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# **TOPICAL ISSUES OF THE DEVELOPMENT OF MODERN SCIENCE**



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# **TOPICAL ISSUES OF THE DEVELOPMENT OF MODERN SCIENCE**

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## PSYCHOLOGICAL ASPECTS OF FOREIGN STUDENTS ADAPTATION

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**Abstract:** Many international students chose Ukrainian universities for their study. The effectiveness of study process largely depends on the level of their adaptability. This is a long and complex process especially for international students. It consists of many aspects, including adaptation to a new sociocultural environment, other climate conditions, different time zone, new educational system, communication language, etc.

**Key words:** education, adaptation, psychological climate

The prestige of higher education is being revived among the youth, and demand for it is increasing worldwide. Therefore, the greater requirements applied to higher education institutions, including medical universities.

One of the reasons for the increased flow of foreign students to our country is the quality of Ukrainian medical education and the high level of teaching. In Kharkov, the leader university among foreign students is Kharkov National Medical University (KNMU), which has highly qualified specialists, in particular in pediatrics,

neurosurgery, dentistry, orthodontics and orthopedics, technology in medical diagnostics and treatment which will allow students to receive higher medical education at the level of European standards [1].

An important problem of study in a modern university is the adaptation of foreign students to the educational process, to a change in the social and psychological environment. For example, they have to adapt to new forms of cultural and leisure activities, to the features of student life (especially for those living in a hostel or in a private apartment), to a new team, group, specialty, faculty, university. Therefore, the adaptation process of foreign first-year students to the learning environment at the university is a complex, multifaceted and important component of the educational system [2, p.49].

Many students also face a huge amount of information, terms, unusual lifestyle, different climate conditions and linguistic misunderstandings forced to experience a strong emotional stress [3, p.477].

The teacher-student relationship in the educational system is its absolute attribute. This connection should provide the student with psychological comfort in the learning process, i.e. teacher-student relationship should be built in such a way that students feel like colleagues in the learning process.

At KNMU, each student has the opportunity, to contact the teacher and receive individual tutorial on the topic of the lesson. The teacher controls the student's educational activities, checking them through testing, eliminates the possibility of evaluating the work "with bias". The objectivity of judgment is very important in the character of a teacher. Foreign students are very attentive to the successes or failures of their friends. Almost all foreign students have a great desire to get an excellent mark, although sometimes their level of knowledge. A speech art and patience are necessary to convince the student of the adequacy of the knowledge assessment, without humiliating or offending him [4].

The teacher's personal characteristics are important to ensure appropriate, psychological comfort for students. But there are various psychological barriers to communication: - the semantic barrier is associated with the use of different

meanings of the same concept; - the stylistic barrier arises when the speech styles of the teacher and student do not match; - the logical barrier appears when the logic of reasoning is very complex [5, p.120].

A special work for creation a favorable social and psychological climate in foreign student groups is taking place in KNMU. The main directions of this work are to increase the number of extra-curricular activities (excursions, acquaintance with the sights of the city, the traditions of the region, the country), as well as the organization of sections, circles, clubs, participation in scientific work and scientific conferences.

Thus, the adaptation of foreign students is a result of the interplay of external and internal factors, the creation of conditions for the growth of motivation, personal achievements, and the disclosure of creative potential.

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