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Stoian A.O.

Study of the distribution of risk factors of premature birth and their influence on pregnancy

Stoian A.O. Scientific adviser: Ph.D., Assoc. Demidenko OD Kharkiv National Medical University, Kharkiv, Ukraine

Background: Premature infants account for about 65-75% of early neonatal mortality, and stillbirth in PP is 9-14 times higher.

Aim: To study the prevalence of risk factors for premature birth and their impact on pregnancy. **Materials and methods:** The analysis of PP risk factors was performed on the basis of survey data of 58 pregnant women in the first trimester. The mean age of the studied women was 29.8 ± 1.1, and every third patient (32.75%) was older than 35 years. 27.58% of the surveyed women were under 18 years old.

Results of the research: According to the assessment of the main indicators that affected premature birth, the following results were obtained: overweight (BMI = 25-30) - 32.2%, the age of the pregnant woman (less than 18, 18-35 years, older than 35 years) - 20.7 %, smoking during pregnancy - 17.9%, spontaneous termination of pregnancy up to 16 weeks - 12.3%, two or more scrapings of the uterine cavity - 9.8%, episodes of bleeding in the I trimester - 7.1%.

Conclusions: The study showed that the implementation of the strategy of stratification of risk factors for preterm birth from the moment of the first treatment of a pregnant woman allows to form a high-risk group of PE, which must be subjected to intensive monitoring during pregnancy. In

particular, to conduct an additional examination - cervicometry, as well as to form and conduct preventive and curative measures aimed at preserving the pregnancy.



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