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Neurosciences







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ASSESSMENT OF MORTALITY RATE DUE TO MENTAL AND BEHAVIORAL DISORDERS, INCLUDING ALCOHOL CONSUMPTION IN UKRAINE (2015-2022)

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Introduction. From the point of view of psychiatric science, the concept of "alcoholism" is a disease characterized by an irresistible physical and mental craving for alcohol. Alcohol dependence causes mental and behavioral disorders. Also, mortality from alcohol consumption is an important indicator from the point of view of demography, public health and cultural development of the population. In Ukraine, amount of alcohol consumption has reached an epidemic level and is one of the highest in the world – 15 liters of pure ethanol per year per capita (WHO data, according to the Ministry of Health of Ukraine – 11 liters). Despite the fact that irreversible degradation of the gene pool or degeneration of a nation begins with consumption of 6-8 liters of pure ethanol per capita.

Purpose: to estimate the mortality rate due to mental and behavioral disorders, including due to alcohol consumption in Ukraine (2015-2022).

Materials and methods. Open data from national statistics and the Ministry of Health of Ukraine (MOH) on the number of people who died from mental and behavioral disorders as a result of alcohol consumption (in general) were used to conduct the study. The results were obtained by calculating extensive indicators for each year.

Results. In general, mortality due to mental and behavioral disorders is decreasing almost every year (except for 2018 with a sharp increase of 1,247 deaths): in 2015 - 1,305, in 2021 - already 884 (positive dynamics). The number of deaths due to the consumption of alcohol fluctuates from one year to another, but for the year 2021 is the lowest value of 697 cases (the highest in 2018 and 2019: respectively 924, 852). The share of deaths from alcohol abuse among the total mortality from mental disorders is steadily increasing: 2015 - 55.86%, 2016 - 63.55%, 2017 - 65.21%, 2018 - 74.10%, 2019 - 76.83%, 2020 - 75.41%, 2021 - 78.85%. As of 2022 at the moment: number of deaths in total is 67, of which 46 are due to alcohol consumption, which is 68.66%.







Conclusion. Despite the high prevalence of mental disorders in our country (along with alcoholism, there are socially significant diseases) and in the world as a whole, mortality from them in Ukraine decreases every year, thanks to successes in the field of health care, improvement in the quality of medical care, etc. But there is also a negative side: increase in the share of fatal results specifically from the consumption of alcoholic beverages is constantly increasing, which can indicate the deterioration of social and cultural level of the population of our country.

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ETIOLOGY AND PSYCHODIAGNOSTIC OF IRRITABLE BOWEL SYNDROME

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Introduction: the problem of indigestion is especially general nowadays. The most common chronic intestinal disease is irritable bowel syndrome (IBS), characterized by abdominal pain and altered bowel habits for at least 3 months. We set the goal of researching the prevalence of this disorder among students, identifying its occurrence, and using psychodiagnostic methods that can help in the diagnosis and treatment of the disease.

Purpose: to determine the etiology and perform psychodiagnostic of irritable bowel syndrome.

Methods: we conducted a survey in Google forms among 26 students of the Kharkiv National Medical University regarding the presence of IBS in them, and its causes. The questionnaire also included the following psychodiagnostic methods: PHQ-9 and GAD-7 scales.

Results: a survey of students showed that 80% of respondents had symptoms of IBS at least once in their lives. 65% were diagnosed with this syndrome. 88% of students who has IBS attributed its onset to stress, 6% attributed it to dietary habits, and 6% couldn't attribute it to any factor. 82% of students had anxiety, 76% had a depressed mood, and 65% were constantly worried about the possible occurrence of IBS symptoms. We







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