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# E-poster discussion session 10: EAP - miscellaneous late breakers 02

## A partly fermented infant formula with a specific prebiotic mixture, postbiotics including 3'-GL and human milk oligosaccharide 2'-FL is well tolerated in healthy term infants

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#### **BACKGROUND AND AIMS**

This study evaluated tolerability of a newly developed partly fermented infant formula (IF) with postbiotics including 3'-Galactosyllactose (3'-GL), a specific prebiotic mixture, 2'Fucosyllactose (2'-FL) and milk fat in healthy term infants.

#### METHODS

In a randomised, multi-country, double-blind, prospective, controlled study, fully formula fed infants  $\leq$ 14 days of age were randomised to receive until 17 weeks of age: A) experimental IF containing 26% fermented formula with postbiotics derived from Lactofidus<sup>TM</sup> fermentation process (including 3'-GL), 0.8g/100ml short-chain galacto-oligosaccharides and long-chain

fructo-oligosaccharides (scGOS/lcFOS (9:1)), 0.1g/100ml human milk oligosaccharide 2'-FL, and 50% milk fat or B) control IF with 0.8g/100ml scGOS/ lcFOS (9:1). Fully breastfed infants served as reference. Every month parents completed a 7-day diary on their infants' regurgitation and vomiting occurrence, and stool characteristics.

#### RESULTS

No statistically significant differences were observed between 107 subjects in the experimental and 104 in the control group. According to the diary the incidence of  $\geq$  3 regurgitations on multiple days was highest at 2 months of age (23% of subjects in experimental, 26% in control group); the incidence of 'multiple days with vomiting' was highest at study start (experimental: 27%, control: 30%); average daily stool frequency decreased from study start (median, experimental and control group: 2.6) to study end (experimental: 1.4, control: 1.3); most subjects had a mean 'soft' stool consistency during the study (experimental: 69-80%, control: 75-81%).

#### CONCLUSION

A partly fermented infant formula with postbiotics including 3'-GL, a specific prebiotic mixture of scGOS/lcFOS, 2'-FL and milk fat is well tolerated by healthy term infants.