

PPC PROGRAMMES AND APPROACHES IN THE BIGGEST REGIONS IN UKRAINE – QUESTIONS OR BARRIERS?

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Background. Ukraine, a country with a population of 45 million, does not have a national PPC policy. The biggest regions in Ukraine Kiev (4 million) and Kharkiv (3 million) start to develop PPC in 2017-2018.

Aims. (1) To review Ukrainian programs of PPC. (2) To analyze initial experiences of a mobile palliative care team for families and young children in Kiev in 2017.

Methods. (1) Review of existing practice. (2) A retrospective site audit. (3)

Results. In Kiev. The Kiev's Working Group was established in 2017 with the aim to set up standards of palliative care for children. However, no valid data regarding the need of palliative and end-of-life care in children in our country are available. The first step of model PPC was to create mobile palliative care team. All 47 children have had 319 visits. Among them: congenital respiratory tract defect - 3%, central nervous system pathology - 85%, orphan diseases – 4.2%, mental disorders - 3%, oncology - 6%, congenital malformation - 29%, cerebral palsy 35.4%, genetic disorders 12.9%. The age distribution is following: 1-3 yrs - 9, 3-5 yrs - 6, 5-7 yrs – 10, more than 7 yrs – 22. Our 319 setting-up has 26 psycho – and 73 social support, others one – medical.

In Kharkiv. The Working Group started working in March 2018 and created plan for 2018-2028 yrs PPC development. The model of PPC differed from Kiev. The PPC service started by tertiary hospital based palliative care teams and perinatal center palliative care team plus home model by primary physicians in rural area. Both models are appropriate recommendation of WHO 2016. But there are many legal barriers: lack

of education, EoL in hospitals, lack of social support and integrating social and medical care, fear of opioids applying, etc.

Conclusions: In spite of lack national policy in PPC, and no access needs for Ukrainian population, and legal barriers, and integrating social services, some sites start develop infrastructure and service in condition of low income and resources of the country.