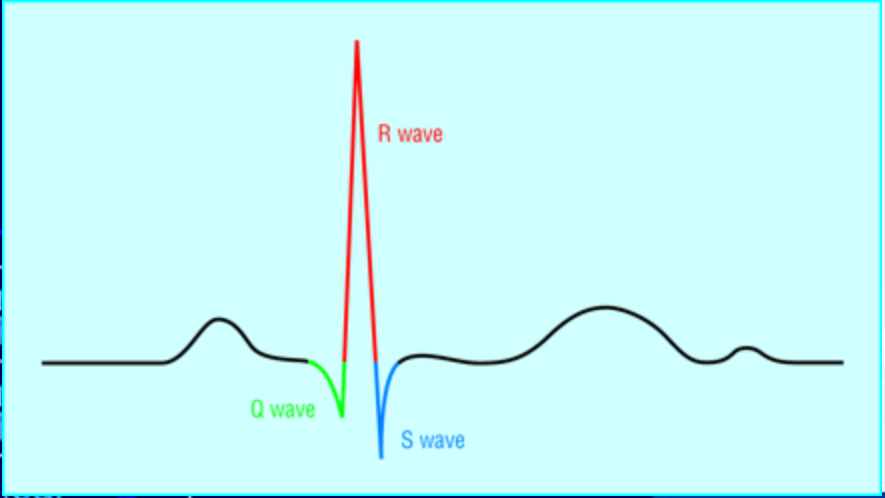
R wave represents the process of depolarization of the ventricle



Trace Mem1	On
Trace Mem2	Off
Clear Mem	



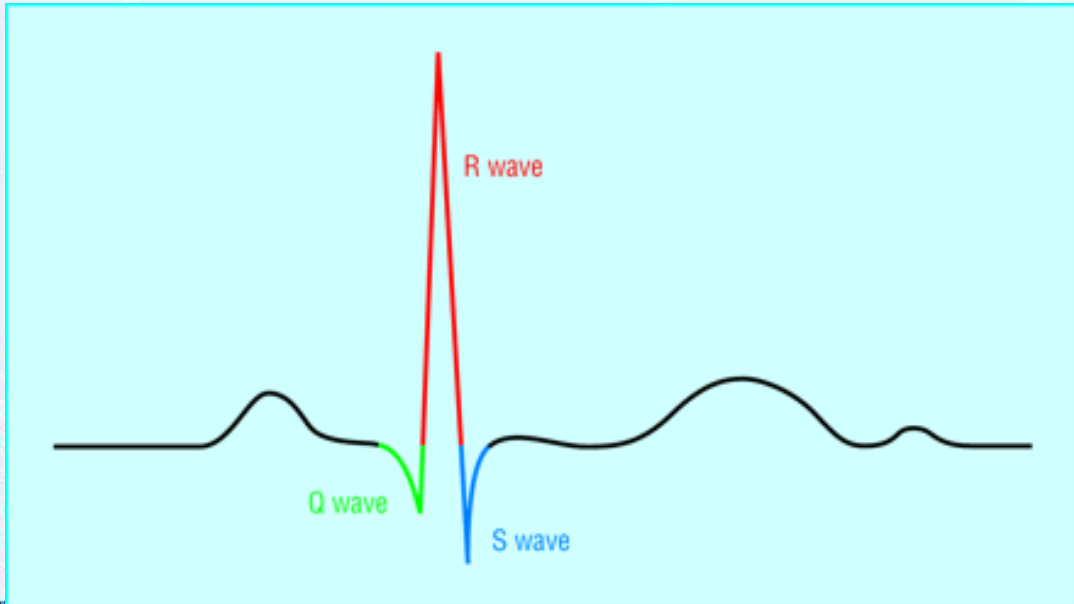
R wave



1. The normal R wave amplitude is 5-15 mm
2. The normal R wave is recorded in all standard and augmented limb leads. In the aVR lead R wave may be low or even absent.
3. In the chest leads R wave amplitude increases from V₁ to V₄, and then slightly decreases in V₅ and V₆ leads.
4. R_{V1,V2} reflects activation of the interventricular septum, and R wave in V₄, V₅, V₆ leads activation of the right and left ventricles.

S wave

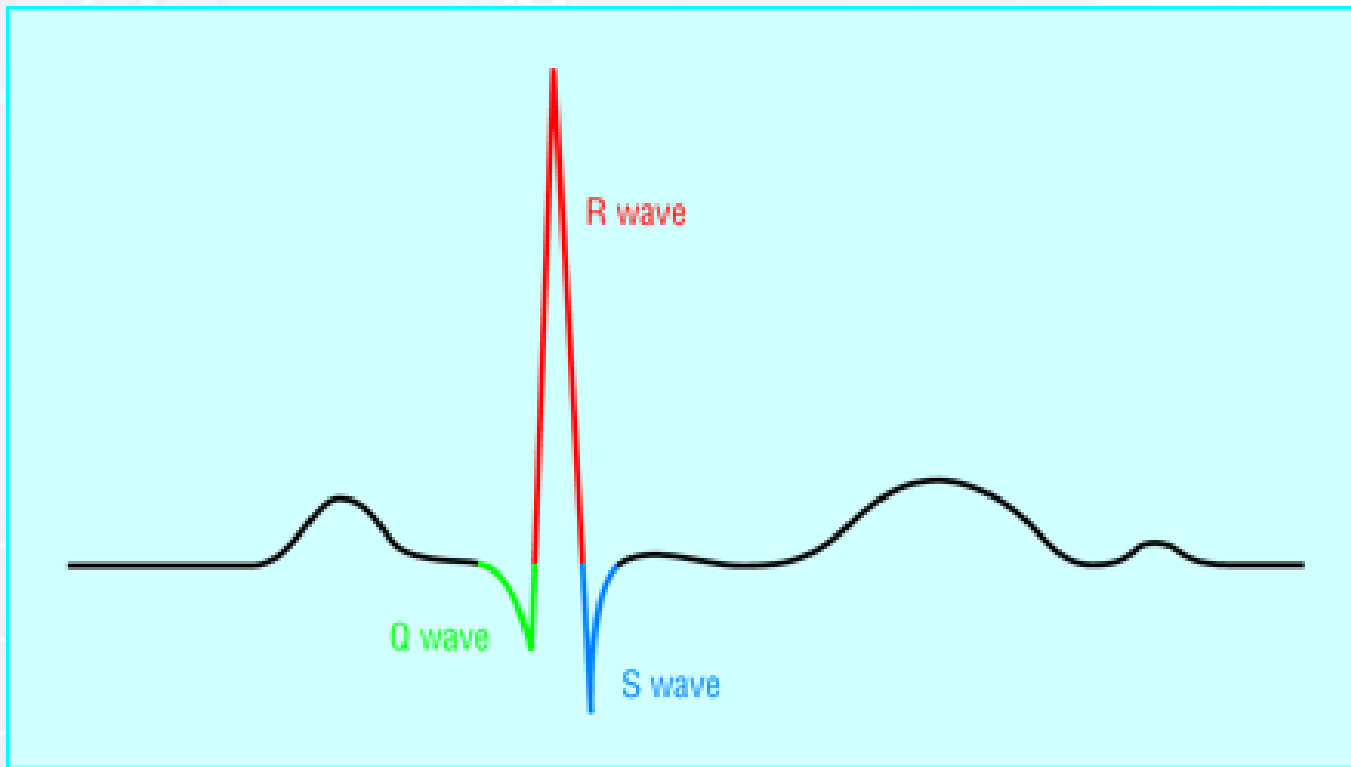
S wave formation on the ECG reflects depolarization of the basal parts of interventricular septum of right and left ventricles.



S wave

1. The normal S wave is inverted, its amplitude in the different electrocardiographic lead is within the large ranges, not exceed 20 mm (2.5 mm on the average).
2. In the limb leads S wave amplitude is low, except aVR lead, in the normal position of the heart in the chest.
3. In the chest leads S wave amplitude decreases from V_1 , V_2 to V_4 , and in V_5 , V_6 leads S wave amplitude is very low or S wave may be even absent.
4. Equal S wave and R wave amplitude in the chest leads are usually in the V_3 ("transition zone") or (rarer) between V_2 and V_3 or V_3 and V_4 .

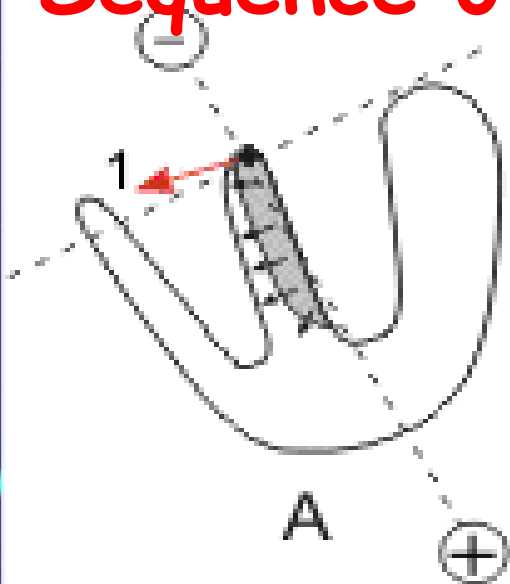
The QRS interval, measured from the beginning of the Q wave to the end of the S wave, represents the process of depolarization of the ventricles. The normal duration of the QRS interval is 0.06 - 0.1 sec., this time corresponds to the intraventricular conduction.



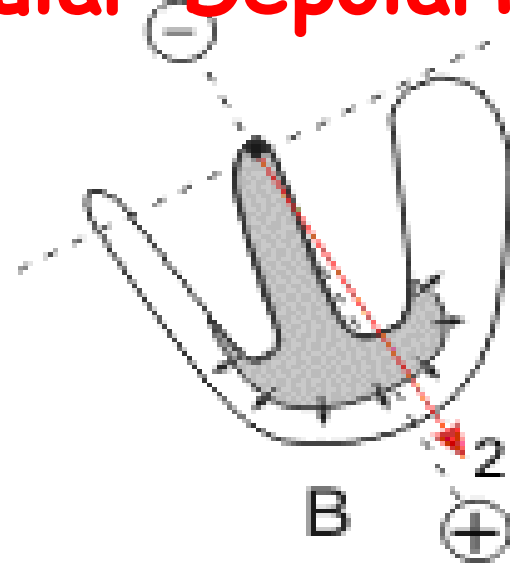
Trace Mem1 On
Trace Mem2 Off
Clear Mem

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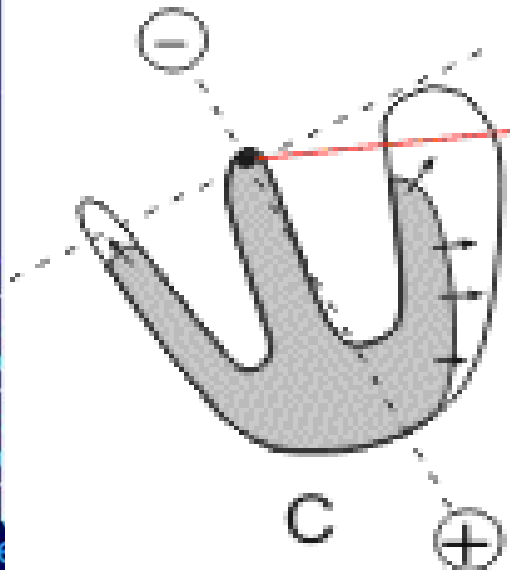
Sequence of Ventricular Depolarization



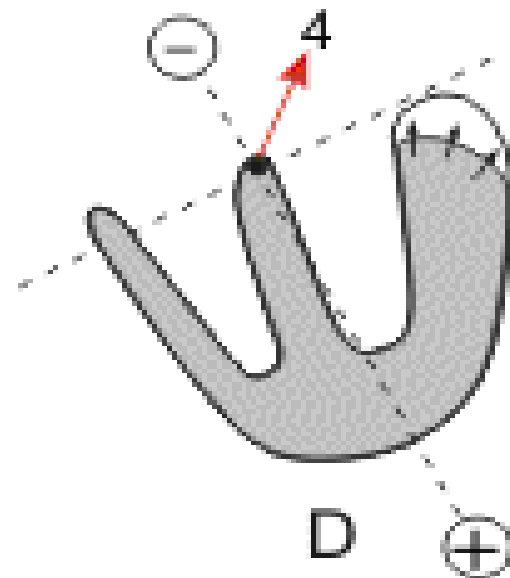
QRS Complex
Lead II



QRS Complex
Lead II



QRS Complex
Lead II



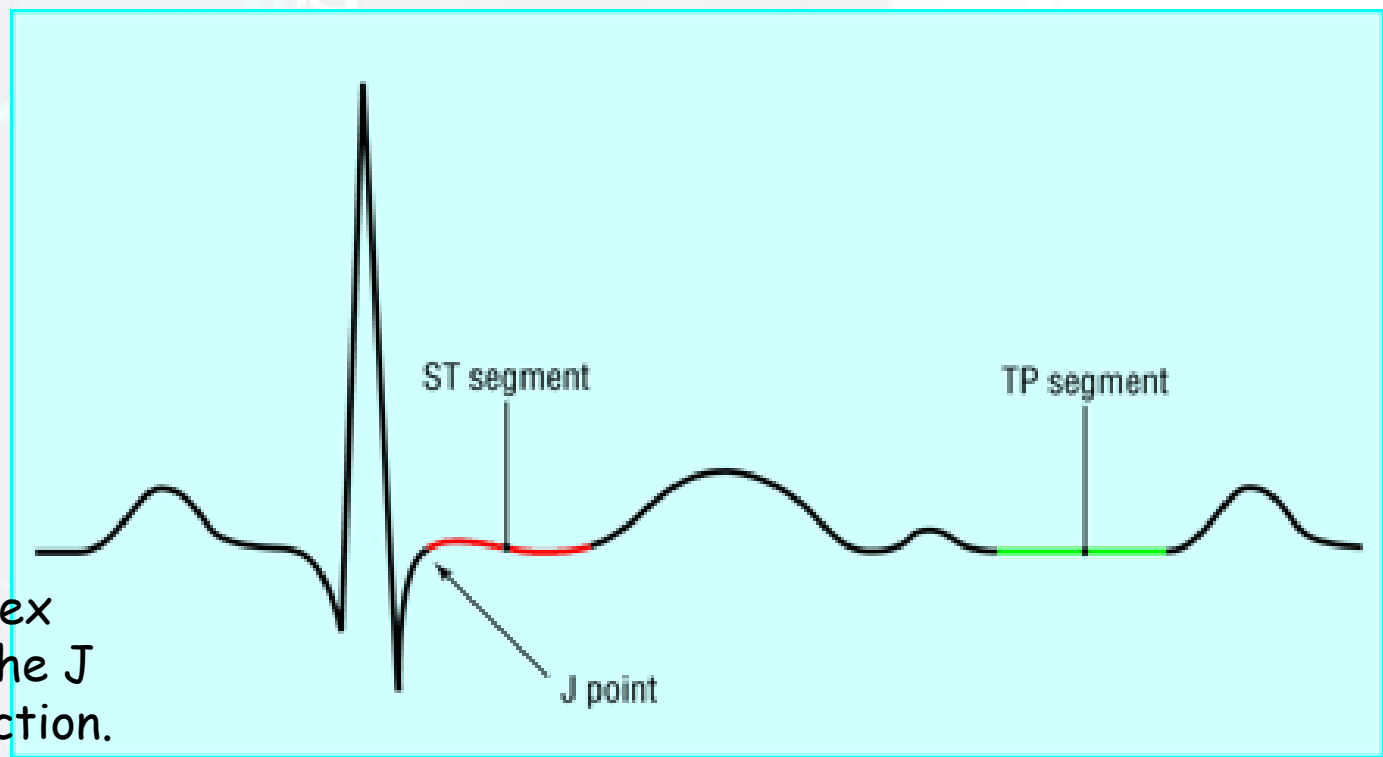
QRS Complex
Lead II

Tr M
Tr M
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Me

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The ST segment

- represents the period when all parts of the ventricles are in the depolarized state. The ST segment duration depends on the heart rate.



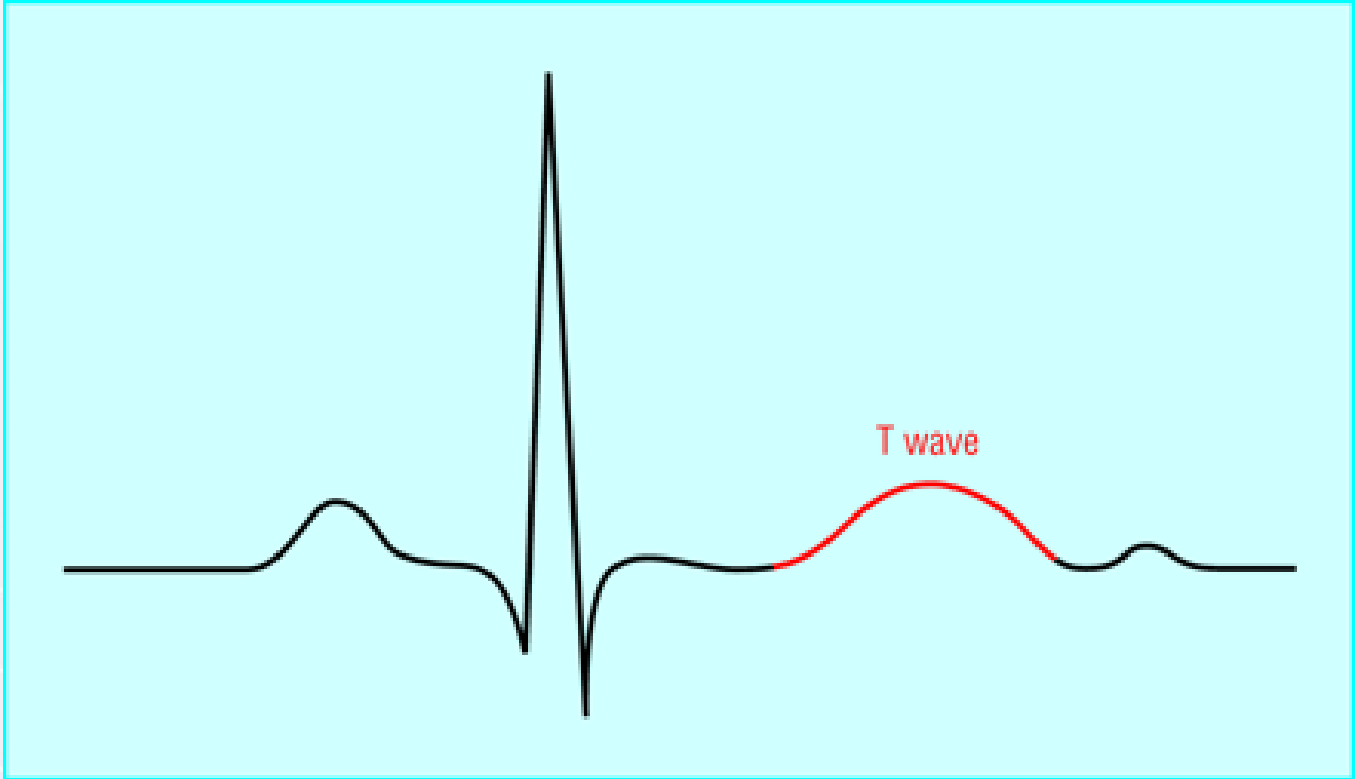
Tr M
Tr M
Clear Mem

The QRS complex terminates at the J point or ST junction.

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T wave represents repolarization of both ventricles.

The normal T wave is asymmetric: the gradual ascent converts into a rounded summit, which is followed by abrupt descent.

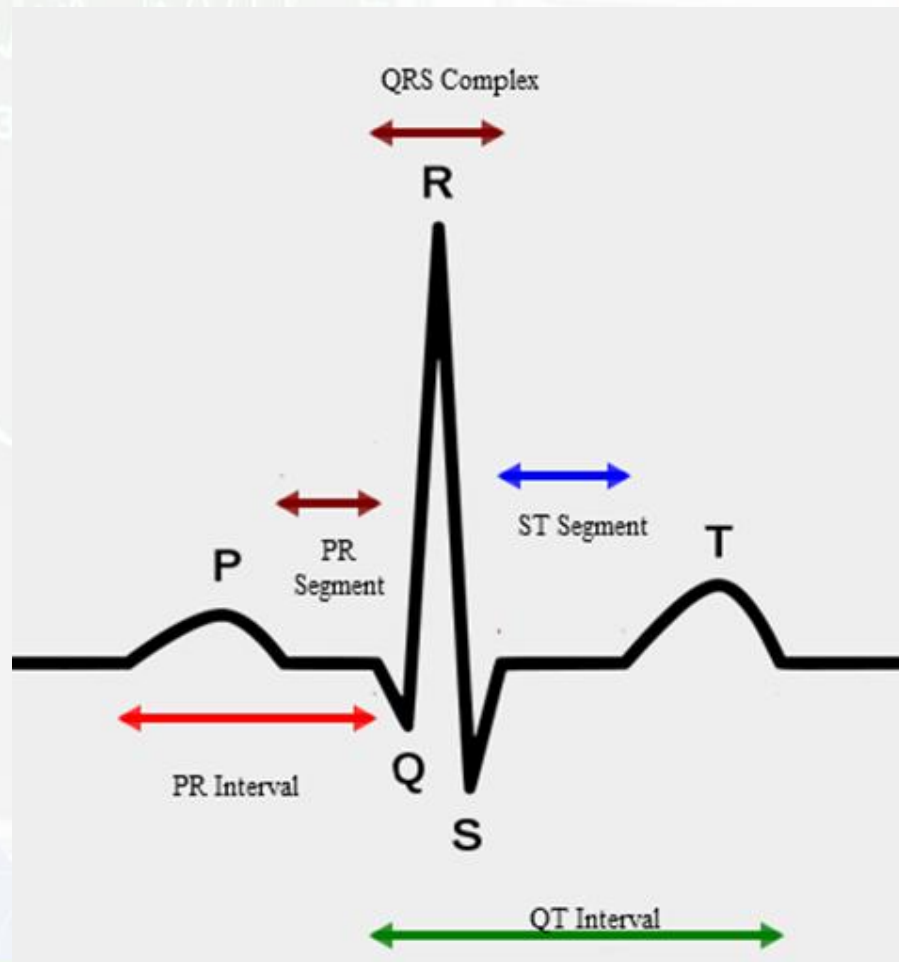


Trace Mem1 On
Trace Mem2 Off
Clear Mem

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T wave

1. The normal T wave duration is 0.12 - 0.16 second, amplitude - 2.5 - 6 mm.
2. The normal T wave is always upright in I, II, aVF, $V_2 - V_6$, $T_I > T_{III}$, and $T_{V6} > T_{V1}$ leads.
3. T wave may be upright, two-phased or inverted in III, aVL and V_1 leads.
4. The normal T wave is always inverted in aVR lead.



Trace Mem1
Trace Mem2 Off
Clear Mem

Q - T interval (QRST complex), measured from the beginning of the Q (or R) wave to the end of the T wave, represents electrical ventricular **systole**.

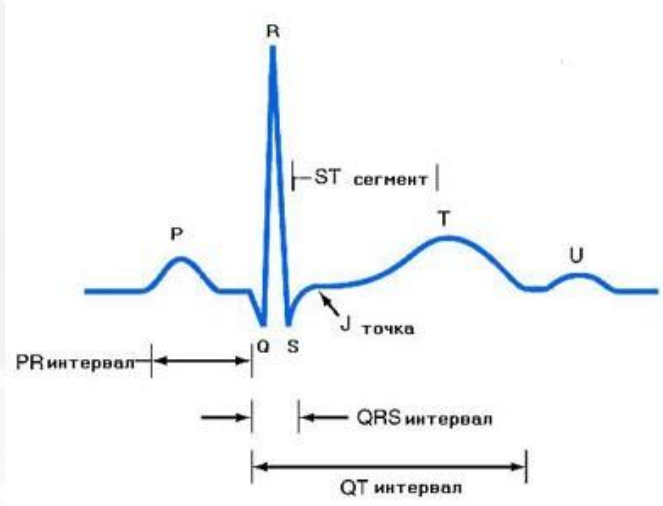
Its duration depends on the cardiac rate.
The Q - T interval in women is longer than in man.

For example, at the rate of 60 - 80 beats per minute, Q - T duration is 0.32 - 0.37 second in men, and 0.35 - 0.4 in women.

Trace Mem1 On

Trace Mem2 Off

Clear Mem

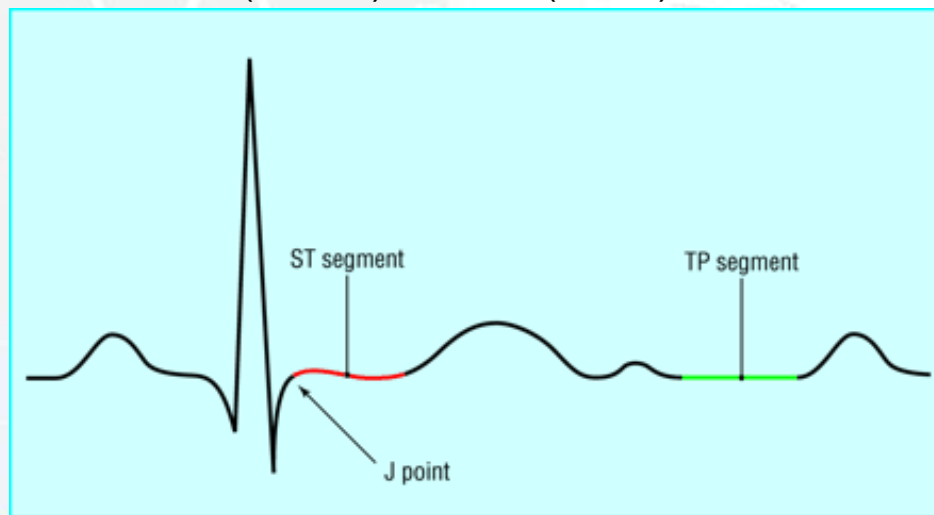
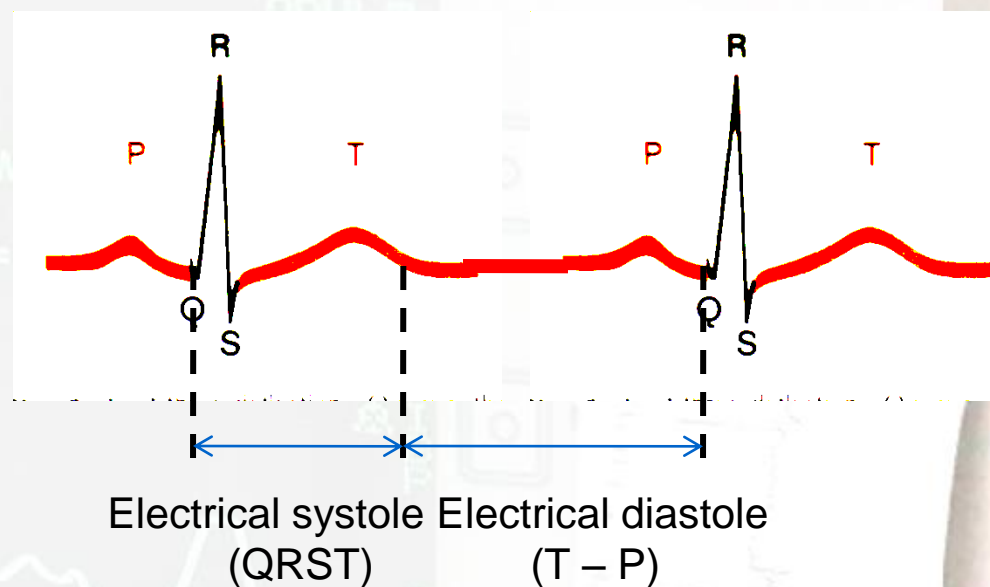


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T - P interval,

measured from the end of the T wave to the beginning of the P wave, represents electrical **diastole** of the heart.

Its duration depends on the heart rate .

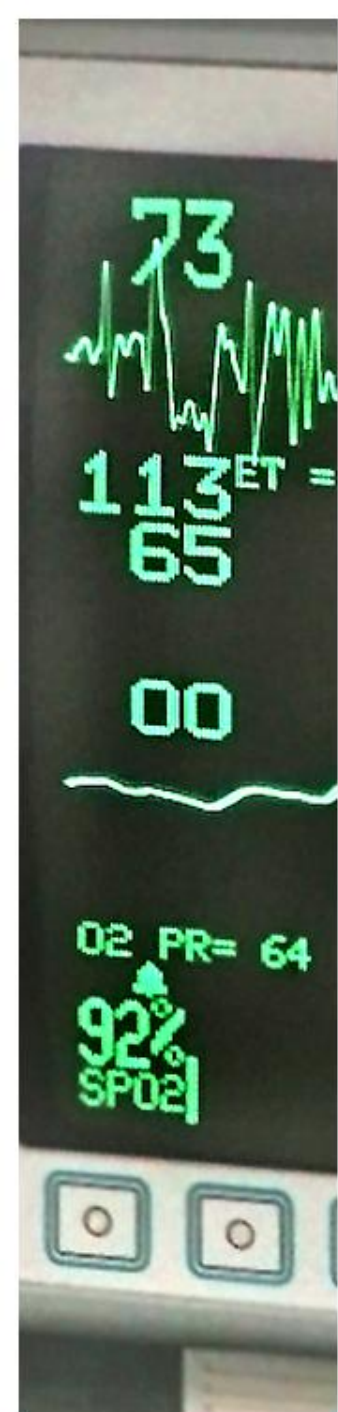


Tr
Mem1
Trace
Mem2 Off
Clear
Mem

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Interpretation of the ECG

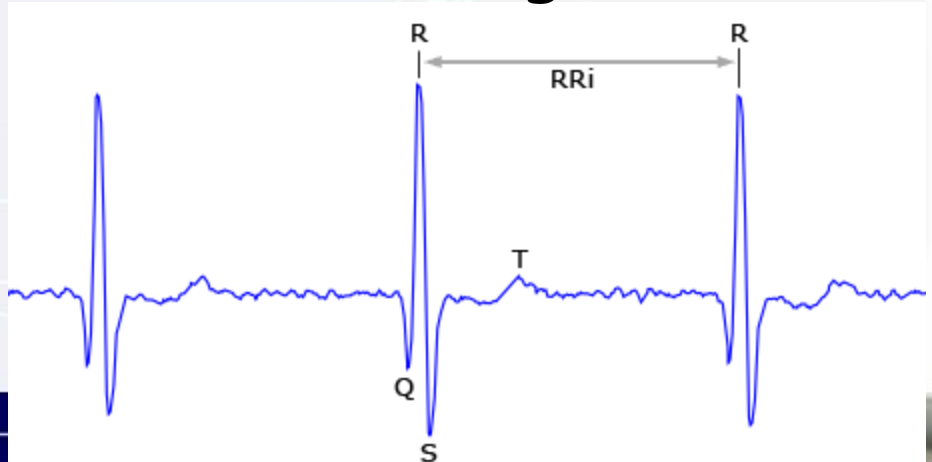
1. Determination of the Cardiac Rhythm Regularity (regular, irregular).
2. Determination of the Cardiac Rhythm Pacemaker Site (sinus, nonsinus).
3. Measurement of the ECG Amplitude.
4. Calculation of the Heart Rate.
5. Determination of the Electrical Axis of the Heart.
6. Measurement of the duration and amplitude of the ECG waves and intervals.
7. ECG conclusion



Interpretation of the ECG

1. Determination of the Cardiac Rhythm

Regularity. The R-R intervals in regular rhythm should be equal. Its fluctuation normally does not exceed 0.1 second ($\pm 10\%$). Greater variations in the R-R intervals duration indicate irregular cardiac rhythm.

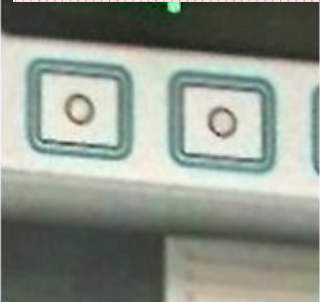
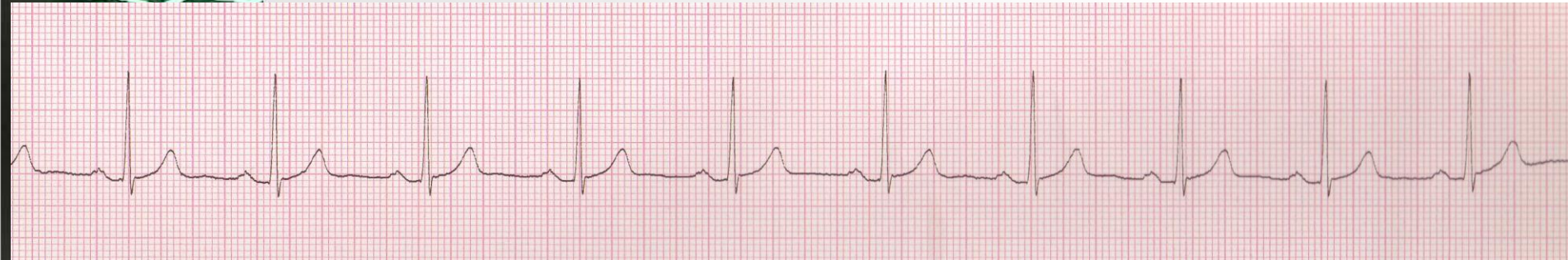


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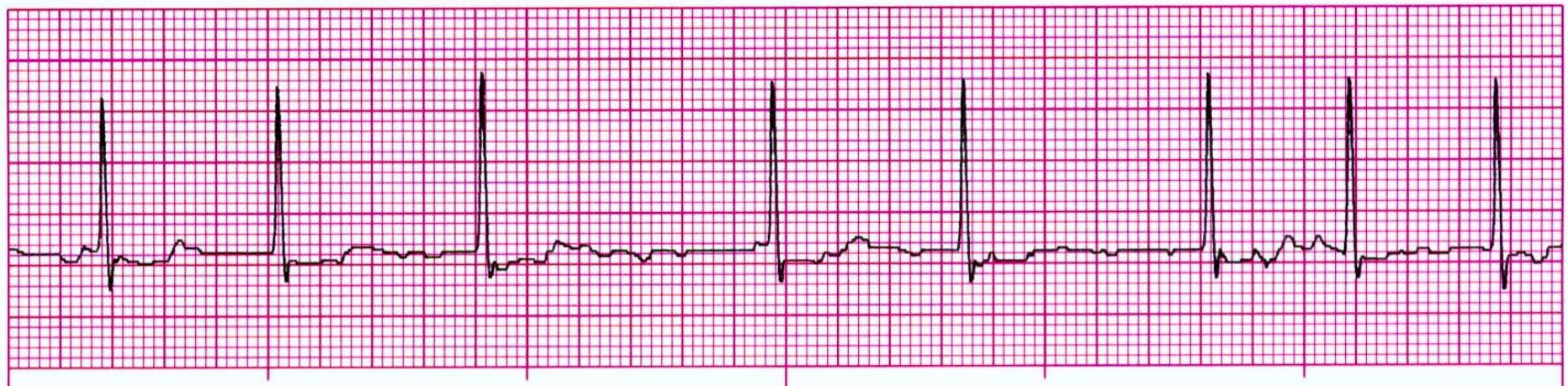
Regular cardiac rhythm

1. The R-R intervals are equal;
2. Its fluctuation does not exceed 0.1 second ($\pm 10\%$).



Irregular cardiac rhythm

1. The R-R intervals are different;
2. Its fluctuation exceed 0.1 second ($\pm 10\%$).

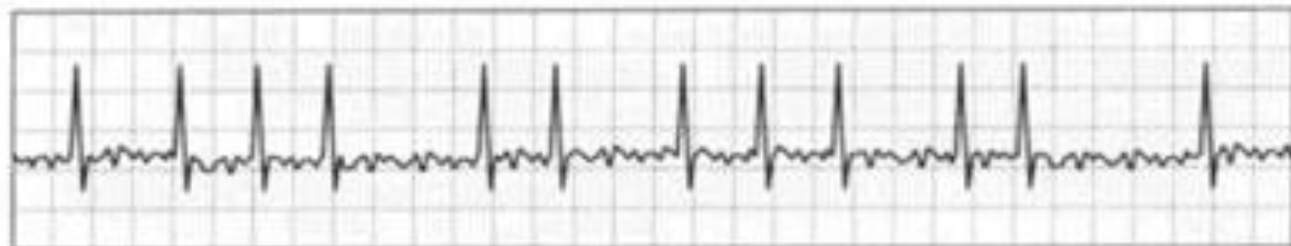


Determination of the Cardiac Rhythm Regularity

- Compare regular and irregular cardiac rhythm



ECG tracing of a normal heart rhythm.



In atrial fibrillation, the tracing shows tiny, irregular "fibrillation" waves between heartbeats. The rhythm is irregular and erratic.

Trace Mem1 On
Trace Mem2 Off
Clear Mem

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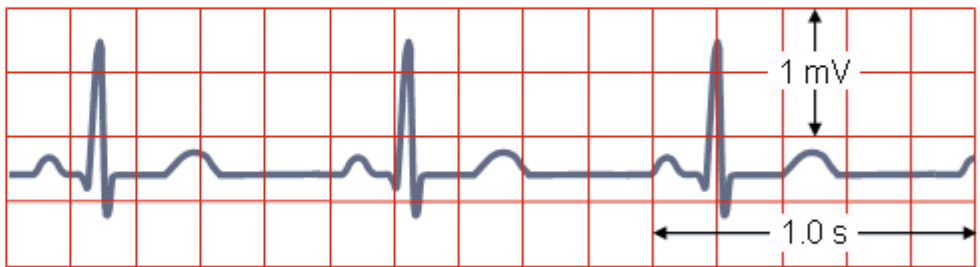
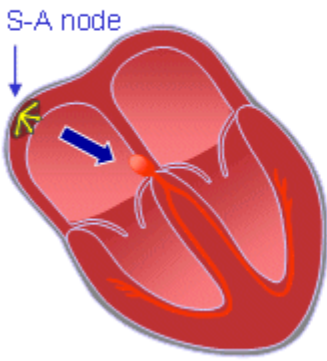
2. Determination of the Cardiac Rhythm Pacemaker Site

Sinus rhythm criteria

1. The normal sinus rhythm is characterized by upright P wave in lead II following by QRS complex;
2. The P waves configuration is equal in each lead;
3. Heart rate is 60-80 beats per min.

NORMAL SINUS RHYTHM

Impulses originate at S-A node at normal rate



All complexes normal, evenly spaced. Rate 60 – 100/min.

Trace Mem1
Trace Mem2
Clear Mem

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2. Determination of the Cardiac Rhythm Pacemaker Site

Nonsinus rhythm

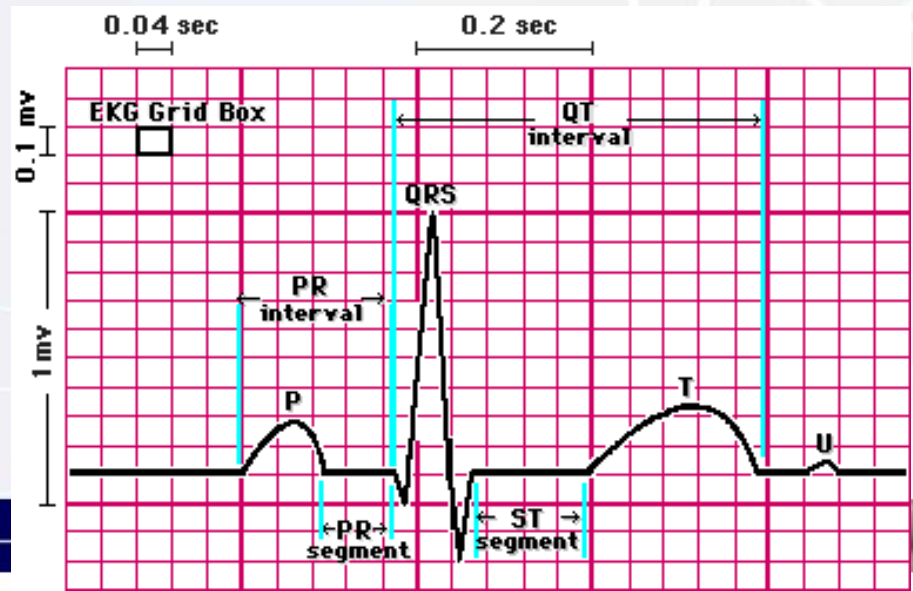
1. Atrial rhythm;
2. Junctional rhythm;
3. Ventricular rhythm;
4. Wandering pacemaker;
5. Pacer rhythm

Trace Mem1	On
Trace Mem2	Off
Clear Mem	■



3. Measurement of the ECG Amplitude (voltage).

The R waves amplitude are measured in standard leads. If the amplitude of the highest R wave does not exceed 5 mm, or the sum of the R waves amplitude in the three standard leads is less than 15 mm the ECG voltage is considered decreased.

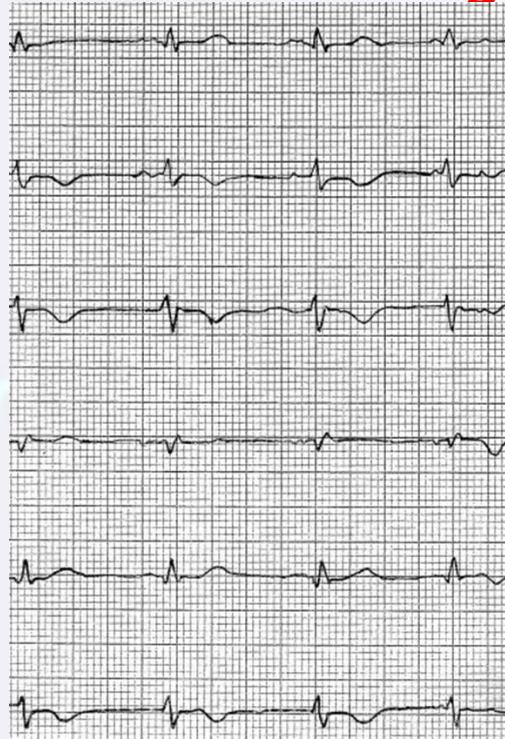


Trace Mem1 On
Trace Mem2 Off
Clear Mem

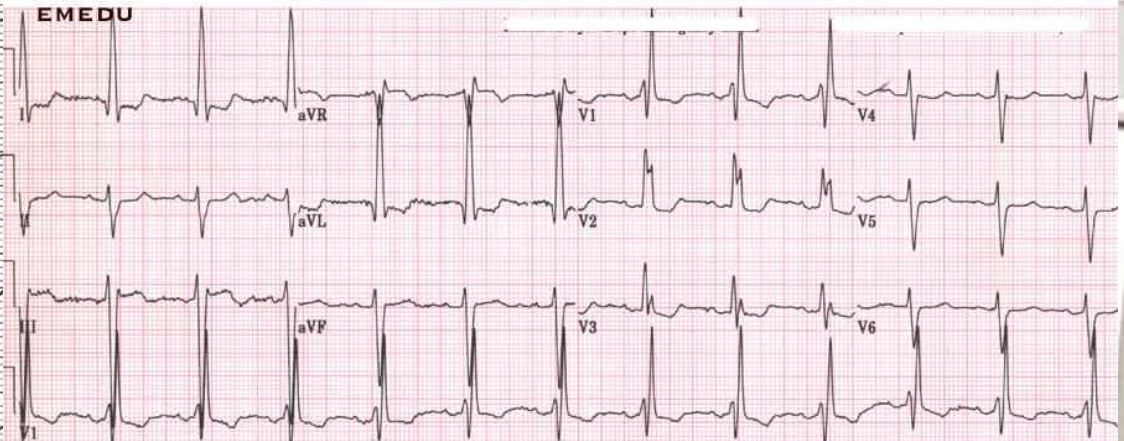
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3. Measurement of the ECG Amplitude (voltage)

Low ECG voltage



High ECG voltage

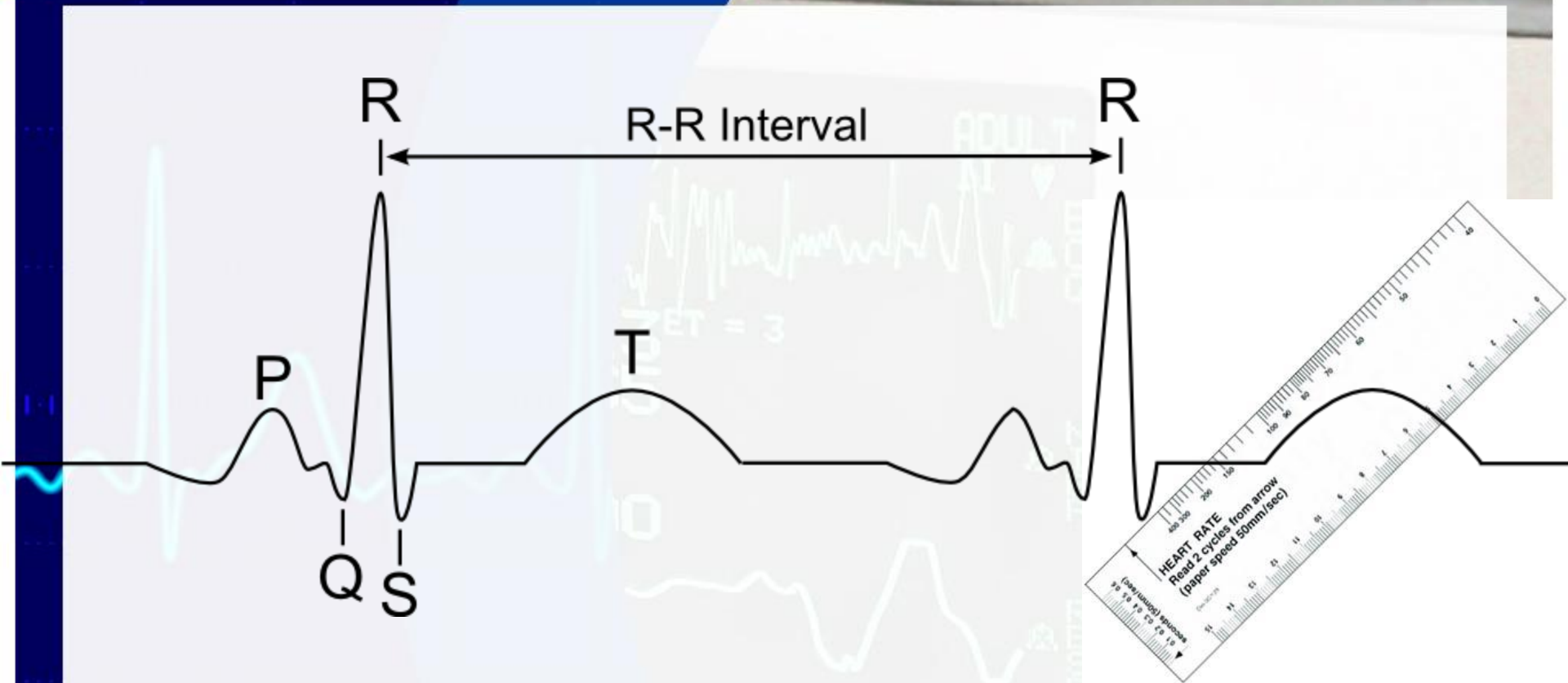


- MI
- Myocarditis
- Pericarditis
- Cardiosclerosis

- Ventricular hypertrophy
- His bundle branch block

Trace Mem
Trace Mem
Clear Mem

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4. Calculation of the Heart Rate. In regular cardiac rhythm the heart rate is determined by formula:

$$HR = \frac{60}{R - R}$$

where 60 is a number of seconds in minute,
R-R - duration of the R-R intervals in seconds.

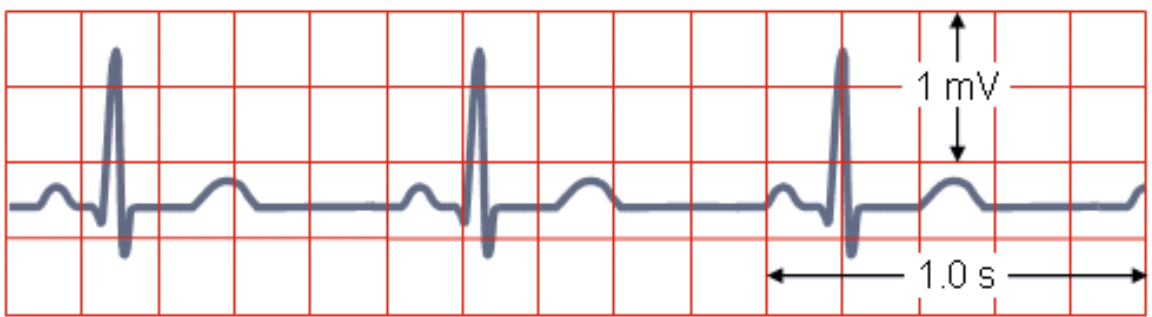
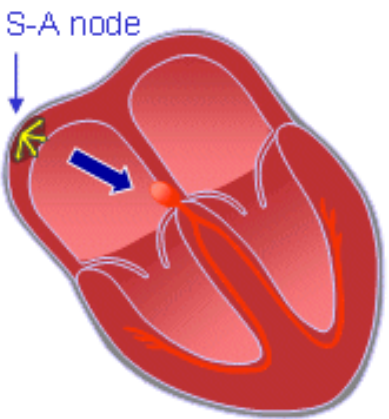
Trace Mem1 On
Trace Mem2 Off
Clear Mem

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Normal heart rate

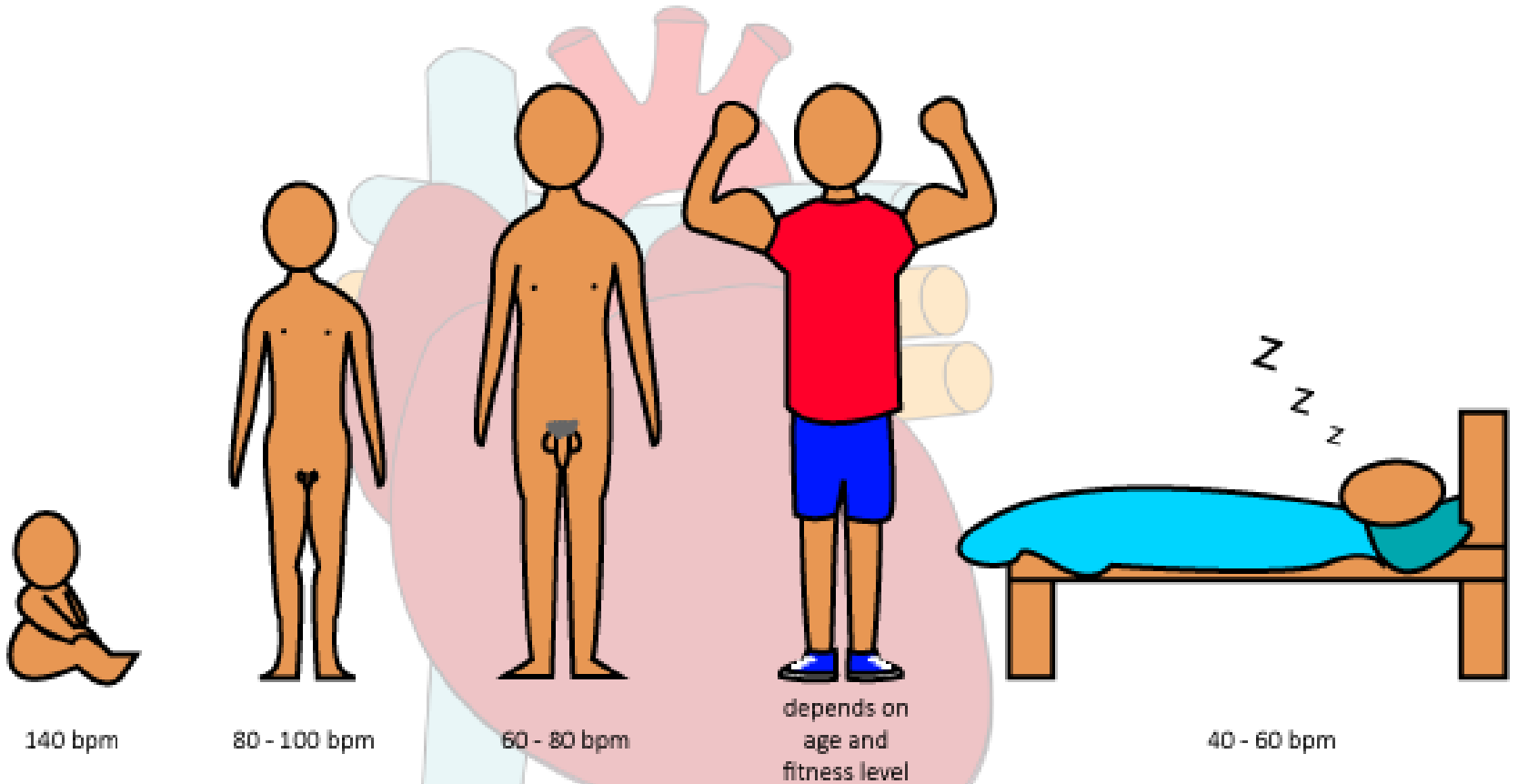
NORMAL SINUS RHYTHM

Impulses originate at S-A node at normal rate



All complexes normal, evenly spaced. Rate 60 – 100/min.

Beat per minute (bpm)



TM
TM
Mem2 Off
Clear Mem

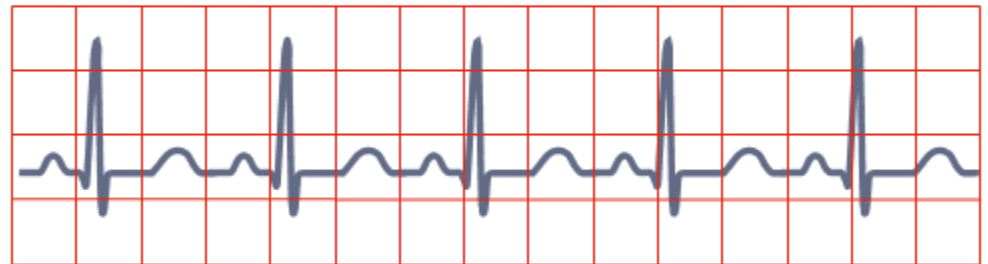
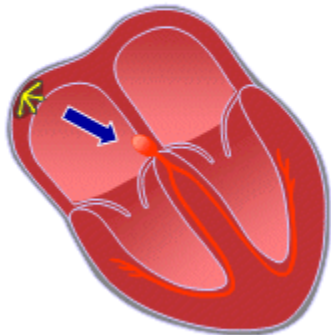
NE
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Sinus tachycardia

A sinus rhythm of higher than 90/min is called sinus tachycardia. It occurs as a physiological response to physical exercise or psychological stress, but may also result from heart failure.

SINUS TACHYCARDIA

Impulses originate at S-A node at rapid rate



All complexes normal, evenly spaced. Rate >100/min.

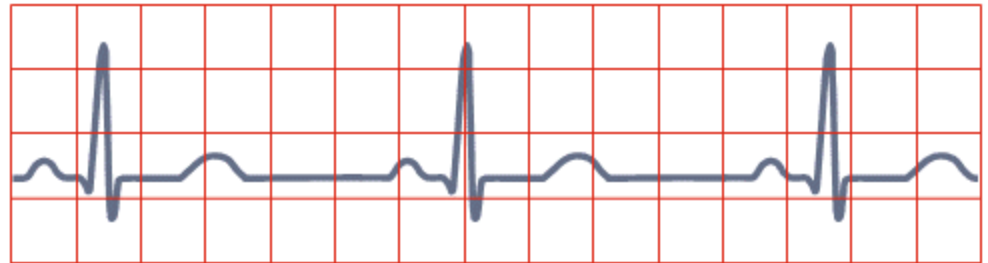
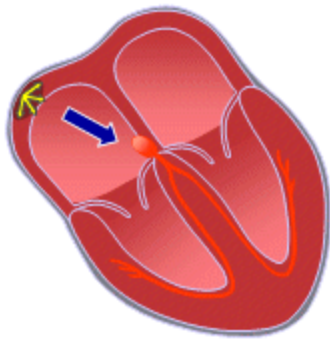


Bradycardia

- A sinus rhythm of less than 60/min is called sinus bradycardia. This may be a consequence of increased vagal or parasympathetic tone.

SINUS BRADYCARDIA

Impulses originate at S-A node at slow rate



All complexes normal, evenly spaced. Rate < 60/min.

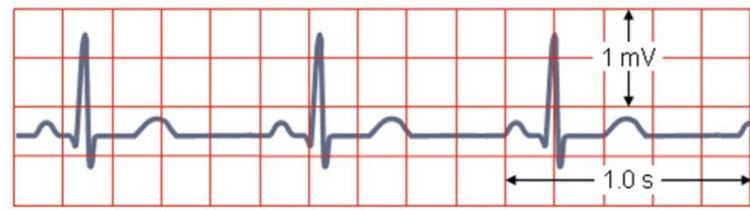
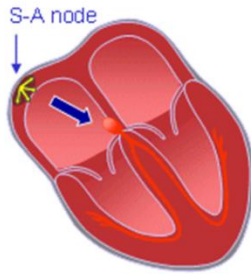


Calculation of the Heart Rate

Compare R-R intervals

NORMAL SINUS RHYTHM

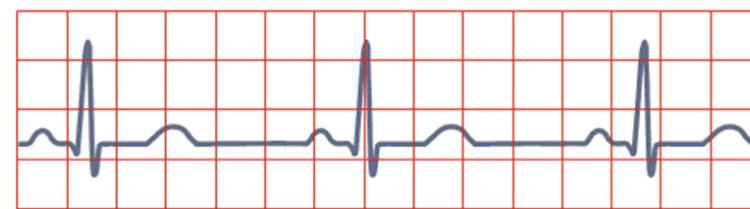
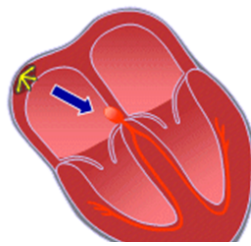
Impulses originate at S-A node at normal rate



All complexes normal, evenly spaced. Rate 60 – 100/min.

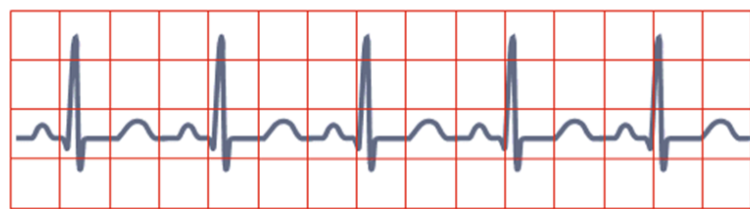
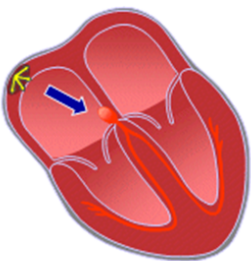
SINUS BRADYCARDIA

Impulses originate at S-A node at slow rate



SINUS TACHYCARDIA

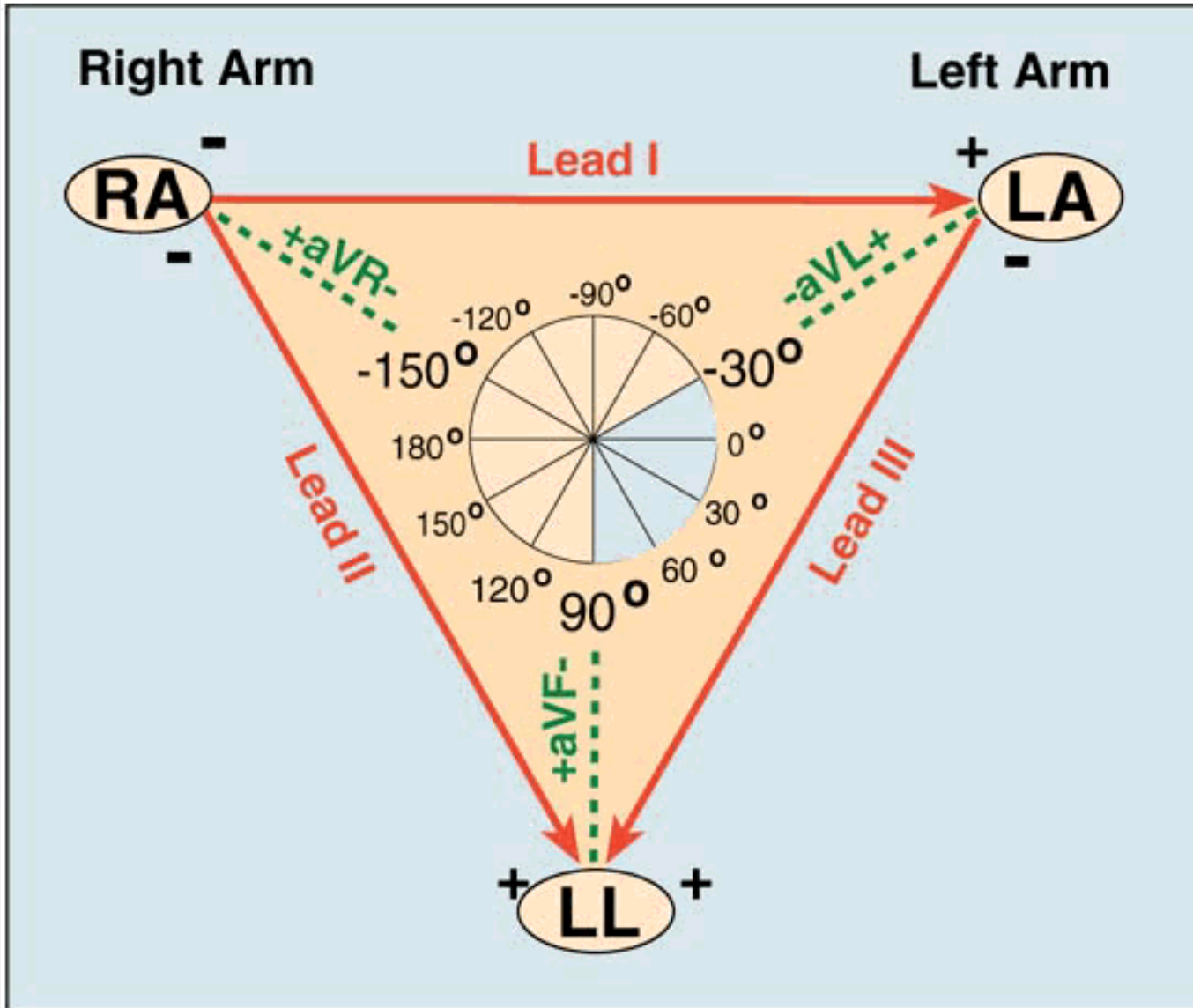
Impulses originate at S-A node at rapid rate



All complexes normal, evenly spaced. Rate >100/min.



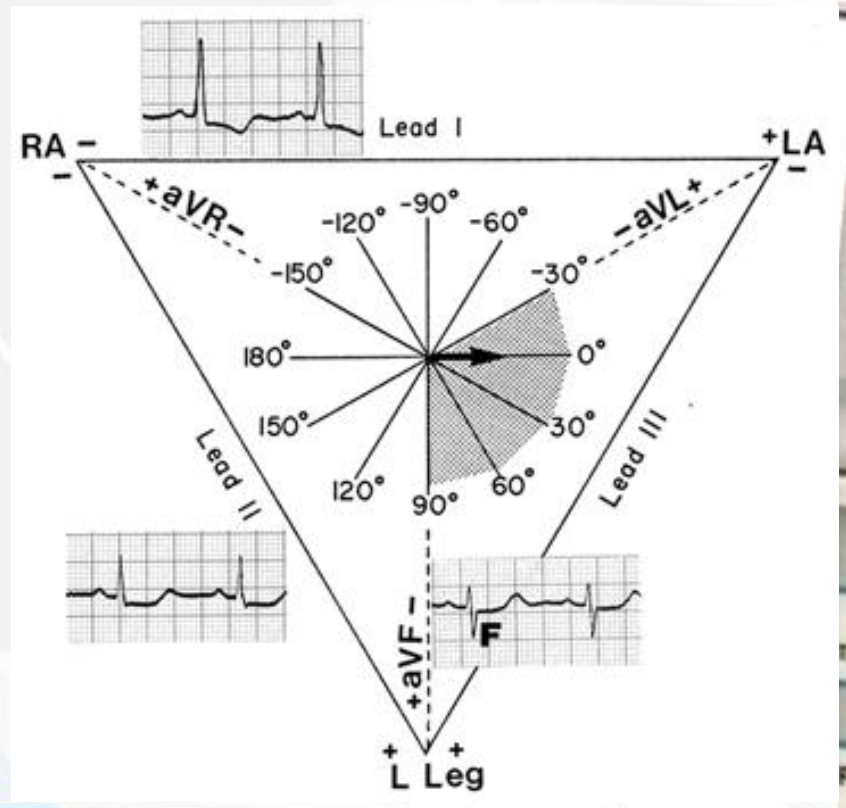
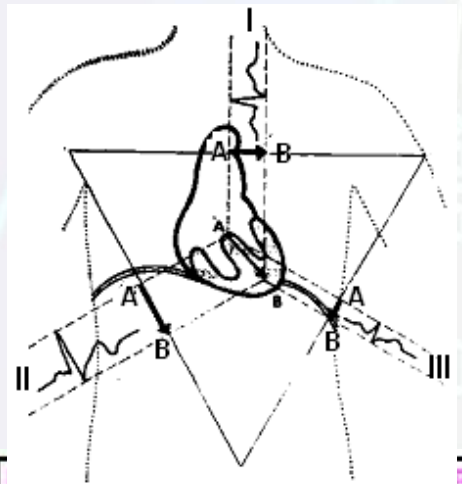
5. Determination of the Electrical Axis of the Heart



Trace Mem1 On
Trace Mem2 Off
Clear Mem

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5. Determination of the Electrical Axis of the Heart Axis in the normal range

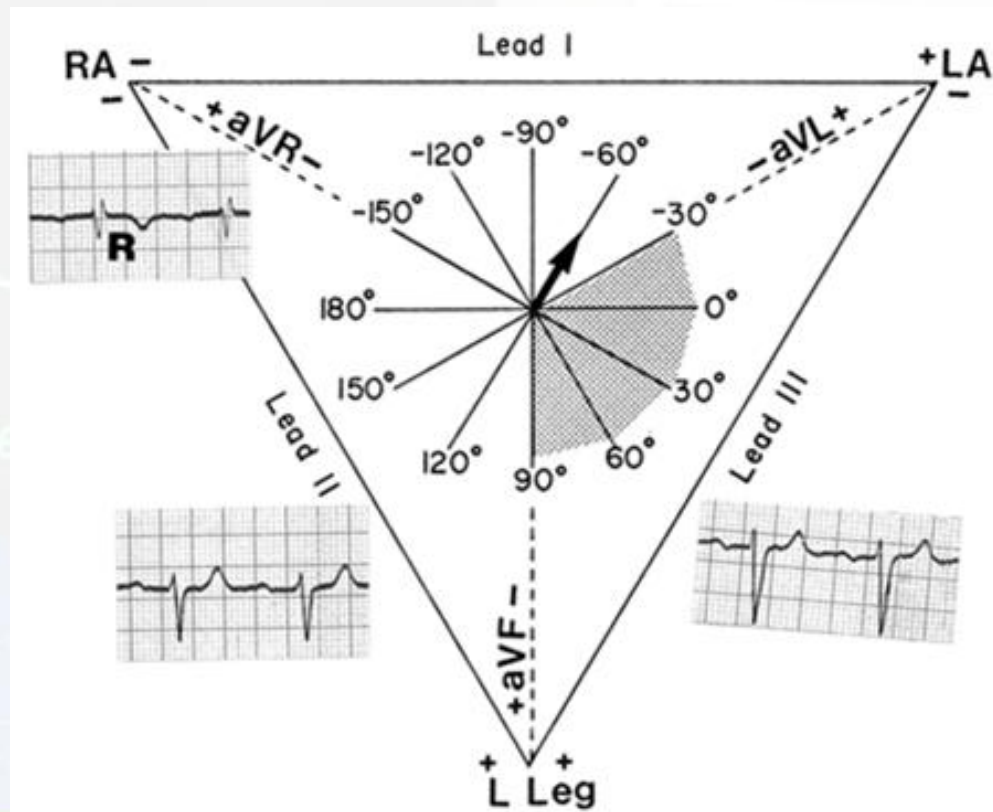
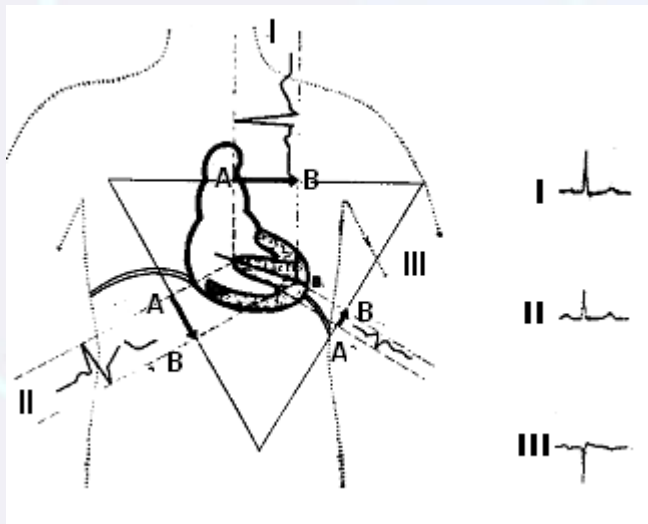


Trace Mem1 On
Trace Mem2 Off
Clear Mem

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5. Determination of the Electrical Axis of the Heart

- Left axis deviation (LAD) range

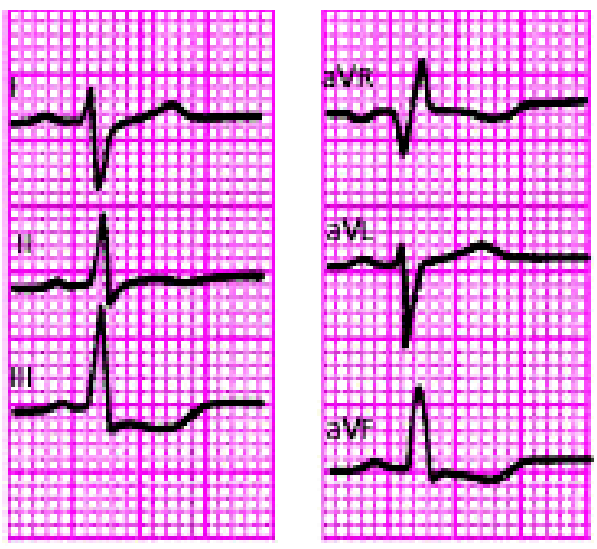
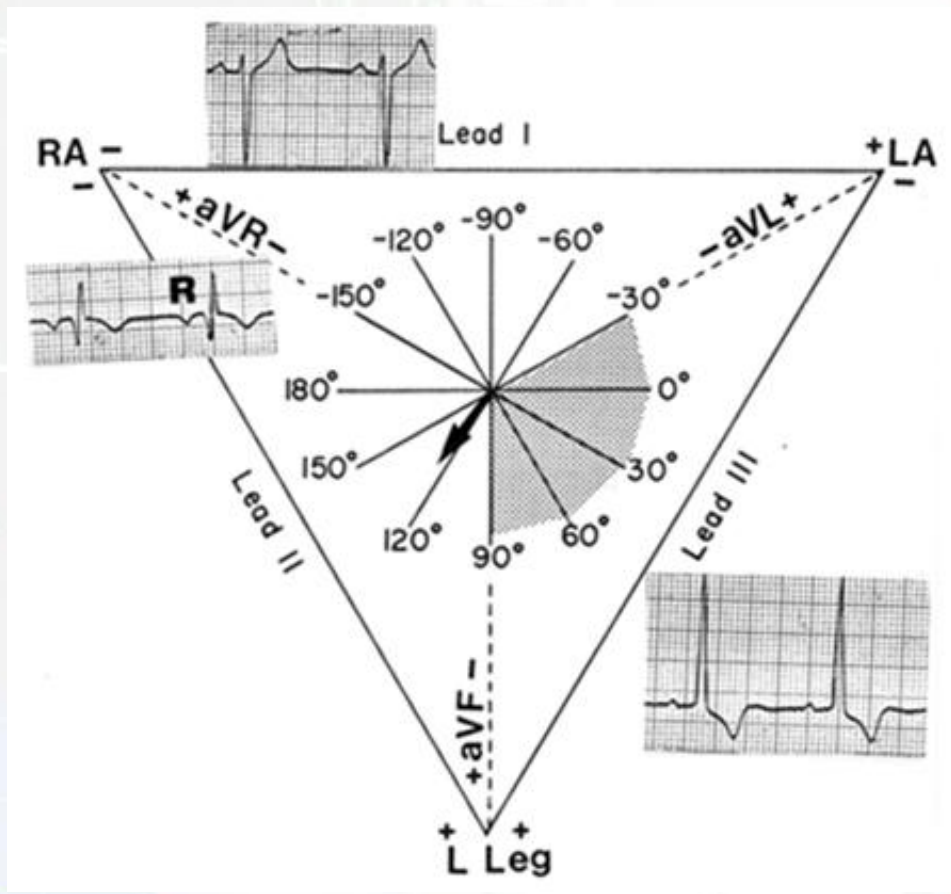
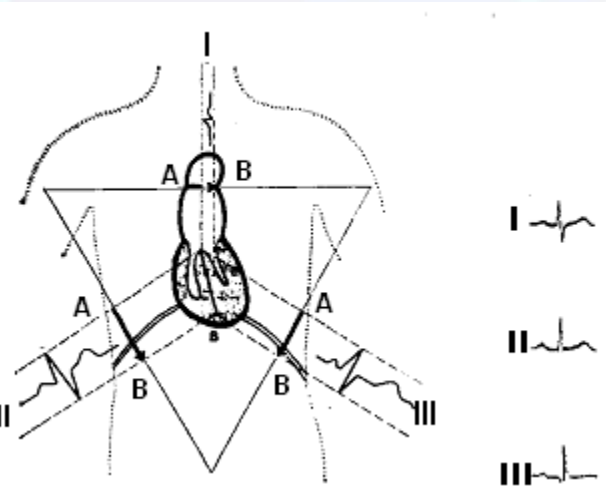


Trace Mem1
Trace Mem2
Clear Mem

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5. Determination of the Electrical Axis of the Heart

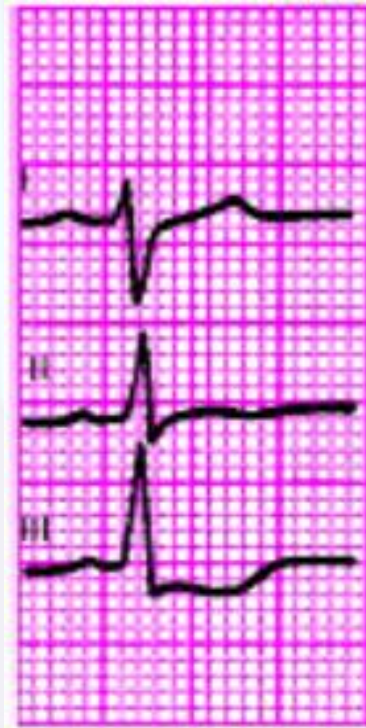
Right axis deviation (RAD) range



Trace Mem1
Trace Mem2
Clear Mem

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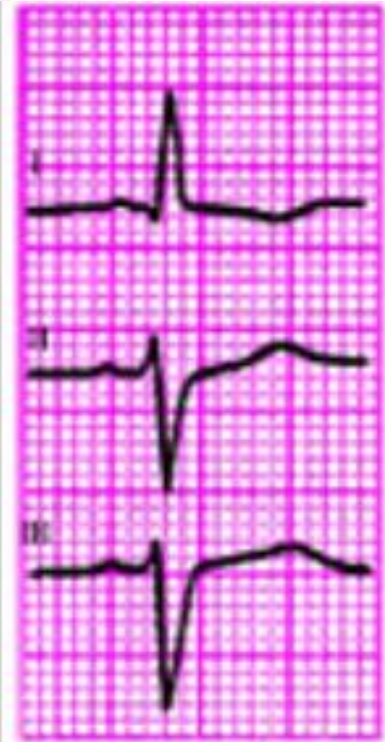
Visual method of electrical axis of the heart determination



RAD



Normal

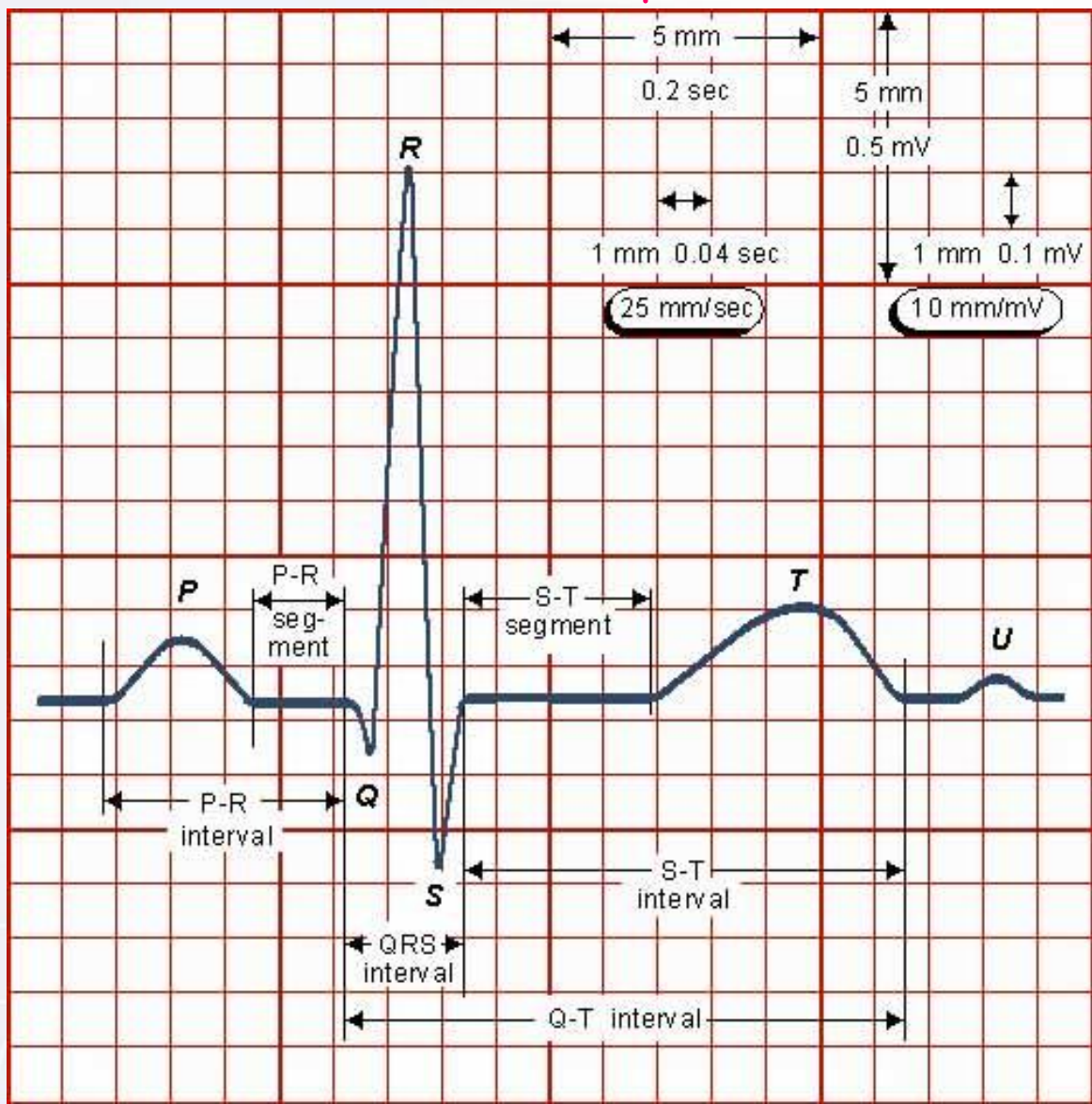


LAD

Trace Mem1 On
Trace Mem2 Off
Clear Mem

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6. Measurement of the duration and amplitude of the ECG waves and intervals.



Trace Mem1 On
Trace Mem2 Off
Clear Mem

Handwritten notes:
The performance of the ECG machine

NE
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7. ECG conclusion. In the ECG conclusion it is necessary to note following:

1. Regularity of the cardiac rhythm (regular or irregular);
2. The cardiac rhythm pacemaker (sinus or nonsinus rhythm);
3. The heart rate;
4. Position of the electrical axis of the heart;
5. Presence of the four ECG syndromes:
 - arrhythmias,
 - abnormalities of conductivity,
 - atrial and ventricular hypertrophy,
 - myocardial damage (ischemia, injury, necrosis, scar).

Trace Mem1 On
Trace Mem2 Off
Clear Mem

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.00v



ECG
in myocardium
hypertrophy

Trace Mem1	On
Trace Mem2	Off
Clear Mem	■



.00v



ECG
in left atrial
hypertrophy

Trace Mem1	On
Trace Mem2	Off
Clear Mem	■

ADULT
P-R-T = 3

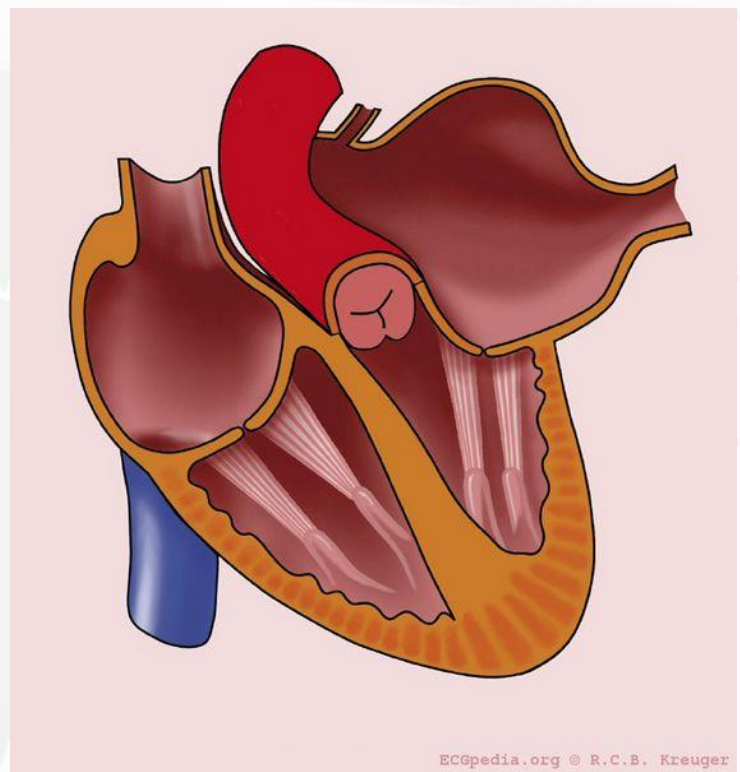
UNIT 1
UNIT 2
UNIT 3

Handwritten signature

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P - mitrale

- The left atrial enlargement occurred most commonly in the patients with mitral valve defects.
- For this reason, this type of the P wave morphology is often termed P - mitrale



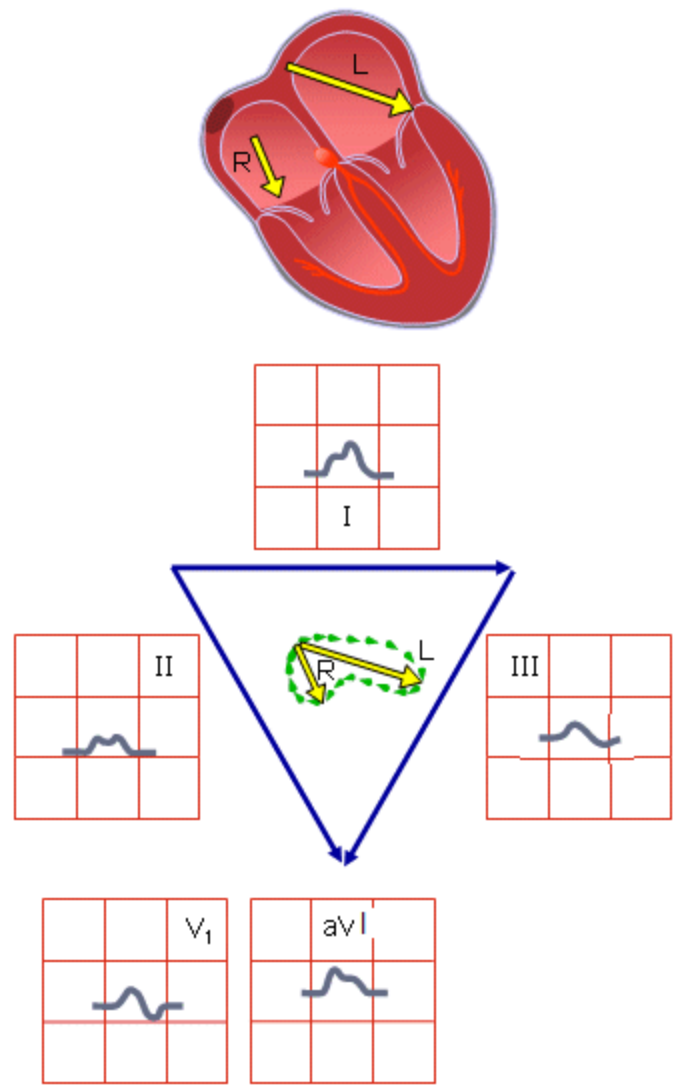
ECGpedia.org © R.C.B. Kreuger



Trace Mem1 On
Trace Mem2 Off
Clear Mem

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LEFT ATRIAL HYPERTROPHY



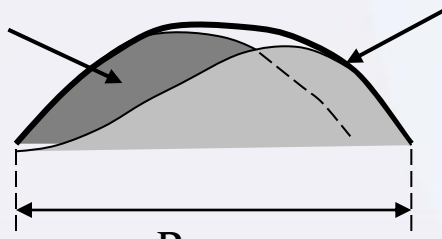
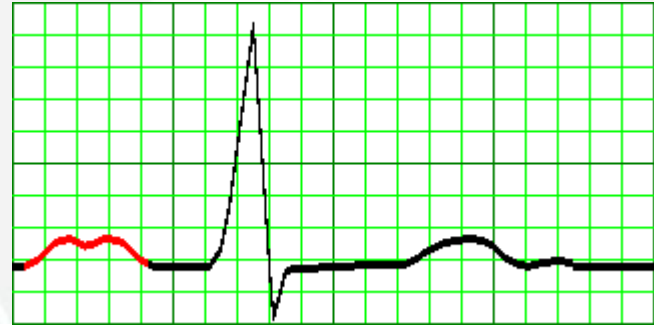
With the left atrium enlargement, the frontal plane P vector is oriented more horizontally and is of longer duration because the left atrial activation is prolonged.

Left Atrium Enlargement

P - mitrale

Therefore, P wave duration is greater than 0.1 second, and amplitude of the left atrial phase of P wave increases that can cause splitting of this wave .

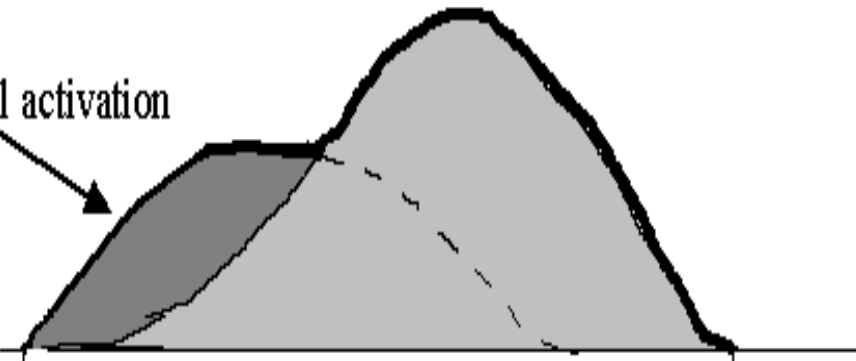
Right atrial activation Left atrial activation



The P wave in left atrial hypertrophy

Right atrial activation

Leads I, aVL, V₄, V₅, V₆

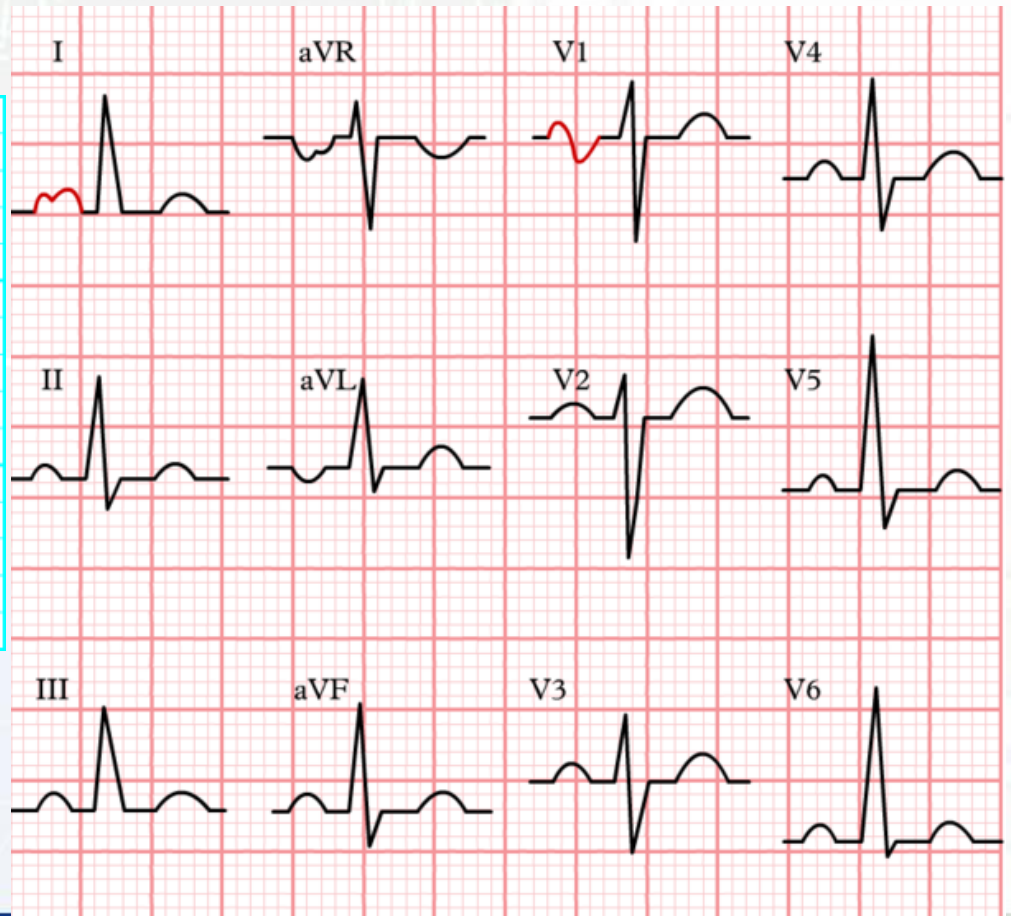
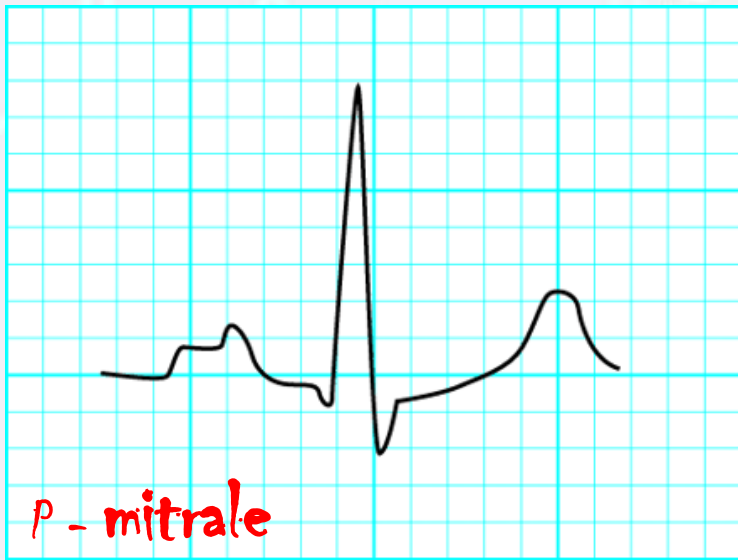


P - mitrale

Trace On
Mem1 On
Trace Mem2 Off
Clear
Mem

Diagnostic ECG Signs of Left Atrial Enlargement

- 1. High-amplitude and two-peaked P wave in leads I, II, aVL, V₄, V₅, V₆.

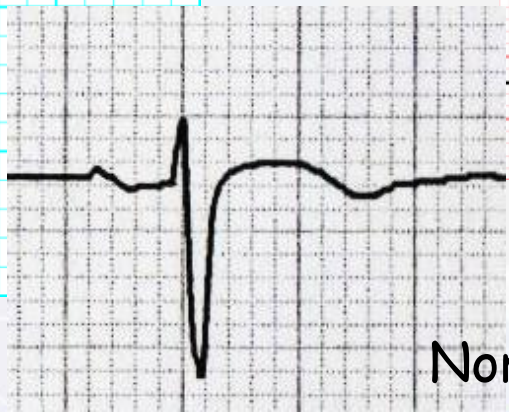
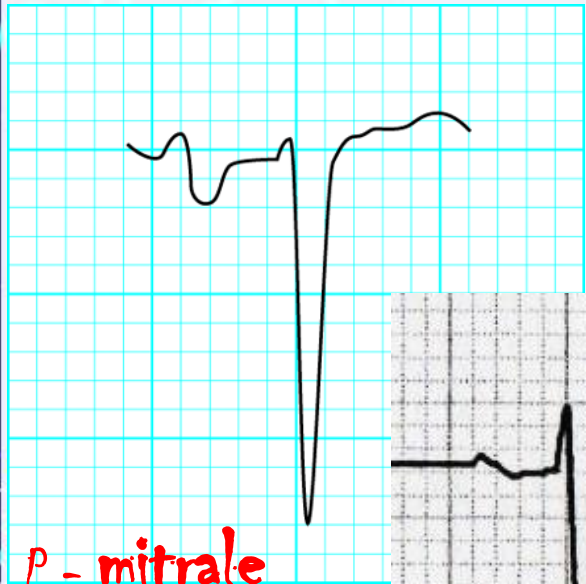
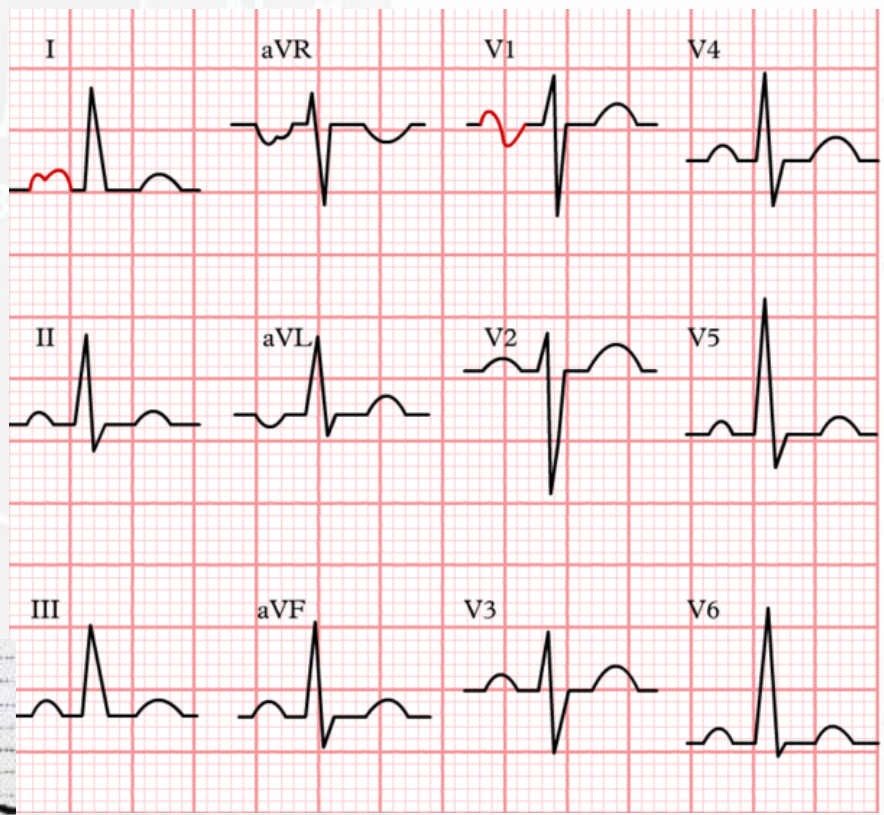


Trace Mem1 On
Trace Mem2 Off
Clear Mem

Normal monophasic P wave in lead II

Diagnostic ECG Signs of Left Atrial Enlargement

2. In lead V_1 (rarer in V_2) P wave is initially positive and terminally negative or negative P wave in V_1 is formatted.

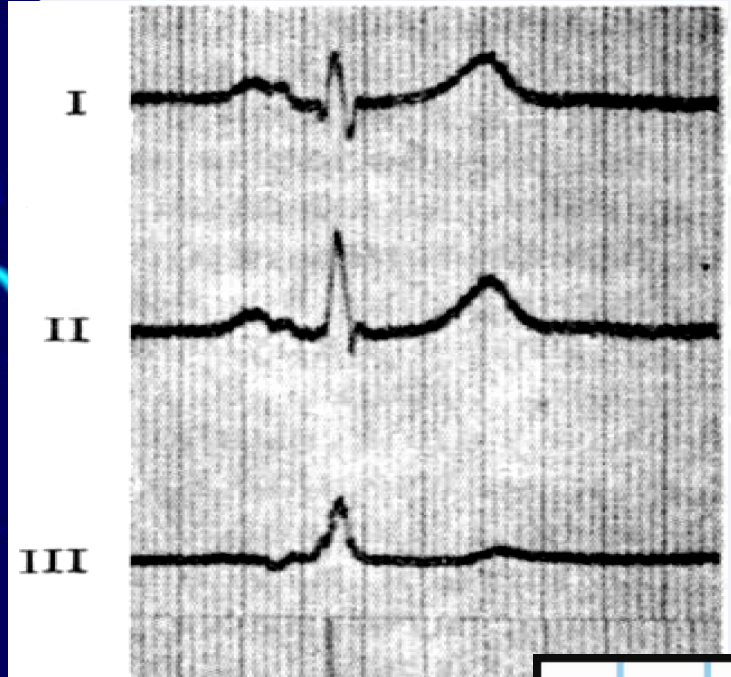


Normal biphasic P wave in V_1

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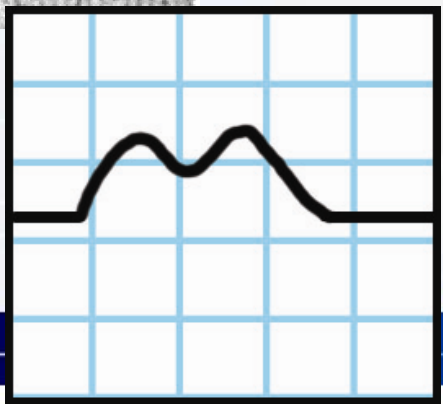
Diagnostic Electrocardiographic Signs of Left Atrial Enlargement



- 3. In lead III negative or two-phased (+ -) P wave (inconstant sign).
- 4. The P wave duration is more than 0.1 second.

Trace Mem1 On
Trace Mem2 Off
Clear Mem

• **P-mitrale**



.00v



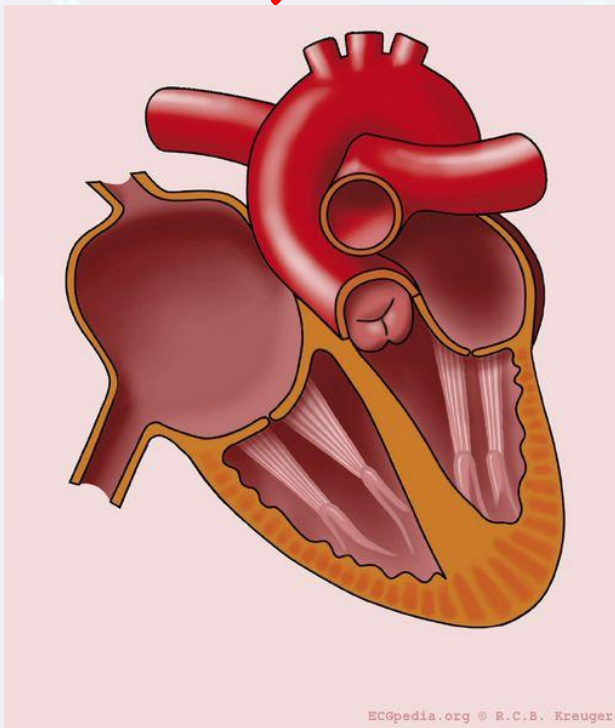
The image shows a medical monitor displaying an ECG trace. A magnifying glass is positioned over the text 'ECG in right atrial hypertrophy'. The monitor screen also displays 'ADULT', 'PRP = 3', and 'ECG'. The background is a blue gradient with a white ECG trace. The magnifying glass is black with a silver rim. The text is in a bold, blue, sans-serif font.

ECG in right atrial hypertrophy

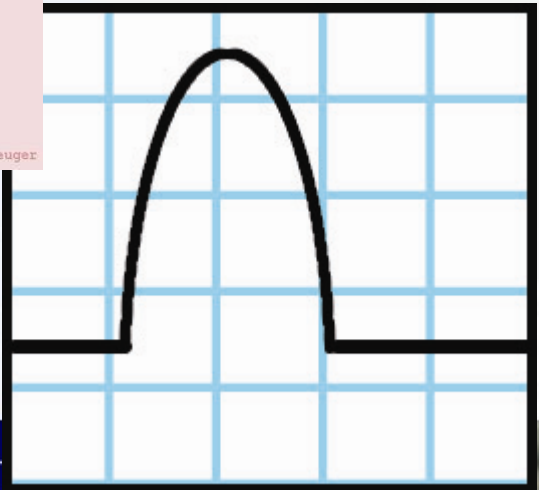
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P - pulmonale



- Since right atrial enlargement is often due to pulmonary diseases, the terms
- P - pulmonale is used to describe this P wave morphology



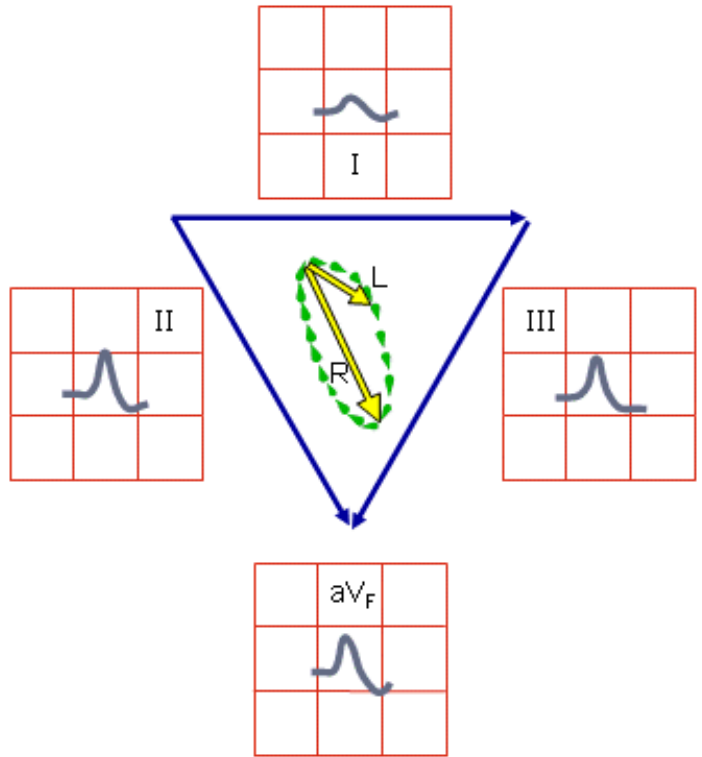
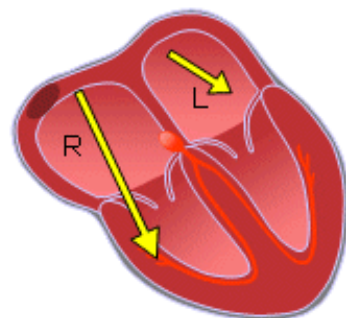
Trace Mem1 On
Trace Mem2 Off
Clear Mem



Handwritten notes:
P pulmonale is a tall, peaked P wave seen in right bundle branch block and right atrial enlargement.

RIGHT ATRIAL HYPERTROPHY

• Right atrial enlargement causes the frontal plane P wave axis to shift vertically.



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Trace Mem2 Off
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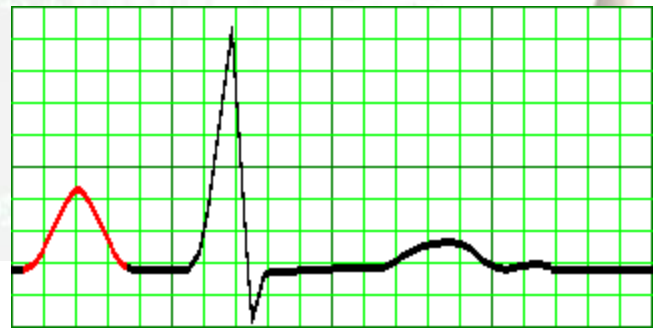
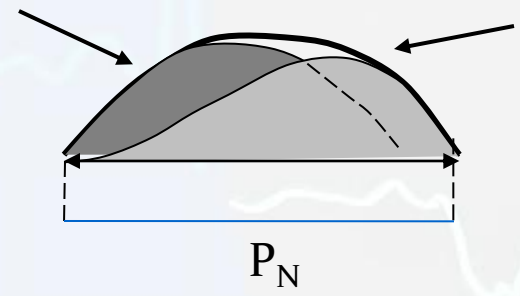
Right Atrium Enlargement

Since the right atrium is the first to be activated, prolongation of its activation time as a result of enlargement **does not cause widening of the P wave, but only increased amplitude.**

The normal P wave

Right atrial activation

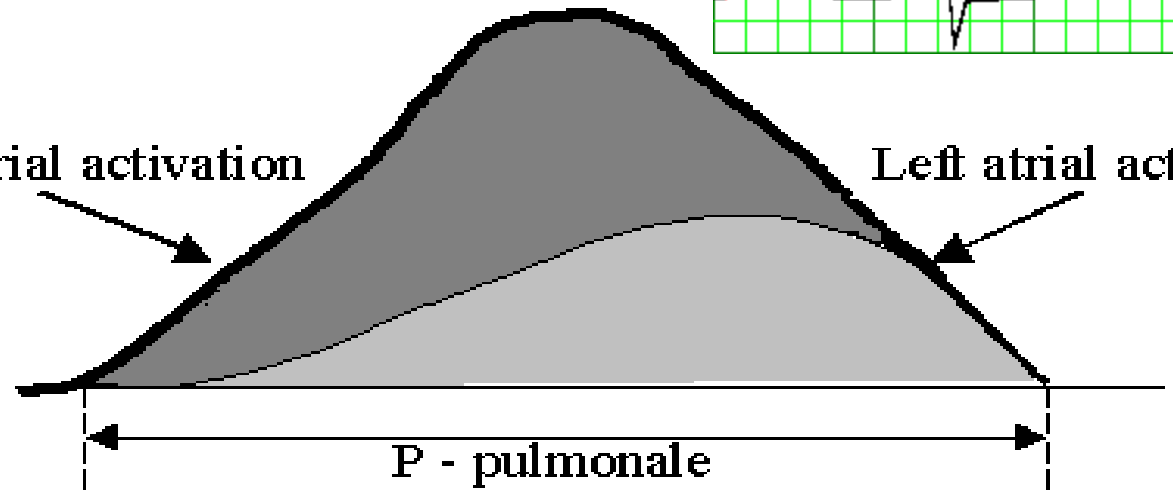
Left atrial activation



Right atrial activation

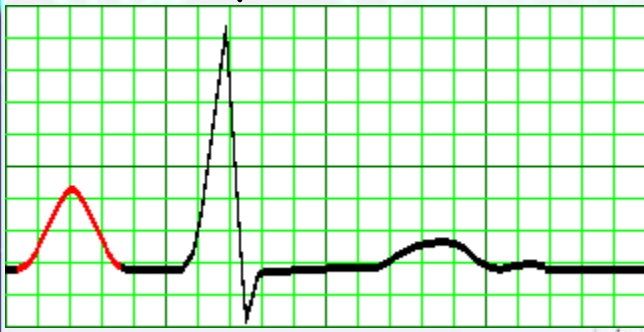
Left atrial activation

Leads III, aVF, V_1 V_2

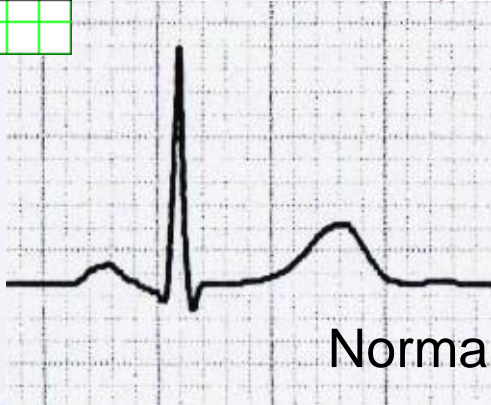
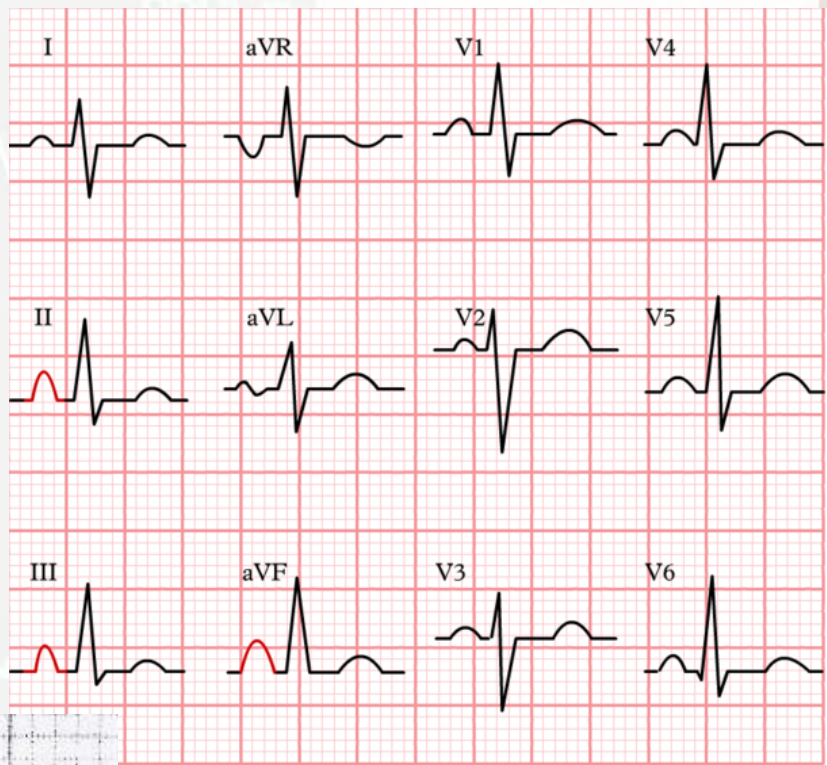


Diagnostic Electrocardiographic Signs of Right Atrial Enlargement

1. High-amplitude, peaked P wave more than 2 mm, higher than $\frac{1}{4}$ of the R wave amplitude in leads II, III, aVF.



P - pulmonale

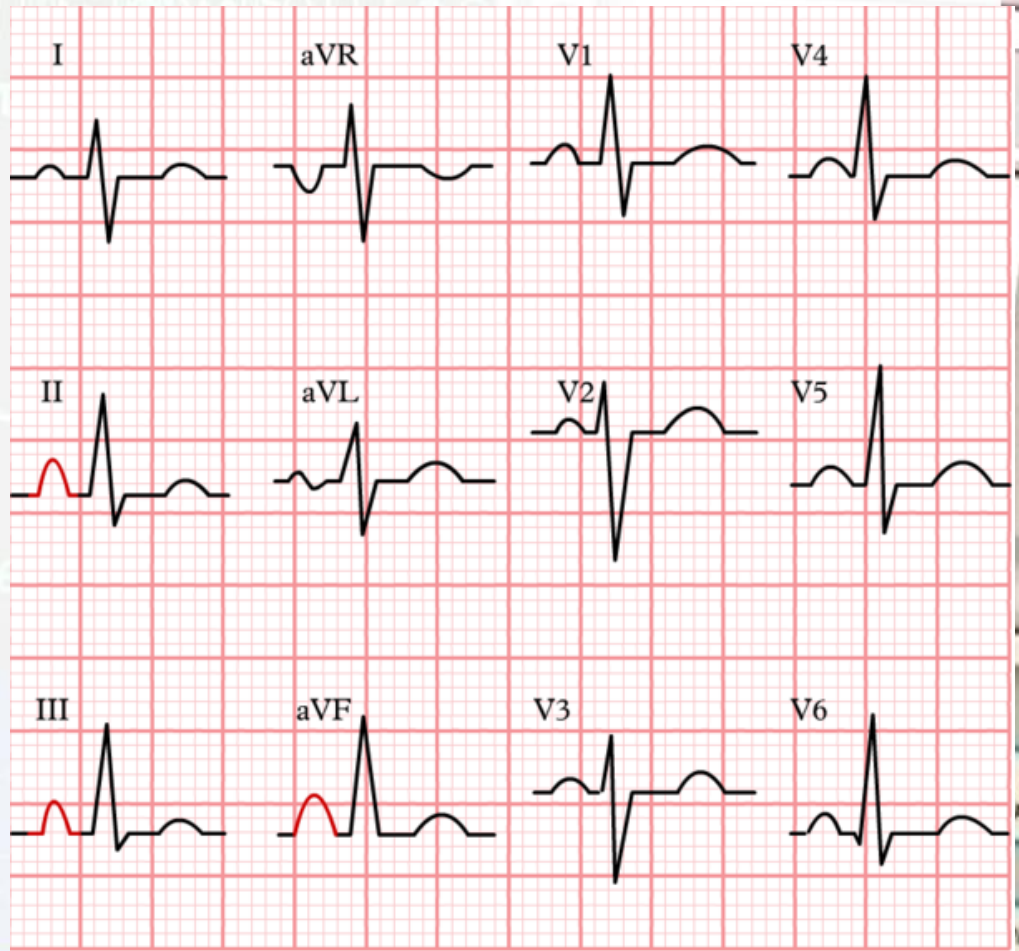
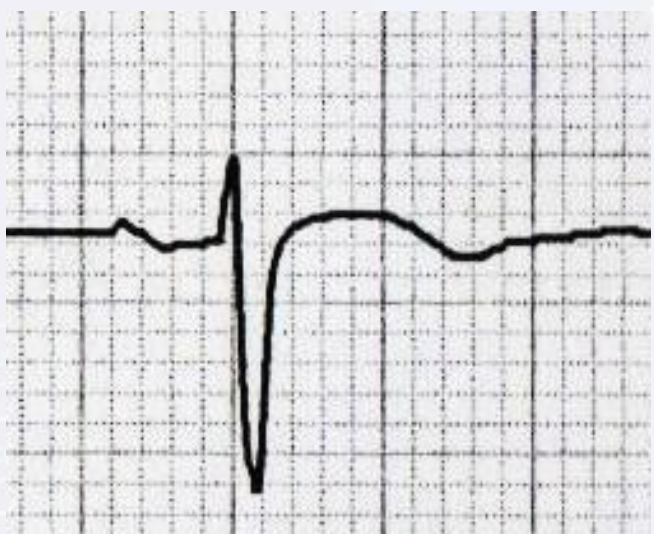


Normal monophasic P wave in lead II

Trace Mem1 On
Trace Mem2 Off
Clear Mem

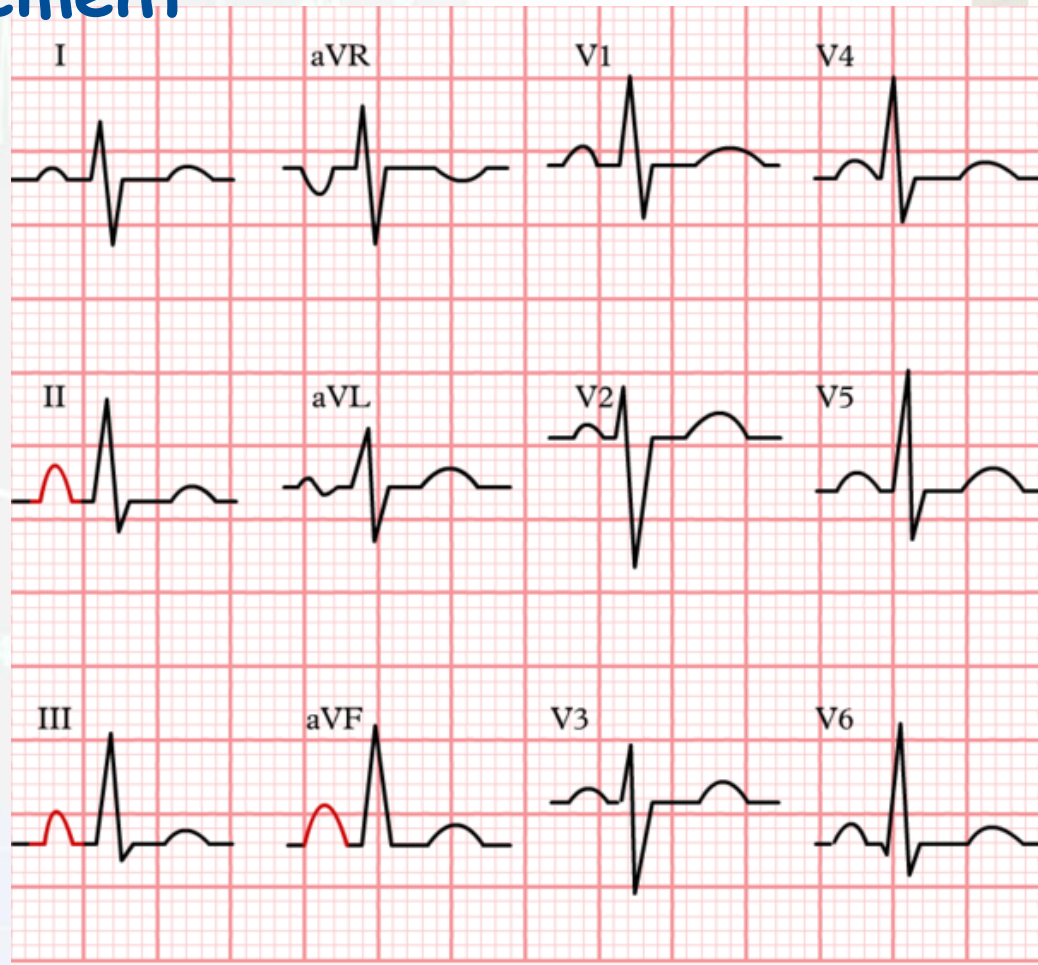
Diagnostic Electrocardiographic Signs of Right Atrial Enlargement

2. Positive, peaked P wave (or its initial right atrial phase) in leads V_1 , V_2 .



Diagnostic Electrocardiographic Signs of Right Atrial Enlargement

3. Low-amplitude P wave in leads I, aVL, V₄, V₅, V₆, in lead aVL it may be negative (inconstant sign).

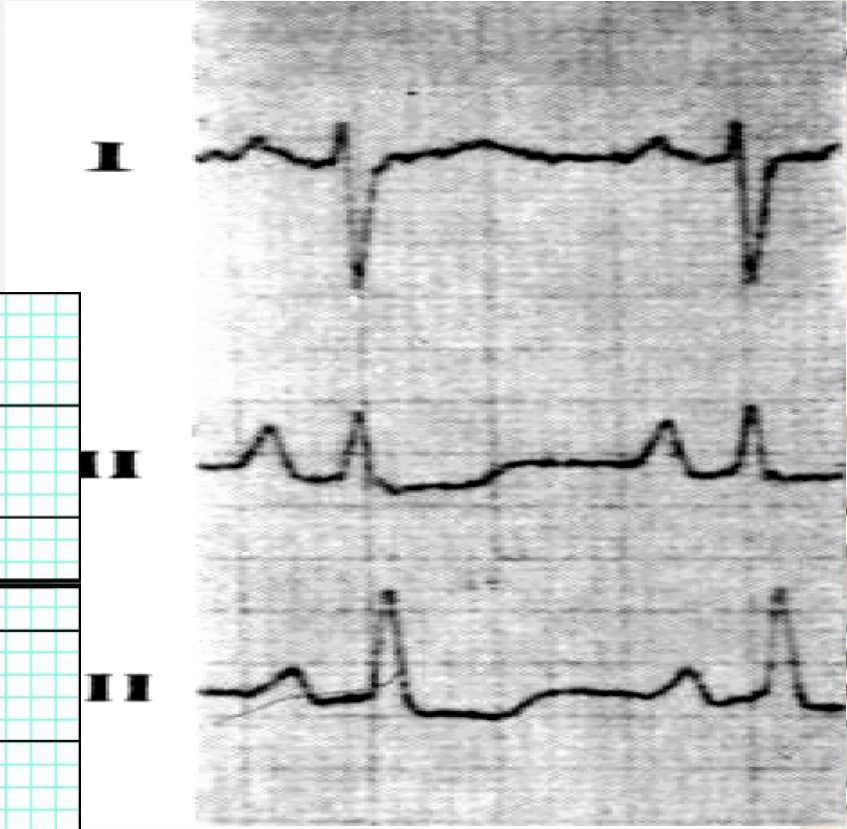
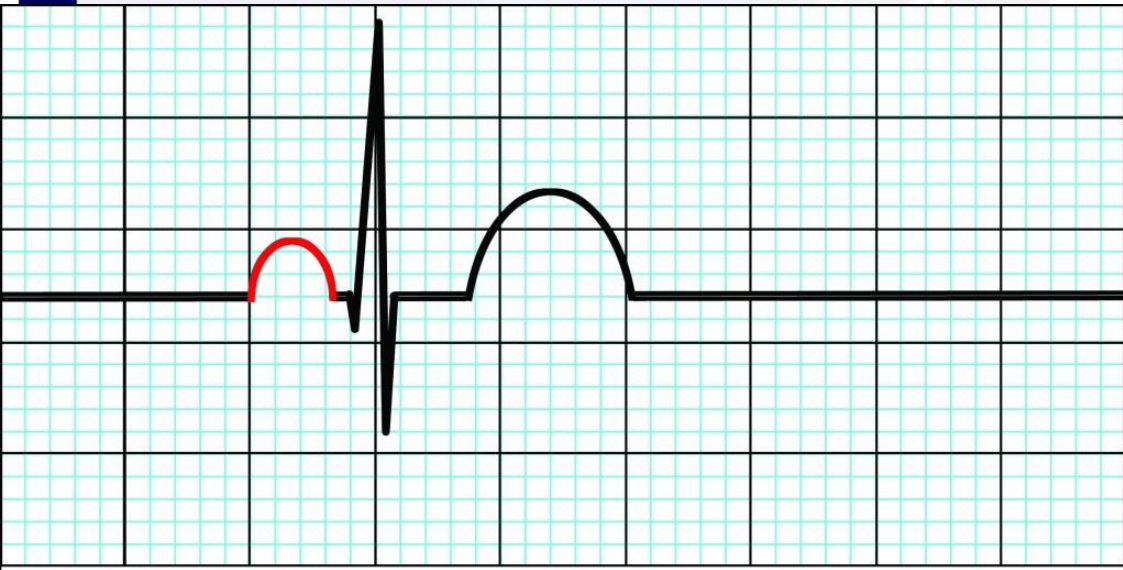


Trace Mem1 On
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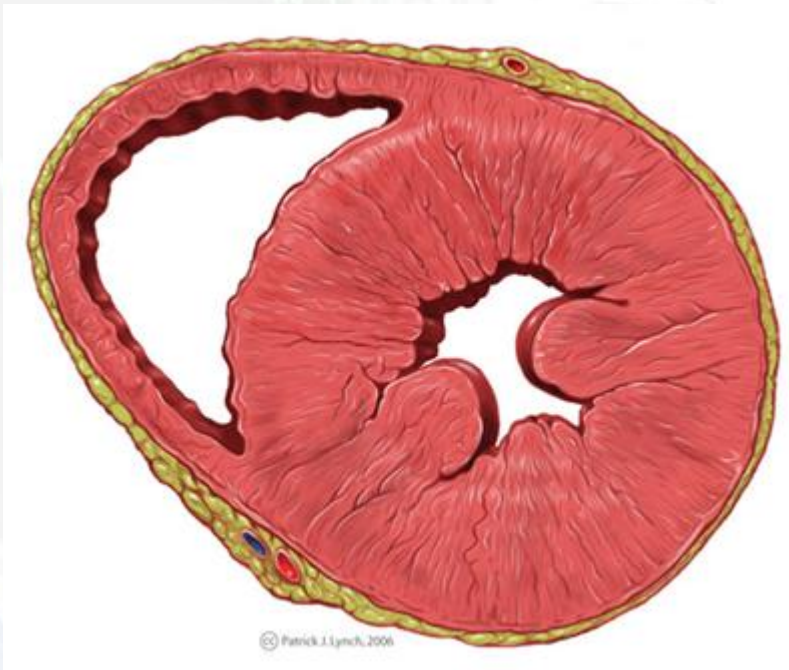
PATI TY

Diagnostic Electrocardiographic Signs of Right Atrial Enlargement

4. The P wave duration is not more than 0.1 second.



DIAGNOSTIC ELECTROCARDIOGRAPHIC SIGNS OF THE VENTRICULAR HYPERTROPHY



Trace Mem1 On
Trace Mem2 Off
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**ECG
in left
ventricular
hypertrophy**

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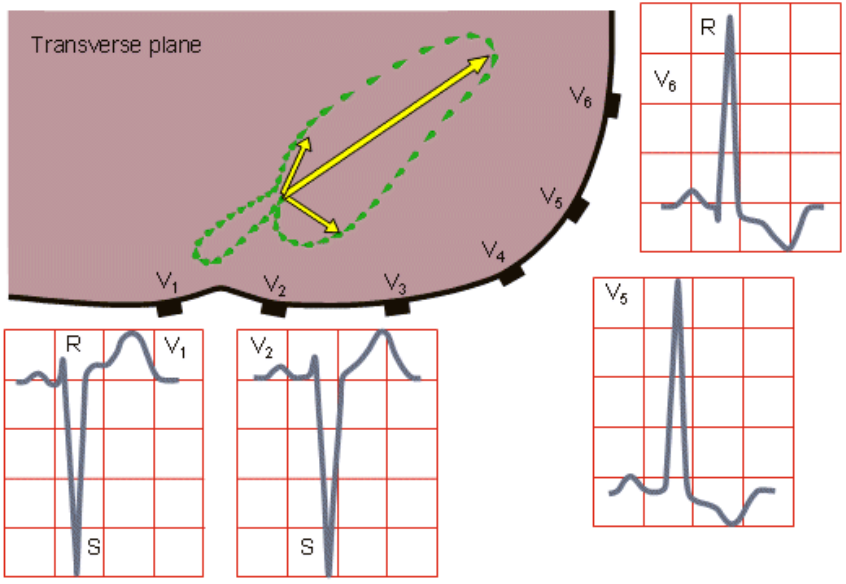
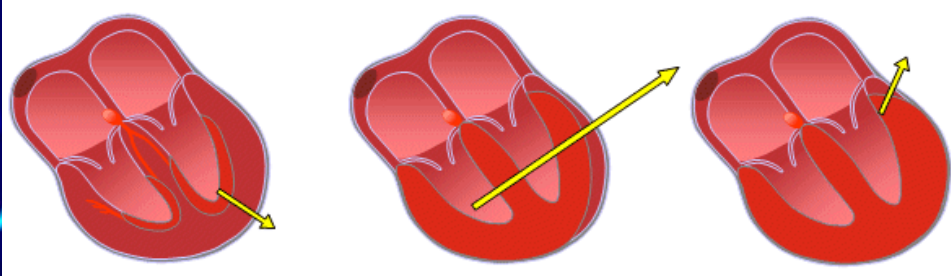
Handwritten notes on a piece of paper, including a signature and some illegible text.

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Diagnostic ECG Signs of Left Ventricular Hypertrophy

LEFT VENTRICULAR HYPERTROPHY

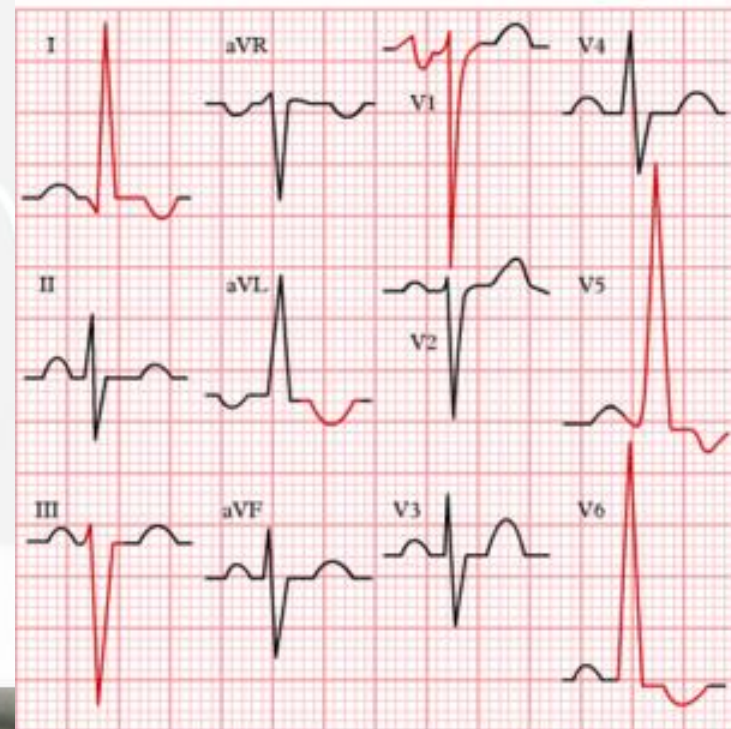
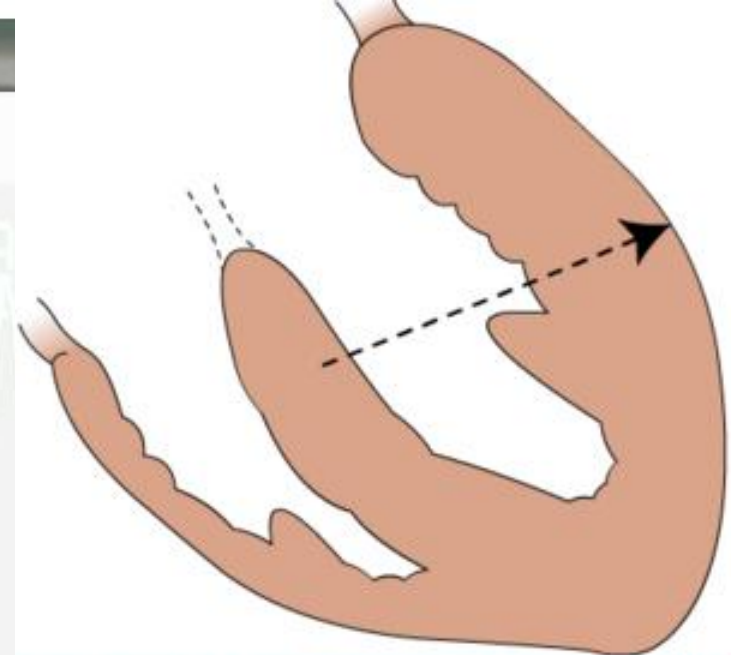
Large S wave in leads V1 and V2, large R wave in V5 and V6



- 1. Increased voltage of QRS deflection.
- In the presence of ventricular hypertrophy the increased magnitude of the left ventricular forces from the hypertrophied left wall results in a increased magnitude of the main QRS vector.

Diagnostic ECG Signs of Left Ventricular Hypertrophy

The left leads **I, aVL, V₄, V₅, V₆** show high-amplitude R waves and the right leads **III, aVF, V₁, V₂, V₃** show a deep S wave.



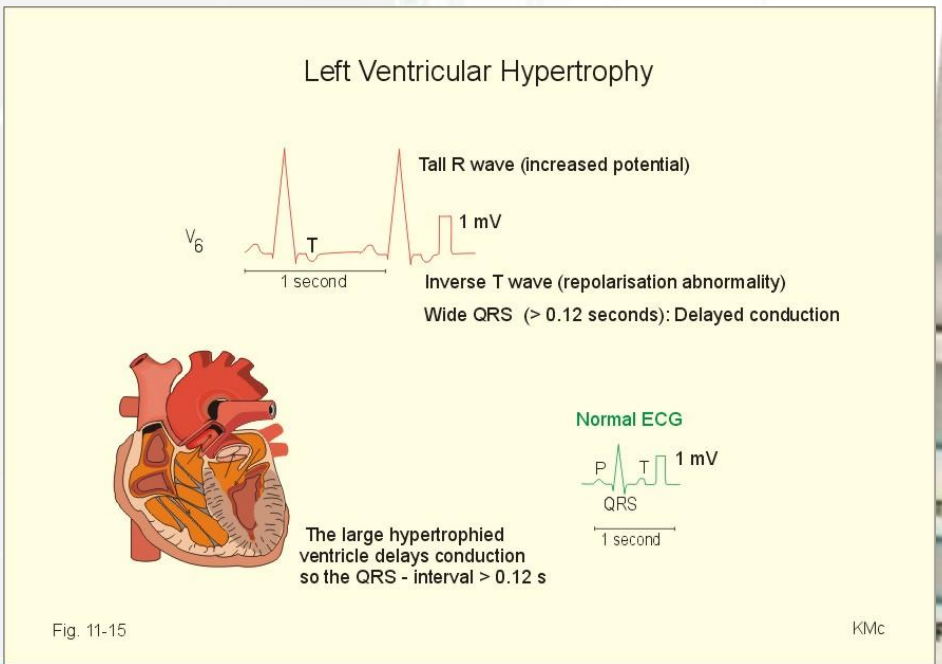
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Diagnostic ECG Signs of Left Ventricular Hypertrophy

- 2. Increased duration of the QRS complex as a consequence of the increased muscle mass, and the QRS complex is widened to 0.12 second.

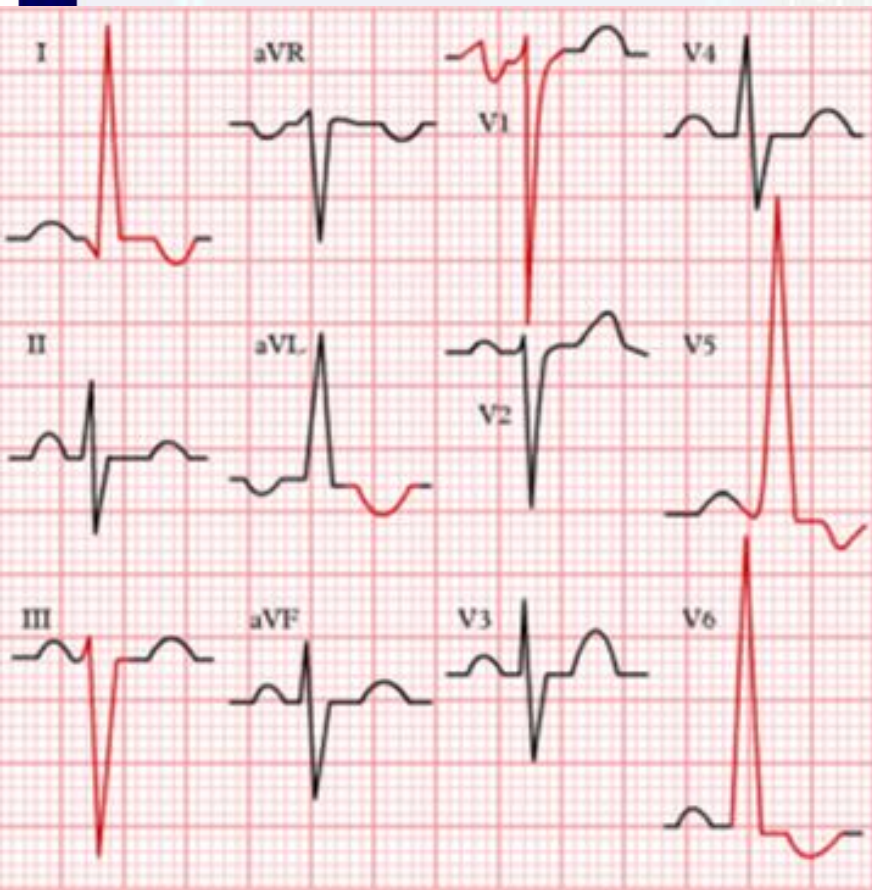


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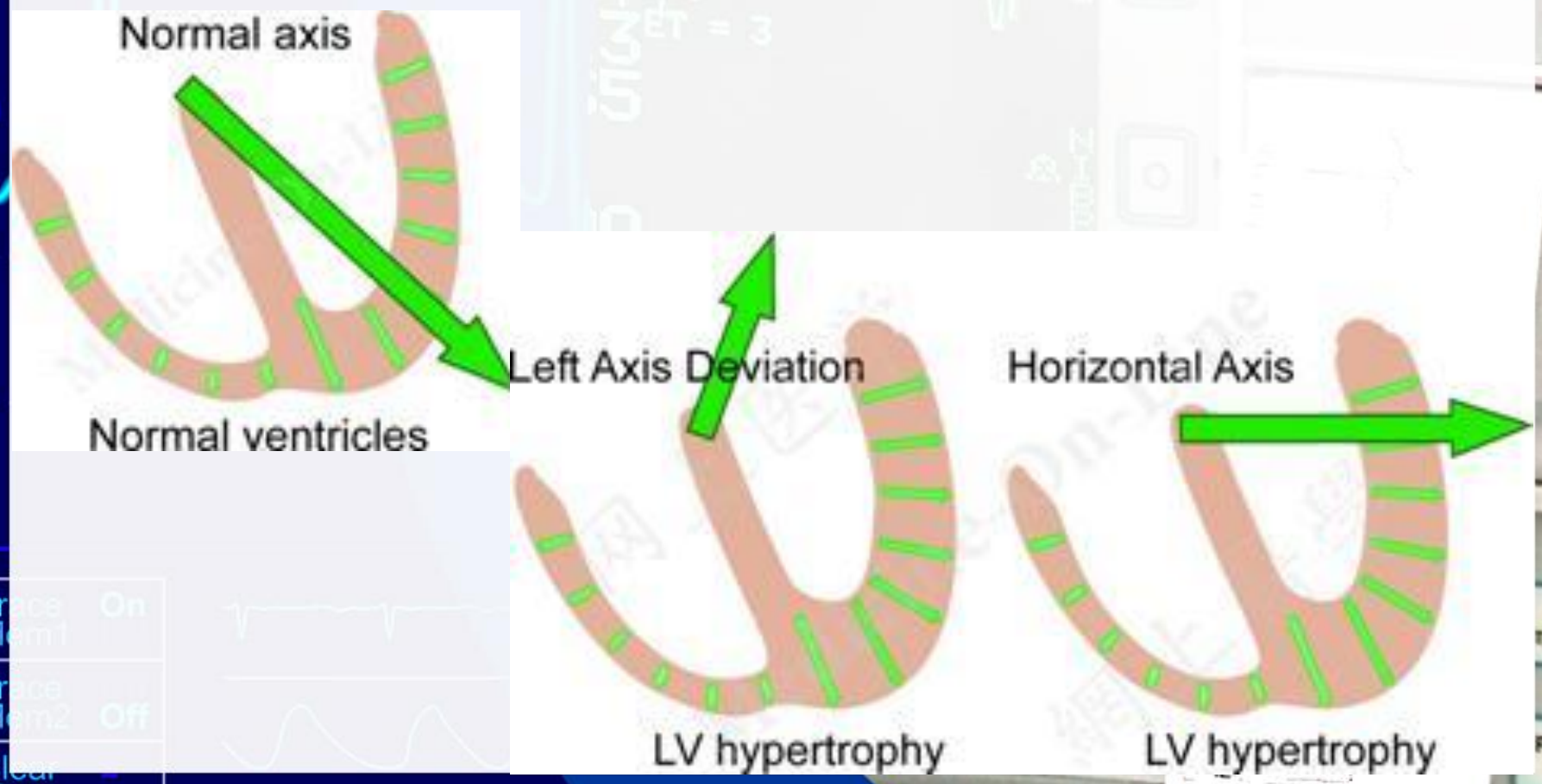
Diagnostic ECG Signs of Left Ventricular Hypertrophy

• 3. The ST segment is depressed and the T wave is inverted in the leads I, II, aVL, V₄, V₅, V₆. In the right precordial leads (V₁, V₂) the T wave is upright and the ST segment may be slightly elevated.

• ST segment and T wave changes are result from the altered ventricular depolarization and repolarization processes in the presence of left ventricular hypertrophy.



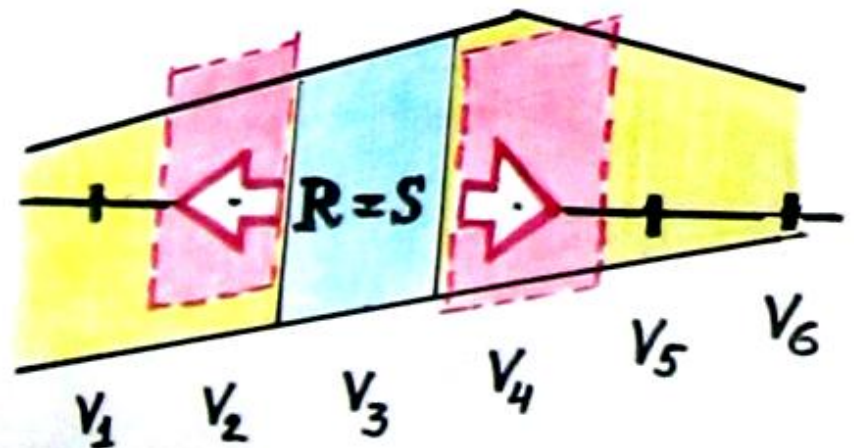
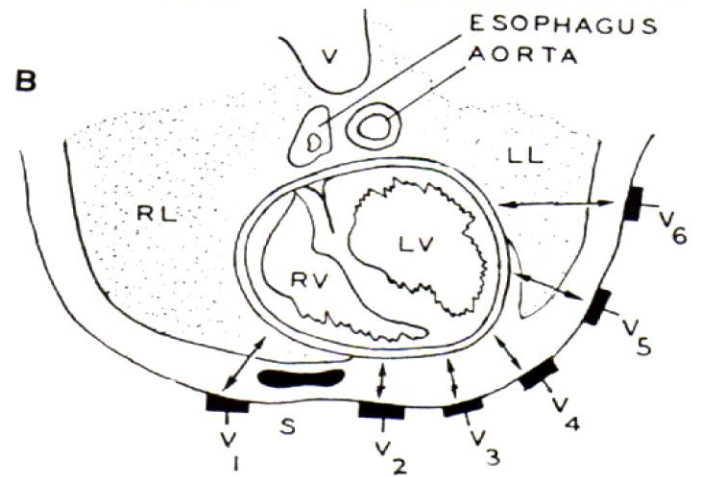
4. Left axis deviation. In the left ventricular hypertrophy electrical axis of the heart have a leftward orientation because the left ventricular mass is greatly increased and there may be an anatomical change in the position of the heart. $R_I \geq 15mm$, $R_{aVL} \geq 11mm$, or $R_I + S_{III} > 25mm$.



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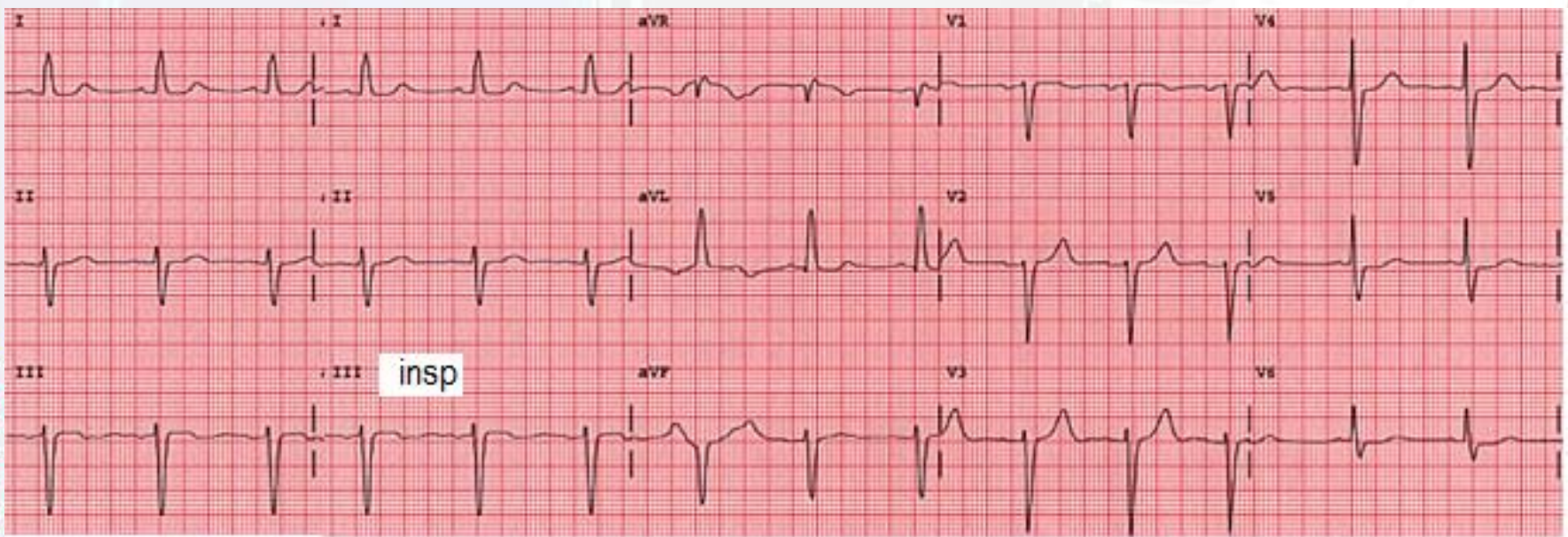
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- 5. The transition zone is displaced to the right (V₂). In marked hypertrophy, the enlarged left ventricle as moves a little the right ventricle to the right, and heart turns around its vertical axis against clock hand.



Diagnostic ECG Signs of Left Ventricular Hypertrophy

6. The deep S wave is preserved in lead III during deep inspiration. During deep inspiration the diaphragm lowers, and if axis deviation is positional, deep S wave disappears because the heart assumes normal position. And, if axis deviation is caused by enlarged left ventricle, deep S wave preserves in lead III during deep inspiration.



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ECG criteria for LVH

- There are several sets of criteria used to diagnose LVH via electrocardiography
- None of them is perfect, though by using multiple criteria sets, the sensitivity and specificity are increased.
- The Sokolow-Lyon index:
 - S wave in V_1 + R wave in V_5 or V_6 (whichever is larger) ≥ 35 mm (≥ 7 large squares)
 - R in aVL ≥ 11 mm

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ECG criteria for LVH

- The **Cornell voltage criteria** for the ECG diagnosis of LVH involve measurement of the sum of the R wave in lead aVL and the S wave in lead V₃.
- The Cornell criteria for LVH are:
 - S wave in V₃ + R wave in aVL > 28 mm (men)
 - S wave in V₃ + R wave in aVL > 20 mm (women)

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The Romhilt-Estes point score system ("diagnostic" >5 points; "probable" 4 points):

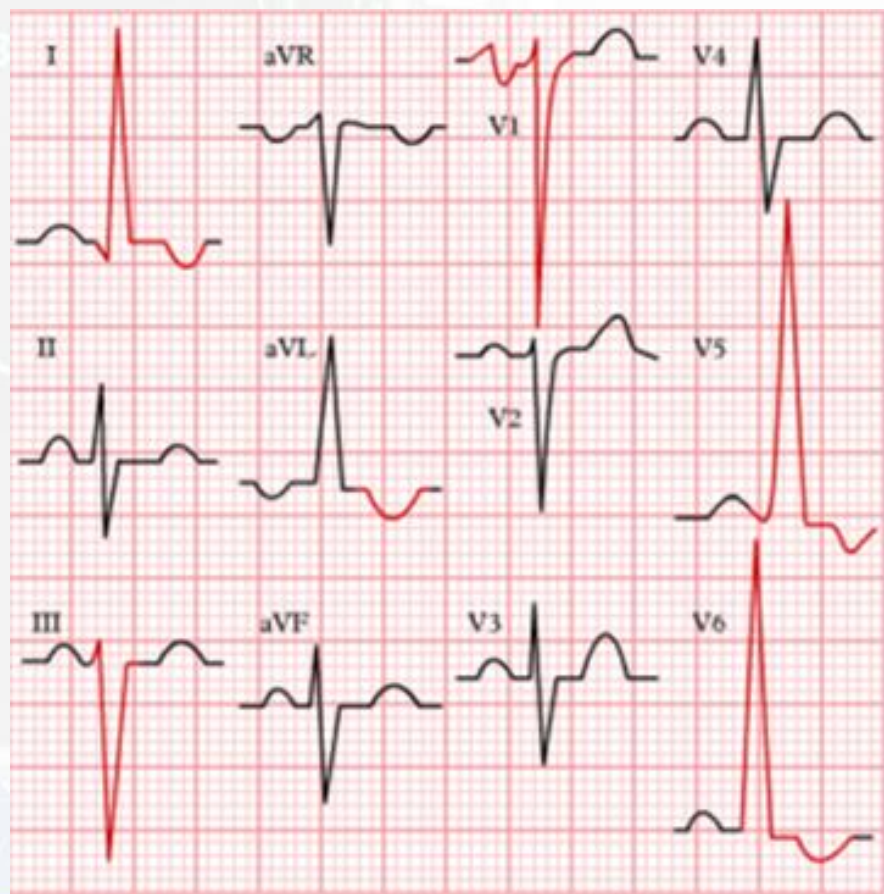
ECG Criteria	Points
Voltage Criteria (any of): R or S in limb leads ≥ 20 mm S in V_1 or $V_2 \geq 30$ mm R in V_5 or $V_6 \geq 30$ mm	3
ST-T Abnormalities:	
ST-T vector opposite to QRS without digitalis	3
ST-T vector opposite to QRS with digitalis	1
Negative terminal P wave in V_1 1 mm in depth and 0.04 sec in duration (indicates left atrial enlargement)	3
Left axis deviation (QRS of -30° or more)	2
QRS duration ≥ 0.09 sec	1

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ECG criteria for LVH

- Other voltage-based criteria for LVH include:
- Lead I: R wave > 14 mm
- Lead aVR: S wave > 15 mm
- Lead aVL: R wave > 12 mm
- Lead aVF: R wave > 21 mm
- Lead V₅: R wave > 26 mm
- Lead V₆: R wave > 20 mm



Trace Mem1 On
Trace Mem2 Off
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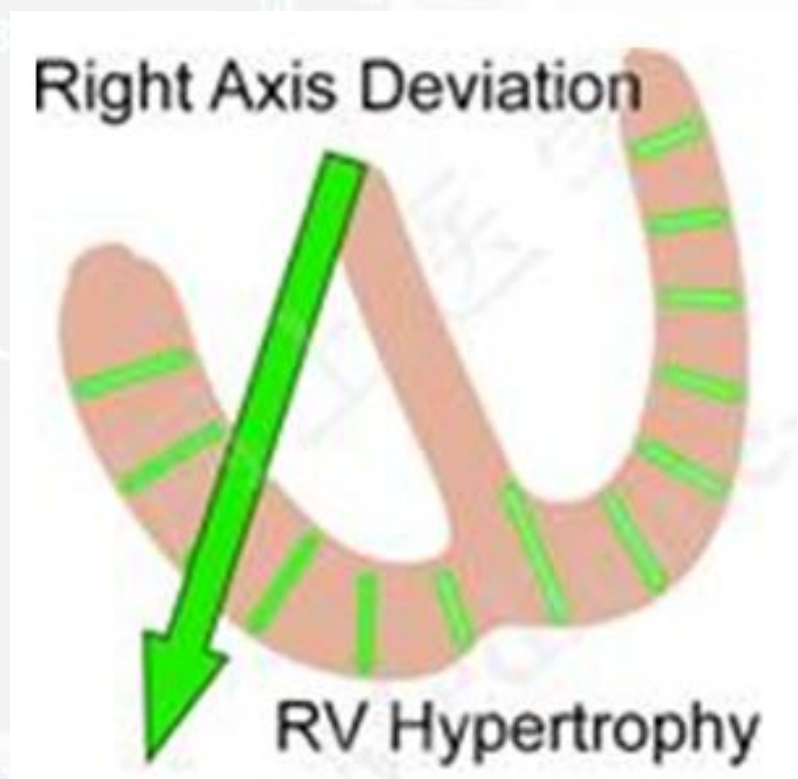
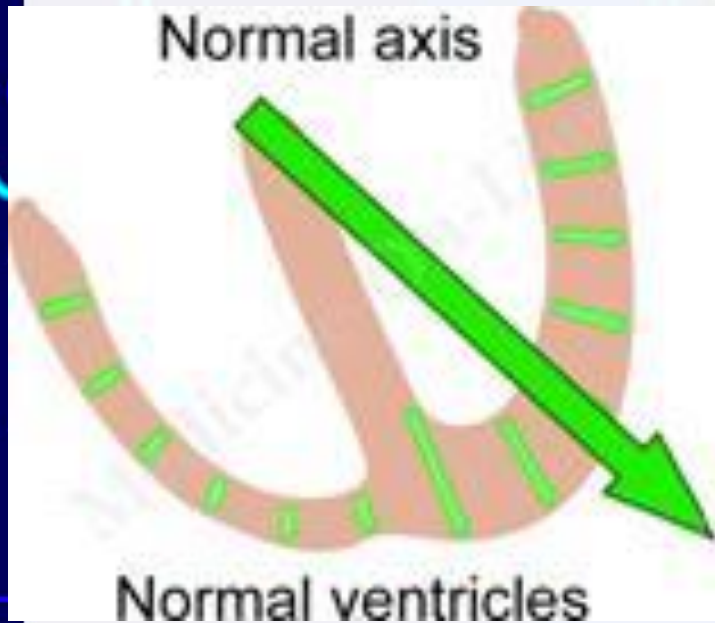
**ECG
in right
ventricular
hypertrophy**

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Diagnostic ECG Signs of Right Ventricular Hypertrophy

1. Right axis deviation.



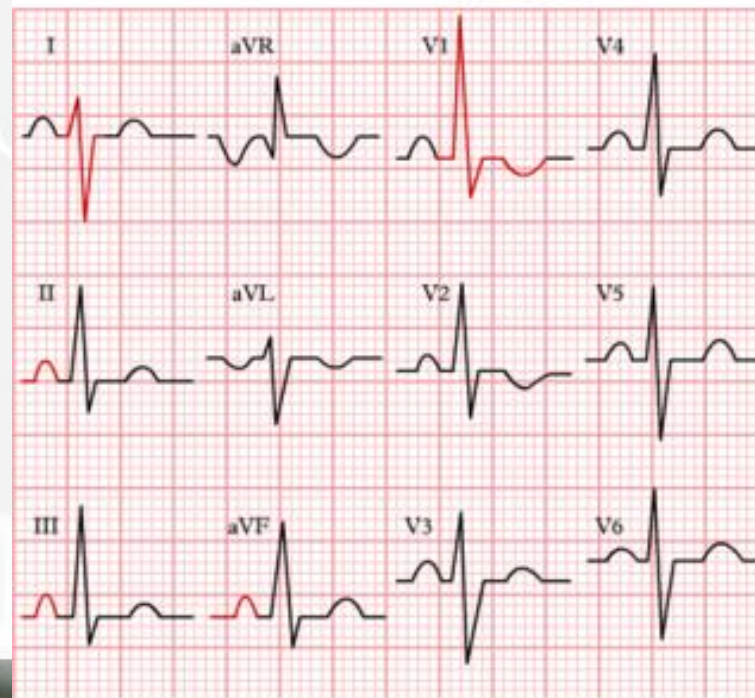
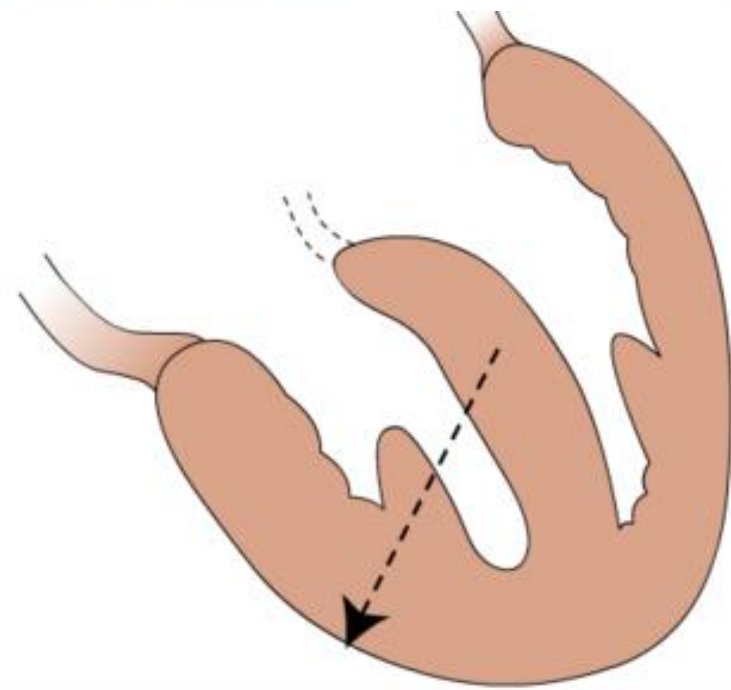
Trace Mem1	On
Trace Mem2	Off
Clear Mem	

The bottom portion of the image shows the control panel and ECG traces of a medical device. The panel includes buttons for 'Trace Mem1', 'Trace Mem2', and 'Clear Mem'. Below the panel, several ECG traces are visible, showing a regular rhythm. On the right side, there are labels for 'NE START' and 'PATI TY'.

Diagnostic ECG Signs of Right Ventricular Hypertrophy

- 2. The right leads **III**, **aVF**, **V₁**, **V₂**, **V₃** show high-amplitude R waves and the left leads **I**, **aVL**, **V₄**, **V₅**, **V₆** show a deep S wave.

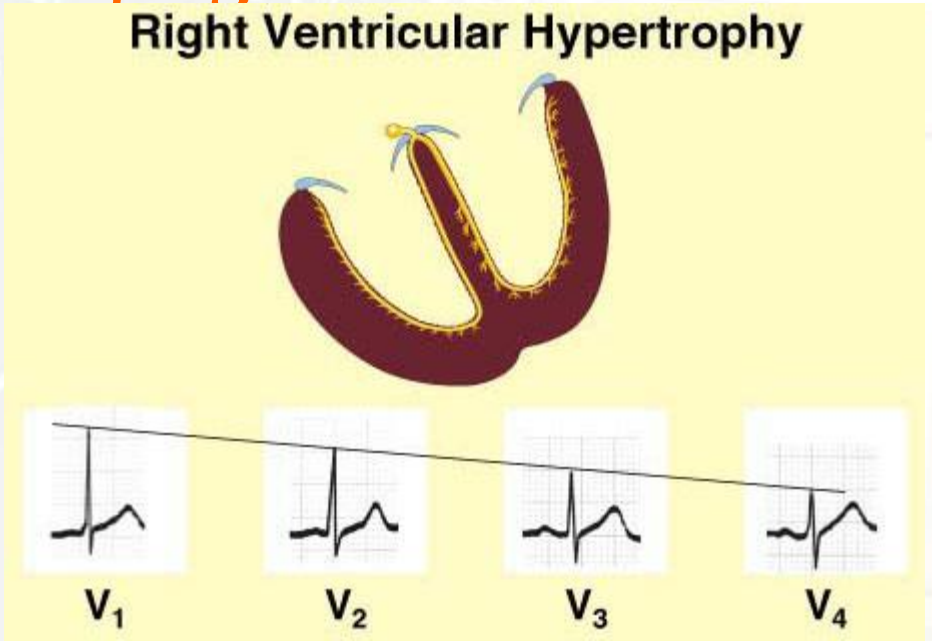
$R_{V1} \geq 7 \text{ mm}$ or $R_{V1} + S_{V5,6} \geq 10,5 \text{ mm}$.



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Diagnostic ECG Signs of Right Ventricular Hypertrophy

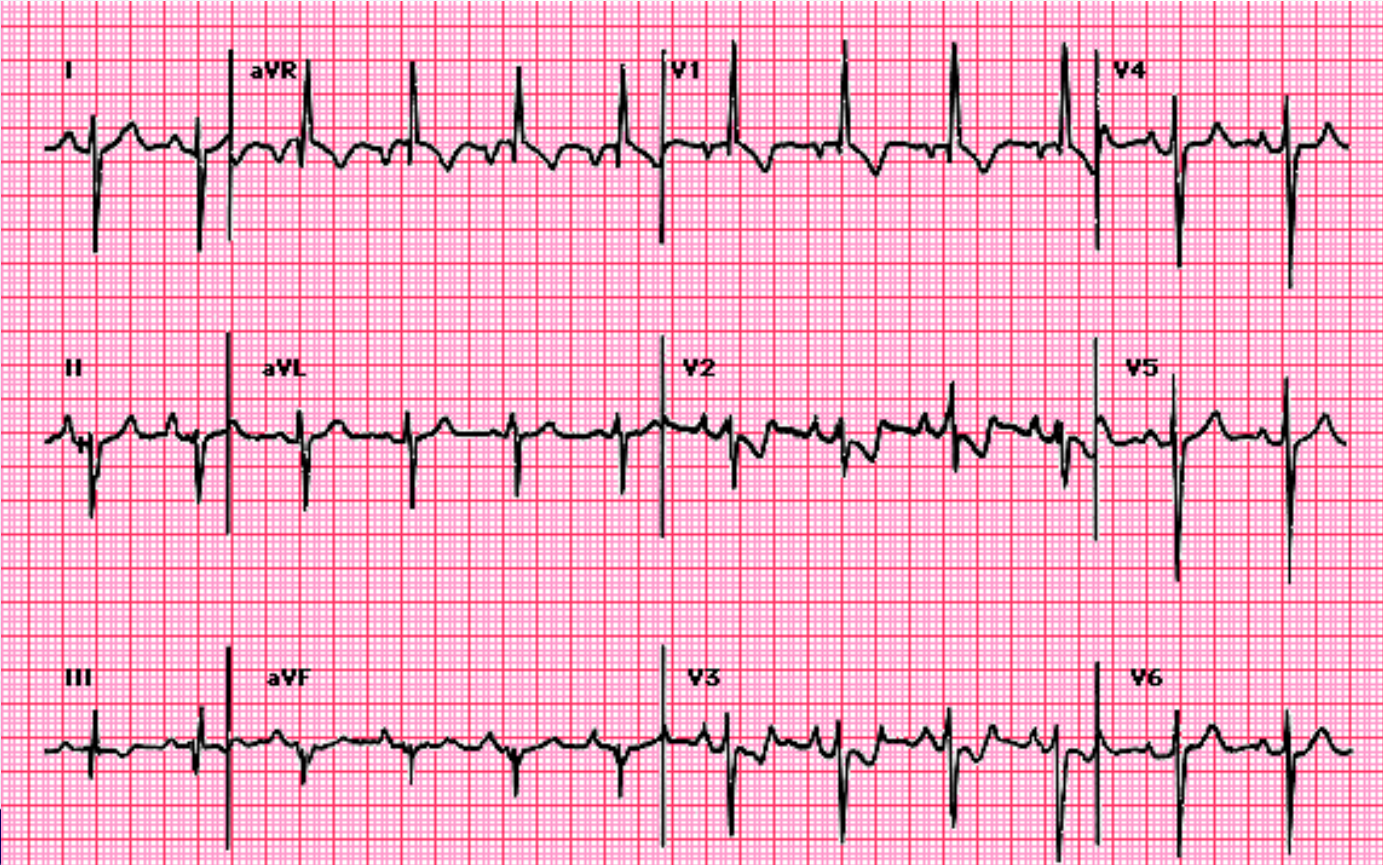
- 3. Duration of the QRS complex. In contrast to the pattern in left ventricular hypertrophy, the QRS duration seldom is prolonged (to 0.12 second), because even with hypertrophy, the thickness of the right ventricle does not exceed that of the left.



Trace Mem
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Diagnostic ECG Signs of Right Ventricular Hypertrophy

4. In leads **III, aVF, V₁, V₂, V₃** the ST segment may be depressed and the T wave inverted over the hypertrophied right ventricle. When ST - T wave changes are present, it is often indicate of more severe right ventricular hypertrophy.



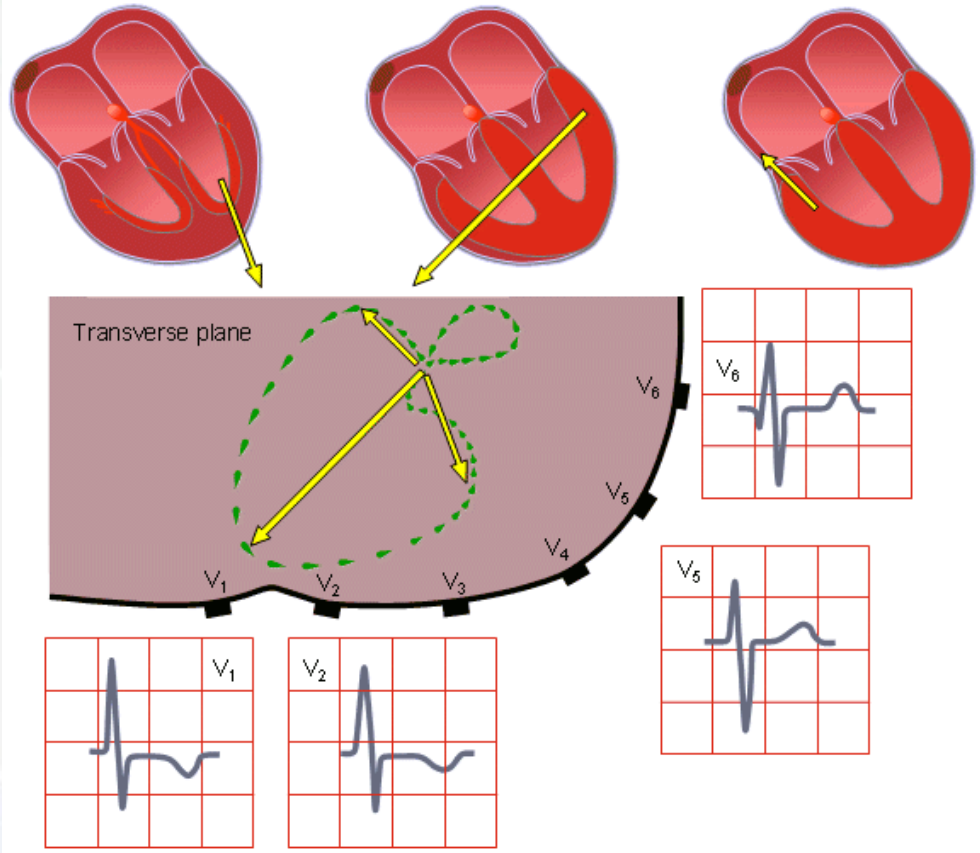
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5. The transition zone is displaced to the left (V₅ - V₆). In the right ventricular the muscle mass is increased, and the heart tends to rotate on its longitudinal axis in a clockwise manner, so that the right ventricle becomes more anterior and the left ventricle rotates posteriorly. The septum rotates similarly, becoming more parallel to the frontal plane of the body.

RIGHT VENTRICULAR HYPERTROPHY

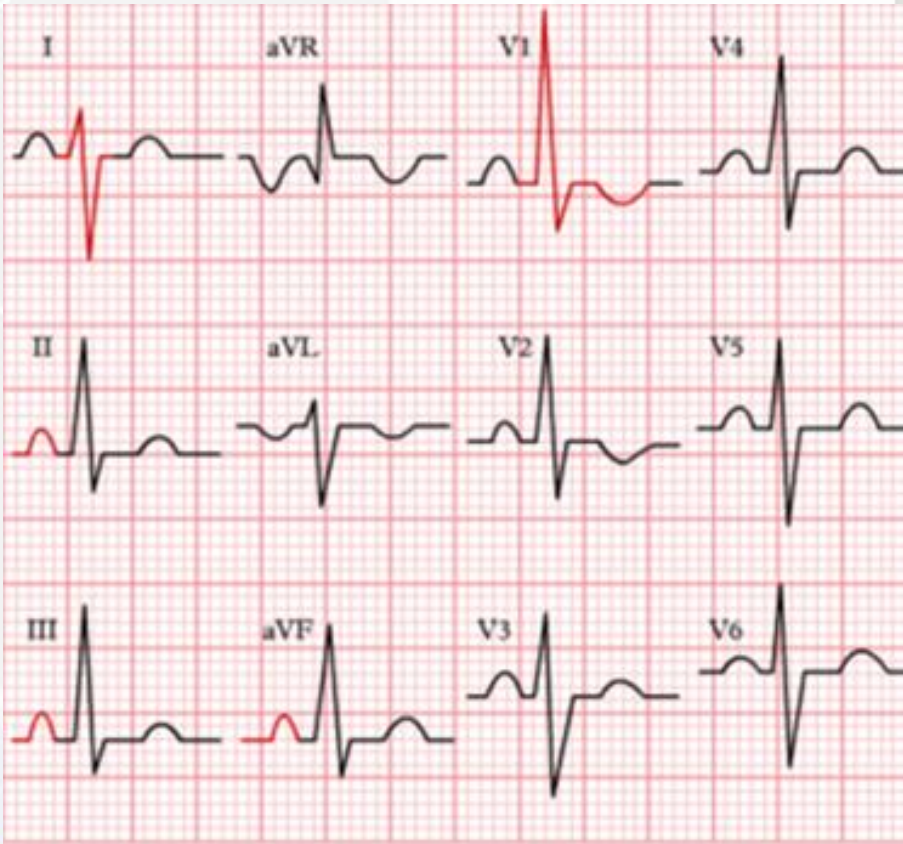
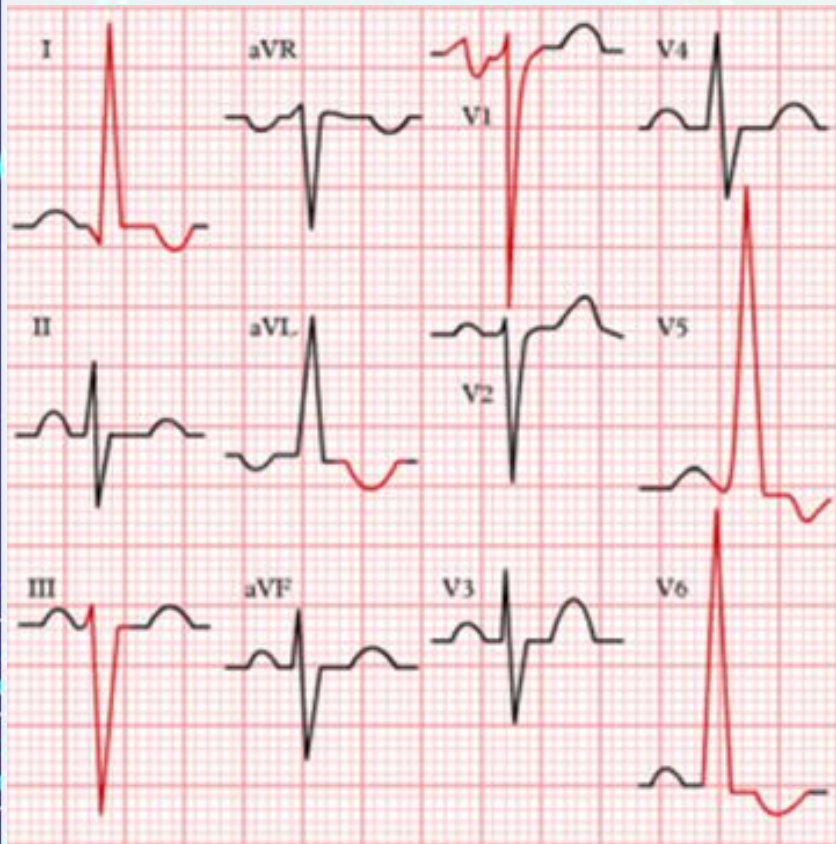
Large R wave in leads V1 and V2,
Wide S wave in leads V1 and V2, wide R wave in V5 and V6



ECG criteria for

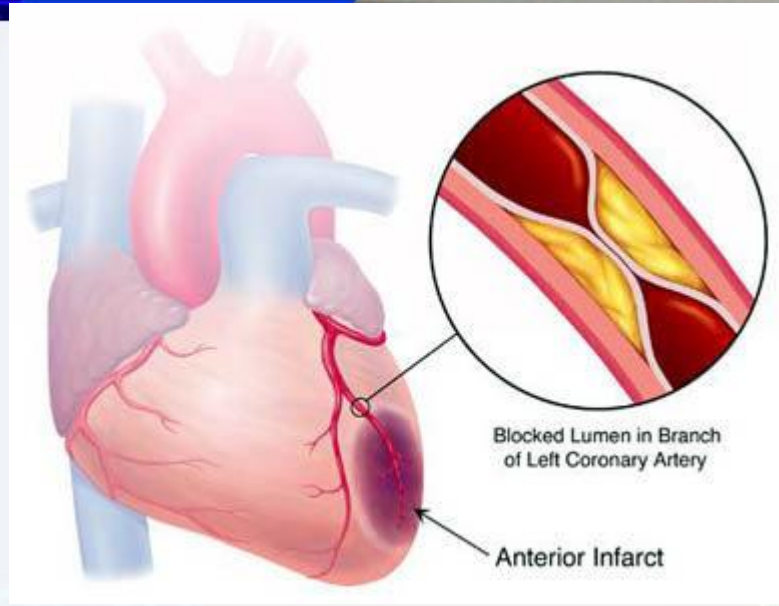
LVH

RVH



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CORONARY (ISCHEMIC) HEART DISEASE

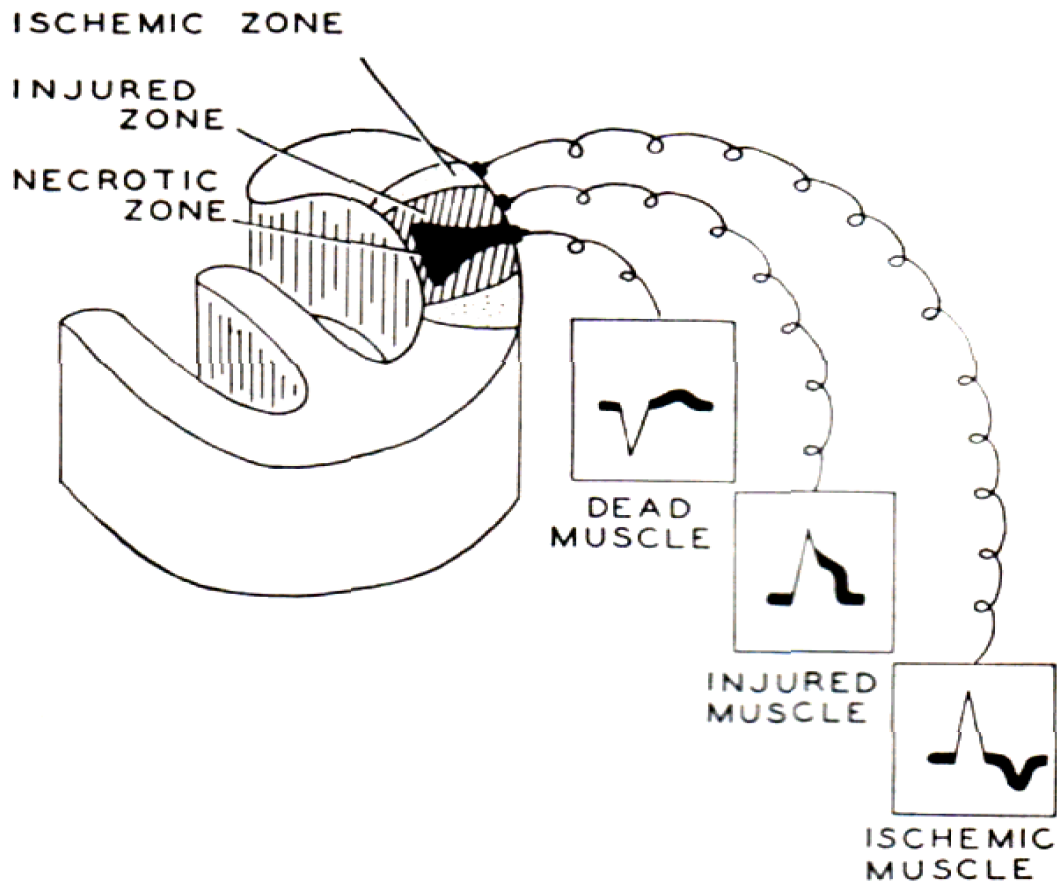
The term coronary heart disease includes such diseases as angina pectoris, myocardial infarction, and coronary atherosclerosis.

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ECG signs of the coronary heart disease

If the coronary artery is occluded the involved heart muscle progresses in sequence through three stages of damage toward infarction. Each stage is associated with electrical changes.

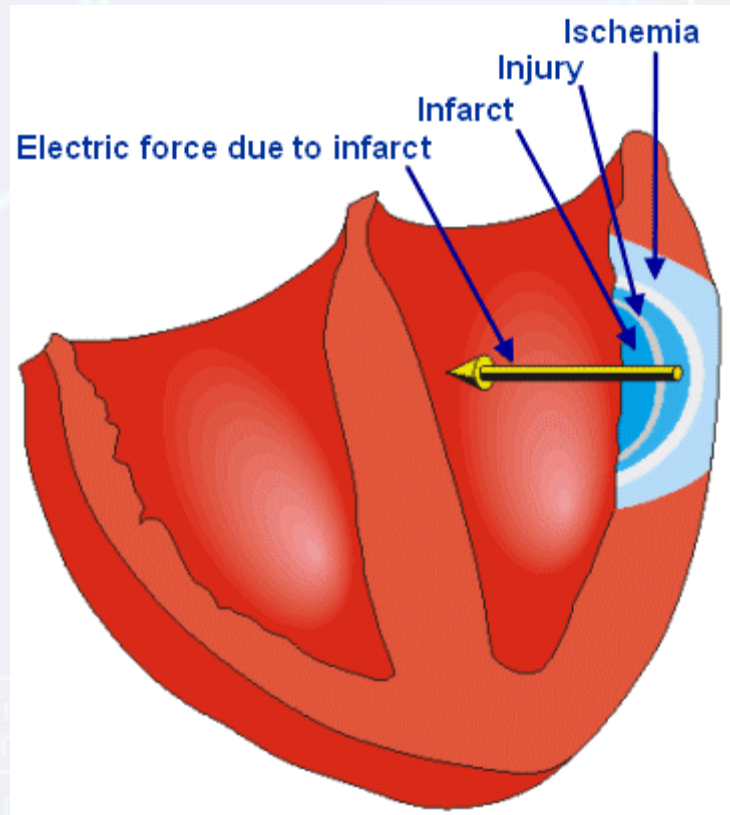


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Handwritten notes:
ECG changes in myocardial infarction

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Ischemia



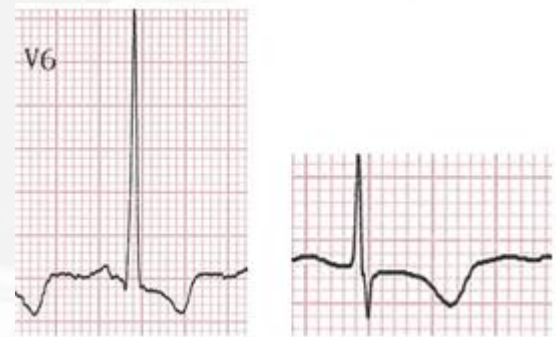
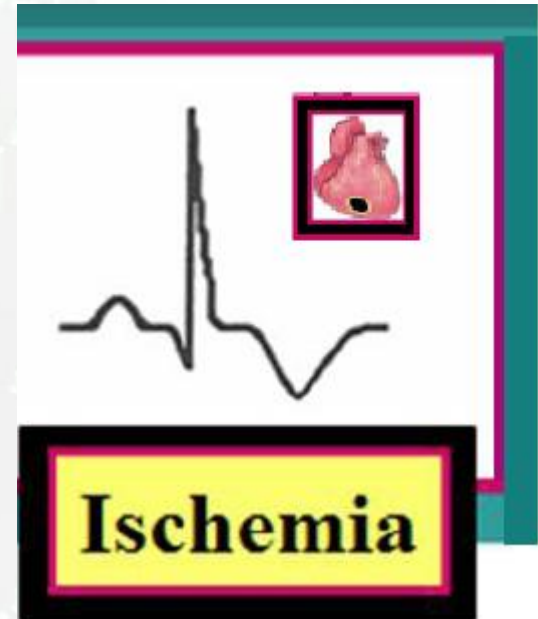
- *Ischemia* develops in conditions when the insufficient amount of blood is delivered to the heart muscle through the coronary arteries, and the myocardium does not receive the necessary amount of oxygen. Ischemic damage to the myocardium alters the sequence of ventricular activation and affects the repolarization or the recovery process of the heart.

Ischemia

These changes alter the electrical field of the heart, resulting in T wave modifications.

Ischemia is recognized by symmetrically inverted T wave.

Ischemia is a reversible process unassociated with histological changes.

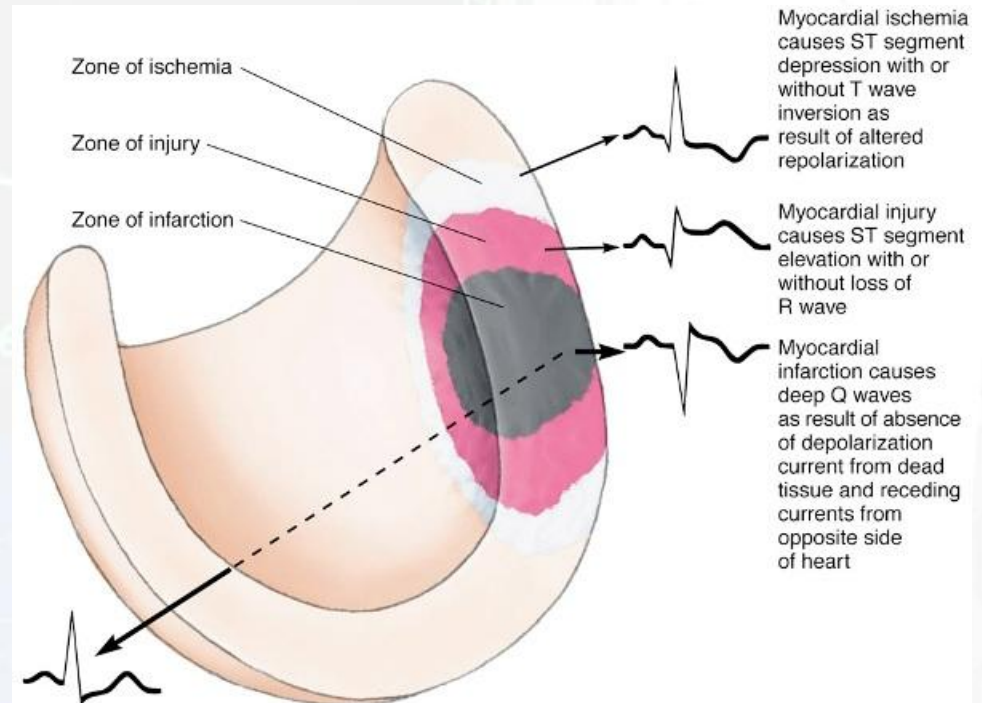


Injury

is recognized by ST segment elevation.

These changes are caused by persisted ischemia, which lead to more significant alteration of the repolarization processes.

The injury patterns are also reversible. If a deficient blood supply persists injured muscle progresses to necrosis.



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Necrosis or infarction

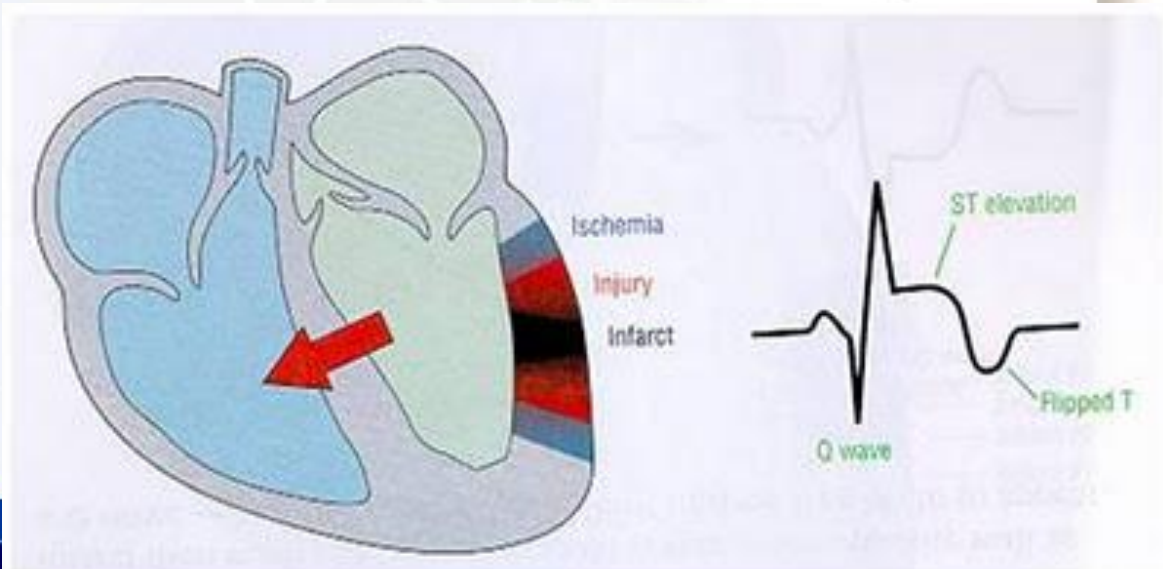
With infarction, "a dead zone" appears and become electrically inactive.

Dead or necrotic muscle tissue is inexcitable and incapable of producing an action potential.

Such tissue acts as a passive conductor of the potential forces generated in viable areas of the myocardium.

In the event of myocardial death, a Q wave appears and the R wave deflection decreases in amplitude or disappears.

The depth of the Q wave is directly proportional to the relative thickness of the dead zone, and the height of the R wave is directly proportional to the amount of living tissue that escapes death.



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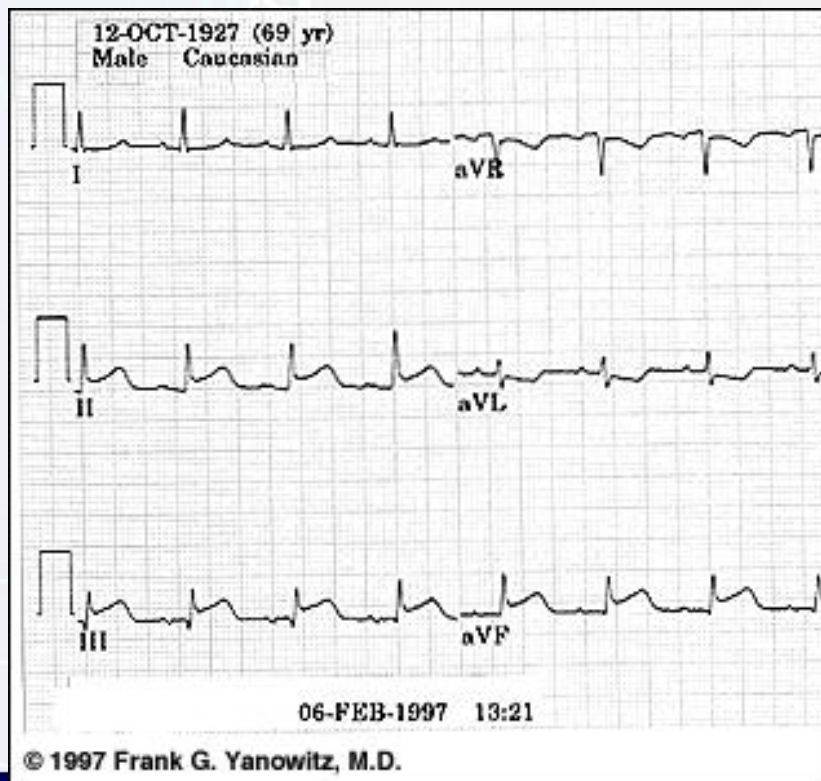
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Diagnostic ECG signs of myocardial infarction

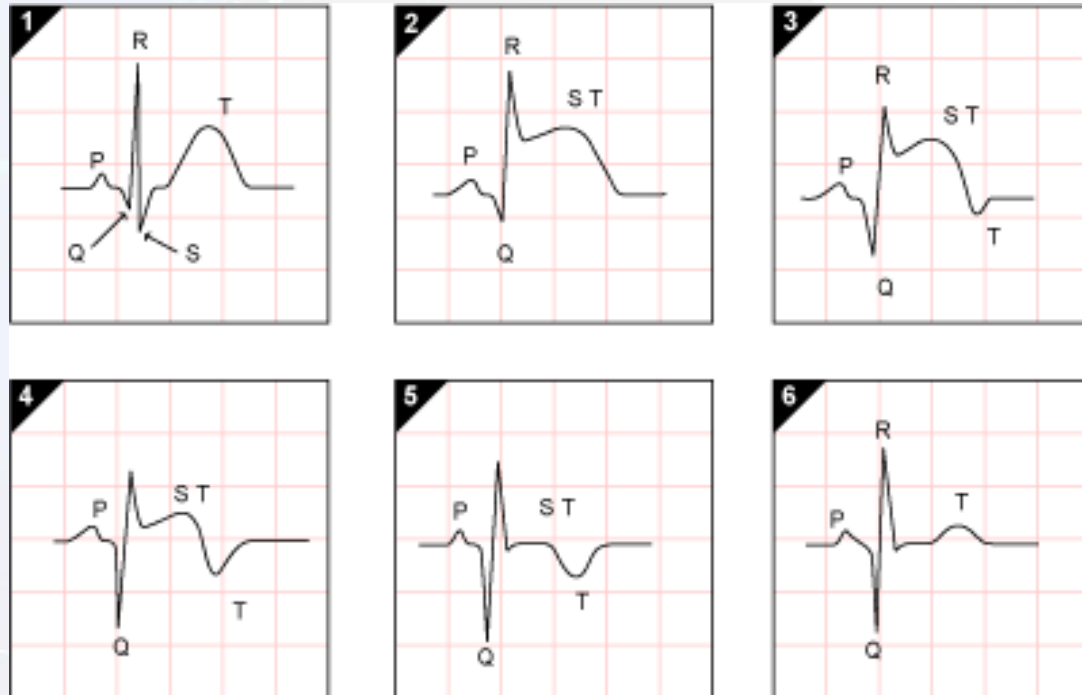
- Decreased R wave amplitude or its absence in the leads facing the necrotic myocardium. $(R_I + R_{II} + R_{III}) : 3 =$ less than 5 mm.



Trace Mem1 On
Trace Mem2 Off
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Diagnostic ECG signs of myocardial infarction

- Deep and wide Q wave, deeper than $\frac{1}{4}$ of the R wave amplitude, and wider than 0.03 second.

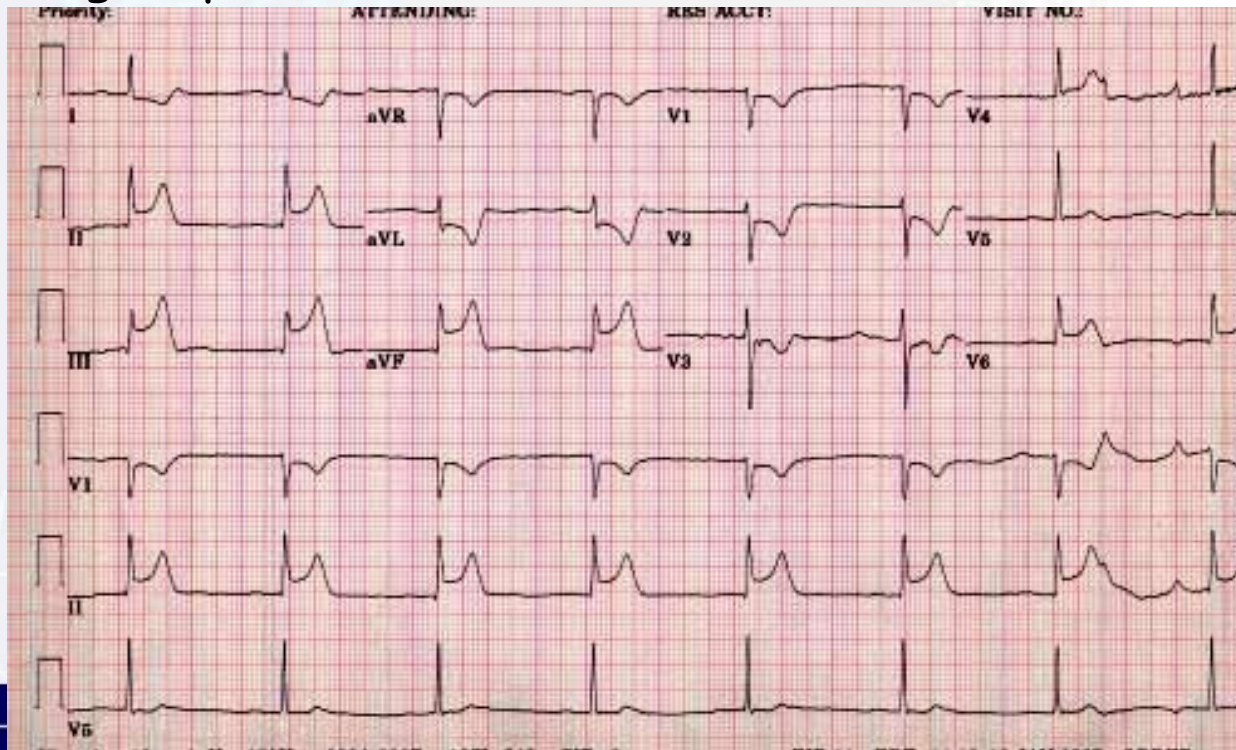


WHAT

Trace Mem1 On
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Diagnostic ECG signs of myocardial infarction

- Pathological T wave - high ischemic or inverted (++, +-, --, -+).
- ST segment changes.
- Discordance of ST segment and T wave in opposite leads. That is, ST elevation in the lead I and depression in the lead III; T wave upright in the lead I and inverted in the lead III. Concordance of ST segment and T wave in opposite leads is an ECG sign of the angina pectoris.



Trace Mem1 On
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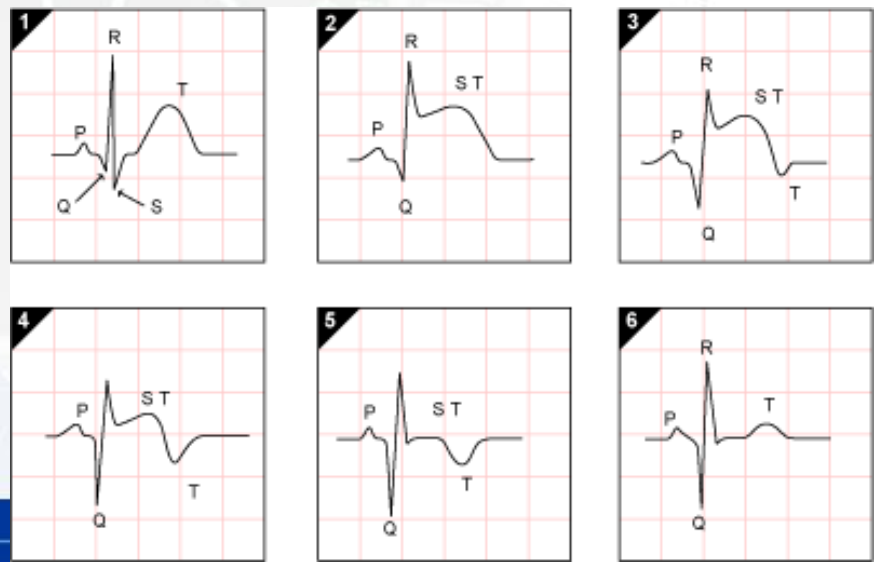
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Evolution of myocardial infarction

The clinical myocardial injury pattern does not remain stationary, but changes.

Evolutionary ECG alterations take place over a period of hours, days, weeks, month, or even years.

The series of changes has been arbitrarily separated into stages.



WHEN

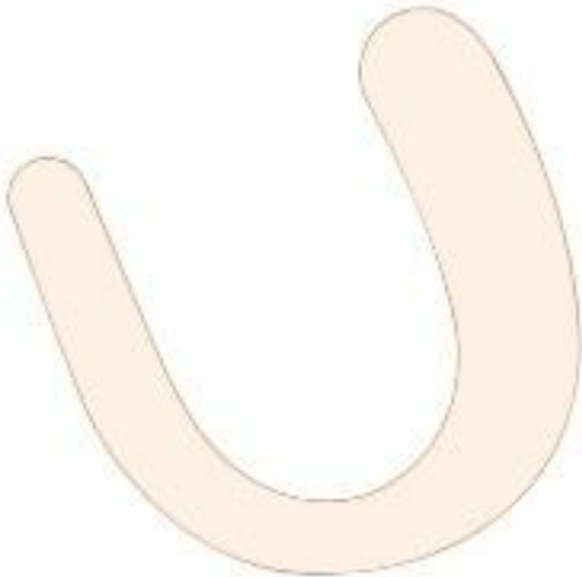
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Evolution of myocardial infarction

Transmural Infarction

— Before coronary occlusion —



Heart muscle normal

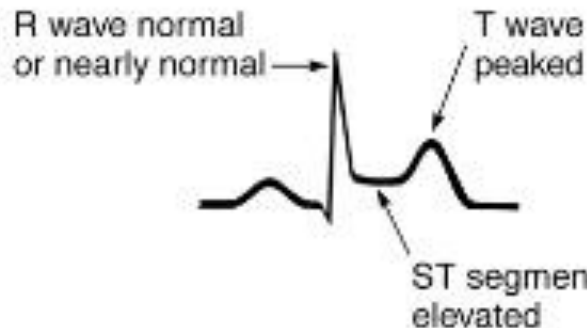


Normal ECG

— Onset and first several hours —



Subendocardial injury and myocardial ischemia. No cell death (infarction) yet



R wave normal or nearly normal

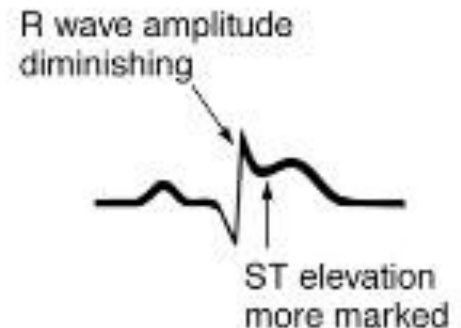
T wave peaked

ST segment elevated

— First day —



Ischemia and injury extend to epicardial surface. Subendocardial muscle dying in area of most severe injury



R wave amplitude diminishing

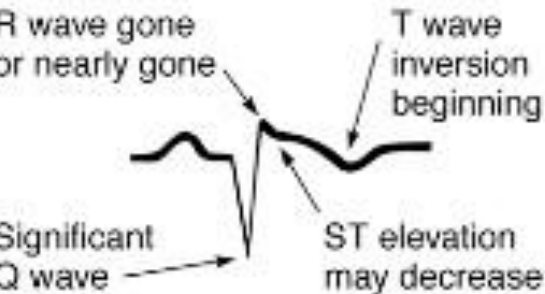
ST elevation more marked

Evolution of myocardial infarction

First and second days



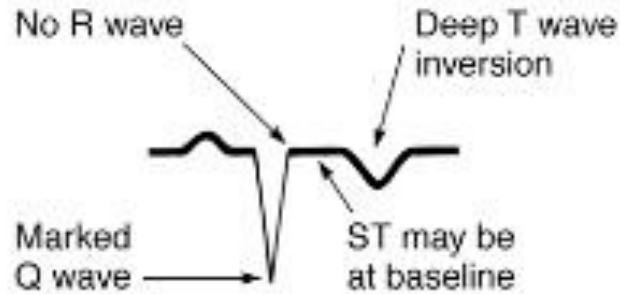
Transmural infarction nearly complete. Some ischemia and injury may be present at borders



After 2 or 3 days



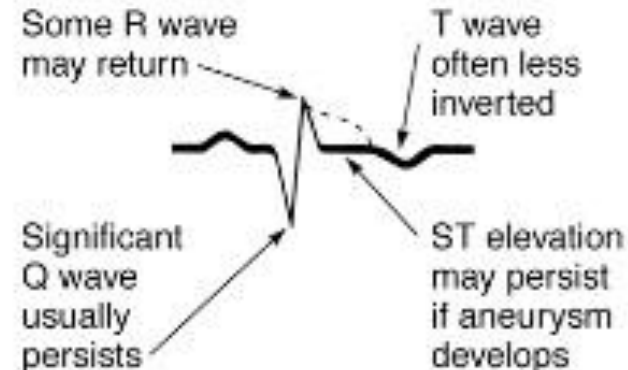
Transmural infarction complete



After several weeks or months



Infarcted tissue replaced by fibrous scar, sometimes bulging (ventricular aneurysm)



EXTREMITY LEADS

STAGE	I	II	III	aVR	aVL	aVF
NORMAL						
ACUTE						
EVOLU-TIONARY						
RECOVERY						
STABILIZED						

PRECORDIAL LEADS

STAGE	V ₁	V ₂	V ₃	V ₄	V ₅	V ₆
NORMAL						
ACUTE						
EVOLU-TIONARY						
RECOVERY						
STABILIZED						

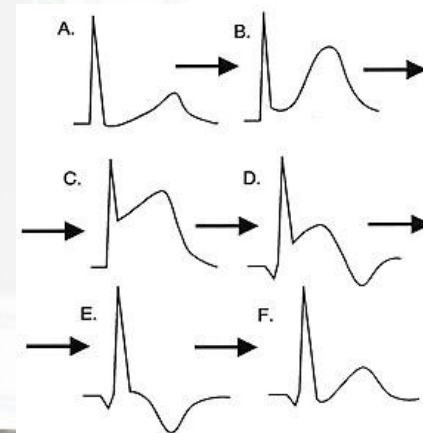
Stages of the myocardial infarction

Stage 1 - acute: abnormal Q wave, elevated ST segment, and inverted T wave.

Stage 2 - evolutionary: deep Q wave, ST segment isoelectric, and inverted symmetrical T wave.

Stage 3 - recovery: deep Q wave, ST isoelectric, and T wave returning to normal.

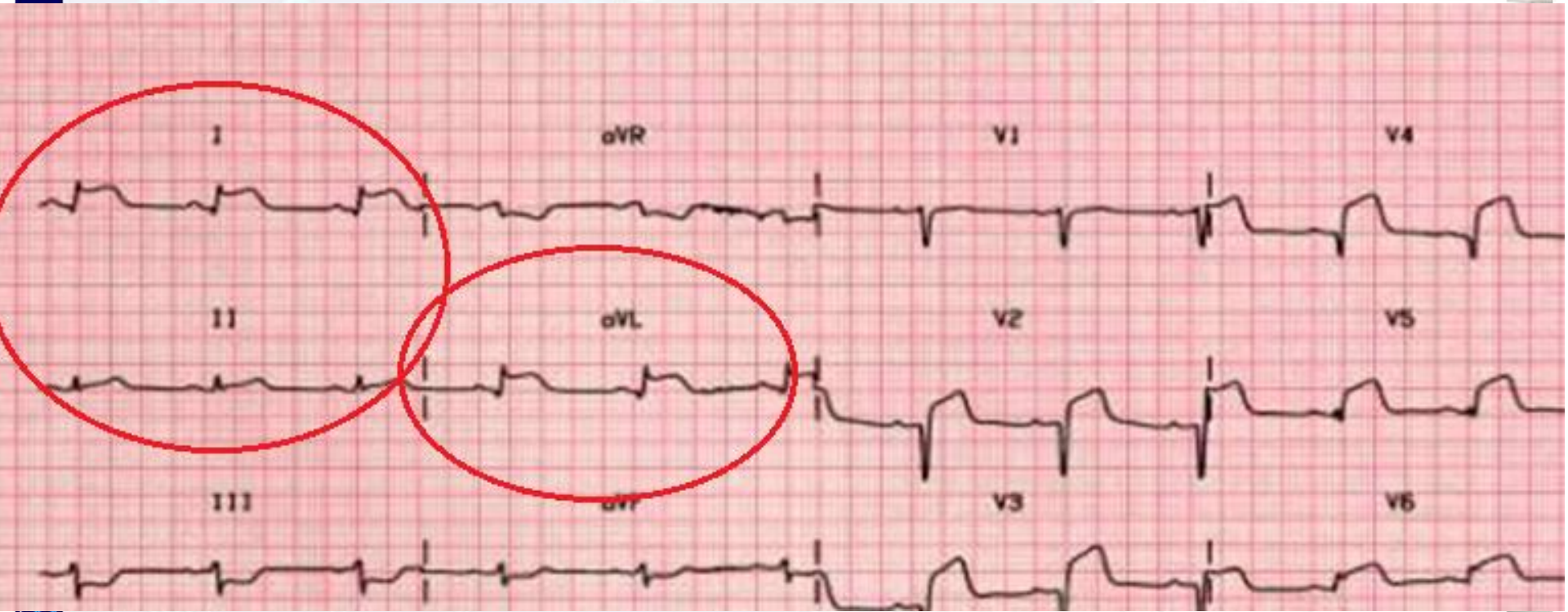
Stage 4 - stabilized: T waves normal, only evidence of old infarction is the deep Q wave.



Evolution of Acute MI

Location of the myocardial infarction

- Leads I, II, aVL - anterior infarction.



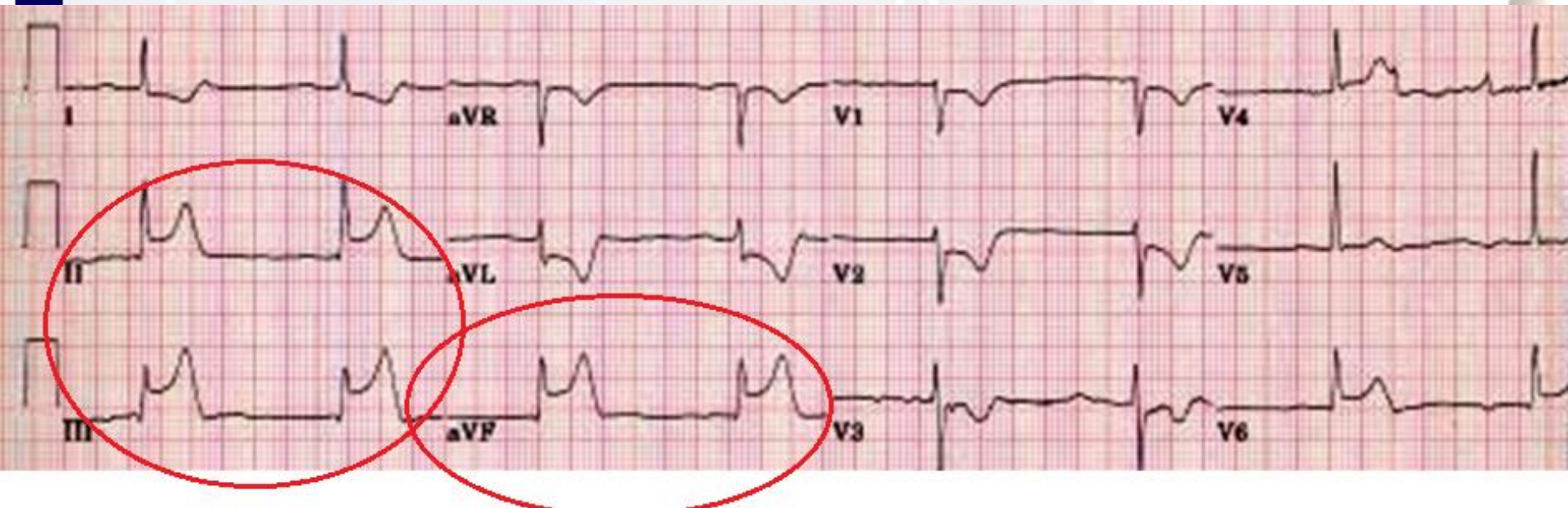
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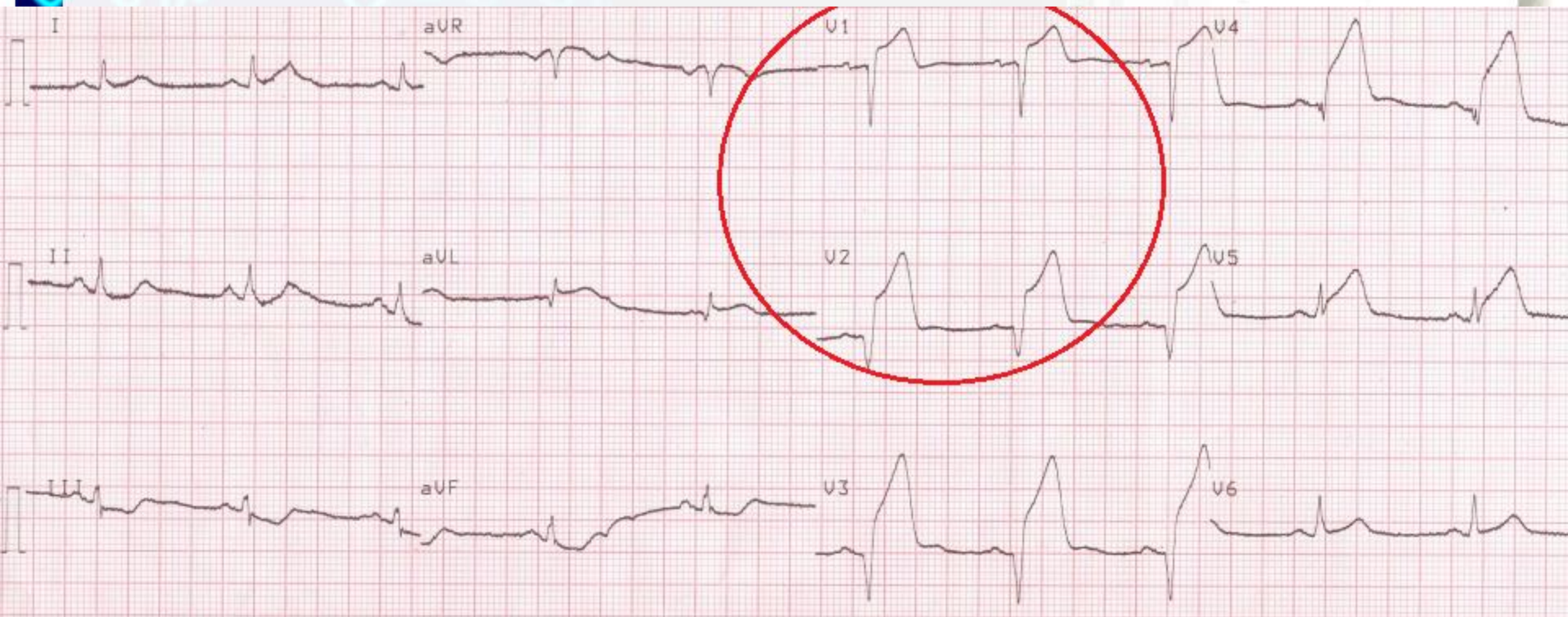
Location of the myocardial infarction

- Leads III, II, aVF - posterior infarction.



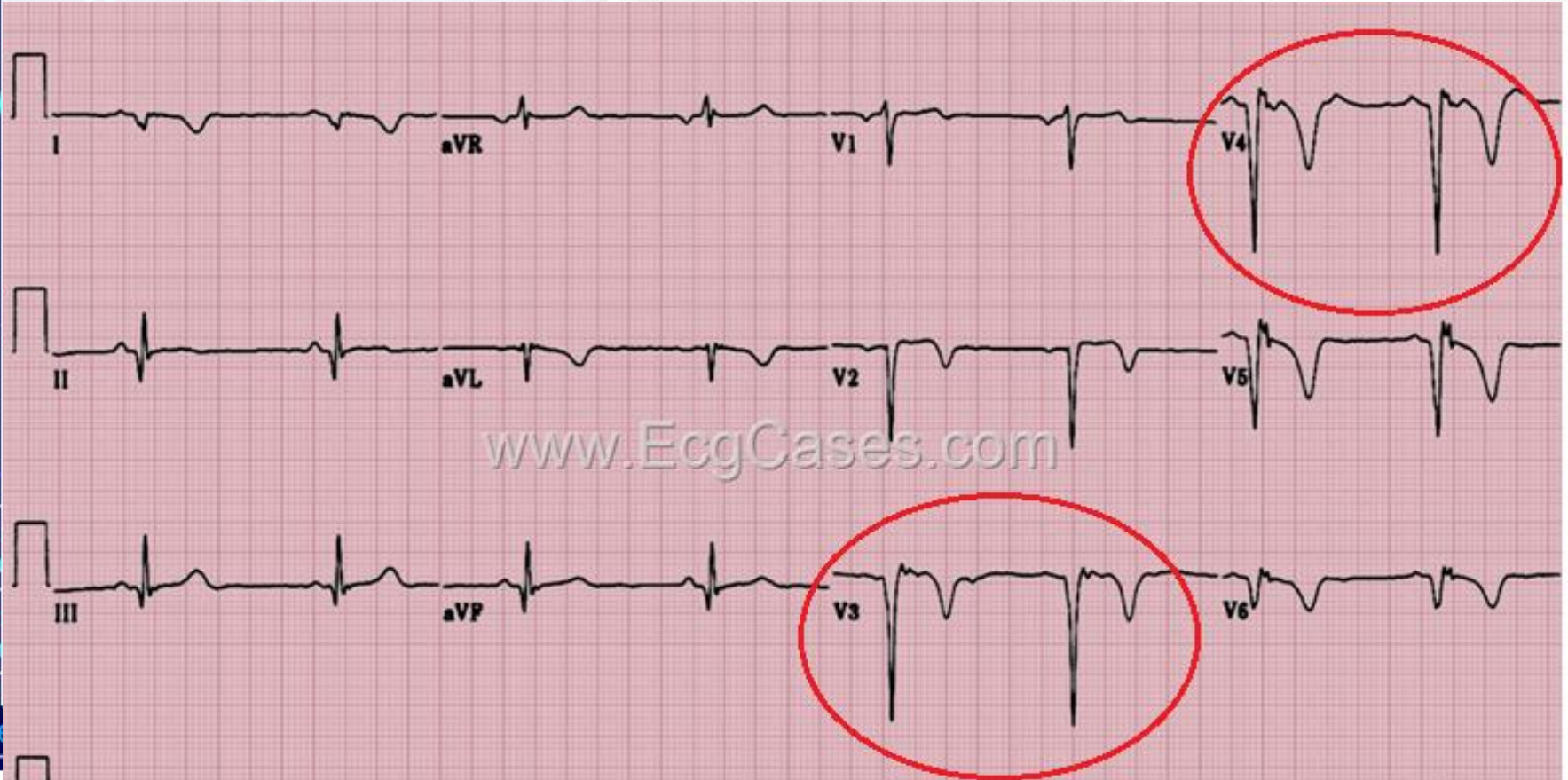
Location of the myocardial infarction

- V_1, V_2 - septal infarction.



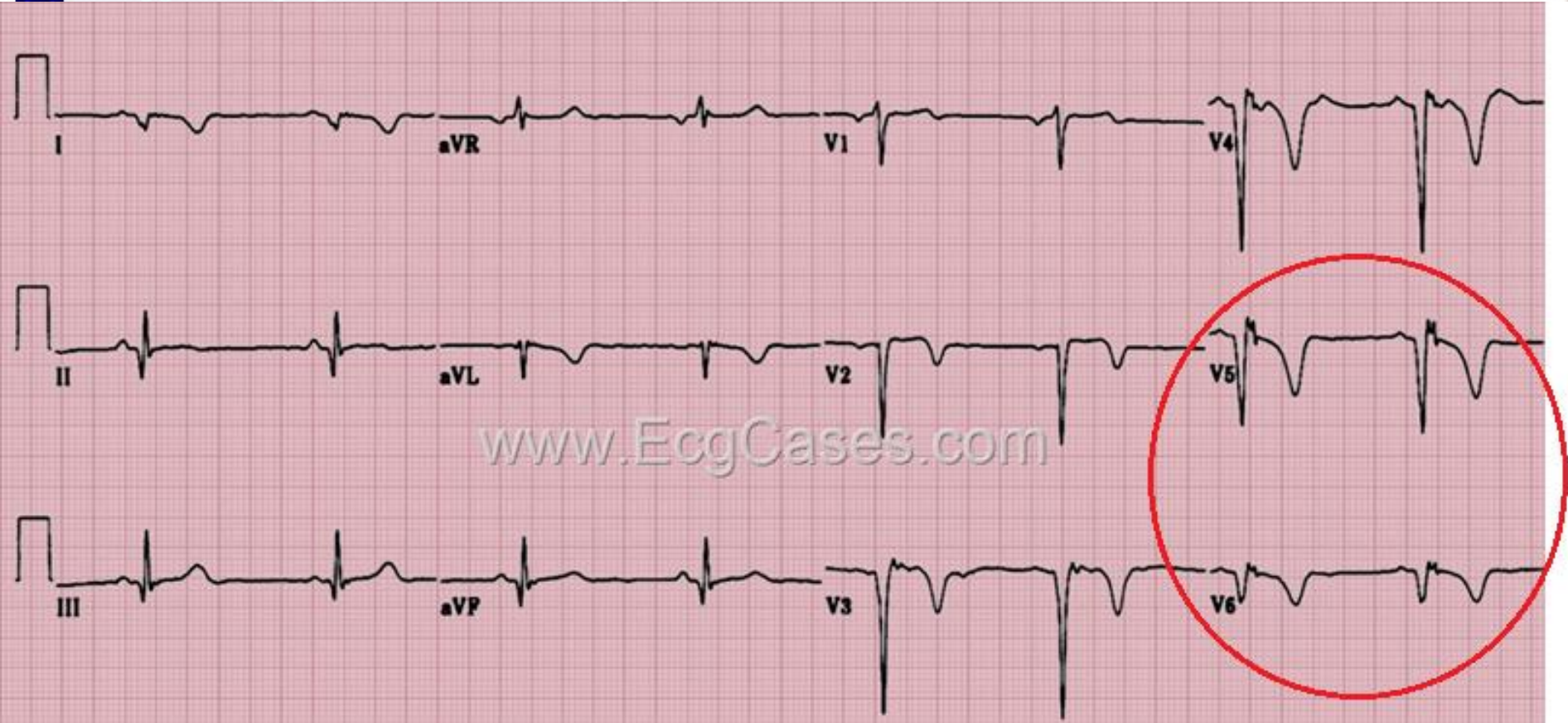
Location of the myocardial infarction

- V₃, V₄ - apical infarction.

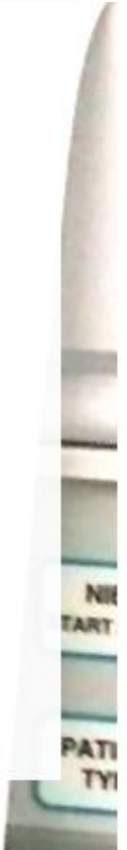
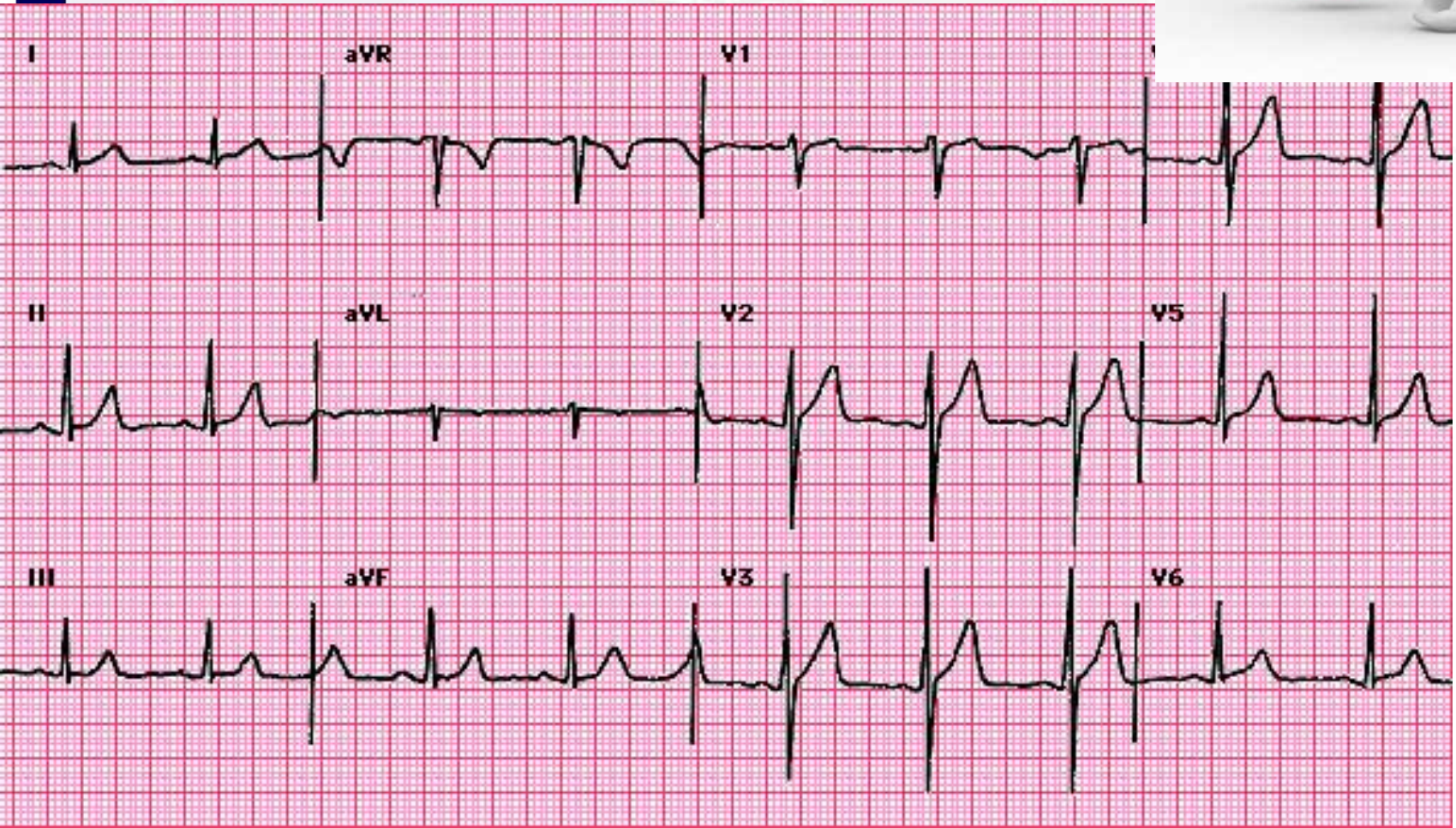


Location of the myocardial infarction

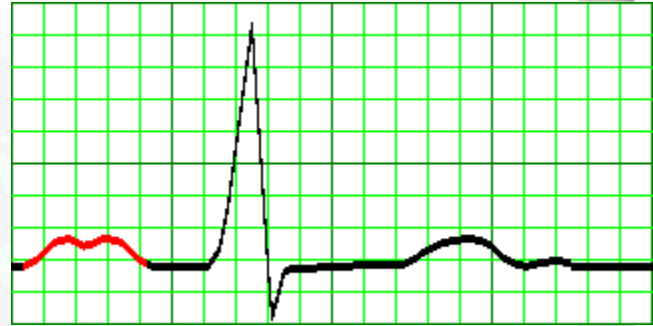
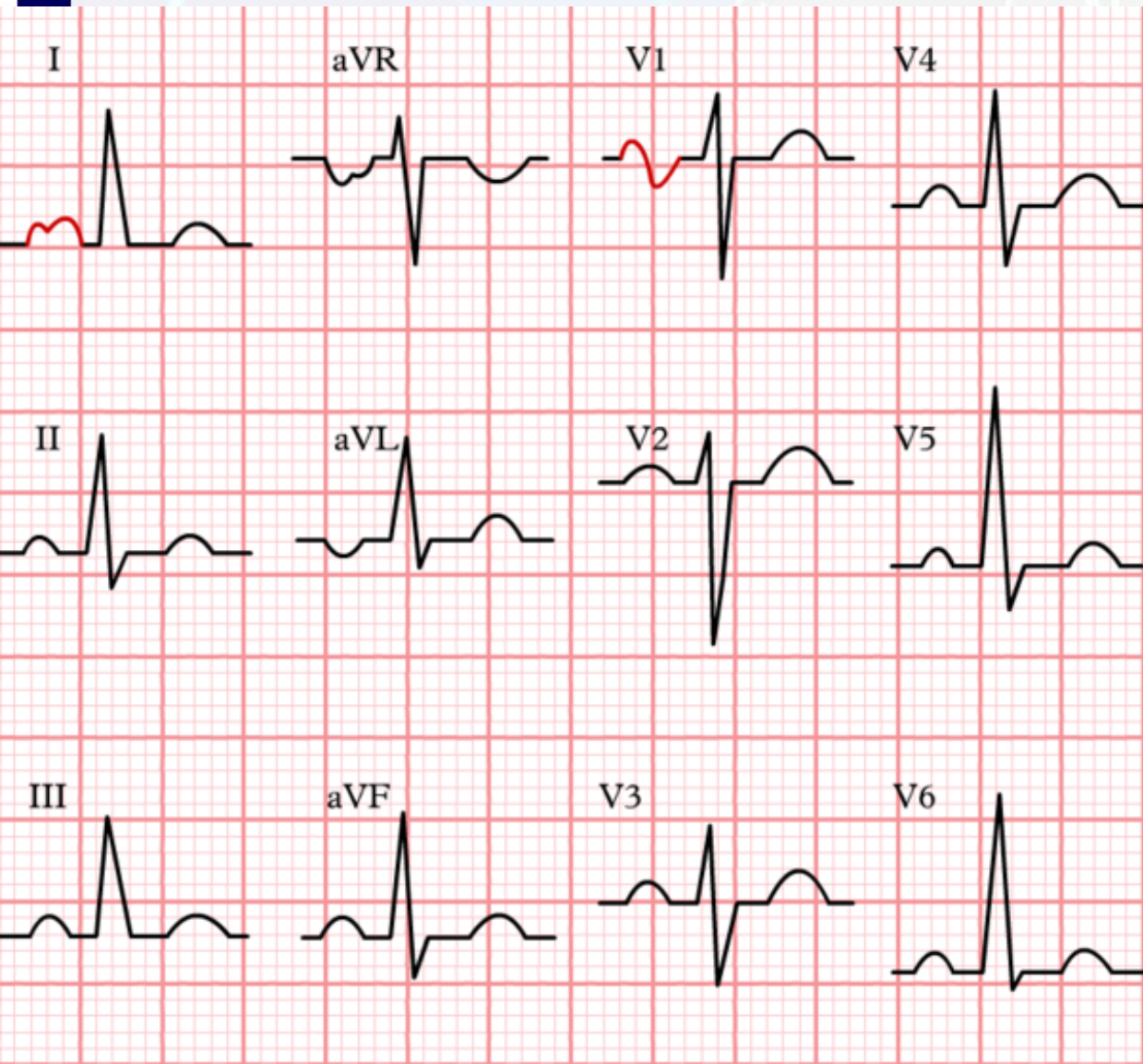
- V_5, V_6 - lateral infarction.



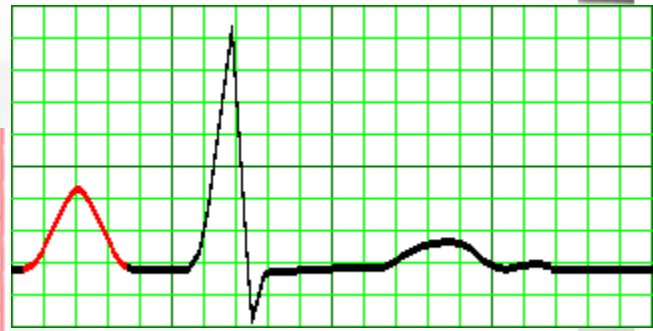
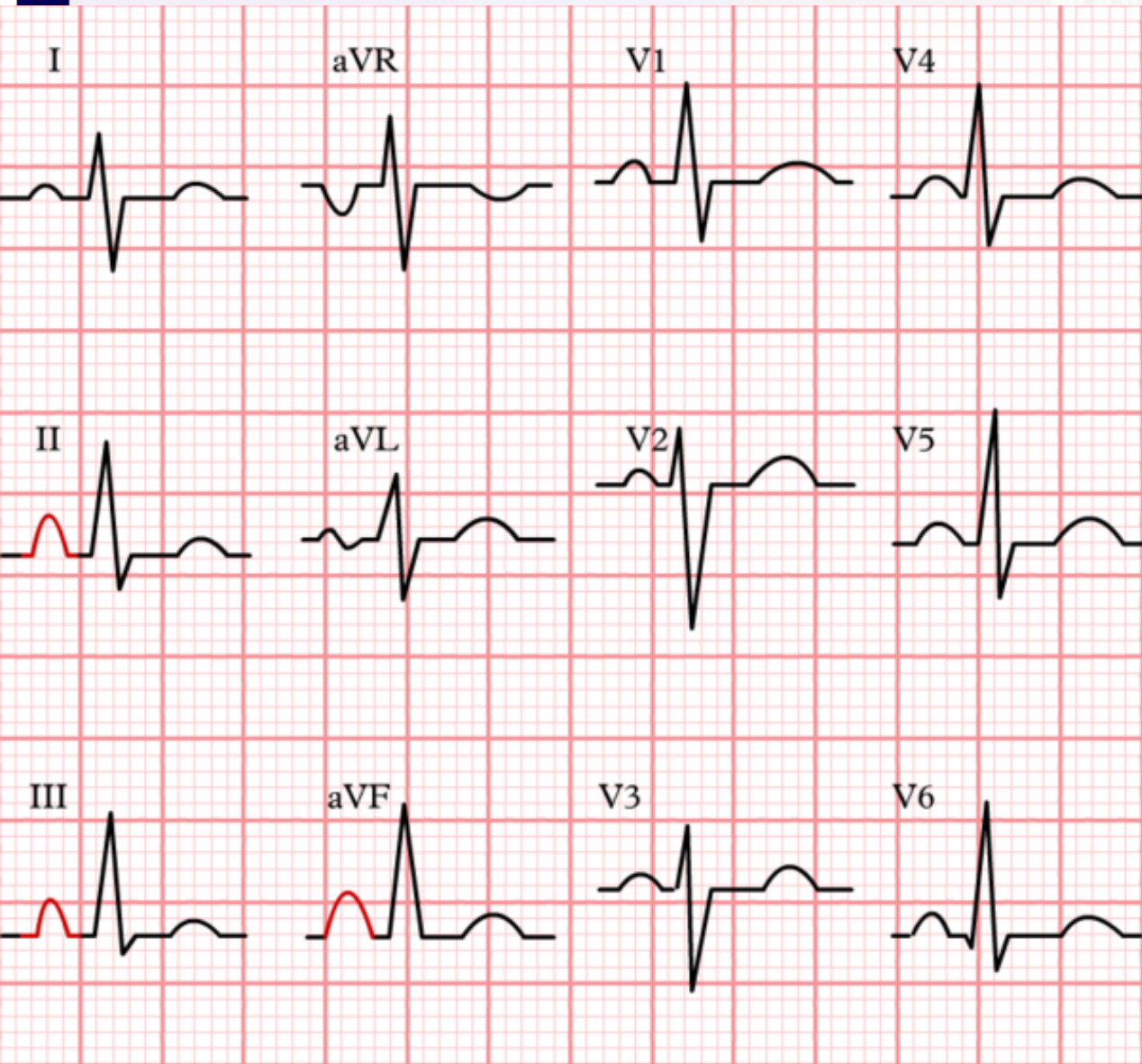
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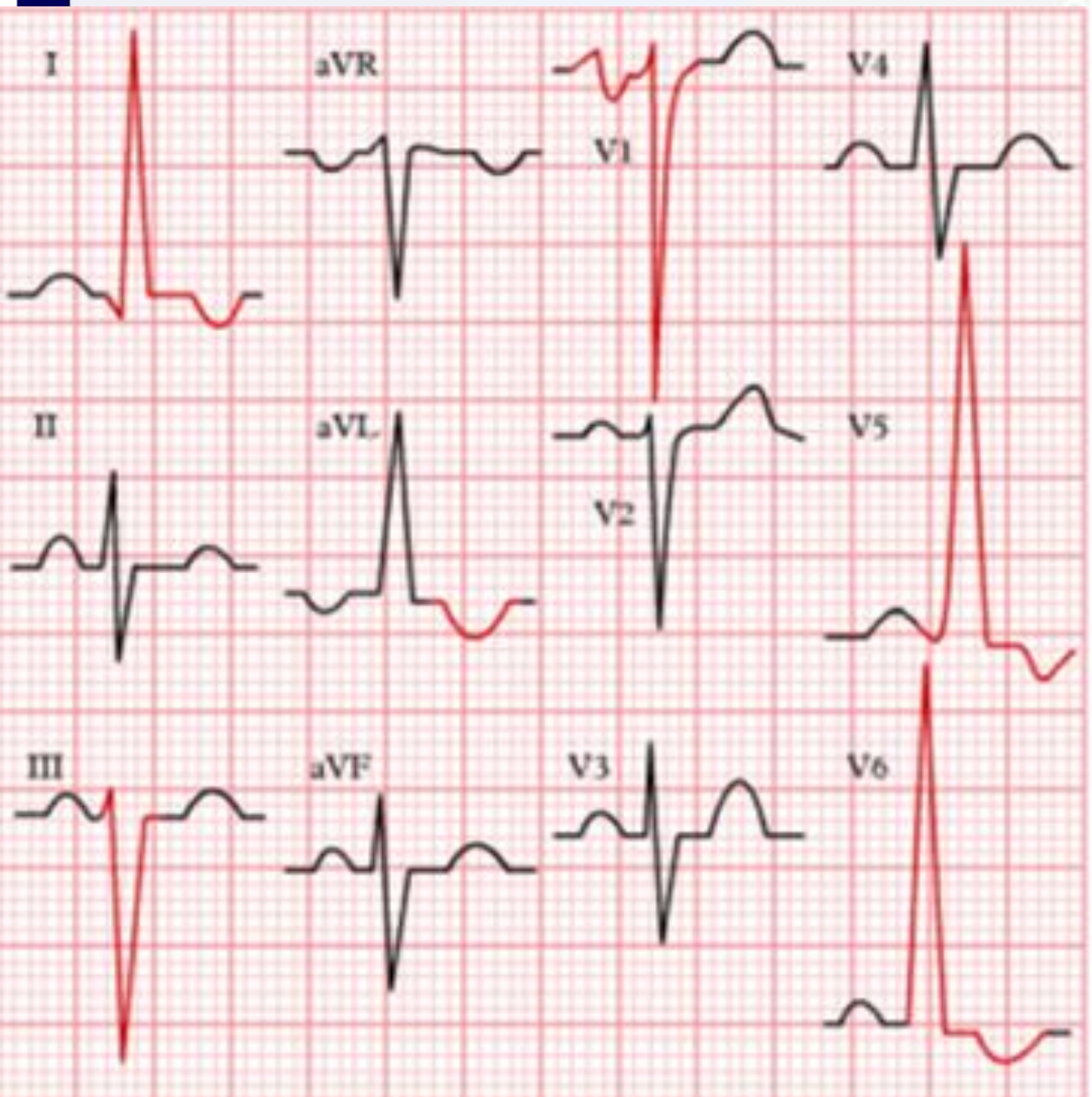
.00v



.00v



.00v



.00v

