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COLLECTION DE PAPIERS SCIENTIFIQUES

SUR LES MATÉRIAUX DE LA CONFÉRENCE SCIENTIFIQUE ET PRATIQUE INTERNATIONALE

PROBLÈMES ET PERSPECTIVES D'INTRODUCTION DE LA RECHERCHE SCIENTIFIQUE INNOVANTE

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FEATURES OF CLINICAL MANIFESTATIONS OF THE ANXIETY DISORDERS IN INTERNALLY DISPLACED PERSONS

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Topicality. Mental health disorders in IDPs (internally displaced persons) are various and affect almost all areas of the psyche. The lack of positive motivation to move and the physical impossibility of further stay at homeland, traumatization of the psyche due to causes of migration, as well as the difficulties of adaptation to a new place determine the formation of specific experience of internally displaced persons [1]. The most common of these are anxiety disorders. Therefore, the relevance of the selected study is aimed at identifying key symptoms with the further development of new models of psychotherapy interventions in this population [2].

Objective: To determine the features of anxiety symptoms in IDPs compared to the same indicators among Kharkiv residents

Materials and methods: the study was conducted on the basis of KNP CHOR "Regional Clinical Psychiatric Hospital №3". A comprehensive examination was conducted of 44 patients with anxiety disorders, both sexes, aged 20 – 55 years. The main group consisted of 19 sick IDPs, control – 25 patients who permanently reside in Kharkiv region. We have used the following psychodiagnostic techniques: the Hospital Anxiety and Depression Scale (HADS) (Zigmond A.S., Snaith R.P., 1983); Spielberger - Yu.L. Hanina (State – Trait Anxiety Inventory - STAI, 1985).

Results: The following HADS data was obtained: 26.31% of displaced persons and 37.5% of locals had subclinical anxiety, subclinical depression in 36.84% and 54.17% respectively; clinical manifestations of anxiety were 73.69% and 62.5%, respectively, clinical manifestations of depression were 63.16% and 45.83%, respectively. On the Self-Esteem Scale: Low anxiety was observed in 15.78% of

displaced persons and 20.83% of locals; moderate anxiety in 26.31% and 50%, respectively; expressed anxiety – 57.91% and 29.17% respectively.

Conclusions. The obtained results indicate that the severity of anxiety and depressive symptoms is higher in IDP patients, therefore more attention should be paid to psychotherapeutic interventions. The obtained data allow us to develop in future and implement a comprehensive system for the treatment of IDPs with anxiety disorders.

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GENERAL ASPECTS OF TELEMEDICINE IN UKRAINE

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Among the many problems of modern medicine, the unresolved health care dilemma remains the provision of highly qualified, publicly available timely care [1]. Difficulties in assisting in hard-to-reach areas (Japan or the Philippines, Norway or northern India), populations at large distances from leading territorial health centers (rural areas of the USA, Australia); can be solved with telemedicine [2]. As defined by the World Health Organization (WHO), telemedicine is a method of providing health care services where distance is a critical factor.

Aim: to analyze the current state, problems and prospects of further development of telemedicine in Ukraine.

Materials and methods. The basis of the work is the analysis of publications in the search engines PubMed, Hinari, statistics of the WHO think tank, open databases of documents of the Ministry of Health of Ukraine (Ministry of Health of Ukraine).

Results. The first steps in the development of providing quality medical care to any person, regardless of their location and social status in Ukraine, were made in 2006, when the National Public Organization was established Association for the Development of Ukrainian Telemedicine and eHealth, and in 2007 The State

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