МІСТЕРСТВО ОХОРОНИ ЗДОРОВ᾿Я УКРАЇНИ

ДЕПАРТАМЕНТ ОХОРОНИ ЗДОРОВ᾿Я ХАРКІВСЬКОЇ ОБЛАСНОЇ

ДЕРЖАВНОЇ АДМІНІСТРАЦІЇ

ДЕПАРТАМЕНТ НАУКИ І ОСВІТИ ХОРКІВСЬКОЇ ОБЛАСНОЇ

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ДЕПАРТАМЕНТ ОХОРОНИ ЗДОРОВ᾿Я ХАРКІВСЬКОЇ МІСЬКОЇ РАДИ

ХАРКІВСЬКИЙ НАЦІОНАЛЬНИЙ МЕДИЧНИЙ УНІВЕРСИТЕТ

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BULLYING AS A PROBLEM OF MODERN SOCIETY

The problem of bullying diagnosis, overcoming, and prevention in higher educational institutions hasn’t been observed and highlighted at a full range yet. Bullying identification among students is being of the highest importance all over the world including Ukraine and particularly KhNMU. Large attention is paid to this problem solving in European and Western educational systems.

Bullying investigation initiated by UNISEF started in Ukraine in 2016 when the first research of different types of bullying was hold. Accordingly ‘bullying’ is a new term for Ukrainians.

A famous therapist I. Berdyshev defines bullying as perceived long-term violation (physical or psychological) which doesn’t have self-defence features and is performed by one or more people. According to modern research bullying is any aggressive behaviour of a person or a group of people who are not victim’s relatives. This behaviour is repeated or has obvious background to be repeated. ‘Bullying’ has other definitions according to which it is clear that the main aim of bullying is abeyance. Such phenomena take place in both teenage and adult social groups. Bullying identification is being of the highest importance for teachers and psychologists. First of all they must understand that bullying can have different types e.g. physical, verbal, and hidden or cyber ones.

Physical type of bullying is realised by hits and spoiling of personal things. This type is more common for boys and also includes sexual bullying.

Verbal or psychological type consists in using words or phrases that humiliate or threaten a victim. This type of bullying is mostly used by girls.

E. Vorontzova explains that bullying is caused by confrontation in order to get power.

The survey among KhNMU students has shown that only minority experienced bullying. However, most of them consider bullying as a form of pressure in order to show dominance or superiority. Moreover, sometimes a bullyer can suffer from parents’ home bullying and thus they try to get control over people of the same age. The students pointed out the fact that people have always put pressure on those who have been different, e.g. had their own opinions or followed moral rules. It is also not clear for some of the students why racism, sexism, homophobia, etc still exist in the XXI century society.

The survey has also revealed that modern teenagers have become more aggressive and violent. For instance, one of the students who suffers from diabetes is called an addict because of his everyday injections necessity.

There are a lot of reasons of bullying. People want to achieve superiority in their society and one of the ways to do it is to humiliate others. It can take place among different-aged people. We consider that it is our behaviour that causes bullying or not. According to sociologists, a lot of criminals come from non-prosperous families or are pressured by their classmates.

Thus, our society has to do its best to overcome such negative phenomenon as bullying to provide happy life to each of its members.

**ЗМІСТ**

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| *Scorbach T. V., Nesterenko A. K.*  BULLYING AS A PROBLEM OF MODERN SOCIETY | 33-34 |