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PW0154

The physical development of adolescents with the mental deprivation

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Physical development is an integral indicator and refers to the most important criteria for a comprehensive assessment of the adolescent health status.

Studying the features of the physical development in adolescents with the mental deprivation.

128 adolescent males aged 11–15 years who were brought up in an orphanage with the social disadaptation were examined. The method of assessing physical development included anthropometry. The evaluation of the data obtained was carried out with the help of the centile tables according to sex and age.

The results of the study showed that harmonic physical development was noted in less than a third of adolescents – $27.34 \pm 3.86\%$. The most of adolescents had disharmonious physical development. Disharmoniousness was characterized by a combination of adolescent lagging behind growth and low body mass indexes – $14.06 \pm 3.01\%$, which in some cases reached pathologically low values – $17.19 \pm 2.96\%$ of cases. The level of physical development mostly determines the social adaptation of the child, especially in adolescence. The statistical analysis made it possible to identify the main diagnostic features that play an important role in the formation of social disadaptation in adolescents. The list of high-value factors included: physical development with a decrease in growth – with an indicator of 99.7% significance and a pathological decline in physical development – with 99.0% significance. Thus, disharmonious physical development, especially a low and pathologically low its level are prognostically unfavorable factors in the formation of social maladjustment in adolescents and can be manifested by aggressive behavior. Such adolescents need corrective psychological and pedagogical measures.

Disclosure of interest.– The authors have not supplied a conflict of interest statement.

PW0155

Screens and ADHD: Study on high school Tunisian students

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Introduction.– Attention-deficit/hyperactivity disorder (ADHD) is a multifactorial disease.

The aim of this study was to explore the relationship between screen use and ADHD in a population of high school students in Monastir (Tunisia).

Methods.– It was a cross-sectional study concerning a representative sample of 447 third year high school students of the governorate of Monastir during November 2015; we had proceeded to a cluster sampling. The diagnosis of ADHD was made by the Adult ADHD Self-Report Scale (ASRS-v1.1) validated in Arabic language. The sociodemographic and clinical characteristics were evaluated by a pre-established questionnaire. The threshold of 5 hours daily

was selected for the excessive consumption of TV, Internet and video games.

Results.– The mean age of our population was 17.15 ± 0.7 years old. The sex ratio was 0.5. The study of the use of screens showed that 93.5% of the students have used the internet daily with an average of 4 hours; 89.7% have watched television each day with an average of 2.8 hours, and 44.7% have played video games with an average of one hour; 25.1% have consumed excessively the Internet, 7.6% have had an excessive television consumption and 5.4% have used excessively video games.

The diagnosis of ADHD was associated to excessive television use ($P < 0.001$), excessive video games use ($P = 0.02$) and excessive internet use ($P < 0.001$). The logistic regression analysis showed an association between the diagnosis of ADHD and excessive internet use ($P = 0.014$).

Conclusion.– The screen misuse has an impact on adolescents with ADHD.

Disclosure of interest.– The authors have not supplied a conflict of interest statement.

PW0156

Attention deficit / hyperactivity disorder and substance use behaviors in Tunisian adolescents

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Introduction.– Attention deficit / hyper activity disorder (ADHD) is reported to be associated with addictive behaviors (smoking, alcohol abuse, gambling, internet addiction. . .) in adolescence.

The aims of the study were to determine the prevalence of ADHD and substance use behaviors in a population of high school students in Monastir (Tunisia) and to explore the relationship between substance use and ADHD in this population.

Methods.– This is a cross-sectional study including 447 students from high-schools of the region of Monastir (Tunisia). For the diagnosis of ADHD, we used the Adult ADHD Self-Report Scale (ASRS-v1.1) validated in Arabic language; and for the addictive behaviors (smoking, alcohol abuse, substance abuse), we used yes/no questions.

We used SPSS-20 to analyze data and Chi² test for associations.

Results.– The mean age was 17.15 ± 0.7 years old. The sex ratio was 0.5. The prevalence of ADHD in the study population was 18.1%; this prevalence was nearly the same for the males (20.93%) and the females (18.12%) ($P = 1$).

We found that 27.3% of the adolescents had a regular substance use: 10.3% have been smokers; 9.4% have used alcohol; 5.6% have used cannabis and 2% have been glue sniffers.

There were significant associations between ADHD and smoking ($P = 0.002$), alcohol use ($P = 0.002$) and cannabis use ($P = 0.029$).

Conclusion.– The prevalence of ADHD symptoms in this adolescent sample was extremely elevated and its association with addictive behaviors was undeniable. There is an extreme urge to investigate further the subject.

Disclosure of interest.– The authors have not supplied a conflict of interest statement.