Olga Kolosha, Bogacheva Olga

PREVENTING METHODS OF MENTAL DISORDERS IN CHILDREN WITH HEARING IMPAIRMENTS

Kharkiv National Medical University

Department of Hygiene and Ecology No.1 Kharkiv, Ukraine

Scientific advisor: Katelevska Nataliia

Introduction. The development of cognitive disorders in children with hearing impairments is due to the significant number of cases of depression, neurosis, asthenic conditions and other types of pathology in children suffering from deafness. According to scientists, auditory diseases have a negative effect on mental health. People, who have lost their hearing, are 1.5-2 times more likely to have problems in the formation of the psycho-emotional state violations (40-50%), and 15-20% of people are clinically diagnosed with mental disorders. The main factors in the development of cognitive disorders are most often the social discomfort of people with hearing disorders. Thus, according to a survey by Susan Gregory in the UK, 42% of deaf people are ashamed of themselves, and 64% want to change something in themselves. 19.4% of children with visual impairments had suicidal thoughts and a worse mood due to dissatisfaction with social communication, as they notice a different attitude from others. This situation certainly requires the implementation of measures to help maintain the mental health of children with blindness or impaired vision.

The aim of the study. The aim of our study was to examine the methods used to prevent the development of mental disorders in children with hearing impairments.

The study found that the most effectiv methods used to prevent the development of mental disorders in children with hearing impairments are: health education of parents, studying of children in specialized combined educational institutions, assistance in building communication skills, art therapy, including early involvement in fiction. No less important is the timely pre-nosological diagnosis of the psycho

emotional state of the child. An appropriate integrated approach with the involvement of specialists in various fields is a prerequisite for the successful social adaptation of children with hearing disorders and prevent the development of mental disorders in they.

Conclusion. It is a comprehensive approach of parents, family members, psychologists, teachers, psychotherapists and doctors is the key to effective prevention of mental disorders in children with hearing impairments.