

**Allergic diseases.**

**Classification, clinical examples.**

**Lecturer: Professor Vladimir Babadzhan**

# The Classification of the Hypersensitivity

	Type I	Type II	Type III	Type IV a	Type IV b	Type IV c	Type IV d
Immune reactant	IgE	IgG	IgG	IFN $\gamma$ , TNF $\alpha$ (TH <sub>1</sub> cells)	IL-5, IL-4/IL-13 (TH <sub>2</sub> cells)	Perforin/ GranzymeB (CTL)	CXCL-8 GM-CSF (T-cells)
Antigen	Soluble antigen	Cell-or matrix-associated antigen	Soluble antigen	Soluble antigen presented by cells or direct T cell stimulation	Soluble antigen presented by cells or direct T cell stimulation	Cell-associated antigen or direct T cell stimulation	Soluble antigen presented by cells or direct T cell stimulation
Effector cells	Mast-cell activation	FcR+ cells (phagocytes NK cells)	FcR+ cells Complement immune complex	Macrophage activation	Eosinophils	T cells	Neutrophils
Example of hypersensitivity reaction	Allergic rhinitis, asthma, systemic anaphylaxis	Hemolytic anemia, thrombocytopenia	Serum sickness, Arthus reaction	Tuberculin reaction, contact dermatitis (with IVc)	Chronic asthma, chronic allergic rhinitis, maculopapular exanthema with eosinophilia	Contact dermatitis, maculopapular and bullous exanthema, hepatitis	AGEP Behcet disease

# TYPE 1 HYPERSENSITIVITY REACTION

## SYNONYMS:

- ALLERGY, ATOPY
- IgE-MEDIATED TYPE HYPERSENSITIVITY REACTIONS
- IMMEDIATE TYPE HYPERSENSITIVITY (EARLY PHASE)

## TYPE 1 HYPERSENSITIVITY REACTION:

THE SUSCEPTIBILITY OF CERTAIN INDIVIDUALS  
TO BE ALLERGENIC TO ENVIRONMENTAL  
ALLERGENS

# PREDISPOSING FACTORS IN THE PATHOGENESIS OF ALLERGIC DISEASES

IMMUNOLOGICAL/GENETICAL (Athopy)

- ↓ IgA
- Th1:Th2 imbalance
  - ↓ IFN $\gamma$ , ↑ IL4
  - ↑ IgE



## **ENVIRONMENTAL FACTORS ALSO PLAY A ROLE**

- **ALLERGY CAUSED BY ENVIRONMENTAL FACTORS**
- **SEASONAL NATURE OF ALLERGIES**
- **CHILDREN, RAISED IN HOMES OF SMOKERS, AT INCREASED RISK TO HAVE ASTHMA**
- **INCREASED RISK OF ALLERGIES IN DEVELOPED COUNTRIES**

## ABOUT ALLERGENS

- THEY ARE ANTIGENS THAT EVOKE CD4<sup>+</sup>TH<sub>2</sub> CELLS THAT DRIVE AN IgE RESPONSE
- INHALED ALLERGENS ARE SMALL, HIGHLY SOLUBLE PROTEINS, CARRIED ON PARTICLES
- ALLERGENS ARE PRESENTED TO IMMUNE SYSTEM AT VERY LOW DOSES

# TYPES OF ALLERGENS

Exogenous Allergens	Endogenous allergens	
Inhalant	Heteroallergens (Neoantigens)	Autoallergens
Contact-type	1. Non-infectious	Normal intact self antigens characteristic of young healthy normal cells that commonly provoke autotolerance
Ingestant	Induced by alteration Atypical (senescent cell, tumor, embryonic)	
Injected	2. Infectious	
Infectious	-virus-induced	
Drug	-microorganism-induced	

## Types of exogenous allergens:

**Drugs (penicilline, etc)**

**etc)**

**Inhalative allergens: pollens (ragweed, mugwort,**

**animal epithelium (cat, dog,etc)**

**mites**

**fungi (mucor, aspergillus, etc)**

**textile/cotton**

**Insects**

**bee, wasp**

**Nutritive allergens: milk, egg, soybeen, etc.**

***Atopy:* pathologic hypersensitivity to allergic reactions. It is a diathesis.**

***Anaphylaxy:* a lifethrening state when enormously high amouts of the inflammatory mediators get into the circulation, skin, lung and gastrintestinal truct**

**a.) IgE mediated**

**b.) not IgE mediated forms (mediated by complement and other factors)**

# HOUSE DUST MITE



# Type I. allergic reaction

The reaction is mediated by allergen specific IgE

The reaction is of immediate type ( the symptoms of inflammation appear within 4 hours after the allergen challenge)

The symptoms are elicited by mediator substances released from mast cells, basophils, eosinophils, macrophages or platelets.

*Mediators of mast cells/basophils eosinophils macrophages platelets*

histamine, triptase  
PGD<sub>2</sub>, LTC<sub>4</sub>  
PAF  
IL-1, IL-4, IL-5  
TNF $\alpha$ , IFN $\gamma$

ECP  
MBP  
ROS  
LTC<sub>4</sub>, PAF  
IL-5

proteases  
PGD<sub>2</sub>, PGE<sub>2</sub>  
TxA<sub>2</sub>, LTB<sub>4</sub>  
LTC<sub>4</sub>, PAF  
IL-1, TNF  
ROS

serotonine  
histamine  
TxA<sub>2</sub>  
ROS

# ALLERGIC CONDITIONS

ALLERGIC RHINITIS

ALLERGIC ASTHMA

ATOPIC DERMATITIS

FOOD ALLERGY

SYSTEMIC ANAPHYLAXIS

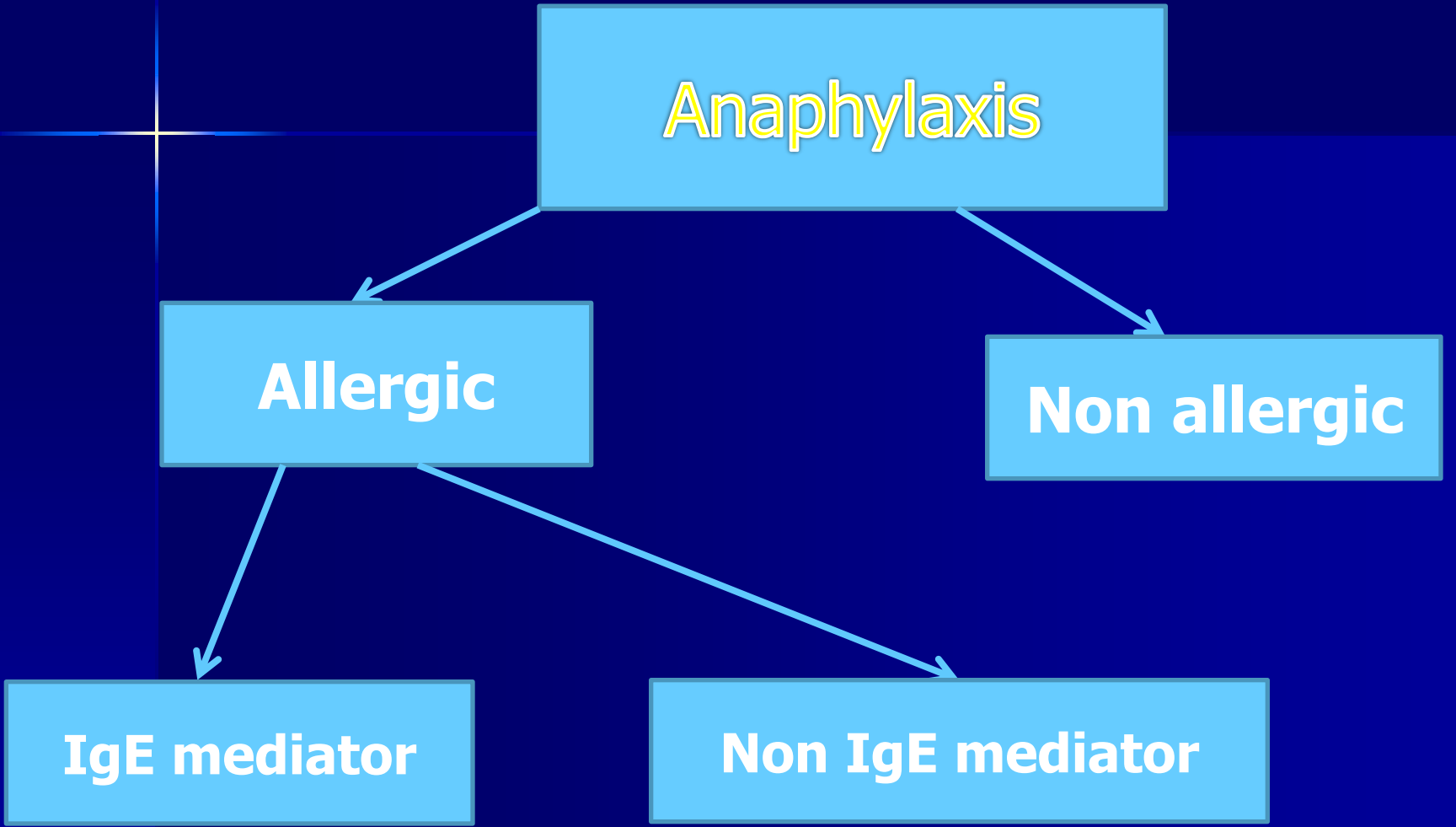
URTICARIA

# Definition of anaphylaxis

- **Ana** ( without ) **phyalxis** ( protection / guard)
- **Is an sever life-treating generalized Or systemic hypersensitivity reaction .**
- **Its commonly ,but not always mediated by an**
  - **allergic mechanism , usually by IgE**
  - **Allergic Non IgE mediator anaphylaxis**
  - **Non allergic anaphylactic reaction formerly called **anaphylactoid** Or **pseudo- allergic reaction****



# Revised nomenclature for anaphylaxis



# Cell & combos classification of hypersensitivity

## Anaphilaxis

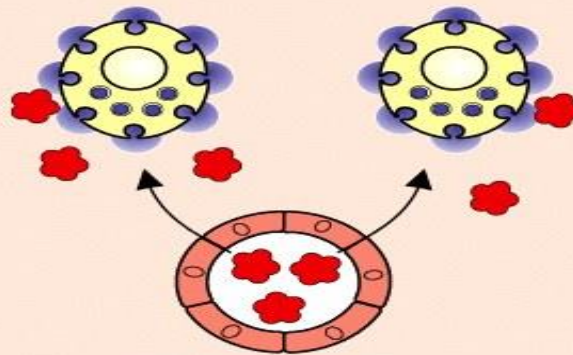
- **type 1 > Immediate hypersensitivity < 60 min**
- **Type 2 > cytotoxic reaction < 72 hour**
- **Type 3 > immune complex reaction 1-3 weeks**
- Type 4 > delayed hypersensitivity > 48**

# **Non allergic anaphylaxis**

- **Anaphylactic reaction are case by activation of mast cell and release of the same mediator , but without the involvement of IgE antibodies**
- **Management is similar to anaphylaxis**

**Antigen in bloodstream enters tissues and activates connective tissue mast cells throughout the body**

**IgE-coated mast cells**



**blood capillary**

**Mast-cell degranulation and release of inflammatory mediators**

**Heart and vascular system**

Increased capillary permeability and entry of fluid into tissues  
Swelling of tissues including tongue  
Loss of blood pressure  
Reduced oxygen to tissues  
Irregular heartbeat  
Anaphylactic shock  
Loss of consciousness

**Respiratory tract**

Contraction of smooth muscle and constriction of throat and airways  
Difficulty in swallowing  
Difficulty in breathing  
Wheezing

**Gastrointestinal tract**

Contraction of smooth muscle  
Stomach cramps  
Vomiting  
Fluid outflow into gut  
Diarrhea

Figure 12.19 The Immune System, 3ed. (© Garland Science 2009)

# Anaphylactic shock

- Anaphylaxis associated with systemic vasodilatation ( hypotension , fainting , collapse ) and broncho constriction ( respiratory compromise )

# Agent that cause anaphylaxis

## IgE –dependent

- Food ( peanut, tree nut , seafood)
- Medication ( bet-lactam ,antibiotic)
- Venoms
- Latex rubber

# Cause of anaphylaxis


- Direct activation of mast cell
  - Opiates ,tubocurare , radiocontrast dyes
    - mediators of arachidonic acid metabolism
  - Aspirin
  - Non steroid anti-inflammatory drugs (NsAIDs)
    - Mechanism unknown
  - Sulphites
- other causes of anaphylaxis
  - ✓ Exercise – induced
  - ✓ Cold – induced
  - ✓ Idiopathic





# Severe Reactions !

(Requires Immediate Treatment)

- 
- A photograph of a patient lying in a hospital bed, appearing unconscious. The patient is wearing a yellow hospital gown and is covered with a white blanket. To the left of the bed is a red medical cart with various pieces of equipment, including a monitor and a ventilator. The background shows a typical hospital room with a sink and a door.
- Very low B/P
  - Cardiac or respiratory arrest
  - Loss of consciousness
  - Convulsions
  - Laryngeal edema
  - Cyanosis
  - Difficulty in breathing
  - Profound shock



# Primary symptoms of anaphylaxis

- Skin
  - flushing , itching , urticaria , angioedema
- Gastro intestinal
  - Nausea , vomiting , bloating , cramping , diarrhea
- Other
  - Felling of impending doom , metallic taste
- Respiratory
  - dysphonia , cough , wheezing , dyspnea , chest tightness , asphyxiation , death
- cardiovascular :
  - Tachycardia , hypotension , dizziness , collapse , death

# Pattern of anaphylaxis

- Uniphasic
  - Symptoms **resolve within hour** of treatment
- Biphasic
  - Symptoms resolve after treatment but **return between 1 to 72 hour later** ( usually 1-3 hour)
- Protracted
  - Symptoms do not resolve with treatment and **may last >24 hour**

# Medical clinical treatment of anaphylaxis

- Epinephrine
  - Up to 35% of patient may need second dose
- Antihistamines
- Corticosteroids
- oxygen
- Impair further absorption
  - local epinephrine ,tourniquet
- Supine , elevate legs
- ER, ICU monitor /support fluid



# 1. Drugs for anaphylaxis

## Epinephrine

Put the patient in supine position and elevate his /her leg maintain airway (endotracheal tube or cricothyrotomy )

## Epinephrine

**Adult** – 1:1000 0,3-0.5ml q 5minutes (or less)  
PRN IM in lateral thigh

**Child** – 0.01 mg /kg ,max 0.3 ml q5minute (or less) PRN IM in lateral thigh

## 2. Drug : oxygen

- Optimally with all patient with anaphylaxis
- Any patient with hypotension or respiratory distress
- Any patient with  $0_2$  sat < 95%
- Any patient requiring more than one epinephrine injection
- Face mask recommended over nasal prongs
- Start with 6-8 liter/ minute

# Drugs : iv fluids

- For hypotension ( systolic  $<100$  ) or any one who has no responded to first IM epinephrine
- When there is shock in spite of increase vascular resistance
- 10% sever anaphylaxis not reversible with epinephrine
- **select IV Fluids**
- 0.9 % NaCl ( isotonic crystalloid )
- Hydroxyethyl starch ( hespan ) (colloid) if saline not effective

# iv fluids

- Once IV established
- 500\_1000ml IV bolus in adult
- 20ml/kg bolus in child
- Monitor response – give further bolus as necessary
- Colloid or crystalloid
- 0.9% sodium chloride or Hartmann's
- Avoid colloid ,if colloid thought to have caused reaction .







**Anaphylactic reaction?**

**Airway, Breathing, Circulation, Disability, Exposure**

**Diagnosis - look for:**

- Acute onset of illness
- Life-threatening Airway and/or Breathing and/or Circulation problems <sup>1</sup>
- And usually skin changes

- **Call for help**
- Lie patient flat
- Raise patient's legs

**Adrenaline** <sup>2</sup>

**When skills and equipment available:**

- Establish airway
- High flow oxygen
- IV fluid challenge <sup>3</sup>
- Chlorphenamine <sup>4</sup>
- Hydrocortisone <sup>5</sup>

**Monitor:**

- Pulse oximetry
- ECG
- Blood pressure

# Urticaria

## Common Causes of Acute Urticaria

- Idiopathic
- Immune-mediated (IgE)
  - foods (shellfish, nuts)
  - drugs
- Nonimmune-mediated
  - opiates
- Nonspecific
  - viral infections (influenza)
  - bacterial infections (occult abscess, mycoplasma)

# Etiology of Urticarial Reactions: Allergic Triggers

## ■ Acute Urticaria

- **Drugs**
- **Foods**
- **Food additives**
- **Viral infections**
  - **hepatitis A, B, C**
  - **Epstein-Barr virus**
- **Insect bites and stings**
- **Contactants and inhalants**  
(includes animal dander and latex)

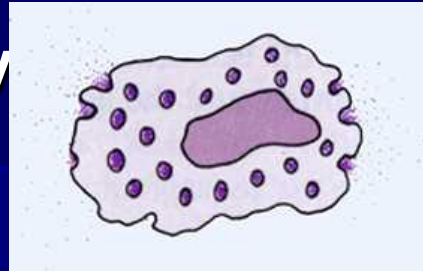
## Chronic Urticaria

- **Physical factors**
  - cold
  - heat
  - dermatographic
  - pressure
  - solar
- **Idiopathic**
- **Autoimmune reactions**

# Role of Mast Cells in Chronic Urticaria: Lower Threshold for Histamine Release

## ■ Release threshold decreased by

- Cytokines & chemokines in the cutaneous microenvironment
- Antigen exposure
- Histamine-releasing factor
- Autoantibody
- Psychological factors



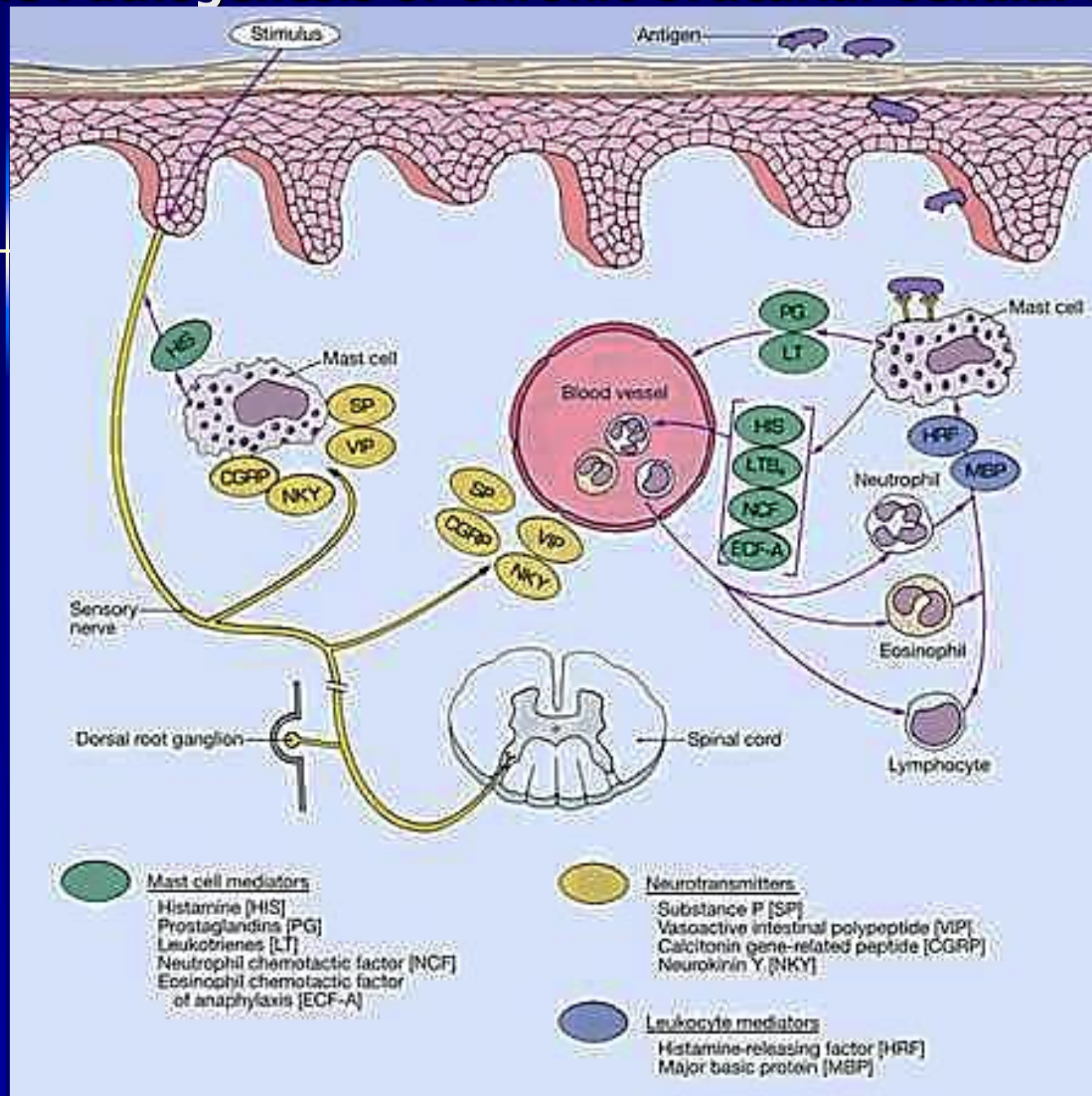
Cutaneous mast cell

## Release threshold increased by:

- Corticosteroids
- Antihistamines
- Cromolyn (in vitro)

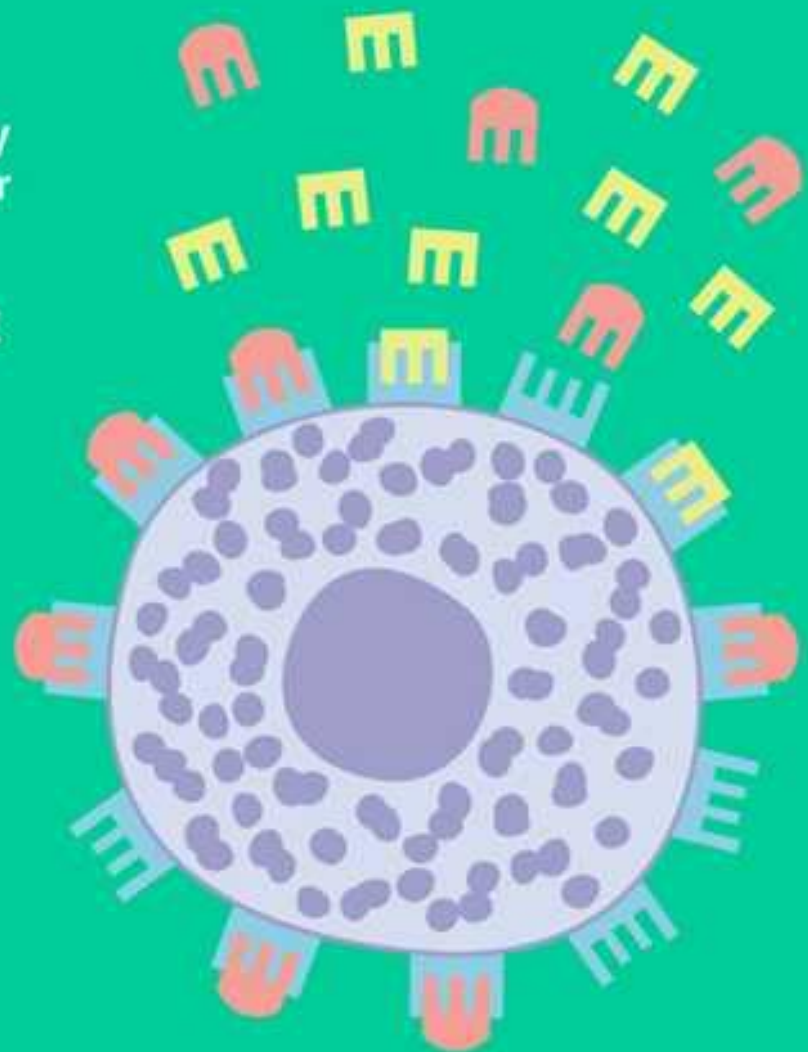


# The Pathogenesis of Chronic Urticaria: Cellular Mediators



# An Autoimmune Basis for Chronic Idiopathic Urticaria: Antibodies to IgE

-  IgE
-  High-affinity IgE receptor
-  IgG anti-IgE receptor antibody
- 



IgG anti-IgE receptor antibody

↓  
Secretion

↓  
Late-phase reaction

↓  
Infiltrative hive

# Initial Workup of Urticaria

## ■ Patient history

- Sinusitis
- Arthritis
- Thyroid disease
- Cutaneous fungal infections
- Urinary tract symptoms
- Upper respiratory tract infection  
(particularly important in children)
- Travel history (parasitic infection)
- Sore throat
- Epstein-Barr virus, infectious mononucleosis
- Insect stings
- Foods
- Recent transfusions with blood products (hepatitis)
- Recent initiation of drugs

## Physical exam

- Skin
- Eyes
- Ears
- Throat
- Lymph nodes
- Feet
- Lungs
- Joints
- Abdomen



# URTICARIA or HIVES



**Острая крапивница. Уртикарные высыпания, первые часы.**



# URTICARIA or HIVES



Острые генерализованные уртикарные высыпания с элементами гиперемии на коже спины.

# URTICARIA or HIVES



# URTICARIA or HIVES



# Laboratory Assessment for Chronic Urticaria

## ■ Possible tests for selected patients

- Stool examination for ova and parasites
- Blood chemistry profile
- Antinuclear antibody titer (ANA)
- Hepatitis B and C
- Skin tests for IgE-mediated reactions

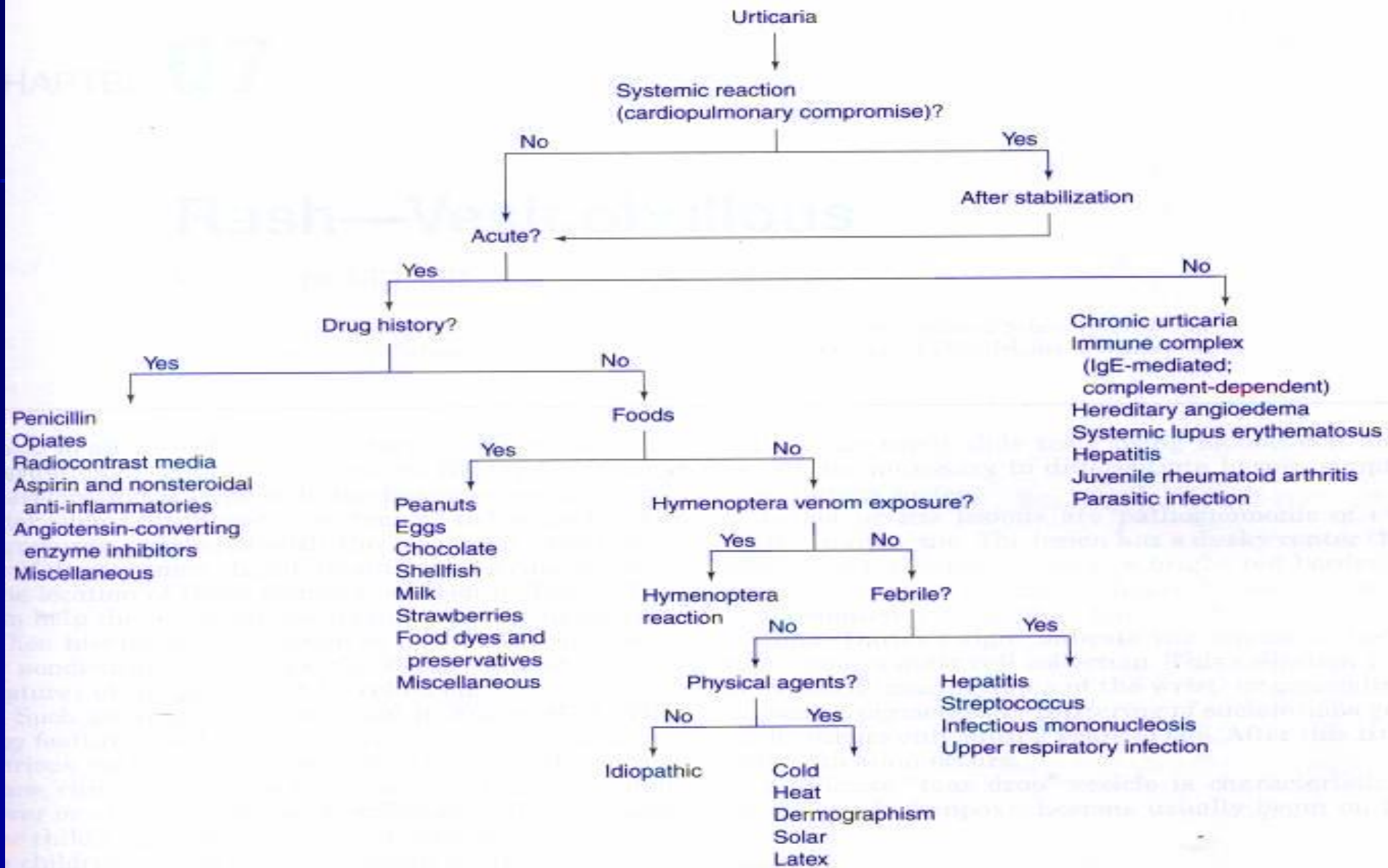
## Initial tests

- CBC with differential
- Erythrocyte sedimentation rate
- Urinalysis
  
- UNICAP for specific IgE
- Complement studies: CH<sub>50</sub>
- Cryoproteins
- Thyroid microsomal antibody
- Antithyroglobulin
- Thyroid stimulating hormone (TSH)

# Urticaria Associated With Other Conditions

- **Collagen vascular disease (eg, systemic lupus erythematosus)**
- **Complement deficiency, viral infections (including hepatitis B and C), serum sickness, and allergic drug eruptions**
- **Chronic tinea pedis**
- **Pruritic urticarial papules and plaques of pregnancy (PUPPP)**
- **Schnitzler's syndrome** is characterized by chronic, nonpruritic urticaria in association with recurrent fever, bone pain, arthralgia or arthritis, and a monoclonal immunoglobulin M (IgM) gammopathy in a concentration of usually less than 10 g/L.

# Algorithm for the evaluation of urticaria





# Therapy for Urticaria

- Abbreviated search for triggers
  - treat the treatable causes
- Anti-histamines
  - Short-acting (Clemastine)
  - Long-acting (Loratadine, Cetirizine)
- Corticosteroids
  - start around 1 mg/kg/day (single or divided doses)

# Treatment of Urticaria: Pharmacologic Options

## ■ Antihistamines, others

- First-generation H<sub>1</sub>
- Second-generation H<sub>1</sub>
- Antihistamine/decongestant combinations
- Tricyclic antidepressants (eg, doxepin)
- Combined H<sub>1</sub> and H<sub>2</sub> agents

## ■ Beta-adrenergic agonists

- Epinephrine for acute urticaria (rapid but short-lived response)
- Terbutaline

## Corticosteroids

- Severe acute urticaria
  - avoid long-term use
  - use alternate-day regimen when possible
- Avoid in chronic urticaria (lowest dose plus antihistamines might be necessary)

## Miscellaneous

- PUVA
- Hydroxychloroquine
- Thyroxine



# **H<sub>1</sub>-Receptor Antagonists:**

## **Pros and Cons for Urticaria and Angioedema**

### **■ First-generation antihistamines (diphenhydramine and hydroxyzine)**

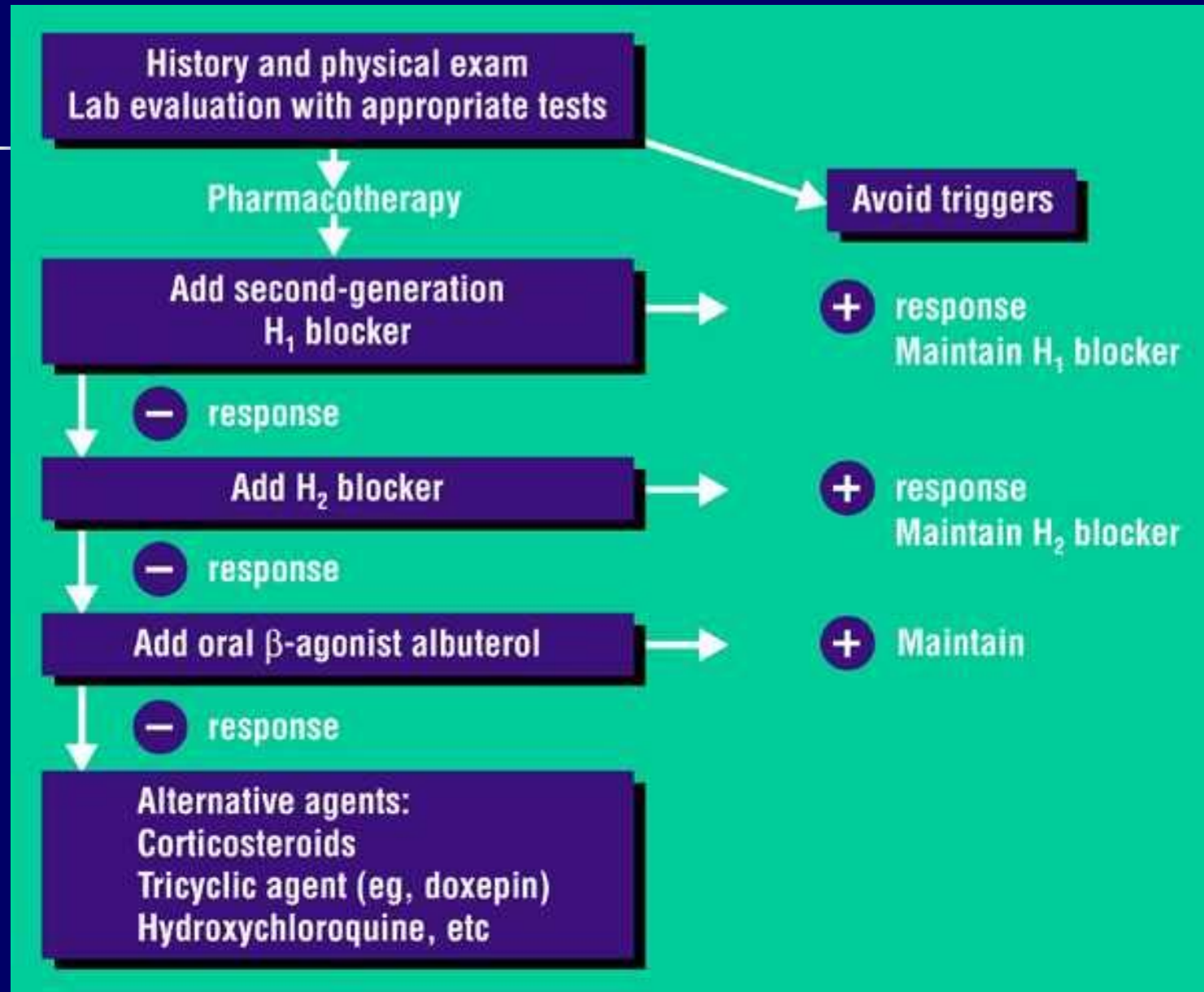
- Advantages: Rapid onset of action, relatively inexpensive**
- Disadvantages: Sedating, anticholinergic**

### **■ Second-generation antihistamines (cetirizine, loratadine)**

- Advantages: No sedation (except cetirizine); no adverse anticholinergic effects; bid and qd dosing**
- Disadvantages: Prolongation of QT interval; ventricular tachycardia (astemizole only) in a patient subgroup**

### **■ Third-generation antihistamines (levocetirizine, fexofenadine, desloratadine)**

# An Approach to the Treatment of Chronic Urticaria



# Angioedema Characteristics

- **Similar process to urticaria**
- **Occurs deeper in subcutaneous tissue**
- **“Swelling” due to extravasation of fluid into tissues from vasodilators**
- **Typically seen in areas with little connective tissue such as lips, face, mouth, uvula and genitalia**
- **Can occur in bowel wall which manifests as colicky abdominal pain**

# Characteristics (cont)

- **Rapid onset (typically minutes to hours)**
- **Often asymmetric in distribution**
- **Often in non-gravitationally dependent areas such as lips, mouth, face, tongue**
- **Can be associated with urticaria, sometimes with allergic reaction or part of anaphylaxis, or may occur in isolation**

*\*Can be life-threatening if associated with airway compromise*

# Classification of Angioedema

## ■ Mast cell-related angioedema

- Can begin within minutes of exposure of trigger like food, drug, sting
- May occur with other allergic type symptoms such as urticaria
- Usually resolves within 24-48 hours

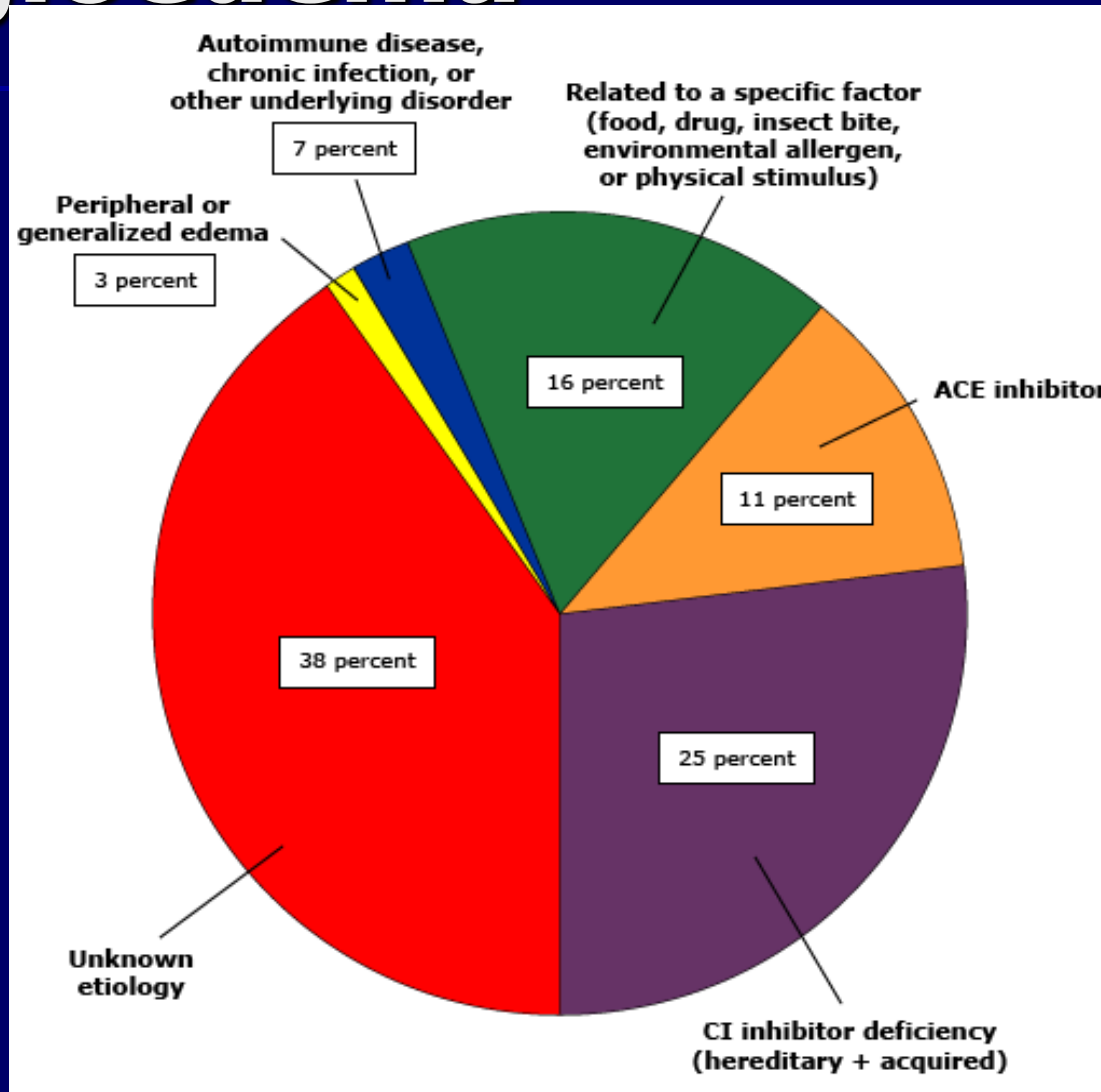
## ■ Bradykinin-induced angioedema

- Develops more gradually
- Often longer to resolve 2-4 days
- Example: ACE induced angioedema

# Medications Associated with Angioedema

- ACE Inhibitors
- ARBs
- Ca<sup>2+</sup> Channel Blockers
- Estrogens
- Fibrinolytics

# Epidemiology of Angioedema





Angioedema of eyelid



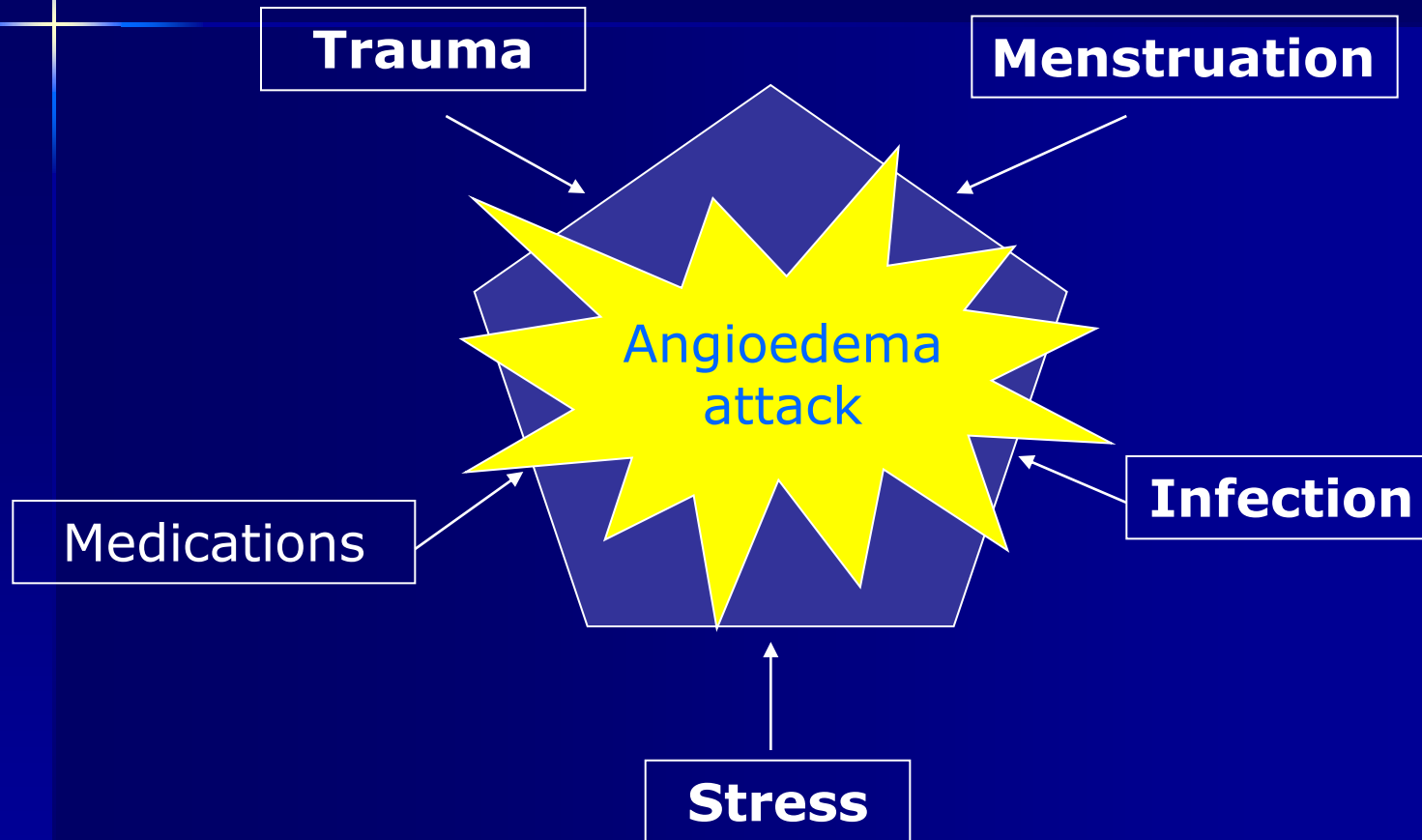




# Hereditary Angioedema

- Usually presents in second decade of life
  - May be seen in younger children or even into 30's
- Edema can be present in different organs and can alter presentation:
  - Tongue – most serious as can cause obstruction
- Face
- Trunk
- Genitals
  - GI track – can resemble SBO and have pt go for emergent surgery
  - Extremities
- Attacks usually last 2-5 days

# Common triggers of hereditary angioedema attacks



# Recurrent Angioedema - Familial

HAE due to ↓ C1 inhibitor def	Type I	Functional def – bradykinin mediated
	Type II	Functional def – Bradykinin mediated
HAE w/normal C1 inhibitor	Factor XII Mutation (prev Type III)	Assoc w/Factor XII mutation, likely bradykinin mediated
	Unknown cause	Mutation unknown, likely bradykinin mediated

# Recurrent Angioedema - Sporadic

Acquired C1 inhibitor deficientis		Assoc w/underlying malignancy or anti C1 inhibitor antibodies likely bradykinin mediated
ACE - I Related		Decreased catabolism of bradykinin – likely bradykinin mediated
Allergic		Mast Cell degranulation

# Laboratory Evaluation (cont)

- **When you refer, we may order**
  - **Tryptase where anaphylaxis might be present**
  - **Immunocap testing to particular trigger**
  - **C1 inhibitor antigen and function**



# Medical Management HAE

- C1 inhibitor concentrates - direct C1-esterase inhibitors that decrease bradykinin production
  - Berinert
    - 20 units/kg intravenous infusion
    - Half life Berinert: 22 hours
    - Time to peak: ~4 hours
      - FDA approved 2009
  - Cinryze
    - 1000 units/patient BID weekly dosing for prophylaxis
    - Half life Cinryze: 56 hours
    - Time to peak: ~4 hours
      - FDA approved 2008



# Medical Management of HAE

- Firazyr (Icatibant)
  - 30mg SC q6h for max of 3 doses
  - Bradykinin B2 receptor antagonist therefore stopping bradykinin action
  - Adverse Reactions:
    - >10%: Local: Injection site reaction
    - 1% to 10%: Central nervous system: Pyrexia, dizziness  
Hepatic: Transaminase increased
    - <1% Anti-icatibant antibody production, headache, nausea, rash
  - Pregnancy Class: C

# Medical Management of HAE

## ■ Kalbitor (Ecallantide)

– 30mg SC

– Reversibly inhibits plasma kallikrein therefore decreasing bradykinin levels

– Adverse Reactions:

■ >10%: Central nervous system: Headache, fatigue;  
Gastrointestinal: Nausea, diarrhea

■ 1% to 10%: Central nervous system: Fever; Dermatologic: Pruritus, rash, urticaria; Gastrointestinal: Vomiting, upper abdominal pain; Local: Injection site reactions; Respiratory: Upper respiratory infection, nasopharyngitis; Miscellaneous: Antibody formation, anaphylaxis

■ <1% Hypersensitivity

# Medical Management of HAE

- Lysteda (Tranexamic acid)
  - Oral, I.V.: 25 mg/kg/dose every 3-4 hours (maximum: 75 mg/kg/day)
  - 1000 mg 4 times/day for 48 hours
  - Displaces plasminogen from fibrin irreversibly to cause a decrease in fibrinolysis; also inhibits proteolytic activity of plasmin
  - Pregnancy category: B
  - Adverse Reactions:
    - IV Form: Cardiovascular: Hypotension (with rapid I.V. injection)  
Central nervous system: Giddiness; Dermatologic: Allergic dermatitis; Endocrine & metabolic: Unusual menstrual discomfort; Gastrointestinal: Diarrhea, nausea, vomiting; Ocular: Blurred vision
    - Oral Form: >10%: Central nervous system: Headache; Gastrointestinal: Abdominal pain; Neuromuscular & skeletal: Back pain, muscle pain; Respiratory: Nasal/sinus symptoms; 1% to 10%

# DISTINCTION BETWEEN TYPES OF ASTHMA

## ALLERGIC ASTHMA

- FAMILY HISTORY OF ATOPY (ALLERGY)
- GENERALLY DEVELOP DISEASE EARLY IN LIFE  
(USUALLY IN INFANCY & CHILDHOOD)
- HIGH CIRCULATING IgE
- POSITIVE SKIN TEST
- SEASONAL OR EPISODIC NATURE

## NON-ALLERGIC ASTHMA

- NOT ASSOCIATED WITH ATOPY
- A FAMILY HISTORY OF ASTHMA ONLY)
- GENERALLY OCCUR IN ADULT LIFE
- NORMAL LEVELS OF IgE

# CHARACTERISTICS OF TYPE 1 HYPERSENSITIVITY

## 2 PHASES:

### EARLY PHASE:

- WITHIN MINUTES
- INITIATED BY IgE STIMULATION OF MAST CELLS, BASOPHILS

### LATE PHASE

- WITHIN 6-24 HOURS
- INFLUX OF Th2, EOSINOPHILS

## LATE PHASE

### INFLAMMATORY RESPONSE WITH:

- ↑ Th2 lymphocytes
- ↑ Eosinophils

ENZYMES DAMAGE  
AIRWAY EPITHELIUM

LEUKOTRIENES, PROSTAGLANDINS  
EFFECTS (Previous Slide)

# FOODS THAT CAUSE ALLERGIES

Shellfish



Peanuts and nuts



ADAM.



TRUE FOOD ALLERGIES PRESENT IN:

1-4% OF GENERAL POPULATION  
6% IN CHILDREN



# NON-ALLERGIC FOOD INTOLERANCE

TOXICITY, FOOD ADDITIVES



CHEMICAL REACTIONS, NOT TRUE ALLERGIC  
REACTIONS

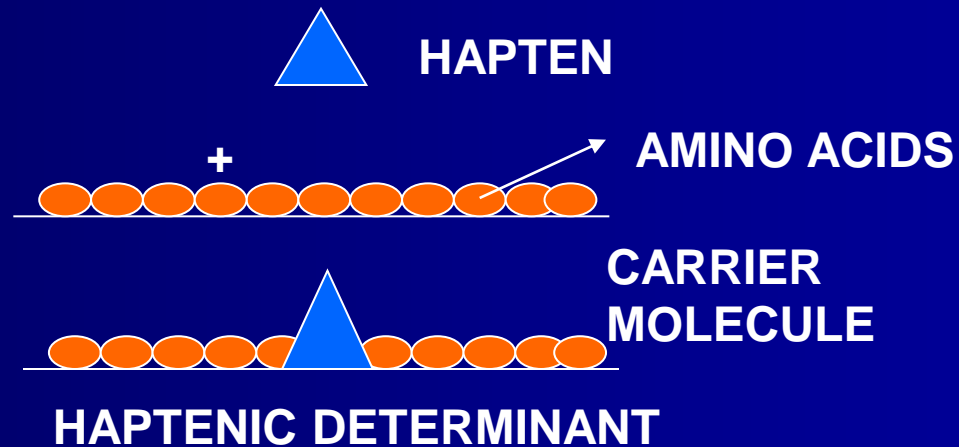
# HAPTENS

MOLECULAR MASS <1000: NOT TRUE AGs (ALLERGENS)

• BIND TO LARGER MOLECULE  
(CARRIER MOLECULE)



IMMUNOGENIC/ALLERGENIC



# LOCALISED ALLERGIC REACTIONS

AREA	CONDITION	ALLERGEN
LUNG	Allergic bronchial asthma	Grass, house dust, animal hair, pollen, fungal AG's, foodstuffs
NOSE	Allergic rhinitis(hayfever)	Same
EYES	Conjunctivitis (hayfever)	Same
SKIN	Atopic dermatitis, urticaria	Foodstuffs, drugs, bee venom, chemicals
GIT	Vomiting, cramps, diarrhoea	Food Allergens

# DIAGNOSIS OF ALLERGIC CONDITION 1

- SKIN TEST SENSITIVITY



## POSITIVE SKIN TEST



## WHEAL & FLARE REACTION

***Laboratory diagnosis:***

**Determination of serum total IgE (nephelometry, turbidimetry)**

**Determination of allergen specific IgE (ELISA, FIA, dot-blot, ImmunoCAP)**

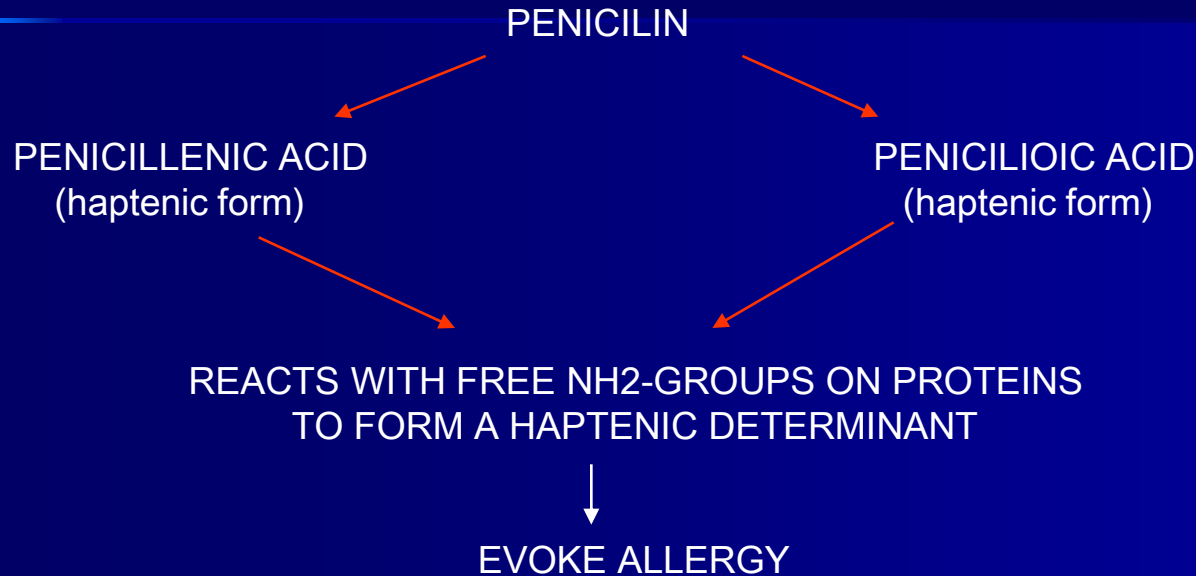
**Determination of activity markers: increased levels of eosinophil cationic protein (ECP) and tryptase**

**Determination of blood film: eosinophilia**

# PENICILIN ALLERGY

(HAPTEN= not an AG)

TRANSFORMED IN VIVO AND BIND TO  
PROTEINS TO BECOME ALLERGENIC:



## TESTS FOR PENICILIN SENSITIVITY

SKIN TEST  
IMMUNOCAP TEST (specific IgE determent)

NB: PREPARATION USED IS SYNTHETIC HAPTENIC DETERMINANT FORM:

Penicilloyl:polylysine

## PHARMACOLOGICAL TREATMENT

- Anti-histamine
- $\beta$ -adrenergic stimulants
- cAMP-phosphodiesterase inhibitors
- Chromoglycates
- Corticosteroids
- Leukotriene receptor antagonists
- Anti-IgE monoclonal antibodies



# HYPOSENSITISATION

- CONTROLLED INJECTION OF INCREASING AMOUNTS OF CAUSATIVE ALLERGEN FOR MONTHS-→YEARS.
- THIS DIVERTS IgE RESPONSE DRIVEN BY Th2 →Th1 → DOWN REGULATION OF IgE
- PURIFIED MIXTURES OF ALLERGEN USED

# WHO CAN BE DESENSITISED?

## INDICATIONS

ALLERGIC RHINITIS  
BEE-STING ANAPHYLAXIS

## CONTRA-INDICATIONS

BRONCHIAL ASTHMA  
ATOPIC DERMATITIS  
FOOD ALLERGIES

# **SLIT (SUB LINGUAL IMMUNOTHERAPY (ALLERGEN DROPS UNDER TONGUE)**

**USED IN CERTAIN PARTS OF THE WORLD.  
THEY CLAIM THAT SLIT CAN BE USED FOR:**

**CHILDREN**

**HIGHLY REACTIVE PATIENTS**

**ASTHMATICS**

**THOSE WITH FOOD ALLERGIES**

# Type II. allergic reaction

***Mechanism:*** cytolytic and cytotoxic reactions induced by IgG and IgM, causing tissue damages:

- complement mediated cytolysis (classic pathway)
- stimulation of PMN, Eo cells and monocytes/macrophages by activated C3
- IgG binding to effector cells: killer cells, PMN, Eo cells and monocytes/macrophages

***Allergens:*** drugs: chinine, furosemide, gold salt, indomethacine, sulphonamides, salicylate, chloramphenicol

***Laboratory diagnosis:***

measurement of complement activity  
demonstration of the activation of PMN, Eo,  
monocytes/macrophages  
ADCC

## EXAMPLES OF ONLY TYPE II

- AUTO-IMMUNE HAEMOLYTIC ANAEMIA
- GOOD PASTURE SYNDROME
- DRUG-INDUCED HAEMOLYTIC ANAEMIA

THE TISSUE DAMAGE IN OTHER AUTO-IMMUNE DISEASES IS CAUSED BY  
COMBINATIONS OF TYPES II, III & IV

# AUTO-IMMUNE HAEMOLYTIC ANAEMIA

**COLD & WARM VARIANTS OF AIHA**



**I ANTIGEN**

**Rh ANTIGEN**

**ON SURFACE OF RBC**



**LYSIS OF RED BLOOD CELLS**

## TREATMENT OF TYPE II

- **PHARMACOLOGICAL:** IMMUNOSUPPRESSIVE AGENTS:  
CORTICOSTEROIDS & CYTOTOXIC AGENTS

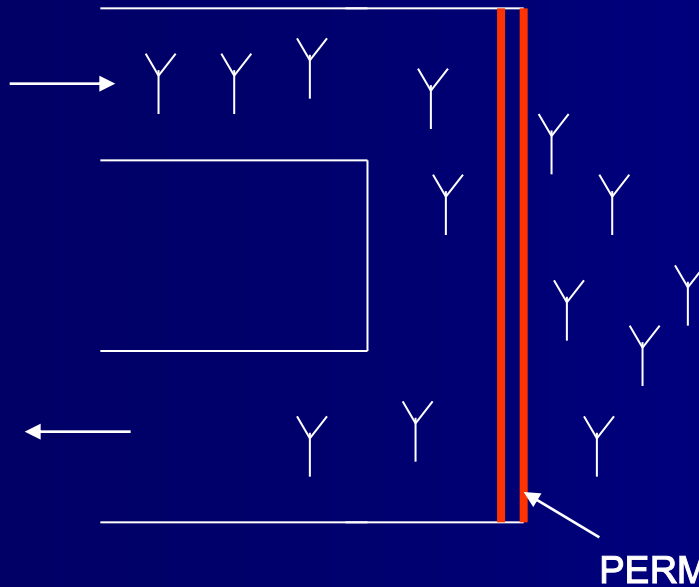


INHIBIT AB PRODUCTION

- **PLASMA PHERESIS**
- **DRUG-INDUCED:** STOP USING DRUG



# PLASMAPHERESIS



BLOOD PUMPED AGAINST PERMEABLE MEMBRANE WHICH ALLOW Ig TO MOVE THROUGH

# TYPE III TYPE HYPERSENSITIVITY

SYNONYM; IMMUNE COMPLEX-MEDIATED REACTIONS

# Type III. allergic reaction

***Mechanism:*** tissue damages caused by immunocomplexes  
sedimentation of IC in circulation  
sedimentation of IC in tissues

***Allergens:*** drugs, antibiotics, benzotiazine, hidantoine,  
bacteria: streptococcus, etc  
viruses: hepatitis B,C, etc.

***Laboratory diagnosis:***

**Measurement of IC level in serum**

**Measurement of complement factor activity in serum**

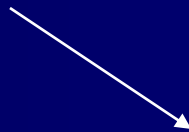
**Histology: microscopic IC verification**

# FAILING IF IC REMOVAL → IMMUNE COMPLEX DEPOSITION

CHRONIC PRODUCTION OF IC  
DURING AUTO-IMMUNE DISEASES  
(INSOLUBLE COMPLEXES)



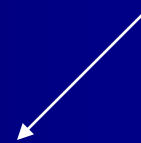
EXHAUSTION OF MONOCYTE/  
MACROPHAGE SYSTEM



ACUTE & EXCESSIVE PRODUCTION OF  
IC DURING INFECTIONS & SERUM SICKNESS  
(SOLUBLE IC WITH AG EXCESS)



POOR PHAGOCYTOSIS



ACCUMULATION OF IC IN THE BLOOD VESSELS & ORGANS,  
PARTICULARLY KIDNEY

# **EXAMPLES OF TYPE III CONDITION**

**VASCULITIS-BLOOD VESSEL**

**ALVEOLITIS- LUNG**

**GLOMERULONEPHRITIS- KIDNEY**

**ARTHRITIS-JOINTS**

# SERUM SICKNESS

DEVELOP AFTER INJECTION OF LARGE QUANTITIES OF FOREIGN SERUM  
(EG PASSIVE IMMUNISATION WITH HYPERIMMUNE SERUM)



RECIPIENT PRODUCES AB's TO AG IN SERUM



IC FORMATION



SPREADING & DEPOSITION OF IC THROUGHOUT THE BODY  
(BLOOD VESSELS, SKIN, KIDNEY, JOINTS)



GENERAL REACTION

# CLINICAL PICTURE OF SERUM SICKNESS

- RAISED TEMPERATURE
- ENLARGED LYMPH GLANDS
- ARTHRITIS
- URTICARIA
- ↓ COMPLEMENT LEVELS

## TREATMENT

- CORTICOSTEROIDS
- CYTOSTATIC AGENTS
- PLASMAPHERESIS



# Type IV. allergic reaction

**SYNONYM:**

**CELL MEDIATED HYPERSENSITIVITY REACTIONS**

**DELAYED TUPE HYPERSENSITIVITY REACTION**

***Mechanism:*** „delayed type“ hypersensitivity induced by the cytokines of Th1 cells. The symptoms appear within 12-24 hours after the allergen challenge.

***Forms:***

**a.) Contact sensitivity**

**Hapten-carreir complexes processed by Langerhans cells to Th1 lymphocytes: cytokine release**

**antigens: nickel, gutta percha, oils, Hg salts, stains, drugs, cosmetics**

# EXAMPLES OF TYPE IV HYPERSENSITIVITY-MEDIATED TISSUE DAMAGE

- GRANULOMATOUS LESIONS: LEPROSY, TB
- CAVITATION & CASEATION (IN LUNG) IN TB
- TISSUE DAMAGE ASSOCIATED WITH FUNGAL & PARASITIC INFECTIONS
- REJECTION OF TRANSPLANTED ORGANS
- DESTRUCTION OF HOST TISSUE'S IN AUTO-IMMUNE DISEASES
- SKIN DAMAGE IN CONTACT DERMATITIS (DYES, MINERALS, CHEMICALS)
- BRONCHIAL OBSTRUCTION IN ASTHMATIC INDIVIDUALS

# CONTACT HYPERSENSITIVITY REACTION

(CONTACT DERMATITIS)

IMMUNE RESPONSE BY CD4+Th1 OR CD8+ T LYMPHOCYTES,  
DEPENDING ON THE ROUTE OF AG PROCESSING.

ANTIGENS ARE HIGHLY REACTIVE SMALL MOLECULES THAT EASILY  
PENETRATE SKIN,  
ESPECIALLY IF ITCHING CAUSE SCRATCHING.

AG IS A HAPTEN THAT BIND TO CARRIER PROTEIN MOLECULES IN SKIN.

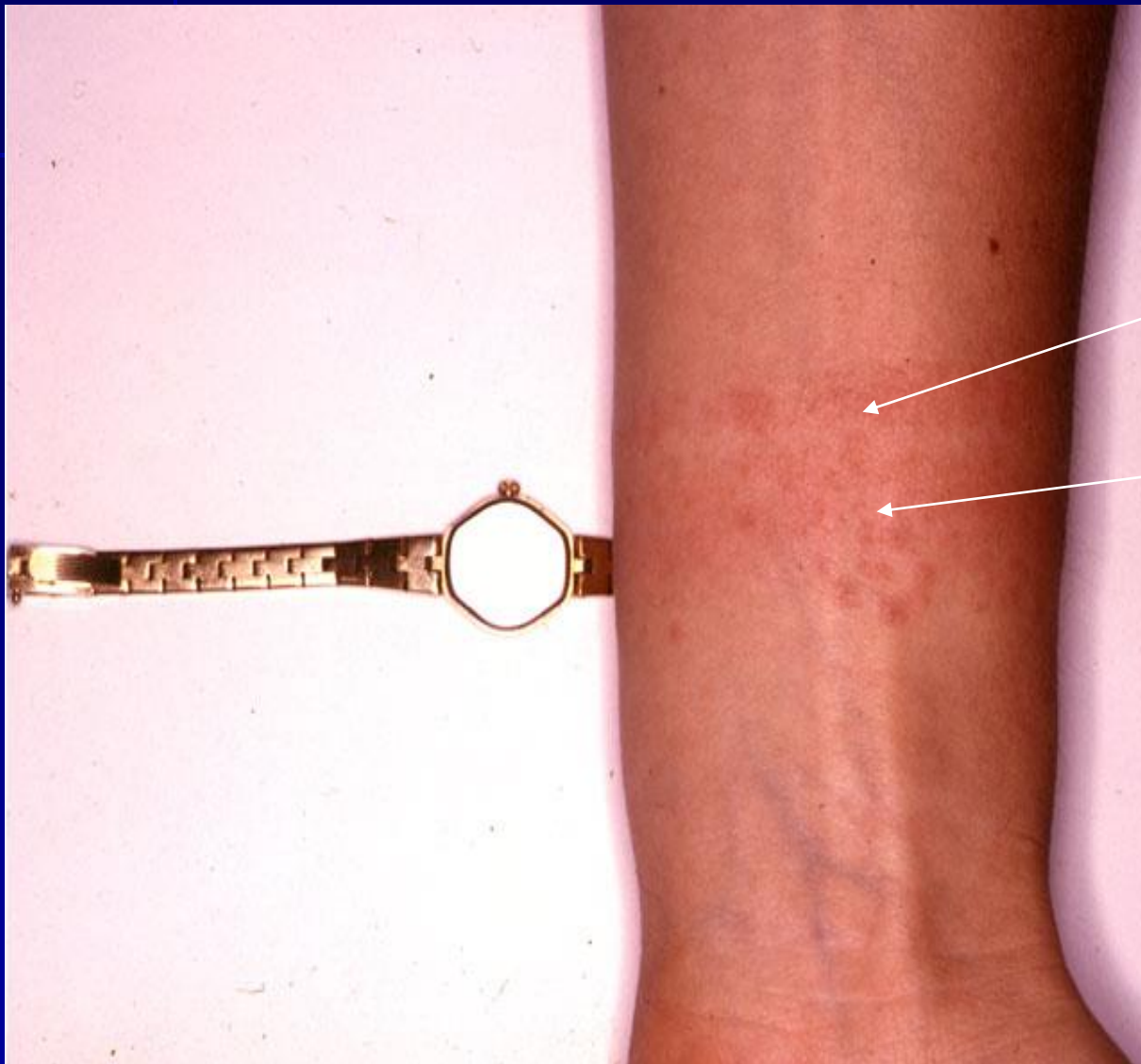
EXAMPLES:

**METALS , CHROMATE & NICKEL**  
**CHEMICALS**  
**POISON PLANTS**

# NICKEL ALLERGY



# Contact Dermatitis



- Contact dermatitis with Nickel.
- Reddish marking and itching will occur.

# TREATMENT OF SERIOUS TYPE IV REACTIONS

## TREATMENT BASED ON INHIBITION OF

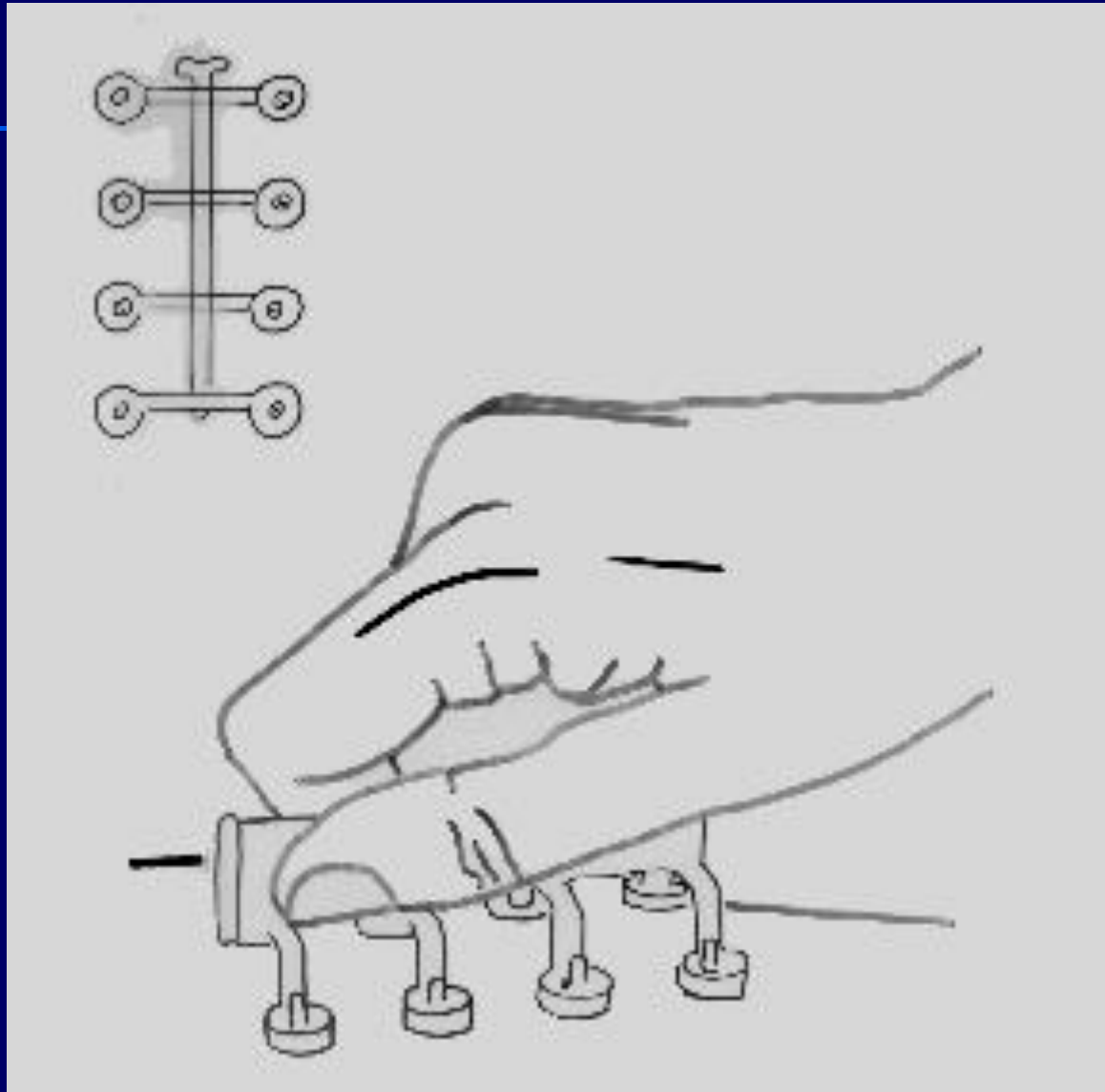
- PHAGOCYTE ACCUMULATION
- RELEASE OF HIGHLY REACTIVE OXIDANTS AND PROTEOLYTIC ENZYMES
- PROLIFERATION OF CD4+ & CD8+ T-LYMPHOCYTES



**CORTICOSTEROIDS** general and local  
**CYTOSTATIC DRUGS**

# CLINICAL APPLICATIONS OF TYPE IV SKIN TEST.

## MULTITEST CMI





# MULTITEST-CMI

USED TO TEST GENERAL STATUS OF THE CMI IN INDIVIDUALS WITH SUSPECTED ACQUIRED OR CONGENITAL ABNORMALITIES OF CMI.

APPARATUS CONTAINS 7 ANTIGENS + CONTROL  
INJECTED INTO SKIN

TETANUS TOXOID, DIPHTHERIA TOXOID, STREPTOCOCCAL AG, PPD,  
CANDIDA ALBICANS  
TRICHOPHYTON MENTAGROPHYTES  
PROTEUS MIRABILIS

IF POSITIVE TO AT LEAST 4 AG'S, CMI INTACT.

**THANK  
YOU  
FOR  
LISTENING**