

# DGPPN KONGRESS 2015

25.– 28. November 2015 | CityCube Berlin

Der Mensch im Mittelpunkt: Versorgung neu denken



## DGPPN Kongress 2015

Deutsche Gesellschaft für Psychiatrie und  
Psychotherapie, Psychosomatik und Nervenheilkunde  
25.-28. November 2015

Wissenschaftliches Programm/Abstracts

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**P-14-004:**

## **Mental health of the civilians who were transferred from Anti Terrorism Operation Zone**

### **Sitzung**

[Angst- und Belastungsstörungen](#)

Donnerstag, 26. November 2015, 13:30 - 15:00 Uhr, Helsinki 1/2

### **Autoren**

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### **Einleitung**

The purpose of our research is the studying of condition of mental health of the civilians who were transferred from Anti Terrorism Operation Zone (ATOZ).

### **Methode**

Methods of research that we used were: clinical, psycho-diagnostical (Hamilton scale of depression (HDRS), Spylberger scale of anxiety, Mini-Mental State Examination (MMSE), quality of life test (Mezzich I., Cohen N., Ruiperez M., Lin I., and Yoon G., 1999), statistical methods.

### **Diskussion/Ergebnisse**

The results that we got showed patho-psychological syndromes diagnosed in the persons of displaced residents from ATOZ: astheno-depressive (75.9 %), astheno-anxiety (82.5 %), astheno-phobic (13.2 %), astheno-hypochondriacal (3.3 %).

Results of the psycho-diagnostic investigations showed up that in men the indices of a reactive anxiety (average score –  $37.7 \pm 3.0$ ) were higher than the indices of a personal anxiety (average score –  $32.6 \pm 2.9$ ). In women the indices of a personal anxiety (average score –  $38.6 \pm 2.9$ ) were higher than the indices of a reactive anxiety (average score –  $34.7 \pm 3.0$ ).

An average score on the HDRS in men:  $17.0 \pm 2.3$  points, in women:  $18.0 \pm 2.3$  points.

On the life quality scale, investigation of the individuals did not reveal any substantial differences among men and women. In the lowest level the scales were evaluated as follows: 'Psychoemotional State', 'Interpersonal Interaction' and 'Overall Comprehension of the Life Quality'.

The multimodal based system of psychotherapeutical correction of mental disorders in persons who were transferred from ATOT were developed. This system includes rational, hypnosuggestive, cognitive - behavioral therapy and autogenic-training therapy.

- [Zurück](#)