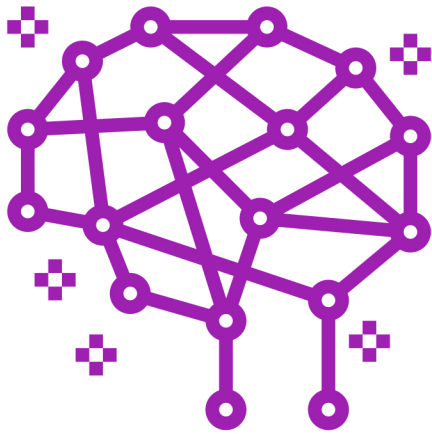


# KHARKIV NATIONAL MEDICAL UNIVERSITY

# ISIC-2019



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prevailed in 12% of respondents (3 people), intrusion symptoms prevailed in 24% (6 people), and arousal symptoms in 64% (16 people).

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## **ANXIETY DISORDERS IN YOUNG WOMEN WITH CLINICAL MANIFESTATIONS OF DEPRESSION**

**Introduction.** The state of mental health of the population is one of the priority areas of work of the World Health Organization. The number of anxiety disorders has increased in recent years. Anxiety symptoms are the part of the structure of most psychiatric disorders of the psychotic and non-psychotic registers. Therefore, the study of these disorders is relevant.

**Aim:** determining the degree of anxiety in young women with depressive symptoms.

**Materials and methods.** We conducted a comprehensive examination of women with clinical manifestations of depression, following the principles of bioethics and deontology. 57 young women were interviewed. The survey was conducted using the Hospital Anxiety and Depression Scale (HADS), the Hamilton Anxiety and Depression Scale, and the Montgomery-Iceberg Scale.

**Results.** During the examination the following symptoms were brought to their attention: lowered mood, irritability, hyperesthesia, feeling of longing, anxiety, inner tension, anxiety with inability to relax. The feeling of uncertain anxiety prevailed, as if something terrible had to happen, some trouble with close relatives. However, the content of the concern was unclear. HADS scores found severe depression (72.7% of the surveyed) and anxiety (67.9%) episode on the Hamilton scale, major depression episode (68.9%) on the Montgomery-Iceberg scale, clinical manifestations of anxiety (72.5%) on the Hospital Anxiety and Depression Scale.

**Conclusions.** We have found that in women with depressive disorders, these conditions are most often accompanied by symptoms of anxiety that require additional attention and treatment.

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