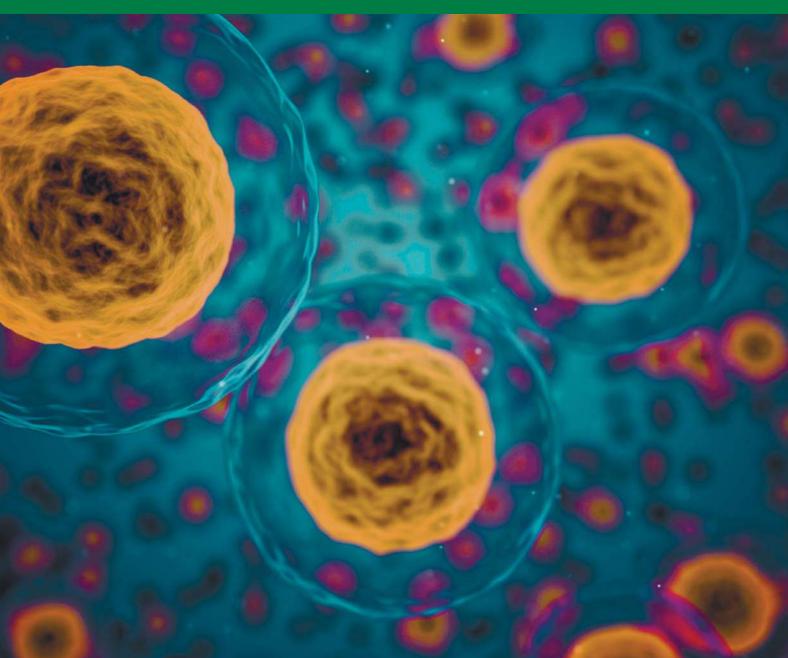
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psychoeducation, the types of attitudes to therapy were as follows: excluded type - 20.34% of families, hostile type was in 15.25% of families, supportive type - 64.41% Conclusions: The results showed that a significant number of family members do not understand or do not take seriously the disease of a relative. In our opinion, it is advisable in the future to develop a system of psychological support and correction of undesirable attitudes to treatment in patients and their families.

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MILD COGNITIVE IMPAIRMENT IN PATIENTS WITH TYPE 1 AND TYPE 2 DIABETES MELLITUS

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Introduction. The diabetes epidemic in developed countries affects all age groups. Both types of diabetes mellitus and the accompanying metabolic syndrome are associated with an increased risk of micro- and macrovascular complications and cerebrovascular events with worsening cognitive functions. Vascular factor is one of the leading etiological causes of moderate to severe cognitive impairment, including dementia.

At the same time, the severity of cognitive disorders and their negative impact on the state and life quality of patients are often underestimated, which increases risk of typical complications leading to disability and life-threatening. In connection with all of the above, it is important to investigate changes in cognitive function in diabetes mellitus. It is important to note that the pathogenesis of type 1 and type 2 diabetes mellitus is different and therefore differences in cognitive impairment are possible.

The aim of the study is to determine features and severity of cognitive disorders in people with type 1 and type 2 diabetes mellitus.

Materials and methods. In this research 50 patients were separated into 2 groups. First one with type 1 diabetes patients, second with type 2 diabetes patients. Each one contained 25 persons, aged 45-65. Both groups had the same drug therapy. Clinical interview, clinical anamnestic, psychodiagnostics (Mini-Mental Scale Examination), were used. Exclusion criteria: hypoglycemic and/or ketoacidotic coma in the last 3







months before the study; severe or decompensated concomitant somatic diseases; transferred neuroinfections, acute disorders of cerebral circulation and myocardial infarction; traumatic brain injury and surgery; stage 3 hypertension; hematological and oncological diseases.

Results. During the screening psychodiagnostic study of cognitive dysfunctions in patients with type 1 and type 2 diabetes, it was found that mild and severe cognitive disorders in type 1 and type 2 diabetes were the same in percentage terms and amounted to 24% and 16% respectively. In 48% of patients with type 1 diabetes mellitus, there was no cognitive impairment by MMSE scale, which is 14% more than patients with type 2 diabetes mellitus. Moderate cognitive impairment in type 2 diabetes mellitus was 26%, which is 14% more than in people with type 1 diabetes mellitus.

Analyzing gender characteristics of cognitive impairment in patients with type 1 diabetes, no significant differences were found in the percentage of these dysfunctions. Screening analysis of gender characteristics of cognitive decline in patients with type 2 diabetes showed that absence of cognitive impairment in men is noted in only 20% of cases, and in women it is more than half of observations – 52%. Mild cognitive impairment was at 12% more common in men than in women. An even more pronounced tendency to increase was established in relation to moderate cognitive impairments, which was observed in men more often than in women by 20%.

Conclusion. Disorders of cognitive functions are more often found in patients with type 2 diabetes, moreover, due to an increase in the proportion of pre-dementia mild cognitive disorders.

Type 2 diabetes is characterized by a predominance of cognitive dysfunctions in men, due to mild and moderate cognitive impairments in total, observed 2 times more often than in women. At the same time, in women with type 2 diabetes, cognitive disorders are not detected in 52% of cases, which is 2.6 times more often than in men.







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