

HARMLESS ILLUSION OF ELECTRONIC CIGARETTES

Karnaukh E.V., Kaljuzhnaja D.A.

Kharkiv national medical university, department of pharmacology, Ukraine,

e-mail: daruha_123@mail.ru

After a survey of 100 young people, we come to the conclusion that 76% use electronic (e-) cigarettes with conventional, 6% - no, and 18% sometimes uses electronic cigarettes with tobacco without thinking about the double harm to your body: problems with the gastrointestinal tract, stomach, stomatitis, herpes, cough. During count data, 58% of people do not realize that it was because of smoking they appear similar symptoms: narrowing of the blood vessels, which leads to various ailments. 23% are aware of the negative symptoms, sometimes 4% think about it, and 15% do not take this fact into account. 83% do not know that a part of the electronic cigarette, nicotine enters as brands do not focus on the content. 78% of young people does not think exactly how nicotine affects their body: depresses the nervous system, vision deteriorates, causing the defeat of the digestive system, causing increased production of adrenaline, which increases the workload on the heart. It supports the theory that smoking electronic cigarette is one of the "fashionable" habits of young people. Electronic cigarette - a change in one shit on the other. "Harmless plays a major role in the formation of interest in smoking and children, since it is not harmful - so it is possible". At the use of e-cigarettes, young people do not think about the presence of heavy metals in its composition: Nickel, kadmium, and only 35% are aware of this fact. Propylene glycol, glycerin, flavors included in the electronic cigarette can cause nasal congestion, allergies and skin rashes, but since each organism they act differently, only 20% of people notice side effects.

Due to the low awareness of 40% of consumers are not aware of oncological diseases: lung cancer, lip cancer, bronchopulmonary and localization.

73% of people with certainty say that the craving to smoke increases because they can smoke anywhere and at any time, and the various flavors only improve the process. It is scientifically proven that the inhalation of vapor, does not bring such pleasure as smoke inhalation, therefore, a person begins to smoke more, many are missing a dose, and they gradually increased, resulting in a nicotine overdose. 58% of people assure themselves that the electronic cigarette is completely meets their psychological dependence on smoking, but really it's just an ordinary self-hypnosis.