

**Gerasimenko O.I., Medushevskiy K.S.**

**PSYCHOHYGIENIC PRINCIPLES OF SAFETY PROVIDING FOR  
TEENAGERS WITH PATHOLOGY OF THE SENSORY SYSTEM IN THE  
MASS GATHERING PLACES**

**Scientific supervisor: Gerasimenko O.I.**

For the habitants of cities, it's usual to find themselves periodically in the crowded places, and the danger of this presence isn't obvious very often. People like to gather together, to jostle, shout slogans, bawl and squall songs. But not always a cheerful, noisy company or mass assemblage has a favorable mood. The danger of crowd consists in its spontaneity and affecting force on every person individually.

In spite of attempts of scientists to explain the phenomenon of mass accumulation of people, all the nuances of behavior and description of crowd so not were set. It is known that crowd averages people, all they become on one level, independently of age, sex, level of prosperity or presence of limited possibilities. Going to crowd, people stop to be individuals, and altered into a single organism, which is directed by incomprehensible and unpredictable force.

In all the sociologists and psychologists distinguish three types of mass gathering. First is passive crowd. Such type of crowd can be formed in the mass gathering place: on train station, on an exhibition, in the turn of trade complex, on the transport station. All people appeared by chance there, and usually such crowd doesn't act actively. However, as at every large people congestion, the crowd possesses the deeply stopped up active potential. It is needed to happen to the event, that will influence on certain part of people, and they bound by one aspiration will begin to operate as single unit.

The active type of mass gathering differs in that this large group of people is already charged general emotions. People came in this place specially, to support somebody or express the attitude toward an idea or an event what is going in the world. People, being in crowd of this type, support each other and ready on the real

collective actions. Thus, the crowd in the moment of catastrophe or shipwreck belongs to the active type of mass gathering. During a danger and threat of life human consciousness narrows, ability of judiciousness takes a back seat to, and reflexes, automatism, thoughtless physical actions manifest themselves only.

The third kind of crowd description is aggressive type. For the mass gathering an aggressive type of behavior is the result of beforehand plan actions by organizers of event, or consequence of active crowd transformation.

Main rule of safe behavior - to avoid the crowded places. If a disabled teenager must visit some event or be in the gathering place, it is necessary, firstly, to come to not alone, and with near people (relatives or friends) that will always come for help. A next important step is preliminary deliberation of withdrawal ways and searching of the safest places. Space at the stage and near locker rooms, bottle-necks, space next to corners, stairs, glass shop-windows belong to the number of dangerous places that it is necessary to avoid. The best way of behavior at an arising up danger is to calm down and accept the considered decision. Ten of seconds is enough at times, to look around, find a safe way to pull through.

If a situation is heating up in the crowded place, and hurrying nowhere, it's possible to imitate a cardiac attack or vomitive urges. People will part and will form a corridor through that it is possible to abandon a dangerous place.

If crowd came in motion, it is needed to try to move together with all, down stream, and nowise not against or across a majority. Both the middle of crowd, from where it is very heavy to get out and place near to the walls or fences, behave to the dangerous places. It is dangerous to grasp at guardrails, stair railing, different objects, because a man, especially a disable teenager will not have forces to hold out for them, and hands can strongly suffer. If events in the place of people mass accumulation already became out of control, it is needed to forget about the disappointed things (jacket, bag or umbrella). Stretching after the disappointed object, a man risks to fall down and be trampled down or crippled. Scaping people will not even notice him.

Appearing a densely pinch-off in crowd, it is necessary to remember that you will not fall down already, but danger to be squashed by mass of bodies very real. Most vulnerable places here are ribs, stomach, breast. That you were not squeezed from sides, bend hands in elbows and pin against sides, strain all muscles. And thus walk in crowd while a situation will not become better and it will be possible to move to the exit. If you fell down, make an effort zoom on feet. In this situation it is impossible to be fastidious nothing - caught for people, their clothing. If it did not turn out, and crowd continues to trample down you lying, then it is needed to accept the pose of embryo - to curl up into a ball, to fold a chin to the breast, knees to the head, to cover a head by hands. It remained to wait a still human stream and appeal after medical aid.

If policemen or troops try to disperse the crowd, it isn't necessary to hurry to them to meet, trying to find a help or explain your innocence. In this moment nobody will be in a volume to understand, and blow to get a club it may be very even.

So the concluding recommendation for the case when disabled teenager found oneself in the gathering place - follow the rules of safe behavior, remember that any delay or wrong actions in crowd create a threat of your life!