**Memorias de “XV Reunión Internacional de Ciencias Médicas”, Leon, Mexico. 22 – 24 de abril de 2015, P.182**

**PSYCHOPROPHYLACTIC AND CORRECTION AUTOAGRESSIVE MANIFESTATIONS IN ADOLESCENTS WITH BEHAVIORAL AND EMOTIONAL DISORDERS**

**Marianna V. Markova** MD, PhD 1**, Hanna M. Kozhyna** MD, PhD 2**, Eugene V. Krishtal,** MD, PhD 1**, Oleg. V. Pohorilko**, MD, PhD 1

1Kharkiv Medical Academy of Postgraduate Education, Ukraine, [mariannochka@i.ua](mailto:mariannochka@i.ua)

2 Kharkiv National Medical University, Ukraine

**Introduction.** With socio-demographic, clinical anamnestic, clinical psychopathological and psychodiagnostic examination of 100 adolescents aged 14 to 17 years with mixed emotions and behavior disorders studied clinical and phenomenological manifestations and mechanisms of autoagressive behavior.

**Results.** The comparative analysis of behavioral and emotional disorders in adolescents with mixed emotions and conduct disorder based on the presence / absence of these manifestations autoagressive. Analyzed the clinical phenomenology autoagression; found its contextual biological and psychosocial factors established psychological predictors.

Clinical and psychopathological analysis examined reveals quite a wide range of emotional reaction to external. For adolescents with mixed emotions and behavior disorder without evidence autoagression, characterized by anxiety-explosive and mosaic variants emotional disorders. Adolescents with depressive manifestations autoagression set-dodging, disturbingly suspicious, asthenic-hysteroid clinical forms of emotional disorders.

Generalization allowed to analyze the clinical features of appearance and autoagressive behavior in adolescents disorder with mixed emotions and behavior, based on which it identified 3 types – depression, explosive, demonstrative.

Intrapsychological factors autoagressive behavior set: dysfunctional family conflict, destructive education by type of «emotional rejection», problems in school and in collaboration with referent among peers, as well as in the area of gender communication. Interpsyhological predictors autoagression found in adolescents: presence accented. Fig instability hipertym, schizoid – isolated or connected to hysteric; expressed in the form of aggressive displays of negativism, suspicion, resentment and guilt; prevalence of coping strategies escape – avoidance or confrontation.

**Conclusion.** The proposed multi-level corrective program to psychoprophylactic autoagressive behavior in adolescents. The main techniques in the implementation of corrective and remedial actions selected psychoprophylactic cognitive-behavioral therapy in various versions, rational-emotive therapy, elements logotherapy for V. Frankl, training interventions. The results show the effectiveness of the correction developed a multi-program: decline in anxiety, depression; aggressiveness; reduce the risk of suicidal behavior, improving communication skills, learning skills and mental self-control over their own behavior.

***Key words:***autoagressive behavior, teens, correction, psychoprophylactic.