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СМІЛИВІСТЬ 

Neurosciences



Kirsanova Olena

GENDER PECULIARITIES OF DISTURBING DISORDERS IN PERSONS WHO UNDERWENT COVID-19

Kharkiv National Medical University

Department of Psychiatry, Narcology and Medical Psychology and Social Work

Kharkiv, Ukraine

Scientific advisor: prof. Kozhyna Hanna

Relevance. Since the outbreak of the COVID-19 pandemic, doctors around the world have focused on saving lung patients, because coronavirus causes a severe respiratory disease first. But in the first months there were evidence of neuropsychiatric diseases in patients who suffered the disease. In particular, the neurological journal *Brain* published information about apathy, panic attacks and other symptoms of anxiety and depression disorders. Suspilne revealed the causes of disorders, found out who is most inclined to them and how to help yourself and others in case of such symptoms.

Purpose. To define gender peculiarities of anxiety disorders in persons who underwent COVID-19.

Materials and methods. We engaged 56 people who underwent COVID-19 and have disturbing disorders, both articles, at the age of 20-55 years. In the study we used clinical-anamnestic, clinical-psychopathological and psycho-physiological methods: Hospital Anxiety and Depression Scales (HADS), self-assessment scales of anxiety C.D. Spilberger – Yu.L. Khanina.

Results of the survey: In our work we obtain the following results on the HADS scale: Subclinical manifestations of depression were observed in 23,81% of women and 44,19% of men, clinical manifestations of depression – 76,19% and 55,81% respectively; subclinical manifestations of anxiety were observed in 33,33% of women and 48,84% of men, clinical anxiety – 66,67% and 51,16% respectively.

Conclusions. According to the results of the study, the group studied more expressed anxiety and depression in women's sex, but in the selection of men are also disturbing disorders, but in a smaller percentage of people. The results suggest that in the future, a comprehensive system of treatment of women and men with anxiety disorders should be developed and implemented, which was carried out by COVID-19.



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