KHARKIV NATIONAL MEDICAL UNIVERSITY

NEUROSCIENCES
CLINICAL FEATURES OF ADAPTATION DISORDERS IN PEOPLE WITH COMPUTER DEPENDENCY

In recent years, the situation in Ukraine is characterized by continuously increasing demands and psychological pressure on the population due to the effect of various mass psychogenic factors, which leads to human maladaptation in the conditions of the social crisis and the spread of behavioral disorders, first of all, illnesses of dependence.

The situation associated with addictive behavior is quite problematic for many countries in the world, including Ukraine. The reason is the radical difference between the stereotypes of thinking and the outlook of successive generations brought up in different socio-economic conditions, as well as through a protracted political, economic and social crisis.

Materials and methods. 147 patients with adaptive disorders (F43.21, F43.22). The main group consisted of 85 patients with signs of computer dependence according to the results of AUDIT-like tests, the control group included 62 patients without signs of addictive behavior. The average age of the examined people was 27.0 ± 3.0 years.

Methods of the study: clinical-psychopathological, clinical-anamnestic pathopsychological, psychodiagnostic and statistical.

The results of the study. The structure of computer dependence in the surveyed people of the main group consisted of obsessive surfing (46.2%); computer games (22.3%); virtual dating (6.4%); passion for online gambling (13.7%); cybersex (1.4%). In clinical adaptation disorders, people with computer dependence are dominated by reduced mood; internal stress with inability to relax; increased susceptibility to previously neutral stimuli; irritability; asthenic symptoms; loss of interest in work or study, family and friends; violation of the sleep-wake cycle.

According to the psychodiagnostic survey data, the examined people of the main group are characterized by anxiety and depression manifestations by the Hospital scale; severe depressive and anxiety episodes by the Hamilton scale; high levels of situational and...
personal anxiety by the method of Ch. D. Spielberger, high level of expressiveness of
the psychological stress by the scale of T. A. Nemchin.

Conclusions. The clinical image of adaptation disorders in persons with computer
dependence is characterized by reduced mood background; predilection, predisposition
to affectus; alarming manifestations; hyperesthesia; violation of the sleep-wake cycle;
clinical manifestations of anxiety and depression by the HADS scale; heavy depressive
and anxious episodes by the HDRS scale; high levels of situational and personality
anxiety; excessive psychological stress.

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PARTICULARS OF THE COMPILATION OF PSYCHO-REHABILITATION
PROGRAMS FOR MENTALLY ILL CRIMINALS

Introduction: At the present stage of development of psychiatry, it is impossible to treat
mental disorders without the use of psycho-rehabilitation programs. They contribute to
the return of the patient to society and expand adaptive capabilities. Particular attention
is paid to rehabilitation programs in the treatment of mental patients who have
committed a crime. Rehabilitation is the action of restoring someone to health or normal
life through training and therapy after custody, addiction, or illness. Forensic
Rehabilitation is the same resoring someone to health or normal life through training
and therapy for adults which has been committed crimes.

Aim: to study the particulars of psycho-rehabilitation programs for mentally ill
criminals.

Contingent and methods of the research: We examined and analysed medical documents
of 25 mentally ill criminals. They were being treated in a specialized closed psychiatric
hospital.

Results of the study: All patients received pharmacological therapy according to their
underlying disease. Additionally, psycho-rehabilitation programs were offered to the
entire contingent of the study. They included a set of measures aimed at compensating
<table>
<thead>
<tr>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANTITUBERCULAR THERAPY</td>
<td>228</td>
</tr>
<tr>
<td>MUSIC THERAPY</td>
<td>214</td>
</tr>
<tr>
<td>DNA METHYLATION AND GENE EXPRESSION PATTERN OF TLR-2, TLR4, IFN-</td>
<td>206</td>
</tr>
<tr>
<td>ASSESSMENT OF THE DIVERSITY OF MITOCHONDRIAL DNA GENOTYPES IN UKRAINE</td>
<td>206</td>
</tr>
<tr>
<td>CLINICAL CASE: USAGE OF LEVOKOM RETARD FOR PARKINSON’S DISEASE</td>
<td>196</td>
</tr>
<tr>
<td>RADCHENKO TETIANA</td>
<td>197</td>
</tr>
<tr>
<td>ANALYSIS OF PREMORBID FEATURES OF WOMEN WITH OPIOID DEPENDENCE</td>
<td>197</td>
</tr>
<tr>
<td>RUSANOV OLEH</td>
<td>200</td>
</tr>
<tr>
<td>THE ROLE OF SEX HORMONES IN THE PATHOGENESIS OF MENSTRUAL MIGRAINE</td>
<td>200</td>
</tr>
<tr>
<td>SHROLYK KATERYNA, KORDIUMOVA ANASTASIA</td>
<td>202</td>
</tr>
<tr>
<td>HILDEBRANT INDEX AS AN INDICATOR OF THE AUTONOMIC NERVOUS SYSTEM OF KHNMU STUDENTS</td>
<td>202</td>
</tr>
<tr>
<td>STARODUBTSEVA YULIA</td>
<td>203</td>
</tr>
<tr>
<td>CLINICAL FEATURES OF ADAPTATION DISORDERS IN PEOPLE WITH COMPUTER DEPENDENCY</td>
<td>203</td>
</tr>
<tr>
<td>SUFIAN AL JANABI, LILIA KOROVINA</td>
<td>204</td>
</tr>
<tr>
<td>PARTICULARS OF THE COMPIATION OF PSYCHO-REHABILITATION PROGRAMS FOR MENTALLY ILL CRIMINALS</td>
<td>204</td>
</tr>
<tr>
<td>TETIANA IVANITSKA</td>
<td>206</td>
</tr>
<tr>
<td>USE OF MUSIC THERAPY FOR THE TREATMENT OF ANXIETY IN NEUROTIC PATIENTS. PRIORITY MUSIC GENRES IN MUSIC THERAPY</td>
<td>206</td>
</tr>
<tr>
<td>YUNTSOVA KATERYNA, YURKINA IRYNA</td>
<td>208</td>
</tr>
<tr>
<td>CURRENT ISSUES OF ETIOLOGY OF POST-TRAUMATIC STRESS DISORDER</td>
<td>208</td>
</tr>
<tr>
<td>ZELNENSKA KATERYNA, KRASKOVSKA TETIANA</td>
<td>209</td>
</tr>
<tr>
<td>ANXIETY DISORDERS IN YOUNG WOMEN WITH CLINICAL MANIFESTATIONS OF DEPRESSION</td>
<td>209</td>
</tr>
<tr>
<td>ZELNENSKA KATERYNA, KAPLOUKH OLGA</td>
<td>210</td>
</tr>
<tr>
<td>FEATURES OF TREATMENT OF DEMENTIA IN MODERN CONDITIONS</td>
<td>210</td>
</tr>
<tr>
<td>AHUNDOVA GYELLA</td>
<td>213</td>
</tr>
<tr>
<td>CLINICAL-IMMUNOLOGICAL FEATURES OF CHLAMYDIA PNEUMONIA AT CHILDREN</td>
<td>213</td>
</tr>
<tr>
<td>ANMOL GUPTA, YULIJA POLYVIANNA</td>
<td>214</td>
</tr>
<tr>
<td>ADVANCEMENT IN PREVENTION OF DENGUE FEVER IN INDIA</td>
<td>214</td>
</tr>
<tr>
<td>DASHCHUK ANDRII, DERKACH YULIJA</td>
<td>215</td>
</tr>
<tr>
<td>ETHIOPATHOGENESIS OF ACNE</td>
<td>215</td>
</tr>
<tr>
<td>HVOZDETSKA-SHAAR MARYNA</td>
<td>217</td>
</tr>
<tr>
<td>THE ETIOLOGICAL STRUCTURE OF NEUROINFECTIONS IN HIV-INFECTED PATIENTS WITH 4TH CLINICAL STAGE</td>
<td>217</td>
</tr>
<tr>
<td>KUMAH RUTH JADU</td>
<td>219</td>
</tr>
<tr>
<td>BABESIOSIS: IMMUNOASSAY POINT-OF-CARE TESTING</td>
<td>219</td>
</tr>
<tr>
<td>LESNA ALINA</td>
<td>220</td>
</tr>
<tr>
<td>FEATURES OF THE SPECIFIC TREATMENT OF HIV-INFECTED PATIENTS</td>
<td>220</td>
</tr>
<tr>
<td>MANPREET SINGH, AMOO-MENSAH AMANDA</td>
<td>221</td>
</tr>
<tr>
<td>THE FIGHT AGAINST ANTIBIOTIC RESISTANCE; SHOULD PHAGE THERAPY BE MORE PURSUED?</td>
<td>221</td>
</tr>
<tr>
<td>MARGARITA ARTEMENKO, KATERINA KONOVALOVA, YULIJA POLYVIANNA</td>
<td>222</td>
</tr>
<tr>
<td>ONE HEALTH PARADIGM VIEW OF SALMONELLOSIS IN UKRAINE</td>
<td>222</td>
</tr>
<tr>
<td>MARTYNEKO ANASTASIA</td>
<td>224</td>
</tr>
<tr>
<td>ESTIMATE OF MEASLES MORBIDITY IN UKRAINE</td>
<td>224</td>
</tr>
<tr>
<td>MYDLOVETS VICTOR</td>
<td>225</td>
</tr>
<tr>
<td>IMPROVEMENT OF SPECIFIC DIAGNOSIS OF CEREBRAL TOXOPLASMOSIS IN HIV – INFECTED PATIENTS</td>
<td>225</td>
</tr>
<tr>
<td>NECHYPORUK IRYNA, ZYRIANOV VICTOR, RAILIAN MARINA</td>
<td>226</td>
</tr>
<tr>
<td>EVALUATION OF ANTIBIOTIC RESISTANCE OF STAPHYLOCOCCUS STRAINS ISOLATED FROM PATIENTS IN HOSPITAL OF RAYON LEVEL, KHARKIV OBLAST, UKRAINE</td>
<td>226</td>
</tr>
<tr>
<td>OLGA SHVETS, YELYSAVETA HROMOVA</td>
<td>228</td>
</tr>
<tr>
<td>STUDY OF INSULIN RESISTANCE IN DRUG-SUSCEPTIBLE PULMONARY TUBERCULOSIS PATIENTS BEFORE AND DURING ANTITUBERCULAR THERAPY</td>
<td>228</td>
</tr>
<tr>
<td>POCHENINA VALERII</td>
<td>229</td>
</tr>
<tr>
<td>HYPERHYDROSIS AND ITS TREATMENT</td>
<td>229</td>
</tr>
<tr>
<td>SAJAN P. VIJAYAN</td>
<td>230</td>
</tr>
<tr>
<td>CLINICAL CASE OF MULTIDRUG RESISTANT TUBERCULOSIS: PERSPECTIVE OF UP TO DATE TREATMENT</td>
<td>230</td>
</tr>
<tr>
<td>YAKOVLEVA KATERINA, MATVIEIEV SERGEY, LAVROVA ANASTASIYA</td>
<td>232</td>
</tr>
<tr>
<td>HUMAN SALMONELLOSIS IN KHARKOV REGION, UKRAINE</td>
<td>232</td>
</tr>
<tr>
<td>DASHA OLEINYK, VILKHOVA KATE</td>
<td>234</td>
</tr>
<tr>
<td>ASSESSMENT OF THE DIVERSITY OF MITOCHONDRIAL DNA GENOTYPES IN UKRAINE</td>
<td>234</td>
</tr>
<tr>
<td>GOWTHAM PEMULA, MAGAPU VEERA VENAKATA AKHIL,</td>
<td>236</td>
</tr>
<tr>
<td>DNA METHYLATION AND GENE EXPRESSION PATTERN OF TLR-2, TLR4, IFN-Γ, AND TNF-Α GENES IN CHILDREN WITH PULMONARY TUBERCULOSIS DISEASE</td>
<td>236</td>
</tr>
<tr>
<td>SHULYAK KATERYNA, MATRUNICH DMYTRO, OLEINYK DASHA, GRUZKOVA MARINA</td>
<td>237</td>
</tr>
<tr>
<td>INFORMATIVITY AND DIAGNOSTIC SIGNIFICANCE OF BIOMARKERS IN THE SPECIFYING DIAGNOSIS OF METABOLIC DISEASES – FROM GENERAL TO PARTICULAR</td>
<td>237</td>
</tr>
</tbody>
</table>