

ΛΌΓΟ

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COLLECTION DE PAPIERS SCIENTIFIQUES

SUR LES MATÉRIAUX DE LA CONFÉRENCE SCIENTIFIQUE ET PRATIQUE INTERNATIONALE

PROBLÈMES ET PERSPECTIVES D'INTRODUCTION DE LA RECHERCHE SCIENTIFIQUE INNOVANTE

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Results. The study found that children with RA from families of internally displaced persons with moderate severity of adaptation disorders (PTSD Scale Index 10.32 ± 0.09) with the prevalence of the disease in boys (10.39 ± 0.13); persons of 7-10 years (10.55 ± 0.16) and city dwellers (10.42 ± 0.13). It was found that the majority of surveyed children from RA from families of internally displaced persons had moderate (48.48%) and severe (21.22%) degrees of adaptation disorder (respectively, PTSD 10.47 ± 0.04 and 12.58 ± 0.09).

Conclusions. The results show that indeed, displaced children have manifestations of adaptation disorders of varying severity. Therefore, aid should first and foremost reduce these manifestations and increase the compensatory mechanisms of this population.

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THE IMPORTANCE OF PSYCHOEDUCATION PROGRAMS IN ALCOHOL DEPENDENCE PATIENTS

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UKRAINE

Topicality. In recent years, among the population of Ukraine there is a significant increase in the consumption of alcoholic beverages and as a consequence – an increase in the number of patients with alcohol dependence [1]. According to WHO data for 2010, the average annual consumption of alcohol in Ukraine is about 13.9 liters of pure ethanol per year (more than 2 liters of spirits per month) per capita, including all persons 15 years and older [2].

Goal. evaluation of the effectiveness of psycho-educational programs in the system of psychosocial rehabilitation of patients with alcohol dependence.

Material and methods. On the basis of the Kharkiv Regional Clinical Narcological Hospital No. 9 and the Military Medical Clinical Center of the Northern Region, a comprehensive examination of 150 male patients aged 20 to 55 years with alcohol addiction syndrome was conducted. Psychodiagnostic techniques used in the work: AUDIT test, coping strategies in stressful situations.

Results. According to the results of the study, among the examined patients, persons with a persistent alcohol abuse were prevalent, the average AUDIT score in the main group was 4.0. Dangerous alcohol consumption was found in 35.2%, high probability of alcohol dependence was found in 60.1%. The system of rehabilitation of patients with alcohol dependence with the use of psychoeducation has been developed and tested. Against the background of psychoeducational activities, positive dynamics of stress-coping behavior was observed. After conducting rehabilitation measures, coping strategies aimed at solving problems were noted in 45.1% of the examined patients of the main group and 32.6% of people of the control group, coping strategies aimed at emotions were in 31.4% and 22.4% respectively, 15.9% and 32.6% respectively - at avoidance, 6.7% and 12.4% - at distraction.

Conclusions: Thus, in the course of work, the foundations and principles of psycho-education for the system of complex rehabilitation of men with alcohol dependence are formulated, the main purpose of which is to develop the patient's ability to independently solve their own problems of alcoholic genesis and prove their effectiveness.

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