

DGPPN KONGRESS 2015

25.– 28. November 2015 | CityCube Berlin

Der Mensch im Mittelpunkt: Versorgung neu denken



DGPPN Kongress 2015

Deutsche Gesellschaft für Psychiatrie und
Psychotherapie, Psychosomatik und Nervenheilkunde
25.-28. November 2015

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P-11-001:

Psychoeducation in psychosocial rehabilitation of patients with bipolar affective disorder

Sitzung

[Affektive Erkrankungen: Versorgungsmodelle und -formen](#)

Freitag, 27. November 2015, 13:30 - 15:00 Uhr, Helsinki 1/2

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Einleitung

150 patients of both sexes, aged 20 - 55 years with a diagnosis of bipolar affective disorder in a period of stabilization. The control group 50 patients received conventional therapy.

Methode

Clinical interview, Short Form Medical Outcomes Study (SF-36) (Ruiperez, Liu & Yoon, 1999), Personal and Social Functioning Scale (Mezzich, Cohen, 2001, adapted Maruta, 2010)

Diskussion/Ergebnisse

On the background of complex therapy using psychoeducational intervention in 82,2 % of patients had achieved stable therapeutic effect that was maintained for 2 years, 11,1% - the state remained without speakers, and 6,7% - had recurrent disease. In the control group, improvement was only 10% of patients , 48% of registered hospitalization due to recurrent disease.

Performance criteria were: stability of remission , rates of hospitalization, quality of life, anxiety levels, improved mental state.

- [Zurück](#)