

English for social workers.

Learning guide for bachelor's degree student

МІНІСТЕРСТВО ОХОРОНИ ЗДОРОВ'Я УКРАЇНИ
Харківський національний медичний університет

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Методичні вказівки
до занять з дисципліни «Іноземна мова»
для студентів бакалаврату
фаху «Соціальна робота»

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ПЕРЕДМОВА

Освітньо-професійна програма «Соціальна робота» першого (бакалаврського) рівня вищої освіти передбачає здатність фахівця із соціальної роботи спілкуватися іноземною мовою з професійних питань як один з результатів навчання, у зв'язку з цим дисципліна «Іноземна мова» внесена до переліку обов'язкових компонентів навчання.

У сучасному світі англійська мова займає перше місце за кількістю тих, хто нею володіє. Вона є мовою міжнародного спілкування у галузі науки, техніки, виробництва та підготовки фахівців, а також виконує функцію лінгва франка. Отже володіння англійською мовою для професійних потреб є запорукою участі фахівців у міжнародному співробітництві, професійного зростання, професійної та академічної мобільності.

Ці методичні вказівки створено для вітчизняних студентів фаху «Соціальна робота», які вивчають англійську мову як іноземну.

Метою цього видання є розвиток іншомовної професійної компетенції та формування у студентів комунікативних англійських навичок у галузі соціальної роботи.

Актуальність даного видання зумовлена нагальною потребою в навчальних матеріалах для практичних занять та самостійної роботи з англійської мови для студентів спеціальності «Соціальна робота», які відповідають потребам даного контингенту в опануванні англійської мови та містять мовний матеріал, який буде застосовуватися у подальшій професійній діяльності.

У даному виданні представлені автентичні текстові матеріали адаптовані для використання на заняттях, що дозволить студентам засвоїти специфіку фахової мови.

Методичні вказівки складаються з дванадцяти розділів. Кожний розділ містить текст для читання, відібраний з оригінальної довідкової, навчальної або фахової англійської літератури та адаптований з урахуванням вимог методики викладання іноземної мови, завдання з читання, говоріння, письма, а також завдання на використання мови. Методичні вказівки розраховані на студентів, які засвоїли англійську мову у повному обсязі програми загальної середньої школи.

Ці методичні вказівки рекомендовані для аудиторної та самостійної роботи зі студентами вищих навчальних закладів, а також можуть бути застосовані для поглибленого вивчення англійської мови усіма зацікавленими в підвищенні рівня володіння професійною мовою.

UNIT 1

Introduce yourself.

Describe the place you are from. What is it like?

Describe the people in your place. What are the people like?

What are your future plans?

Vocabulary

1) Match the words with the definitions:

abuse	the fact or state of not being strong or powerful
adoption	a person or animal that has grown to full size and strength
adult	the fact of someone being paid to work for a company or organization
bachelor's degree	polite word for old: old people considered as a group
community	an academic discipline and practice-based profession that concerns itself with individuals, families, groups, communities and society as a whole in an effort to meet basic needs and enhance social functioning
counselor	the condition of the body and the degree to which it is free from illness, or the state of being well
degree	the system of laws in a country that judges and punishes people
elderly	the people living in one particular area or people who are considered as a unit because of their common interests, social group, or nationality
employment	an undergraduate academic degree awarded by colleges and universities upon completion of a course of study
health	the qualification given to a student after he or she has completed his or her studies
hospice	a professional business (such as that of a lawyer or doctor) that is not controlled or paid for by the government or a larger company (such as a hospital)
hospital	a hospital for people who are dying, especially from cancer
justice	a place where people who are ill or injured are treated and taken care of by doctors and nurses
Master's degree	the use of something in a way that is harmful or morally wrong
research	someone who is trained to listen to people and give them advice about their problems
strength	a detailed study of a subject, especially in order to discover (new) information or reach a (new) understanding
social work	the ability to do things that need a lot of physical or mental effort
private practice	an academic degree awarded by universities or colleges upon completion of a course of study demonstrating mastery or a high-order overview of a specific field of study or area of professional practice
weakness	the act of legally taking a child to be taken care of as your own

2) *Fill in the gaps with the words from the table:*

He gave up work because of ill ...

The majority of doctors in Australia are self-employed and work in

Any change of policy will be interpreted as a sign of

Drug and alcohol ... contributed to his early death.

She had the ... take the lead and win the gold medal.

They are doing some fascinating ... on the language of dolphins.

The ... system in this country consists of a series of law courts at different levels.

I had to give up drinking for ... reasons.

I've got to go to ... to have an operation.

An ... under English law is someone over 18 years old.

His ... in the field of disease prevention produced unexpected results.

There's a large Ukrainian ... living in this area.

... pay an admission charge but children get in free.

The college now has a ... to help students with both personal and work problems.

She has a master's ... in history from Yale.

... levels are unlikely to rise significantly before the end of next year.

Regular exercise is good for your

3) *True or false:*

Adults are people under 16.

A bachelor's degree is the highest university degree.

You are healthy if you fill bad.

Social workers deal with the needs of people.

Addiction is not doing something that you enjoy because it is bad or unhealthy.

Hospital is a place for teaching people.

If you work for the government it means that you have private practice.

Substance abuse is considered a strength.

Reading

What is your future job?

What do you know about it?

4) *Answer the questions:*

Do social workers work only with poor people?

Do social workers work only for government institutions?

Do social workers work only for the public sector?

Can a social worker work in private practice?

Under what condition can you start working in private practice?

5) *Read the text and check your answers.*

What Can I Do With A Bachelor's In Social Work?

Social work is a profession dedicated to helping people meet their needs and improve their lives. Social workers help people from diverse backgrounds by focusing on the people's strengths and helping them overcome their weaknesses.

They work with all types of people, including children, people with substance abuse issues, families, the elderly and more. Social workers create community resources and help people find the resources they need to succeed in their everyday lives. Social work offers a diverse selection of job opportunities. Social workers work with people of all ages, from young children to the elderly and everyone in between. Social workers work for both public and private companies as well as both large and small companies. Social workers generally fall into one of four categories: child and family social workers, school social workers, healthcare social workers, and mental health and substance abuse social workers.

People with a social work degrees and diverse educational backgrounds may work in a number of fields. Most who complete bachelor level studies and gain work experience often advance to entry level positions as social workers, adoption counselors, mental health counselors or substance abuse counselors. They may work with children through youth services jobs or the elderly as hospice workers. Social workers work as case managers, helping children and adults find the services they need. A master's degree is usually required before people can go into private practice. Some may gain employment within the justice system and the health system or in schools, hospitals and at research centers, both helping people succeed and thinking of new ways to help people find the resources they need.

6) *Finish the statements:*

Social workers deal with ...

The groups of people the social workers work with include....

The four groups of social workers are

Social workers can work for

To work in private practice you need....

7) *Write out the names of jobs and professions mentioned in the text.*

8) *Write out the names of institutions mentioned in the text.*

9) *Arrange the words to make questions:*

What / do do workers social?

What types / do work they of with people?

What type of company / you work for do want to?

What category of social work / work like would you to in?

What degree / graduation after the you will get?

You your continue to going are education?

How / this did job know about you?

Who / your your choice influenced of job future?

10) *Work in pairs to ask and answer the questions.*

Speaking

11) Read the statements. Which of them are true? Correct the false statements.

1. Social workers help people to improve their life.
2. Social worker can help only to disabled people.
3. To become a social worker no need higher education.
4. Social workers work for both public and private companies.
5. People with a social work degrees and diverse educational backgrounds may work in a number of fields.
6. Most who complete bachelor level studies work within the justice system and the health system

12) Tell about your career plans.

Characterize your future job in one sentence.

Tell about the company/institution you want to work for.

Describe the field of social work you want to work in.

Describe the responsibilities of a social worker in this field.

Describe your plans of further education (if any).

UNIT 2

Describe your usual workday.

If you work, what do you do at work?

Vocabulary

1) Match the words with the definitions:

drug	subjected to harmful or improper treatment
diagnosis	to behave badly because you are unhappy or upset, often in ways that you are not aware of
day care center	To act on and cause a change in (someone or something)
abused	the condition of being unable to stop drinking too much alcohol, often causing you to be unable to live and work in society
disease	the way that someone behaves
bullying	the behaviour of a person who hurts or frightens someone smaller or less powerful, often forcing that person to do something they do not want to do
alcoholism	a place where parents pay to leave their children while the parent work
affect	a judgment about what a particular illness or problem is, made after examining it
act out	(an) illness of people, animals, plants, etc., caused by infection or a failure of health rather than by an accident
behavior	any natural or artificially made chemical that is taken for pleasure, to improve someone's performance of an activity, or because a person cannot stop using it:

lifestyle	a piece of paper that is given to poor people by the government and with which they can then buy food
treat	used to refer to someone or something connected with the care of children, usually for a limited time, by someone who is not the child's legal parent
responsibility	physical harm or damage to someone's body caused by an accident or an attack
wellbeing	someone's way of living; the things that a person or particular group of people usually do
parent	relating to the mind, or involving the process of thinking
neglected	not receiving enough care or attention
food stamp	a place where very old people who are ill live and receive medical treatment and care
foster	a mother or father of a person or an animal:
mental	something that it is your job or duty to deal with:
injury	to use drugs, exercises, etc. to cure a person of a disease or heal an injury:
nursing home	the state of feeling healthy and happy

2) Fill in the gaps using the words from the previous exercise

She was suspected of being a ... dealer.

The children were vaccinated against the major childhood

Western medicine tends to...the symptoms and not the cause.

These kids ...because their lives are a mess.

People doing yoga benefit from an increased feeling of

He is being ... for a rare skin disease.

She takes her ... as a nurse very seriously.

I'm going to meet ... for the first time this weekend.

The family has a history of...disorder.

As a child, he had lived with a series of ... parents.

The cats were ... and starving.

He doesn't have a very healthy

His son died of a ... overdose.

A doctor was asked about the ... state of the prisoner.

Several train passengers received serious ... in the crash.

The neglected child was removed from her home and placed with a ... family.

She ran ... for working mothers.

The good decision was moving into an ... woman's shelter for a month in Stockton.

"What was the ...?" "Arthritis in both joints."

More than 200,000 retailers are authorized to accept ... for groceries.

Chickenpox is a very common ... among children.

He was notorious for his violent and threatening

She began to suspect that her son was on
The protein plays a central role in metabolism, which in turn ... the rate of aging.
... cost me my job, my health, and finally my family.
Her ... is often appalling.
... is a problem in many schools.
... of the disease is difficult in the early stages.
There is no known cure for this

3) Answer the questions

Is your lifestyle healthy?
Can changing lifestyle improve health?
What are the most common diseases in Ukraine?
Where are people with serious diseases treated?
Why are day care centers important?
Do you have harmful habits?
What harmful habits can affect health?
Does acting out mean to play on a stage?
What are the responsibilities of the doctors?
If somebody is neglected, does it mean that nobody takes care of him/her?

Reading

4) Answer the questions:

What do social workers do during their work day?
Do all categories of social workers do the same job?
Read the text and check your answers.

Daily Responsibilities of Social Workers

The daily responsibilities of a social worker vary greatly depending on the exact job title of the social worker. Children and family social workers may find foster home placements for children who have been abused or neglected. They may help equip parents with skills to become better parents. They may help children with behavior problems such as acting out in class or social problems such as bullying. They help families receive resources they need such as day care, food stamps or job training.

Social workers in the medical field may help families cope with injuries and long-term illnesses and diseases. They help connect people to resources such as nutrition classes or hospice care. They help people understand their medical conditions and adjust their lifestyles accordingly. They help the elderly find appropriate assisted living centers and nursing homes. They help people access the medical care that they need, both by helping them fill out the paperwork to receive Medicare and by helping them find ways to get to their doctor's appointments if they do not drive. Social workers in the medical field also help healthcare workers understand how disease and illness affect people's mental and emotional wellbeing. They also work with doctors and other healthcare

professionals to develop diagnoses and treatment plans for clients. They are frequently called in by doctors and other healthcare professionals for consultations on the health and wellbeing of clients.

Social workers in the mental health field help people with mental illnesses by diagnosing and treating their conditions. They connect them to other community resources that can help them overcome their illnesses, such as treatment centers and other social workers. They help people with substance abuse issues such as alcoholism and drug abuse. They provide therapy for or connect people to other resources who can provide therapy for those who are struggling with issues such as anxiety, depression or anger management problems.

5) *Mark true or false. Prove your point:*

The responsibilities of a social worker depend on his/her job type.

Foster homes play an important role in the care for very old people.

Social workers in the medical field treat patients.

Social workers in the medical field work independently from the healthcare teams.

Social workers in the medical field give doctors the information about the health of their clients.

Social workers in the mental health may diagnose and treat mental disorders.

Social workers in the mental health do not deal with anxiety, depression or anger.

Check your answers using the text.

6) *What categories of social workers are described in the text?*

7) *Match the beginning with the ending of the phrase:*

Foster family is	because residents require more help.
Children social workers can	to cope with diseases.
Now many teenagers face	require hospice care.
Sometimes the families need help	a home for older people or people with disabilities who can live fairly independently but need some help with everyday tasks.
People with deadly diseases may	to develop a treatment plan for this patient.
An assisted living center is	a right solution of the problems of a neglected child.
It is necessary	teach the parents to become better parents.
Nursing homes differ from assisted living facilities,	a problem of bullying.

8) *Write out the duties of social workers according to the text:*

Social worker:	Duties:
Children social worker	
Family social worker	
Clinical social worker	
Mental health social worker	

Speaking

9) *You want to know*

- who children social workers work with;
- what kind of children may require foster homes;
- what social problems schoolchildren may have;
- who the social workers in the medical field cooperate with;
- who social workers in the mental health field connect to community resources;
- why nursing homes are important.

Write the questions.

10) *Work in pairs, ask and answer the questions.*

11) *Which of the described categories of social workers attracts you most? Why? Describe your future job responsibilities.*

UNIT 3

Where can social workers work?

What groups of people do they work with?

Vocabulary

1) *Supply the words from the box with the definitions (some words are the odd ones):*

addiction, assessment, career, consolidation, crisis, doctorate, duty, earnings, grant, guardian, hardship, healthcare, membership, military, occupation, placement, possession, prevention, rehabilitation, report, resources, support, therapy, train, youth
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- young people, both male and female, considered as a group;
- a description of an event or situation;
- the job or series of jobs that you do during your working life, especially if you continue to get better jobs and earn more money;
- the amount of money that someone is paid for working;
- an amount of money given especially by the government to a person or organization for a special purpose;
- the process of considering all the information about a situation or a person and making a judgement;
- the armed forces of a country;
- emotional or practical help;
- the activity or business of providing medical services;
- difficult or unpleasant conditions of life;
- the process of returning to a healthy or good way of life, or the process of helping someone to do this after they have been in prison, been very ill, etc.;
- an extremely difficult or dangerous point in a situation;
- treatment to help a person get better from the effects of a disease or injury;
- an inability to stop doing or using something, especially something harmful;

- to prepare someone or yourself for a job, activity, or sport, by learning skills and/or by mental or physical exercise;
- the act of stopping something from happening or of stopping someone from doing something;
- the act of placing someone in organization, school, a particular job, or place where they can live;
- things of value such as money or possessions that you can use when you need them;
- the highest degree from a university;
- a person who has the legal right and responsibility of taking care of someone who cannot take care of himself or herself, such as a child whose parents have died.

2) *Fill in the gaps with the words from the previous exercise:*

He's hoping for a ... in the police force/as a police officer.

I made a ... of the theft to the insurance company.

Average ... for skilled workers are rising.

The child's parents or ... must give their consent before she has the operation.

The organization is committed to AIDS...and education.

She has a ... in physics from Yale.

There are students for whom this school is not the best possible

It's important for families in ... to know they are not alone.

Liz gave me a lot of ... when I lost my job.

My Dad was in the

The first thing you must do is make an ... of the situation.

With physical..., you should eventually be able to walk again.

The government doesn't have the ... to hire the number of teachers needed.

John...to be an accountant.

They awarded her a ... to study abroad for one year.

The 1930s were a time of high unemployment and economic

Many amputees in the early stages of their ... feel despair.

It's quite a job, training the ... of the country to be mature, responsible citizens.

3) *Agree or disagree with the following. Make the wrong statements true:*

A grant is the money you earn doing a job.

The youth means the males of a young age.

A synonym of therapy is treatment.

Doctorate is the degree of a doctor of science.

A guardian is a job dealing with security and safety of very important persons.

Addiction used to be a social problem many years ago, but not now.

Playing computer games can be an addiction.

Support from you friends in the times of hardship is very important.

Reading

4) Read the text and fill in the table with the information from it

Social work job	People to work with	Places to work

Social Work Jobs

There is a multitude of different types of social work available.

A child, family, or school social worker assists children and youth, along with their parents and guardians. School social worker duties may include offering support in instances where abuse has taken place, or where mental illness, physical illness, or trauma is affecting a child's wellbeing. They may also help parents access resources so they can better care for their children, or find placement for children whose needs are not being met.

Medical and health care social workers provide social support within the medical and healthcare fields. They offer services to patients and their loved ones to help alleviate the social, financial, and relational hardships that may arise when someone falls ill. Their responsibilities may also include providing services that promote health, disease prevention, and addressing socioeconomic barriers to healthcare access. Medical social workers may work in hospitals, nursing homes, and assisted care facilities.

Mental health and substance abuse social workers are trained to help people experiencing problems with their mental health and addiction. They use individual therapy, group therapy, and crisis intervention. The settings in which they may work include community mental health facilities, crisis relief, and rehabilitation services.

Military social workers assist with the reintegration of members of the military into their family and civilian life following their return from duty. In some cases, military social workers may also help members address substance abuse issues or provide tools for managing Post-Traumatic Stress Disorder. Social workers employed in this role usually require a license.

Community social workers often work simultaneously at micro, mezzo, and macro levels within the community. Their tasks may include conducting needs assessments and referrals with individuals, working with community organizations, or even planning and administering large-scale programs. Community social workers are sometimes employed at a state or local government level, and other times are contracted by nonprofits or grassroots organizations.

Social work administrators help with the managerial, administrative, and business arm of social work. Their tasks may include writing grants and reports, overseeing accounts, managing tax, researching and assessing communities in need, and creating bodies for the delivery of services. Social work administrators

are also often responsible for managing staff and delegating tasks. A background in business, as well as social work, is often advantageous for this role.

A social worker can further the career as a social worker by undertaking a master's in social work, completing licensure exams, or becoming specialized or highly experienced in a particular area. Those with master's degrees and licensure can access clinical social worker jobs and are better positioned to win managerial roles. A doctorate in social work or Ph.D. in social work may be able to boost the earnings and access to jobs even further.

5) *Answer the questions:*

- Which of the social work jobs deals with wellbeing of a child?
- What kind of services do social workers provide for the patients?
- What methods are used to work with mentally ill patients?
- What problems of the military may require intervention of a social worker?
- What are the levels of community social work?
- What are the responsibilities of social work administrators?
- What kind of social work requires a license?
- What university degrees in social work are mentioned in the text?

6) *Medical social workers deal with diseased people. Read the names of common diseases and say what organ or system is involved:*

Arthritis, bronchitis, coronary artery disease, diabetes mellitus, encephalitis, gastritis, hepatitis, myopia, otitis, pneumonia, thymoma.

Speaking

7) *What questions can be asked to fill in the gaps:*

- ... work with children and young people as well as with their parents and guardians.
- ... can affect a child's wellbeing.
- Medical social workers work in
- Mental health and substance abuse social workers help
- ... work in community mental health facilities, crisis relief, and rehabilitation services.
- Social workers managing Post-Traumatic Stress Disorder usually require a
- The tasks of community social workers include
- ... can be contracted by nonprofits or grassroots organizations.
- The responsibilities of social work administrators include ...
- ... are good candidates for managerial roles.

8) *Fill in the gaps:*

1. ____ social workers can work in _____, _____, _____.
2. Responsibilities of _____ are _____, _____, _____.
3. _____ social workers offer services to _____, _____, _____.
4. _____ social worker can work with _____.
5. The tasks of _____ may include _____.
6. If you want to make career in this field you _____.

9) *Work in pairs. Ask and answer the questions:*

Where would you like to work after the graduation from the university?

What group of people would you like to work with?

10) *Describe the social work job which attracts you most.*

UNIT 4

What things are most important in the life of your family?

What things are most important in the life of your country?

What things are most important in the profession of a social worker?

Vocabulary

1) *Match the words with the definitions:*

dignity	the ability to do something successfully or efficiently
integrity	all the inhabitants of a particular place
profession	exposed to the possibility of being attacked or harmed, either physically or emotionally
respect	public support for or recommendation of a particular cause or policy
core value	the state of not having a paid job
advocacy	a concept holding that all people should have equal access to wealth, health, well-being, privileges, and opportunity
empowerment	the unjust or prejudicial treatment of different categories of people, especially on the grounds of race, age, sex, or disability
social justice	the state or quality of being worthy of honor or respect
poverty	the quality of being honest and having strong moral principles
ensure	a paid occupation, especially one that involves prolonged training and a formal qualification
competence	a feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements
discrimination	authority or power given to someone to do something
promote	the beliefs that people have about what is right, wrong, and most important in life, business, etc. which control their behaviour
skill	subject to harsh and authoritarian treatment
strive	a state or condition in which a person or community lacks the financial resources and essentials for a minimum standard of living
unemployment	make great efforts to achieve or obtain something
oppressed	make certain of obtaining or providing
population	a principle or belief that a person or organization views as being of central importance
vulnerable	the learned ability to perform an action with determined results with good execution
value	support or actively encourage

2) *Fill in the gaps with the words from the table:*

Companies that last are built on a central set of core

I got bored with my chosen

The ... of the European Union accounts for two thirds of the European

I want to be treated with

... drove him to steal.

Training is essential to improve the ... of judicial personnel.

Another problem is ... among educated workers.

We must promote tolerance and human

His literary ... was noticeable at an early age.

I will ... to overcome these problems.

The government must ... racial equality.

We can ... that the work shall be done in the right way.

... is the keystone of their political program.

She wishes to ... a medical career.

A man of moral ... does not fear any slanderous attack.

We need a set idea of ... and principles that are not up for discussion.

She is well known for her ... of women's rights.

Ten percent of the ... lived in poverty.

She felt ... and discouraged in such an unfriendly environment.

Improving your computer ... can help you find higher-paid work.

3) *True or false:*

The profession of a social worker is popular in our country.

The problems of unemployment, poverty and homelessness are interconnected.

It is a good thing to have good writing skills.

You can be a social worker without having basic conversational skills.

Improving your computer skills can help you find higher-paid work.

It is easy to live in the country where human dignity is not recognized.

Discrimination on the basis of gender is prohibited in our country.

Reading

4) *Answer the questions:*

Does the profession of a social worker deal with the wellbeing of an individual or society?

What do we call the people that social workers work with?

5) *Read the text and check your answers.*

Core Values of Social Work

The primary mission of the social work profession is to enhance human wellbeing and help meet basic human needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. This profession focuses on individual wellbeing in a social context and the wellbeing of society.

Social workers promote social justice and social change with and on behalf of clients. “Clients” are individuals, families, groups, organizations, and communities. Social workers are sensitive to cultural and ethnic diversity and strive to end discrimination, oppression, poverty, and other forms of social injustice.

The six core values of social work are: service, social justice, the dignity and worth of each individual, the importance of human relationships, integrity, and competence. These values are reflected in the history and development of the profession.

Social service includes listening, treatment, advocacy, and respect. Social justice, empowerment, social service, and advocacy are inextricably linked.

Social workers strive to ensure access to needed information, services, and resources; equality of opportunity; and meaningful participation in decision making for all people.”

The core value of human dignity establishes that all human beings are deserving of basic human rights, understanding, and respect. Integrity and competence are core values of the profession because social workers are expected to carry out their work with honesty and respect, to take personal responsibility for staying current with their knowledge and training, and carry out their duties with the requisite skill and care.

6) Mark true or false. Prove your point:

Social workers can make social changes.

Human relationships are not important for individual well-being.

There are six main core values in the practice of a social worker.

The concept of “clients” in social work means a person, family, group of persons, incorporated body, association or community.

The core values proclaim that not all people should be respected.

7) Match the beginning with the ending of the phrase:

The primary goal of a social worker is	the ethical foundation of a moral society.
Dignity of the human person is	education, food assistance, health care, police, adoption, community management.
Social workers improve relationships among people in order	the economically disadvantaged, racial and ethnic minorities, the uninsured, low-income children, the homeless, those with human immunodeficiency virus (HIV).
Social services include the benefits and facilities like	to help people improve the quality of their lives and meet their basic human needs.
Oppression occurs when	to restore and promote the functionality of clients, their families and communities.
Vulnerable populations include	groups are subjected to cruel or unjust treatment or control over an extended period of time.

Speaking

8) Fill in the gaps:

1. The major _____ of the social _____ is to _____ and _____.
 2. The main 6 _____ of social work are: _____, _____, _____, _____, _____, _____.
 3. Social workers try to prevent different forms of social _____: discrimination, _____, poverty.
 4. Social _____ is the dignity _____ of social work practice.
 5. _____ social workers have to be aware of mental _____.
 6. All people deserve basic _____, understanding and _____.
- 9) What is Social Justice? Why is it important?
- 10) Name six core values of social work.
- 11) Why are core values important for social work?
- 12) Which of the core values of social work can be applied in the everyday life?

UNIT 5

What do we mean by ethics?

Does every profession have a set of principles?

Can you give examples of ethical standards in different professions?

Which principles do you think social workers should adhere to?

Vocabulary

1) Supply the words from the box with the definitions (some words are the odd ones):

adequate, approach, aspirational, avoid, collaboration, colleague, consent, create, emergency, enforceable, environment, ethics, guidelines, facilitate, foreign, gender, interdisciplinary, obligation, prevent, privacy, staff, supervisor, termination, voluntary
--

- having a strong desire to have or achieve something
- able to be imposed so that it must be complied with
- a general rule, principle, or piece of advice.
- to keep away from or stop oneself from doing (smth)
- permission for something to happen or agreement to do something
- a way of dealing with something
- end in time or existence
- a state in which one is not observed or disturbed by other people
- a person with whom one works in a profession or business
- relating to more than one branch of knowledge
- the action of working with someone to produce something
- is responsible for the productivity and actions of a small group of employees
- to bring (smth) into existence
- the surroundings or conditions in which a person, animal, or plant lives or operates

- satisfactory or acceptable in quality or quantity
- to make easier or less difficult
- all the people employed by a particular organization
- the range of characteristics pertaining to, and differentiating between, femininity and masculinity
- the condition of being morally or legally bound to do something
- a serious, unexpected, and often dangerous situation requiring immediate action
- the branch of knowledge that deals with moral principles.

2) *Fill in the gaps with the words from the previous exercise:*

An ... team of teachers, social workers, and guidance counselors will work with parents or caregivers.

You can't ... conflict all the time.

Celebrities have a right to

The businessman wanted to be separated from his noisy

The organization has issued ... for people working with prisoners.

Protecting the ... is every man's responsibility.

Does this test show the ... of the baby?

I had Tom ... a website for me.

This will ... learning.

In case of ..., phone 9–1–1.

Have we got ... food for twenty guests?

This affair was brought to a happy

The two companies are working in close ... each other.

This ... is not negotiable and must be fully implemented.

Her work is highly esteemed by all her

The pilot of the aircraft was forced to make an ... landing.

The ... of journalism are much debated.

...teamwork is now widely practiced within hospitals and rehabilitation centers.

We need a whole new ... to the job.

3) *Answer the questions:*

Have you ever worked on a project in collaboration? Is it easy to work in collaboration? Why?/ Why not?

Is it important to get along well with the colleagues?

What legal obligations do parents have in your country?

What are your obligations in your family?

What do we dial for an ambulance in case of emergency?

Do you know where emergency exit is?

Is it a good idea to keep a bit of money tucked away in case there is an emergency?

Reading

4) Read the text quickly and define how many ethical standards are described in it:

Ethical Standards of Social Work

To be an ethical and professional social worker one must have a thorough understanding of the Code of Ethics (CoE) and the legal obligations social workers are responsible for. A social worker is responsible for knowing what ethical principle or value best applies to that situation. A social worker must also be able to think critically to determine the best outcome for all parties involved.

The CoE extensively outlines ethical standards all social work professionals should uphold. The CoE makes it clear that some of the standards are aspirational while some are “enforceable guidelines for professional conduct.” The first standard has to do with ethical responsibilities to clients such as avoiding conflicts of interest, avoiding personal and romantic relationships with clients, being competent, using informed consent, and upholding privacy and confidentiality. It also outlines the proper approach to termination of services.

The second standard has to do with ethical responsibilities to colleagues including avoiding romantic relationships with supervisors and colleagues, the importance of interdisciplinary collaboration, and the responsibility to take action when a colleague has acted unethically.

The third standard covers ethical responsibilities in practice including ethical practices in consultation and supervision as well as in-field supervision. It also requires administrators to create a positive work environment, secure adequate resources for clients, and facilitate ongoing training for staff.

The fourth standard covers the ethical responsibilities of professionals. These are somewhat obvious ethical responsibilities common to many professions including the obligation not to discriminate against clients based on race, class, gender, sexual orientation, etc. This standard also covers the importance of social workers staying current with the latest research in the field.

The final two standards cover social workers’ responsibilities to the profession and broader society. Responsibilities to the profession include carrying out one’s professional duties with integrity. Social workers are also advised to be engaged in research and evaluation and to do so in an ethical manner. Ethical responsibilities to society include advocacy, participating in political and public life, and serving in times of public emergencies.

5) Write out the main principles of each ethical standard of social work:

1 st	
2 nd	
3 rd	
4 th	
5 th	
6 th	

6) *Continue the statements:*

1. According to the CoE social workers have responsibilities to _____.
2. Ethical responsibilities in practice include _____.
3. Ethical responsibilities to society are _____.
4. Ethical responsibilities of professionals cover _____.
5. Social workers are advised to research and evaluate according to _____.

Speaking

7) *Arrange the words to make questions:*

social workers/ do/ have/ uphold/ What/ to ?

standards/ all/ Are/ the/ obligatory ?

responsibilities/ What/ to/ does/ mean/ clients ?

understand/ responsibilities/ do/ ethical/ How/ you/ colleagues/ to ?

administrators/ are/ to/ What/ required/ do ?

clients/ be/ Can/ against/ discriminated ?

Work in pairs to ask and answer the questions.

8) *What are the major points from the Social Work Code of Ethics?*

9) *What is unethical conduct in social work?*

10) *Explain why the Social Work Code of Ethics is important.*

UNIT 6

What have you heard about hospice and palliative care?

Can a social worker provide services in this field?

Vocabulary

1) *Match the words with the definitions:*

challenging	the ability to share someone else's feelings or experiences by imagining what it would be like to be in that person's situation
clergy	to observe certain events; undergo a certain feeling or process; or perform certain actions that may alter one or contribute to one's knowledge, opinions, or skills
debilitating	a person trained to care for people who are ill or not able to care for themselves
empathy	a person trained to care for people who are ill or not able to care for themselves
experience (v)	making someone or something physically weak
face (v)	difficult to do, but interesting and enjoyable
hospice care	a disease that cannot be cured or adequately treated and is reasonably expected to result in the death of the patient
nurse	the religious leaders whose job is serving the needs of their religion and its members
palliative care	a thing given in recognition of service, effort, or achievement.

remainder	relating to deep feelings and beliefs, especially religious beliefs
resilience	specialized medical care that focuses on providing patients relief from pain and other symptoms of a serious illness, no matter the diagnosis or stage of disease
reward	is a special kind of care that focuses on the quality of life for people and their caregivers who are experiencing an advanced, life-limiting illness
spiritual	confront and deal with or accept a difficult or unpleasant task, fact, or situation
subspecialty	the part of something that is left after the other parts have gone, been used, or been taken away
terminal diagnosis	the use of drugs, exercises, etc. to cure a person of an illness or injury
treatment	a narrow field of professional knowledge/skills within a specialty

2) *Fill in the gaps with the words from the previous exercise:*

He loves children and has a certain ... with them.

The United Nations faces ... times in this century.

It was the worst pain I'd ever

Passengers could ... long delays.

Bishops, archbishops and abbots composed the high

I ate most of it and gave the ... to the dog.

She has a ... but it never shows in her attitude as she is always very positive.

Teaching is hard work but it's very

... from physical exertion is a predisposing cause of heat stroke.

... aims to ease the sufferings of the dying.

Holly suffered from ... caused by stress at work.

Signs of the illness include fever, ... , and vomiting.

The ... is symptomatic, there being no specific antidote.

He grew even more ... and uncompromising as he got older.

The Pope is the ... leader of many Christians.

Laparoscopic urology is a ... emerged and popularized worldwide in the last decade.

3) *Answer the following questions:*

Is learning English challenging for you? Explain why?

What types of terminal diseases do you know?

How can people with terminal diseases be helped? What kind of care do they need? Where can they get this help?

Are empathy and resilience important in the practice of a social worker? What other qualities should a social worker have?

Reading

4) Read the text quickly and define which title fits it best:

How should Hospice and Palliative Care Workers be Treated?

What Do Hospice and Palliative Care Workers Do?

What is a Terminal Illness?

Where do Hospice and Palliative Care Workers Work?

When deciding whether to pursue a career in palliative and hospice care social work a student should think about their own resilience and sensitivity to working with people in chronic pain and/or facing a terminal diagnosis. They should also think about their comfort with talking about and being around death. This sub-specialty is very challenging. It requires a great capacity for empathy, compassion, and resilience.

Social workers may also work primarily with patients who have pain and are also facing a terminal illness. Hospice provides care and support for patients who have stopped life-saving treatment and who may need palliative care to help them remain comfortable for the remainder of their lives. Social workers working in hospice will also work as part of an interdisciplinary team alongside doctors, nurses, clergy, and administrative staff.

Palliative care social workers address a client's physical, mental, social and spiritual well-being in all disease stages, and accompany the client from diagnosis to cure. Palliative care social workers might conduct home visits to help clients and their families establish effective palliative care at home. They also may act as an advocate with medical providers.

Hospice social workers help clients and their families navigate planning for end-of-life care; understand their treatment plan and be vocal about their needs; manage the stresses of debilitating physical illnesses, including emotional, familial and financial; overcome crisis situations; and connect to other support services. Hospice workers are advocates for patients and their families, and know what their clients need and what resources are available within and outside of hospice settings to help them.

While related, hospice and palliative care are distinct from each other in several key ways. Hospice care involves caring for patients who are suffering from an acute terminal illness that has progressed to the point that they have fewer than six months to live. Palliative care is medical treatment that does not seek to cure disease, but helps patients manage the symptoms of their condition.

5) *Mark true or false. Prove your point:*

1. A career in palliative and hospice care social work demands a lot of personal qualities.
2. This field of social work doesn't require much effort. It is quite easy.
3. Palliative care social workers help healthy people.
4. Palliative care social workers provide their services to clients only in medical institutions.
5. Hospice social workers never help their patients' relatives.

6) Match a phrase in A with a phrase in B:

Career	is a special kind of care that focuses on the quality of life for people and their caregivers who are experiencing an advanced, life-limiting illness.
Resilience	is the permanent, irreversible cessation of all biological functions that sustain a living organism.
Death	is a job for which you are trained and in which it is possible to advance during your working life, so that you get greater responsibility and earn more money.
Hospice	is a group ordained to perform pastoral or sacerdotal functions in a Christian church.
Clergy	is the ability to withstand adversity and bounce back from difficult life events.

Speaking

7) Answer the following questions.

What should a student bare in mind choosing the job of a palliative care social worker?

What qualities does this sub-specialty require?

To whom do social workers provide hospice and palliative care?

What services do palliative care social workers provide?

How do hospice social workers help their clients?

What is the difference between hospice care and palliative care?

8) Are you ready to work as a hospice and palliative care worker? Why?

UNIT 7

Do all people have similar abilities?

Supply your examples of people having the abilities which differ from the majority of people?

Vocabulary

1) Match the words with the definitions:

access	an illness, injury, or condition that makes it difficult for someone to do the things that other people do
adjustment	something that needs great mental or physical effort in order to be done successfully and therefore tests a person's ability
assist	treatment for illness or injury, or the study of this
challenge	a situation, person, or thing that needs attention and needs to be dealt with or solved:
cope	to deal successfully with a difficult situation:
disability	deterioration in the functioning of a body part, organ, or system that can be temporary or permanent and can result from injury or disease:
environment	a medical doctor, especially one who has general skill and is not a surgeon

housing	seriousness
impairment	the conditions that you live or work in and the way that they influence how you feel or how effectively you can work:
independently	the movement of people or goods from one place to another:
interact	the method or possibility of getting near to a place or person:
physician	a place where children go to be educated
problem	buildings for people to live in:
severity	to help
transportation	a person whose job is to care for people who are ill or injured, especially in a hospital
	treatment to help a person get better from the effects of a disease or injury:
	an inability to stop doing or using something, especially something harmful
	without taking help or money from other people:
	to communicate with or react to
	a small change

2) *Fill in the gaps with the words from the previous exercise:*

Finding a solution to this problem is one of the greatest ... faced by scientists today.

I'm having ... with my computer.

He had so much pressure on him in his job that eventually he just couldn't

No one knew where my grandfather was, and many came to ... in the search.

The only ... to the village is by boat.

There's a shortage of cheap ... in the region.

Dominique's teacher says that she ... well with the other children.

She is proud of the fact that at the age of 90, she still lives

She is deaf, but refuses to let her ... prevent her from doing what she wants to do.

They opened a shelter to provide temporary ... for the city's homeless.

His ... prevents him from driving.

Finding a cure for cancer is one of the biggest ... facing medical researchers

No one has solved the ... of what to do with radioactive waste.

Most public places are simply not geared to the needs of people with

It could be a bit of a ... getting the piano through the doorway.

3) *Answer the questions:*

What conditions may cause disability?

When you are abroad, how do you cope with the language problems?

What adjustments can make your lifestyle healthier?

What are the challenges of the contemporary world?

What kind of environment is necessary for a sick child?

Now many young people prefer to live independently as soon as possible.

What are advantages and disadvantages of this?

Reading

4) *Read the text quickly and write its title:*

A disability social worker is a type of healthcare social worker who helps people with physical and mental disabilities cope with the challenges in their daily lives. The problems they face depend on the type of impairment and the severity of their disability. The term “disability” refers to how individuals interact with their environment. Disability social workers assist people in comprehending their diagnosis, and they support them in making lifestyle adjustments to accommodate their disability.

Disabled people often need help with transportation or with gaining access to buildings, and some find it difficult to communicate with devices with small screens like cell phones. Disability social workers also make sure their clients have safe and stable housing, and they may also help their clients find employment.

Disability social workers can connect disabled individuals with the right support groups to help them manage their disability and live as independently as possible. A disability social worker sometimes works with physicians and other healthcare professionals to explain the effects of the client’s disability on that person’s emotional and mental health.

5) *True or false:*

A disability social worker works with people with physical disabilities.

Disabled people have many difficulties with the usual things.

Their problems are the same in all cases.

Disability social workers are responsible for making a diagnosis of disability.

Disability social workers help to change the lifestyle of people with disability.

Disabled people are prohibited to enter some buildings.

For disabled people it can be difficult to use mobile phones.

Disabled people may have difficulties with finding a job.

Disabled people cannot live independently.

In some cases disability social workers cooperate with the doctors and nurses.

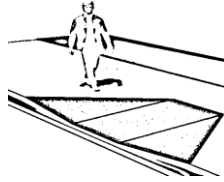
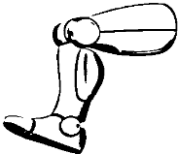
Speaking

6) *Work with a dictionary. Find the English equivalents denoting the types of disability.*

Describe the obstacles which disabled people can have in an everyday life.

What can help people to overcome or remove a disability? Supply examples.

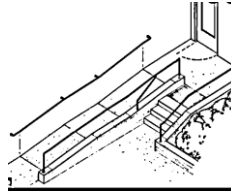
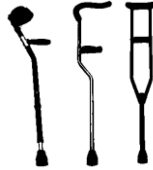
7) *Find English equivalents for the devices which can help people to overcome or remove a disability.*



P _____

W _____

C _ B C _



S _____ G F _____

C _____ S _____

R _____

8) Arrange the word combinations to make statements:

- A disability social worker/ with physical and mental disabilities/ in their daily lives / the challenges/ cope with / helps people.
- Disabled people/ of their disability/ according to/ face a lot of problems / the severity.
- Disabled people/ and communication / with transportation/ often need help.
- A disability social / physicians and other healthcare professionals / the client's disability on that person's emotional and mental health / worker sometimes / to explain the effects of/ works with.

9) What should be done in your country to make the life of the disabled people easier?

Unit 8

Do you know any branch of science that deals with aging and the problems of aged persons?

Vocabulary

1) Supply the words from the box with the definitions (some words are the odd ones):

Ability, aging, allow, appreciate, assess, cater, dementia, dependent, economy, elderly, equipment, gender, gerontology, hesitant, identification, impact, incidence, insurance, limited, logistical, mobility, offer, retirement, rigid, surface

- the process of growing old
- a serious mental disorder caused by brain disease or injury
- the things that are needed for a particular purpose or activity
- old or ageing
- the fact that somebody is able to do something
- requiring someone or something for financial or other support
- the scientific study of old age and the process of growing old

- the powerful effect that something has on somebody/something
- the management of the flow of things between the point of origin and the point of consumption
- the fact of stopping work because you have reached a particular age
- to recognize the good qualities of smb/smith
- the same in size, quantity, value, etc. as something else
- the fact of being male or female
- being tentative, unsure, or slow in acting or speaking
- the ability to move or be moved freely and easily
- the outside or top layer of something
- the occurrence, rate, or frequency of a disease, crime, or other undesirable thing
- restricted in size, amount, or extent
- the act of giving someone the opportunity to accept something
- an arrangement by which a company or the state undertakes to provide a guarantee of compensation for specified loss, damage, illness, or death in return for payment of a specified premium

2) *Fill in the gaps with the words from the table:*

She has had a lasting ... on the lives of many of her students.

Take care when using old electrical

His talents are not fully ... in that company.

There is an ... number of boys and girls in the class.

You can't be ... on your parents all your life.

We need a flat, smooth ... to play the game on.

The government is working on tackling ... inequalities in employment.

Clients are ... about buying.

This exercise helps retain ... in the damaged joints.

There have been quite a few ... of bullying in the school this year.

This offer is for a ... period only.

The bill would require employers to provide ... for their workers.

They are ... a reward for the return of their cat.

People with the disease may lose their ... to communicate.

Because of poor shipping ..., our products are not arriving to our customers in a timely manner.

Does this test show the ... of the baby?

3) *Answer the questions:*

Tell about the older generation, your grandparents, great-grandparents.

Do you help them? How old are they?

What kind of help does the older generation usually need?

What problems may elderly people face?

Reading

4) *Read the text and check your answers.*

What Is Aging and Gerontology Social Work?

The elderly population faces a complex of psychological, social, emotional and financial challenges. This understanding lies at the heart of gerontological social work.

Aging populations demonstrate greater incidences of depression, social isolation, dementia and financial issues, among others. In order to identify these problems and create lasting solutions, gerontological social workers must be sensitive to the impact of race, gender, and socioeconomic status (in addition to age) on each person's situation.

Gerontological social workers often help clients returning from hospital stays to set up home health care services.

Beyond basic health needs, clients with limited mobility and family support may lack the ability to keep up with all of their daily tasks. When this is the case, the gerontological social worker can connect the client to meal/grocery delivery services, yard care services, and so forth. The challenge on the social worker's part is not in establishing these services, but identifying the need.

In some cases, clients may need one-time support with technical or logistical tasks. Each patient's unique life events can bring about equally unique challenges, such as: financial planning and paperwork (applying for insurance or other services, adjusting retirement accounts, taxes, etc), adaptive equipment setup (bed rails, bathroom handrails, shower chairs, etc), traveling (arranging travel documents, packing, arranging a house/pet sitter, etc).

Social workers are also employed by specialized senior care programs. Some of these programs serve a select clientele, like Parkinson's patients, while others cater to all seniors. Many of these programs offer training and education for family members who wish to become home health caregivers for the client, such as dressing and undressing, toileting, navigating stairs, using medical equipment, and so forth.

Gerontological social work can drastically improve quality-of-life for any elderly person in need of assistance.

5) *Skim the text and answer the questions:*

1. What kind of problems may the elderly population face?
2. What mental problems may aging populations demonstrate?
3. What should gerontological social workers pay attention to in order to find out problems?
4. How can social workers help their aging patients after returning from hospital?
5. Name services which can be needed by the elderly population?
6. Which help can be provided to aging people by their caregivers at home?

6) *Choose the true statements and convert false statements into right.*

Elderly people have problems with physical health only.

Aging people demonstrate a higher rate of mental disorders.

Gerontological social workers usually help clients who are staying at hospitals.

Usually a family of an aging person teaches a social worker what he has to do.

Social workers can be hired by specialized elderly care programs.

The challenge on the social worker's part is to establish services needed by aging people.

7) *Gerontological social workers deal with aging people who may have different health problems. Read the names of common diseases and say what organ or system is involved:*

Arthritis, ischemic/coronary artery disease, hypertension, chronic kidney disease, diabetes mellitus, heart failure, depression, Alzheimer's disease, dementia, chronic obstructive pulmonary disease, cataract.

Speaking

8) *You want to know*

- who gerontological social workers work with;
- what social problems aging people may have;
- what kind of help may social workers provide to aging populations;
- who can help to elderly people at home;
- why senior care programs are important.

Write the questions.

Work in pairs, ask and answer the questions.

9) *Would you like to work as a gerontological social worker after the graduation from the university?*

What pros and cons of a geriatric social worker can you name?

What problems may gerontological social workers face during their practice?

UNIT 9

What social problems may schoolchildren face at school?

Did your classmates use to have such experience?

Vocabulary

1) *Match the words with the definitions:*

advocate	an official document, card, etc., that gives you permission to do, use, or have something
assessment	the subjects that are included in a course of study or taught in a school, college
bullying	all the people who live in a particular area, country, etc. when talked about as a group
clinical	to speak or write in favor of; support or urge by argument; recommend publicly

community	a relationship between two people, organizations, etc.; the state of having this relationship
counsel	the process of testing students and making a judgment about their knowledge, ability or progress
curriculum	to do something or try to achieve something over a period of time
environment	a time or set of circumstances that makes it possible to do something
involve	abuse and mistreatment of someone vulnerable by someone stronger, more powerful
leader	an act of referring someone or something for consultation, review, or further action
license	relating to the observation and treatment of actual patients rather than theoretical or laboratory studies
opportunity	to claim or ask for by right and authority
partnership	a slight change in position, direction, or tendency
pursue	having enough ability, experience and knowledge to be able to do something well
referral	the person who leads or commands a group, organization, or country
require	have or include (something) as a necessary or integral part or result
shift	the conditions in which a person, animal or plant lives or operates or in which an activity takes place
skilled	to listen to and give support or professional advice to somebody who needs help

2) *Fill in the gaps with the words from the table:*

All members of the religious ... keep these fasts.

Any investment ... an element of risk.

He developed his own program in ... with an American expert.

He was elected as ... of the Democratic Party.

Both experimental and ... evidence show that the treatment is effective.

Hospitals have a duty to provide a safe working ... for all staff.

How can we most effectively ... these aims?

Many companies are suffering from a shortage of ... staff.

Over the last ten years there has been a fundamental ... in the way we do business.

You'll have the ... to ask any questions at the end.

The policeman asked to see his driving

This condition ... urgent treatment.

The ... included reading, writing, arithmetic.

... is a problem in many schools.

A lawyer ... them to avoid rash actions.

3) *Answer the questions:*

Have you got a driving license? When did you receive it? Was it difficult to pass the exam?

Do you advocate distance learning? Why?

What qualities are necessary to be a leader of a team? Do you have such qualities?

Are you satisfied with all the subjects in the curriculum? What changes in the curriculum can you propose?

If you have an opportunity to learn Japanese, will you take it?

What are job opportunities for the graduates of your faculty in Ukraine?

What qualities does your profession require?

Reading

4) *Answer the questions.*

What are responsibilities of a school social worker?

How can they help schoolchildren?

What challenges may school social workers face?

5) *Read the text and check your answers:*

The job of a school social worker

There are many different directions social works students can pursue including becoming a school social worker. Students considering a career in school social work should gain experience working with children and youth of different ages. They should have some clinical social work experience and be interested in policy and programmatic work as well. They should be open to working on multidisciplinary teams that include educators, administrators, and perhaps other school personnel such as school health professionals. Most schools require their social worker to have an MSW and clinical license, although there are some limited opportunities for BSW level graduates in the field.

School social workers will need to be skilled in balancing different kinds of responsibilities and tasks. They may provide direct counseling services to children and families or make referrals. They may be involved in designing mental health educational curricula and programs or policies around bullying. They may need to conduct student mental health and behavioral assessments or be involved in the development of individualized education programs (IEP) for students with learning disabilities and/or behavioral/mental health challenges. They will need to work with parents, teachers, and administrators to develop an appropriate IEP plan for each child who needs one. This can be a particularly challenging aspect of the job.

Generally, social workers will be tasked with helping to create an optimal learning environment for all students. They will need to be educators themselves in teaching families, teachers, and other staff about new challenges the youngest generation of students may be facing. Changes they may need to advocate for include new bullying policies, new special education programs or procedures, new cultural programs, new curricula, or creating stronger partnerships with community leaders.

6) Answer the questions:

Does a school social worker do the same work as a teacher?

Do you need to have a clinical license to be able to work with children at school?

Are scholar social workers educators only for students?

What do students' micro/macro/mezzo levels include?

Which services do school social workers provide?

Speaking

7) Study the chart illustrating the levels of social work. What is the difference between micro, mezzo, and macro social work?



8) Distribute the different types of social workers between the levels:

Micro-level social work substance abuse social worker, clinical social worker, school social worker, health care social worker, military social worker, political social worker, social worker at a women's advocacy center, international justice social worker, geriatric social worker, medical social worker

9) Work with your dictionary. Give definitions to the terms. What is the difference between them?

Bullying, mobbing, hazing, bossing, trolling

10) What do you think is the most common issue in the life of teenagers to be solved urgently? Why?

UNIT 10

Is impoliteness and rudeness acceptable in society?

What forms of physical or emotional ill-treatment towards children or adults do you know?

Vocabulary

1) Supply the words from the box with the definitions (some words are the odd ones):

Abuse, adequate nutrition, admit, assault, attend, bruise, caregiver, detrimental, guardian, illness, result, expensive, fear, foster parents, investigation, maltreatment, medical care, mental, neglect, nutrition
--

- a state or condition in which a person or community lacks the financial resources and essentials for a minimum standard of living
- the act of examining something carefully, to discover the truth about smith
- a place on a person's skin that is darker from bleeding under the skin, usually from an injury

- the provision of what is necessary for a person's health and well-being by a doctor, nurse, or other healthcare professional
- any action that intentionally harms or injures another person
- to agree that something is true, especially unwillingly
- an unpleasant emotion or thought that you have when you are frightened or worried by something dangerous, painful, or bad
- a firm decision to do or not to do something
- a court-appointed individual who is responsible for the care of a child or an incapable adult
- causing harm or damage
- a disease or period of sickness affecting the body or mind
- failing to provide for basic needs or emotional support, or leaving a child unsupervised or with an inappropriate care
- the repeated harmful use of any substance, including drugs and alcohol
- the act of inflicting physical harm or unwanted physical contact upon a person
- a family member or paid helper who regularly looks after a child or a sick, elderly, or disabled person
- a diet which meets in full all the nutritional needs of the person
- to go to an event, place, etc.
- food or nourishment
- relating to the mind
- people who officially take a child into their family for a period of time, without becoming the child's legal parents
- behavior toward a child that is outside the norms of conduct and entails substantial risk of causing physical or emotional harm

2) *Fill in the gaps with the words from the previous exercise:*

My little boy fell off his bike and has a bad ... on his shoulder.

He ... his guilt/mistake.

Most people who suffer from ... of course are not necessarily violent.

The meeting is on the fifth and we're hoping everyone will

Future research needs to consider the role of fathers or male ... in the emotional development of physically maltreated children.

Some of these compounds have been ... to the environment.

They complained about the physical and psychological ... of prisoners.

As a child, some of her family members dealt with alcoholism and

The policy aims to protect children against abuse, violence, ... and exploitation.

... is still the major cause of crime.

Trembling with ..., she handed over the money to the gunman.

The cause of the fire is under

We need to seek a ... to the problem."

Tom has been arrested three times for

We wanted to balance the rights of biological parents and

3) *Answer the questions:*

Do you like to work with children?

What kinds of parents are there?

What forms of child maltreatment do you know?

What do you understand by abuse?

Reading

4) *Read the text. Give the title to it.*

The child welfare system is set up in the United States to prevent and protect children from child maltreatment which is essentially abuse and/or neglect. The vast majority of maltreatment cases are due to neglect. Neglect occurs when a parent or caregiver fails to meet a child's basic needs; a child may be neglected if they do not have adequate nutrition, are not getting proper medical care, or are failing to attend school. Many neglect cases occur due to parents' poverty, substance abuse, or mental or physical illnesses as well.

Child abuse may be physical, emotional, or sexual. Abuse may be at the hands of a parent, guardian, foster parent, or other caregiver. Severe emotional abuse may be harder to detect than bruises but it can be no less detrimental to a child's health and development. Child protective workers are trained to detect all forms of abuse. Often a child will not admit to what a parent is doing for fear the parent will get angry and hurt them more, or because they fear being removed from their home. Many social workers and psychologists working in this field are trained in interviewing abused children to get an idea of what is going on in the home. Cases of severe abuse may warrant removal of a child from the home.

An important part of child welfare work is prevention. A family may simply need resources such as childcare, social services, treatment for substance abuse, or employment. A child welfare professional will work with the family to get them the resources they need so the family can stay together.

In cases of less serious abuse or neglect, child welfare workers may specialize in keeping families together. This is called preservation work. Family support services include parent coaching and training, therapy, or in-home services. The home visitor may work with parents to help them adopt better disciplinary practices and to educate them about child development. The home visitor will also help to connect a family with needed services and resources.

Sometimes prevention and preservation services are not enough to prevent maltreatment or keep families together. When abuse or neglect is substantiated and serious enough, a child may need to be removed from the home.

5) *True or false. Make the false sentences true:*

– The child welfare system is developed to protect children from different forms of violence.

– Many maltreatment cases occur because of the neglect of the basic needs of children.

- Abuse may be only at the hands of foster parents.
- Severe emotional abuse may be easily detected.
- The home visitor help families obtain services and resources they need.
- If abuse is very serious, a child may be taken from the home.

6) Fill in the table with the forms of **abuse** or **neglect**:

psychological harm to a child, poor hygiene, malnutrition, inflicting physical injury on a child, unattending to medical problems, involving a child in a sexual act, emotional harm to a child, the failure to provide proper care for a child

Abuse	Neglect

Speaking

7) Answer the questions:

Why do children often fail to admit to parental abuse?

Which cases may warrant removal of a child from the home?

What types of child abuse can be found?

What is the difference between abuse and neglect?

What is preservation work?

How can home visitors help?

8) Is the problem of child abuse and neglect common in your country? What should be done to solve it?

UNIT 11

Do all children have the opportunity to live with their biological parents?

Why can children be taken away from their own homes by social service?

What do you know about the adoption process?

Vocabulary

1) Match the words with the definitions:

adoption	the most universal and basic of all human relationships and is based on ties of blood, marriage, or adoption, or even social ties
child welfare agencies	that existed in earlier times
goal	a person who lives next to you or near you
neighbor	something that you hope to achieve
former	lasting for a long time or for all time in the future
homelessness	the result or effect of an action or event
kinship	the act of keeping something in its original state or in good condition
mentor	the legal process of finding new families for children whose birth parents can no longer care for them
outcome	the act or process of finding new people to join a company, an organization, the armed forces, etc.

permanent	a person who has professional and life experience and who voluntarily agrees to help a mentee develop skills, competencies, or goals
preservation	a child approximately 12 to 36 months old
prospective	social services that supplement or substitute for parental care and supervision
recruiting	indicates that something is expected or likely to happen
shelter	in a way that lasts or is intended to last or be used only for a short time; in a way that is not permanent
temporarily	a building, usually owned by a charity, that provides a place to stay for people without a home, or protection for people or animals who have been badly treated
toddler	the state of having no home or permanent residence

2) *Fill in the gaps with the words from the previous exercise:*

Our next-door ... are very noisy.

His parents tried to ... him from being an actor.

Legislation was ... to attract international companies.

I had a phone call from a ... client today.

She was unable to find a ... job.

We regret this service is ... unavailable.

Their primary ... is to make a profit.

It is difficult to predict the final

There is a strong ... between my brother and I

There are strict regulations concerning the ... of children.

The ... president is no longer in the White House

The only way to solve ... is to provide more homes.

My little brother just became a ..., having just learned to walk.

The aim of the policy is the ... of peace.

Human beings need food, clothing and

Serving as a ... for the youth, Spencer is always there to lead and give a helping hand.

... suitable candidates is a delicate business.

3) *Answer the questions:*

Are there teenagers among your cousins, acquaintances, or neighbors?

Do you think teenagers today show respect for adults, teachers, and parents?

What problems do teenagers face nowadays?

What can society do to help teenagers who have problems at home?

Reading

4) *Read the text and decide on the title.*

Important part of a child welfare social work is foster care and adoption services. When a child must be removed from the home for their safety, they will be placed in a foster family or group home.

When children enter foster care, foster care specialists will seek to find the best home for the child based on their location, needs, and foster families available. Foster care specialists also prepare foster families to provide care to children and work to ensure foster parents are providing the best care they can once the child is placed in their home. Often a foster care worker will try to place a child in a kinship foster home, which means the foster parents are family to the child (such as grandparents) or someone else the child knows and trusts such members of their church, neighbors, or friends of their parents.

When child's original parents cannot meet the goals outlined in their "treatment plan," parental rights may be terminated. This means the parents no longer have legal rights to their children, and the children are legally free to be adopted. A child will remain in foster care until they are adopted or age out. Many foster parents will adopt their foster children, but some cannot because of their age, they have too many children, or they simply want to care for foster children but are unable to adopt all of the children who come into their care.

Adoption services are another important part of child welfare social work. Adoption specialists will try to match children in need of a permanent home with prospective adoptive parents. They will try to make the best match based on a child's medical or emotional needs etc. It is less likely for children over the age of eight to be adopted because many adoptive parents want a baby or toddler, therefore, adoption social workers also have to do the hard work of recruiting adoptive parents interested in adopting older children and teens.

Sadly, a lot of children age out of foster care at the age of 18 to 21 without ever having been adopted, so these youth need a lot of support. The outcomes for teens and young adults who have never been adopted are not good. They have higher rates of homelessness, criminal activity, substance abuse, unemployment, low rates of attending college and often become parents themselves at an early age. Some social workers specialize in helping former foster youth adapt to life on their own. Social workers may connect these youth with mentors, job training, help them get into community college, or provide them with government-funded shelter and housing.

Child welfare social work can be very difficult and stressful, especially when you have to remove children either temporarily or permanently from their families.

5) *Find false statements and correct them:*

- Foster care and adoption services is a part of a school social work.
- Usually foster care workers try to place children not to their relatives.
- Some foster parents may have good reasons why they cannot adopt a child.
- Many adoptive parents want a child over the age of five.
- Teenagers who have never been adopted are more likely to develop addiction.

6) Match a term and its meaning:

1) Foster care	a) is a field of social work that involves making sure children's needs are taken care of.
2) Child welfare social work	b) is someone who provides a permanent home to a child or children through a legal process.
3) An adoptive parent	c) is a harmful use of any substance for mood-altering purposes.
4) Government-funded shelter	d) is a temporary arrangement in which adults provide for the care of a child or children whose birthparent is unable to care for them.
5) Substance abuse	e) is a temporary asylum financed by the authorities.

Speaking

7) You want to know

- why a child can be removed from the home;
- how foster care specialists help children;
- what responsibilities adoption services have;
- what is the difference between foster care and adoption;
- which problems may occur with teens who have never been adopted;
- why parental rights may be determined
- why child welfare social work can be very stressful.

Write the questions.

Work in pairs, ask and answer the questions.

8) Is foster care and adoption practiced in your country? Why do you think some people choose to adopt children?

UNIT 12

Can a person be ill only physically?

What is the difference between mental and physical illness?

Can mental illness influence a person's physical state?

Vocabulary

1) Supply the words from the list with the definitions (some words are the odd ones):

anxiety, assertive, assess, bipolar disorder, charity, depression, deteriorate, establish, faith, guidance, intervention, mental, occupation, personality, prevention, recovery, schizophrenia, solution, support, success, therapy

- become progressively worse
- to agree with and give encouragement to someone
- voluntary giving of help, typically in the form of money, to those in need
- process of becoming well again after an illness or injury
- expressing opinions or desires strongly and with confidence, so that people take notice
- relating to the mind

- medical condition in which a person feels very sad, anxious and without hope and often has physical symptoms such as being unable to sleep, etc
- advice or information aimed at resolving a problem or difficulty
- evaluate or estimate the nature, ability, or quality
- set up on a firm or permanent basis
- the combination of characteristics or qualities that form an individual's distinctive character
- complete trust or confidence in someone or something
- a goal or objective that is strongly desired
- a mental health problem that causes somebody to worry so much that it has a negative effect on their daily life
- a serious mental illness that interferes with a person's ability to think clearly, manage emotions, make decisions and relate to others
- the way in which two people, groups or countries behave towards each other or deal with each other
- a mental disorder characterized by periods of depression and periods of abnormally elevated mood that last from days to weeks each
- treatment intended to relieve or heal a disorder.
- a way of solving a problem or dealing with a difficult situation
- action taken to improve a medical condition or illness

2) *Fill in the gaps with the words from the previous exercise:*

The majority of people in the town strongly ... the plans to build a new school.

David has never had any ... to earn a lot of money.

I've lost ... in doctors.

If you continue to eat too much junk food, your health will

Attempts to find a ... have failed.

Alice only had the operation last month but she's made a good

He looked to his father for inspiration and

If you really want the promotion, you'll have to be more

He had finally ... success.

The Red Cross dispensed ... to refugees.

The two countries agreed to ... full diplomatic relations.

My father has made a full ... from the operation.

How do you ... your students?

A brief psychological ... was indicated for patients diagnosed with depression.

The charity provides advice, help, and ... for older people.

3) *Answer the questions:*

Have you ever experienced depression?

What mental disorders do you know?

Have you ever met people with mental disorders?

What kind of help do people with mental illness need?

Do mental disorders only affect the elderly?

Reading

4) Read the text and check your answers.

Give the title to it.

Mental health social workers empower individuals with mental illness as well as their families, carers, and communities to lead fulfilling, independent lives. Through talking therapy, support, and advocacy, they enable people to manage the social factors in their lives (relationships, housing, and employment) that allow them to get well and stay well.

People using mental health services can be of any age, and at varying stages of recovery. They may be living with a wide variety of illnesses, such as anxiety, depression, bipolar disorder, schizophrenia, and personality disorders. Their mental health problems can sometimes be associated with other issues such as physical illness, addiction, or homelessness.

Social workers build relationships with people, visit the individuals they work with regularly, usually in their homes or in hospital. They also build relationships with their families, friends, and carers.

Social workers spend time working with people on a one-to-one basis, exploring their situation with them and looking together for ways to move forward. This includes supporting and helping them to establish their own goals for positive change. They use solution-focused therapies and interventions.

Social workers are also responsible for assessing individuals' needs and creating a unique care plan to help them achieve their goals. They work with colleagues, such as nurses, psychologists, or psychiatrists and bring in help from other services, including the local council, the police, housing associations, charities, and faith groups.

They assess whether their clients are a risk to themselves, or at risk of abuse or neglect from others, and if necessary take action to safeguard them.

They also stand up for people's rights. It is their job to be an advocate for the individuals they are working with, and stand firm when their rights are not being respected – including being assertive with other professionals.

5) Which of the following is described in the text:

1. History and establishment of mental health social work.
2. Daily duties and responsibilities of mental health social workers.
3. How to understand the needs of mentally ill people.
4. Building relationship with a mentally ill client and his family.
5. Description of mental diseases.
6. Communication rules with clients
7. Help in achieving goals.
8. Medical treatment of mental diseases.

6) *Finish the statements:*

- People with mental disorders are enabled to cope with social factors with the help of ...
- Patients who use mental health services may live with a wide range of disorders such as
- Social workers develop relationships not only with patients, but also with their ...
- To support and help patients, social workers use in their practice ...
- Mental health social workers work in an interdisciplinary team that includes specialists such as ...

Speaking

7) *Work in pairs. Answer the questions:*

- How do social workers help their patients with mental illness?
- What kind of people can use mental health services?
- What other issues can be associated with patients' mental health problems?
- What are mental health social workers responsible for?
- What should be assessed by social workers concerning their mentally ill clients?
- Why do social workers stand up for people rights of their patients?

8) *Work with a dictionary. Which of the following words refers to mental health disorders:*

Depression, influenza, migraine, bipolar disorder, gastritis, schizophrenia, hepatitis, autism, chickenpox, rubella, dementia, tetanus, phobias, meningitis, insomnia, AIDS, obsessive compulsive disorder, panic attack, measles, Alzheimer's disease, mumps.

9) *Why do you think mental health social work is important?*

10) *Make a list of social work jobs you studied. Rate them from that which interests you most to that which interests you least of all.*

Перелік рекомендованої літератури

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